

**COMMUNITY HEALTH AIDE PROGRAM
 CERTIFICATION BOARD
 STANDARDS AND PROCEDURES
 AMENDED January 13, 2021**

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Chapter 1. General Provisions

Article 10. Authority and Scope

History: June 18, 2008, the Title of Article 10 Chapter 1 was amended.

Sec. 1.10.010. Authority. The Community Health Aide Program Certification Board is established under the authority of the Act of November 2, 1921 (25 U.S.C. § 13, popularly known as the Snyder Act) pursuant to 25 U.S.C. § 16161 (Section 119 of Pub. L. 94-437), the Indian Health Care Improvement Act, as amended, including the permanent reauthorization and amendments in Section 10221 of the Patient Protection and Affordable Care Act, Pub. L. 111-148, which incorporated by reference, as amended by Section 10221, S. 1790 as reported by the Senate Committee on Indian Affairs in December 2009 and directives and circulars of the United States Department of Health and Human Services, Public Health Service, Indian Health Service, and Alaska Area Native Health Service.

History: January 13, 2011, Section 1.10.010 was amended. November 26, 2002, Section 1.10.010 was amended.

Sec. 1.10.020. Scope. The Community Health Aide Program Certification Board sets standards for the community health aide program and certifies individuals as community health aides and practitioners, dental health aides (including primary dental health aides, dental health aide hygienists, expanded function dental health aides, and dental health aide therapists), and behavioral health aides and practitioners. Each of these individuals is subject to specific requirements and engages in a specific scope of practice set forth in these *Standards*. For historical reasons, these various health aides are often referred to generically as “community health aides.”

History: June 18, 2008, Section 1.10.020 was added.

Article 20. Definitions

Sec. 1.20.010. Definitions. In these *Standards and Procedures*

- (1) “ART” means atraumatic restorative treatment;
- (2) “Atraumatic restorative treatment” means a maximally preventive and minimally invasive approach to stop further progression of dental caries. It involves the removal of soft, completely demineralized carious tooth tissues with hand instruments, and is followed by restoration of the cavity with an adhesive dental material that simultaneously seals the remaining tooth structure that remains at risk;
- (3) “Behavioral health aide” means a behavioral health aide I, II, and III, except when the level is specified;
- (4) “Behavioral health professional” means a person who
 - (A) has at least a master’s degree in psychology, social work, counseling, marriage and family therapy, substance abuse or addiction, nursing with a psychiatric mental health specialty, or a related field; and
 - (B) satisfies the requirements of section 2.40.010(a)(2) [supervision of BHA/Ps; clinical oversight; qualifications];
- (5) “BHA” means behavioral health aide;
- (6) “BHAM” means the Behavioral Health Aide Manual, or its successor if approved by this Board;

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- 1 (7) “BHA/P” means behavioral health aide or behavioral health practitioner; “BHP”
2 means behavioral health practitioner;
- 3 (8) “BLS” means Basic Life Support certification, which must include certification in
4 cardiopulmonary resuscitation (“CPR”) techniques based upon training equivalent to that required for
5 completion of a CPR course certified by the American Heart Association or American Red Cross;
- 6 (9) “Board” means the Community Health Aide Program Certification Board;
- 7 (10) “CHAM” means the *Alaska Community Health Aide/Practitioner Manual*, 2006
8 Edition, as revised, or its successor if approved by this Board;
- 9 (11) “CHA/P” means community health aide or community health practitioner;
- 10 (12) “CHA/P Curriculum” means the *Community Health Aide Basic Training Curriculum*,
11 1993, revised as of May, 1997, unless other revisions are adopted in which case “CHA/P Curriculum” will
12 incorporate those revisions;
- 13 (13) “CHP” means community health practitioner;
- 14 (14) “Community health aide” means a community health aide I, II, III, and IV, except
15 when the level is specified;
- 16 (15) “Contact hour” means no less than 50 minutes of instructional or clinical time,
17 provided that
- 18 (A) a course, seminar, or workshop offered or approved by an organization from
19 which educational or continuing education requirements may be obtained will be accepted for the number
20 of continuing education credits designated by the organization offering it; and
- 21 (B) academic credit will be converted to contact hours, as follows:
- 22 (i) one semester academic credit equals 15 contact hours;
- 23 (ii) one quarter academic credit equals 10 contact hours;
- 24 (16) “Dental health aide” means primary dental health aides I and II, dental health aide
25 hygienists, expanded function dental health aides I and II, dental health aide therapists, and dental health
26 aide therapist practitioner, except as used in Article 30 of Chapter 2 regarding requirements for special
27 classes of dental health aides;
- 28 (17) “Dental hygienist” means a person licensed as a dental hygienist in Alaska under AS
29 08.32.010 or a dental hygienist in the employ of the federal government in the discharge of official duties
30 who is a dental hygienist licensed in one of the states or territories of the United States;
- 31 (18) “Dentist” means a person licensed as a dentist in Alaska or a dentist in the employ of
32 the federal government in the discharge of official duties who is licensed in one of the states or territories
33 of the United States;
- 34 (19) “DHA” means dental health aide;
- 35 (20) “DHA Advanced Dental Procedures” means the curriculum set forth in section
36 7.20.040 [DHA advanced dental procedures];
- 37 (21) “DHA Core Curriculum” means the curriculum set forth in section 7.20.010 [DHA
38 core curriculum]; and
- 39 (22) [*Repealed October 3, 2006*]
- 40 (23) “DHA Curriculum” means a curriculum for training dental health aides approved by
41 the Board pursuant to Article 20 [DHA curricula] of Chapter 7 [certification of DHA training and
42 curriculum];
- 43 (24) “DHAH” means dental health aide hygienist;
- 44 (25) “DHAT” means dental health aide therapist;
- 45 (26) “DHATP” means dental health aide therapist practitioner;
- 46 (27) “EFDHA” means expanded function dental health aide;
- 47 (28) “eLearning” means formal instruction where students and instructors are separated by
48 geography, time or both for the majority of the instructional period;
- 49 (29) “EMT” means Emergency Medical Technician;
- 50 (30) “ETT” means Emergency Trauma Technician;

