

## **Alaska Community Health Aide Program Pre-Session Skills Checklist**

The purpose of Pre-Session is to **introduce** concepts and skills that will be taught in Basic Training. There are no specific objectives or a curriculum for Pre-Session but each CHA-Trainee must complete a Pre-Session course before attending Basic Training Session I. Each THO can determine what it wants their CHA-Trainees to learn. ANTHC Remote Learner offers an Online Pre-Session course that trainees may take.

### Topics/Skills introduced in the online ANTHC Remote Learner Pre-Session course:

- Introduction to the Community Health Aide Program
- Professionalism and Medical Ethics
- CHAM
- Basic Math for Health Aides
- Vital Signs and Measurements
- Introduction to Exam and Medical Equipment
- Role of the Health Aide

After completion of the online Pre-Session course, the student will be required to take a quiz and complete an evaluation. The student will then be able to download and print a Certificate of Course Completion.

### Instructions for Skills List:

- This skills list was created in collaboration with the four statewide training centers and is not all inclusive.
- It should be used as a guide when a THO teaches Pre-Session.
- The list may be modified by each THO to fit their needs.
- Completion of Pre-Session does not equate to competency.
- Completion of Pre-Session does not allow a Trainee to function as a CHA.
- When completed, a copy of this completed skills checklist should be sent to the student's Supervisor and/or CHAP Director.
- A copy of this skills checklist must be submitted with Session I Basic Training Application.

# Alaska Community Health Aide Program Pre-Session Skills Checklist

CHA-Trainee \_\_\_\_\_ Village \_\_\_\_\_

Instructor \_\_\_\_\_ Date/Location \_\_\_\_\_

Suggested Pre-Session Skills	Comments
Discuss Professionalism	
<ul style="list-style-type: none"> <li>• Review THO attendance policy</li> <li>• Review other THO policies</li> </ul>	
Discuss Confidentiality (review THO policy as applicable)	
Handwashing	
Vital Signs	
<ul style="list-style-type: none"> <li>• Temperature</li> <li>• Pulse: Adult/Child/Infant</li> <li>• Respirations: Adult/Child/Infant</li> <li>• Blood Pressure (manual) Adult/Child</li> <li>• Pulse Oximetry (SpO2) Adult/Infant</li> </ul>	
Height/length	
Weight	
CHAM Navigation	
CLIA Waived Labs	
<ul style="list-style-type: none"> <li>• Hemoglobin</li> <li>• Blood Sugar</li> </ul>	
Cleaning Medical Equipment	

**Math Skills are checked off on the CHAP Medical Math Checklist** using CHAP Medical Math Assessment.