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1 (31) “ISDEAA” means the Indian Self-Determination and Education Assistance Act, Pub.
2 L. 93-638, as amended, 25 U.S.C. § 450 et seq.;

3 (32) “Licensed behavioral health clinician” means a person who
4 (A) (i) is a medical doctor who has completed a postgraduate residency or is
5 Board certified in psychiatry;
6 (ii) is a registered nurse who has completed a master’s degree with a
7 psychiatric mental health specialty; or
8 (iii) has completed either a doctorate or master’s degree in psychology, social
9 work, counseling, marriage and family therapy, substance abuse or addiction, or a related field;

10 (B) under which the person is authorized to diagnose disorders contained within the
11 *Diagnostic and Statistical Manual of Mental Disorders*; and

12 (C) is fully or provisionally licensed in the State of Alaska or is in the employ of the
13 federal government and is fully or provisionally licensed in one of the states or territories of the United
14 States; and

15 (D) satisfies the requirements of section 2.40.010(a)(2) [supervision of BHA/Ps;
16 clinical oversight; qualifications];

17 (33) “PDHA” means primary dental health aide;

18 (34) “Satisfactory performance” means the community health aide, community health
19 practitioner, or dental health aide, behavioral health aide, or behavioral health practitioner can do the skill
20 using the CHAM or other materials for reference without other assistance. “Satisfactory performance” is
21 measured by having the community health aide or practitioner, or dental health aide, or behavioral health
22 aide or practitioner demonstrate the skill with sufficient expertise to meet the standard of care in a daily
23 work situation; and

24 (35) “Session” means a course offered by a CHA/P Training Center providing a curriculum
25 approved by the Board.

26
27 **History:** June 3, 2020, Section 1.20.010(16) and (26) were amended. January 17, 2014, Section
28 1.20.010(4)(A) and (6) were amended. October 29, 2013, Section 1.20.010 was amended by adding (27).
29 June 18, 2008, Section 1.20.010 was amended by adding new subsections (3)-(6), (12)-(14), and (28),
30 renumbering all others and amending renumbered subsections (1), (15), (16), (17), and (30). October 3,
31 2006, Section 1.20.010(5) was amended, (22) was repealed, and (23) was added. October 8, 2003,
32 Section 1.20.010(10) was amended. November 26, 2002, Section 1.20.010 was amended by adding new
33 subsections (1)-(3), (8)-(16) and 19; amending subsections (5), (7), (20) and (22); and renumbering all
34 subsections.

Article 30. Designation and Citation

36
37
38 **Sec. 1.30.010. Designation and Citation.** The Standards and Procedures of the Board may be
39 cited as “CB” followed by the number of the chapter, article, and section, separated by periods. For
40 example, this chapter may be cited as “CB 1” or “chapter 1”; this article may be cited as “CB 1.30” or
41 “article 30 of this chapter”; this section may be cited as “CB 1.30.010” or “section 1.30.010”. Except as
42 otherwise indicated by the context, citations in accordance with this section include amendments and
43 reenactments of the provisions cited.

Article 40. Findings

44
45
46
47 **History:** November 26, 2002, Article 40 was added.

48
49 **Sec. 1.40.010. Findings.** The Community Health Aide Program Certification Board makes the
50 following findings.

51
52 (1) The community health aide program was established to provide for training of health
53 aides and practitioners and to maintain a system in which the health aides can relate to other health

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1 professionals while providing health care, health promotion and disease prevention services in rural
2 Alaska.

3 (2) The community health aide program was authorized by Congress to promote the
4 achievement of the health status objectives in the Indian Health Care Improvement Act in rural Alaska.
5 These objectives are broad in scope and address virtually every aspect of health care, access, delivery, and
6 status. Specialized training (medical, dental and behavioral health) and certification furthers those
7 objectives by creating opportunities for community health aides to focus their training and practice on
8 particular health issues and delivery strategies. Regardless of the specific title everyone certified under the
9 community health aide program has the same basic responsibility: to improve health status among Alaska
10 Natives living in rural Alaska.

11 (3) The need for the community health aide has not diminished – most villages in Alaska
12 still have no health provider in the community other than a community health aide or community health
13 practitioner. Although the infant mortality rate has diminished over the past 20 years, diabetes mellitus
14 has increased by 110%, compared to 23% for the United States all races; the unintentional injury death
15 rate of Alaska Natives is 4.5 times the rate for the United States; health status of rural Alaska Natives is
16 closely related to low socio-economic status and 24% of Alaska Natives live below the poverty level
17 compared to 13.1% for United States all races.

18 (4) The community health aide program has become a model for efficient and high quality
19 health care delivery in rural Alaska providing approximately 300,000 patient encounters per year and
20 responding to emergencies twenty-four hours a day, seven days a week.

21 (5) The existing community health aide program is over-taxed with persistently high rates
22 of turnover among community health aides and practitioners.

23 (6) The curriculum for training community health aides and practitioners and the *CHAM*
24 have always included dental care; however other demands on community health aides and practitioners
25 have resulted largely in only emergency dental services to relieve immediate pain being available.

26 (7) Only 29% of Alaska Native children and even fewer adults have had access to dental
27 care resulting in epidemic caries among children and loss of teeth among adults and elders.

28 (8) The Alaska Area Native Health Service, the Department of Health and Human
29 Services, and tribal health organizations recognize the strong connection between dental health and
30 physical health, including that caries is an infectious and contagious disease, which can result in pain,
31 infection and diminishment of nutritional and digestive health.

32 (9) Shortages in the number of dentists nationally and in Alaska have resulted in high
33 turnover among rural dentists (about 30%) and nearly a quarter of the dental positions in rural Alaska
34 being unfilled resulting in available dental care in rural Alaska to being limited principally to only
35 emergency services.

36 (10) This Board and the Alaska Area Native Health Service, together with Alaska tribal
37 health organizations, have agreed that improvements in dental health among Alaska Natives requires
38 health providers dedicated to dental preventive and acute care and that specialized training under the
39 community health aide program of community health aides, who will be called dental health aides and
40 who will limit their practice to dental care, is required to improve dental health status in rural Alaska.

41 (11) Approximately 58 percent of the Alaska Native population lives in small communities
42 that have limited or no direct access to behavioral health services (Alaska Native Tribal Health
43 Consortium, *2004 Rural Behavioral Health Needs Assessment Final Report*, p. 4).

44 (12) Staff turnover is a barrier to maintaining access to behavioral health services in
45 villages (id., at p. 5).

46 (13) Despite improvements in the rate of deaths among Alaska Natives from many other
47 causes, in the period 1980 to 1998, the rate of alcohol-related deaths increased (Alaska Area Native
48 Health Service and Alaska Native Tribal Health Consortium, *Alaska Native Mortality 1980-1998*, June
49 2001, p. 4).

50 (14) In the period 1996-1998, three of the five leading causes of Alaska Native deaths were
51 related to behavioral health conditions; unintentional injuries for which the age-adjusted death rate of

1 Alaska Natives was 101.5 compared to 30.1 U.S. all races, alcohol-related for which the age-adjusted
2 death rate was 54.2 compared to 6.1, and suicide for which the same rate was 44.5 compared to 10.4 (id.,
3 at p. 7).

4 (15) The Fetal Alcohol Syndrome “prevalence rate among Alaska Natives (4.8) is three and
5 a half times that for All Alaskans (1.4) and at least seven times the high end of the national rate of .1 to
6 .7” (Alaska Native Tribal Health Consortium, *Alaska Natives: Key Facts, August 2002*, p. 6).

7 (16) “The suicide attempt rate for Alaska Native males, ages 15-19, is 5.6 times (1565) that
8 of Alaska males, ages 15-19 (275)...and for Alaska Native females, ages 15-19, is four times (3627) that
9 of Alaska females, ages 15-19 (886)” (id., p. 5).

10 (17) “Alaska Native children represent 49 percent of the custody children sent to out-of-
11 state placements....” (Alaska Department of Health and Social Services, Division of Behavioral Health,
12 *Bring the Kids Home Annual Report*, December 2005). This constitutes a rate more than two times higher
13 than their representation in the general population;

14 (18) The Healthy People 2020 objectives, broadly and deeply address behavioral health
15 issues including injury and violence prevention, mental health, quality of life and well-being, social
16 determinants of health, substance abuse and tobacco, along with behavioral health considerations for each
17 stage of life.

18 (19) This Board and the Alaska Area Native Health Service, together with Alaska tribal
19 health organizations, have agreed that improvements in behavioral health among Alaska Natives requires
20 village-based health providers dedicated to behavioral health prevention and treatment and that
21 specialized training under the community health aide program of community health aides, who will be
22 called behavioral health aides and practitioners and who will limit their practice to behavioral health, is
23 required to improve behavioral health status in rural Alaska.

24
25 **History:** October 17, 2014, Section 1.40.010 was amended for renumbering of paragraphs (16)-(20) to
26 (15)-(19). October 12, 2011, Section 1.40.010 paragraphs (2) and (19) were amended. January 13, 2011,
27 Section 1.40.010 paragraph (2) was amended. June 18, 2008, in Section 1.40.010 the introduction and
28 paragraphs (2) and (5) were amended and paragraphs (11)-(20) were added.
29
30

31
32 **Chapter 2.**
33 **Certification of Community Health Aides, Community Health Practitioners,**
34 **Dental Health Aides,**
35 **Behavioral Health Aides and Behavioral Health Practitioners**

36 **History:** June 18, 2008, the Title of Chapter 2 was amended. November 26, 2002, the Title of Chapter 2
37 was amended.
38

39 **Article 10. Initial Qualifications**

40
41 **Sec. 2.10.010. Initial Qualifications.**

42
43 **(a) General Requirements.** The Board shall issue a community health aide, community health
44 practitioner, dental health aide, behavioral health aide, or behavioral health practitioner certificate to a
45 person who

- 46 (1) applies on forms provided by the Board;
47 (2) pays the application fees required;
48 (3) furnishes evidence satisfactory to the Board that the person has not engaged in conduct
49 that is a ground for imposing disciplinary sanctions under Chapter 4; and
50 (4) [*Repealed October 23, 1998*]

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1 (5) furnishes evidence satisfactory to the Board that the person has completed the training
2 and education requirements for the highest level of certification being sought, as follows:

3 (A) for a community health aide or practitioner the requirements are those under
4 section 2.20.100 [CHA I training & education requirements], 2.20.200 [CHA II training & education
5 requirements], 2.20.300 [CHA III training & education requirements], 2.20.400 [CHA IV training &
6 education requirements] or 2.20.500 [CHP training & education requirements];

7 (B) for a dental health aide the requirements are those under section 2.30.100
8 [PDHA I training & education requirements], 2.30.200 [PDHA II training & education requirements],
9 2.30.220(c) [training, education & preceptorship], 2.30.230(c) [dental prophylaxis requirements; training
10 & education] and (d) [preceptorship], 2.30.240(c) [dental radiology requirements; training, education &
11 preceptorship], 2.30.250(c) [dental assistant function requirements; training, education & preceptorship],
12 2.30.260(c) [ART requirements; training & education] and (d) [preceptorship], 2.30.300 [DHAH training
13 & education requirements], 2.30.400 [EFDHA I supervision, training and education requirements],
14 2.30.500 [EFDHA II training & education requirements], 2.30.550(c) [stainless steel crown placement
15 requirements; training & education] and (d) [preceptorship], 2.30.600 [DHAT training & education
16 requirements], and 2.30.700 [DHATP training & education requirements];

17 (C) for a behavioral health aide or practitioner the requirements are those under
18 sections 2.40.100 [BHA I training, practicum, and experience requirements], 2.40.200 [BHA II training,
19 practicum, and experience requirements], 2.40.300 [BHA III training, practicum, and experience
20 requirements] or 2.40.400 [BHP training, practicum, and experience requirements];

21 (6) furnishes evidence satisfactory to the Board that at the time of consideration of the
22 application the person is employed by the Indian Health Service or a tribe or tribal health program
23 operating a community health aide program in Alaska under the ISDEAA;

24 (7) furnishes evidence satisfactory to the Board that the person will practice as a
25 community health aide, community health practitioner, dental health aide, or behavioral health aide or
26 practitioner only when employed by the Indian Health Service or a tribe or tribal health program
27 operating a community health aide program in Alaska under the ISDEAA;

28 (8) furnishes evidence satisfactory to the Board that the person will practice as a
29 community health aide, community health practitioner, dental health aide, behavioral health aide, or
30 behavioral health practitioner only within the scope of practice, certifications granted to the person as
31 specified in subparagraphs (A), (B) and (C) of this paragraph, except as required to satisfy the conditions
32 for achieving the next level of certification or when practice would be permitted under section
33 4.10.010(i)(2) [grounds for discipline; (unprofessional conduct; duties & responsibilities)];

34 (A) for a community health aide or community health practitioner the scopes of
35 practice are defined in sections 2.20.110 [CHA I competencies], 2.20.210 [CHA II competencies],
36 2.20.310 [CHA III competencies], 2.20.410 [CHA IV competencies] and 2.20.510 [CHP competencies],

37 (B) for a dental health aide the scopes of practice are defined in sections 2.30.110(b)
38 [PDHA I competencies], 2.30.210(b) [PDHA II supervision & competencies; competencies], 2.30.220(d)
39 [sealant requirements; competencies], 2.30.230(e) [dental prophylaxis requirements; competencies],
40 2.30.240(d) [dental radiology requirements; competencies], 2.30.250(d) [dental assistant function
41 requirements; competencies], 2.30.260(e) [ART requirements; competencies], 2.30.310(b) [DHAH
42 supervision & competencies; competencies], 2.30.410(b) [EFDHA I supervision & competencies;
43 competencies], 2.30.510(b) [EFDHA II supervision & competencies; competencies], 2.30.550(e)
44 [stainless steel crown placement requirements; competencies], 2.30.610(b) [DHAT supervision &
45 competencies; competencies]; and 2.30.710(b) [DHATP supervision & competencies; competencies];

46 (C) for a behavioral health aide or behavioral health practitioner the scopes of
47 practice are defined in sections 2.40.500(b) [BHA/P knowledge, skills, & scope of practice; scope of
48 practice];

49 (9) furnishes evidence satisfactory to the Board that

50 (A) the person will practice only under supervision and day-to-day direction of
51 individuals who are:

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1 (i) familiar with the community health aide program, these *Standards*, and
2 the CHAM; and

3 (ii) employed by the federal government or employed by or under contract
4 with a tribal health program operating a community health aide program in Alaska under the ISDEAA;
5 and

6 (B) provided; that

7 (i) a community health aide, or community health practitioner may practice
8 only under the medical supervision of a licensed physician; and

9 (ii) as a dental health aide may practice only under the direct, indirect or
10 general supervision required under article 30 [standards for DHAs] of this Chapter [certification of CHAs,
11 CHPs, DHAs, BHAs, & BHPs]; and

12 (iii) a behavioral health aide or behavioral health practitioner may practice
13 only under the direct, indirect, or general supervision required under section 2.40.010 [supervision of
14 BHA/Ps]; and

15 (C) notwithstanding the requirements under paragraphs (9)(B), other physicians,
16 dentists, mid-level providers, licensed behavioral health clinicians, and behavioral health professionals or
17 other independently-licensed qualified healthcare professionals designated by the referral doctor may
18 direct the day-to-day activities of a community health aide, community health practitioner; dental health
19 aide, behavioral health aide, or behavioral health practitioner, as appropriate; and

20 (10) furnishes evidence satisfactory to the Board that the person meets continuing education
21 requirements as defined in Chapter 3, as applicable.

22
23 **(b) Special Conditions.**

24 **(1) Pre-Certification Board CHA/Ps.** An applicant who was a community health aide or
25 community health practitioner prior to the formation of the CHAP Certification Board and who seeks
26 initial certification by the Certification Board after January 1, 2003, must provide evidence satisfactory to
27 the Board that he or she

28 (A) meets all the requirements for initial certification by this Board and;

29 (B) in the two-year period preceding the application for initial certification by this
30 Board has met the requirements for continuing education set forth in section 3.10.010 [CHA/P continuing
31 education requirements].

32
33 **(2) Behavioral Health Aide's or Practitioner's Prior Practice.** A person who applies for
34 certification as a behavioral health aide or behavioral health practitioner within 24 months after June 18,
35 2009, may be certified as a behavioral health aide or behavioral health practitioner without having met all
36 of the applicable requirements of section 2.40.100 [BHA I training, practicum, and experience
37 requirements], 2.40.200 [BHA II training, practicum, and experience requirements], 2.40.300 [BHA III
38 training, practicum, and experience requirements], or 2.40.400 [BHP training, practicum, and experience
39 requirements], provided the applicant provides evidence satisfactory to the Board that he or she

40 (A) meets the general requirements under section 2.10.010(a)(1), (2), (3), (6), (7),
41 (8) and (9) [initial qualifications; general requirements];

42 (B) within 24 months prior to applying for certification under this section, has
43 completed no fewer than 48 contact hours of training, education or continuing education, which may
44 include training intended for qualification at the next behavioral health aide or practitioner level, but must
45 include:

46 (i) a general orientation equivalent to that described in section 8.20.050
47 [general orientation] and an orientation to village-based behavioral health services that equivalent to that
48 described in section 8.20.100 [orientation to village-based behavioral health services]; and

49 (ii) no fewer than 4 contact hours each in ethics and consent and in
50 confidentiality and privacy;

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- 1 (C) demonstrates the knowledge and performance required of an individual seeking
2 certification at the level for which certification is sought as described in section 2.40.500 [BHA/P
3 knowledge, skills, and scope of practice];
- 4 (D) has related work experience
- 5 (i) equivalent to no less than 20 hours a week for a period no less than
- 6 (I) 18 months within the 5 years prior to application if applying for
7 certification as a behavioral health aide I;
- 8 (II) 24 months within the 5 years prior to application if applying for
9 certification as a behavioral health aide II;
- 10 (III) 36 months within the 6 years prior to application if applying for
11 certification as a behavioral health aide III;
- 12 (IV) 48 months within the 7 years prior to application if applying for
13 certification as a behavioral health practitioner;
- 14 (V) provided the minimum hours of work, period of work experience and
15 the period in which it must have occurred prior to application set forth in subparagraphs (I), (II), (III), or
16 (IV) of this paragraph (D) may be waived upon review and recommendation of the Behavioral Health
17 Academic Review Committee based on a finding of exceptional circumstances; and
- 18 (ii) that includes village-based behavioral health services and a range of the
19 activities a person certified at the level of certification being sought by the applicant is expected to
20 perform;
- 21 (E) provides a statement from a licensed behavioral health clinician or behavioral
22 health professional attesting that the applicant has the knowledge and skills required under section
23 2.40.500 [BHA/P knowledge, skills, and scope of practice];
- 24 (F) provides two letters of positive reference from supervisors or others with whom
25 the applicant has worked within the two-year period prior to application;
- 26 (G) has demonstrated the ability to provide culturally competent services in a village
27 setting; and
- 28 (H) has completed the examination as provided for in section 2.40.030 [BHA/P trial
29 examination].

30

31 **(3) Delayed Application.** An applicant for certification as a community health aide,
32 community health practitioner, dental health aide, behavioral health aide or behavioral health practitioner
33 who obtained the required training more than two years prior to submitting an application for certification,
34 must provide evidence satisfactory to the Board that he or she

- 35 (A) meets all the requirements for initial certification by this Board; and
36 (B) in the two-year period preceding the application for initial certification by this
37 Board has met the applicable requirements for continuing education set forth in chapter 3 section.

38

39 **History:** January 13, 2021, Section 2.10.010(9)(C) was amended. June 3, 2020, Section
40 2.10.010(a)(5)(B) and (a)(8)(B) were amended. October 30, 2014, Section 2.10.010(a)(5)(B) and
41 (a)(8)(B) were amended. January 17, 2014, Section 2.10.010(b)(2) was amended. June 8, 2010, Section
42 2.10.010(b)(2) was amended. June 18, 2008, Section 2.10.010(a), (a)(5)(C), (a)(7), (a)(8), (a)(9), (a)(10),
43 (b)(3), and (b)(3)(B) were amended and (a)(8)(C) and (b)(2) were added. October 3, 2006, Section
44 2.10.010(a)(6), (7), and (9)(B) was amended. October 8, 2003, Sections 2.10.010(a)(5)(B) and (a)(8)(B)
45 were amended. November 26, 2002, Section 2.10.010(a), (a)(5), (a)(7), (a)(8), (a)(9) and (a)(10) were
46 amended and subparagraphs (a)(5)(A) and (B) and (a)(8)(A) and (B), and subsection (b) were added.
47 June 12, 2002, Section 2.10.010 by adding paragraph (10). October 23, 1998, Section 2.10.010(4) was
48 amended.

49

50 **Sec. 2.10.015. Certifications as CHA/P, DHA, and BHA/P.** A person who meets all of the
51 applicable requirements of these *Standards* may be certified as a community health aide or community
52 health practitioner, as a dental health aide, and as a behavioral health aide or behavioral health
53 practitioner. *Also see* section 2.30.030 [multiple certifications].

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History: June 18, 2008, Section 2.10.015 was amended. November 26, 2002, Section 2.10.015 was added.

Sec. 2.10.020. Surrender of a Certificate. A person certified under articles 20 [standards for CHA/Ps], 30 [standards for DHAs], or 40 [standards for BHA/Ps] of this chapter shall surrender the certificate to his or her employer or send the certificate to the Board if, at any time during the period in which it would otherwise be in effect, the person no longer meets any requirement of initial certification under section 2.10.010 [initial qualifications] except subsection 2.10.010(a)(6) [initial requirements; general requirements; (employment)].

History: November 26, 2002, Section 2.10.020 was amended.

Article 20.

Standards for Community Health Aides and Community Health Practitioners

History: November 26, 2002, the title of Article 20 of Chapter 2 was amended.

Sec. 2.20.100. Community Health Aide I Training and Education Requirements. A person meets the training and education requirements to be a certified community health aide I upon successful completion of

(a) a Pre-session, or its equivalent, unless waived under section 5.10.040 [trainees selection process] by the CHA/P Training Center prior to admission to the Session I training course required under section 2.20.100(c) [CHA I training & education requirements; (session I training course)];

(b) an EMT or ETT training course approved by the State of Alaska, or its equivalent as determined by the Board;

(c) Session I training course provided by a CHA/P Training Center; and

(d) approved field work after completion of Session I, including

(1) a minimum of 20 patient encounters;

(2) Post Session Learning Needs (PSLN), which identifies individual learning needs in performing essential skills; and

(3) Post Session Practice Checklist, which identifies the skills to be taught.

History: June 19, 2008, Section 2.20.100(b) was amended. June 18, 2008, Section 2.20.100(b)(1), (b)(2) and (b)(4) were amended.

Sec. 2.20.110. Community Health Aide I Competencies. A certified community health aide I must successfully demonstrate and maintain

(a) an understanding of the topics addressed in the CHA/P Curriculum for Session I, which generally include problem-specific complaints (acute care) for adults and children of the following body systems:

(1) eye,

(2) ear,

(3) respiratory,

(4) digestive,

(5) skin;

(b) competency in the following subjects to the level of performance required after meeting the requirements of section 2.20.100 [CHA I training & education requirements]:

(1) role of the community health aides and practitioners, dental health aides, and behavioral health aides and practitioners in the village;

(2) community health aide's and practitioner's general scope of work;

(3) medical ethics, including patient confidentiality and patient rights;

(4) community health aide's and practitioner's medical-legal coverage;

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- 1 (5) State of Alaska reporting requirements;
- 2 (6) consent for treatment issues;
- 3 (7) introductory interviewing skills;
- 4 (8) general health/wellness and disease processes;
- 5 (9) infection and communicable diseases;
- 6 (10) introductory anatomy and function of the human body;
- 7 (11) introductory medical vocabulary/abbreviations;
- 8 (12) importance of thorough documentation of patient encounter;
- 9 (13) introductory mental health issues, including suicide and other emergencies;
- 10 (14) introductory pharmacology, including identification and treatment of severe allergic
- 11 reactions; and
- 12 (15) [RESERVED]
- 13 (16) emergency care (to supplement ETT or EMT training), including facial trauma, altered
- 14 level of consciousness, potentially serious chest pain, acute orthopedic injuries, burns, hypothermia,
- 15 poisoning, and uncomplicated emergency delivery; and
- 16 (c) satisfactory performance of the following skills:
- 17 (1) use of the CHAM;
- 18 (2) problem-specific history taking;
- 19 (3) physical examinations of:
- 20 (A) vital signs of infant:
- 21 (i) pulse,
- 22 (ii) respiration,
- 23 (iii) rectal temperature,
- 24 (iv) length,
- 25 (v) weight,
- 26 (vi) head circumference;
- 27 (B) vital signs of child and adult:
- 28 (i) radial pulse,
- 29 (ii) apical pulse,
- 30 (iii) respirations,
- 31 (iv) oral temperature,
- 32 (v) blood pressure,
- 33 (vi) height,
- 34 (vii) weight,
- 35 (viii) orthostatic vital signs;
- 36 (C) systems:
- 37 (i) general appearance,
- 38 (ii) ear,
- 39 (iii) eye, including Snellen,
- 40 (iv) nose,
- 41 (v) throat,
- 42 (vi) neck, including nodes,
- 43 (vii) lungs,
- 44 (viii) heart,
- 45 (ix) abdomen,
- 46 (x) skin; and
- 47 (D) sick child;
- 48 (4) performance and interpretation of the following lab tests:
- 49 (A) blood glucose,
- 50 (B) hemoglobin,
- 51 (C) rapid strep,

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- 1 (D) urine dipstick;
- 2 (5) performance only of the following lab tests:
- 3 (A) finger stick,
- 4 (B) centrifuge/separate blood,
- 5 (C) adult clean catch urine specimen,
- 6 (D) throat culture;
- 7 (6) assessment, including:
- 8 (A) use of the CHAM,
- 9 (B) use of assessment lists,
- 10 (C) use of assessment charts,
- 11 (D) listing multiple assessments,
- 12 (E) plan for each assessment;
- 13 (7) medicines:
- 14 (A) dose calculations,
- 15 (B) reconstitution: oral,
- 16 (C) parenteral,
- 17 (D) label reading and making,
- 18 (E) drops for eye and ear;
- 19 (F) injections:
- 20 (i) intramuscular hip,
- 21 (ii) intramuscular infant thigh,
- 22 (iii) subcutaneous;
- 23 (G) inhaler/spacer,
- 24 (H) nebulizer,
- 25 (I) rectal suppositories,
- 26 (J) transdermal;
- 27 (8) patient education, including:
- 28 (A) explaining assessment,
- 29 (B) use of patient education sections,
- 30 (C) use of patient education handouts,
- 31 (D) *CHAM Medicine Handbook* for medicine instructions;
- 32 (9) the following treatments and procedures:
- 33 (A) ear:
- 34 (i) irrigation,
- 35 (ii) suction,
- 36 (iii) remove foreign body,
- 37 (iv) curette outer canal;
- 38 (B) eye:
- 39 (i) irrigation,
- 40 (ii) fluorescein stain,
- 41 (iii) eyelid eversion;
- 42 (iv) small foreign body removal,
- 43 (v) eye patches,
- 44 (C) orthopedics:
- 45 (i) elastic bandage,
- 46 (ii) hot/cold packs,
- 47 (iii) splinting,
- 48 (D) other:
- 49 (i) oxygen,
- 50 (ii) oral suction;
- 51 (E) prevention:

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- (i) hand washing,
- (ii) clean/sterile technique,
- (iii) universal or standard precautions;
- (iv) mailing hazardous substances;
- (F) reporting; and
- (G) recording.

History: October 3, 2006, Section 2.20.110(c)(8)(D) was amended. June 24, 2004, Section 2.20.110(b)(15) was deleted. October 8, 2003, the numbering of Section 2.20.110(c)(9)(D)(ii) was corrected. November 26, 2002, Section 2.10.110(a), (c)(1), and (c)(6)(A) were amended.

Sec. 2.20.120. Scope of Practice Prior to Certification as Community Health Aide I.

(a) Minimum Requirements. A person who satisfies the requirements of subsection 2.20.120(b) [scope of practice prior to certification as CHA I] may perform services of a certified community health aide I prior to being certified under section 2.10.010 [initial qualifications] and 2.20.100 [CHA I training & education requirements], provided the person is actively engaged in the process of meeting the requirements under section 2.20.100 [CHA I training & education requirements] through 2.20.110 [CHA I competencies] to become certified as a community health aide I; and

A person who satisfies the requirements of subsection 2.20.120(b) [scope of practice prior to certification as CHA I] who has submitted an application for certification as a community health aide I may begin training to become certified as a community health aide II and perform services necessary to satisfy the requirements of subsection 2.20.200(4) [CHA II training & education requirements; (field work)] pending action on the community health aide I application.

(b) Employment. To be eligible to perform services under subsection 2.20.120(a) [scope of practice prior to certification as CHA I], the person must

- (1) be employed by the Indian Health Service or a tribe or tribal health program operating a community health aide program in Alaska under the ISDEAA;
- (2) provide only those services for which the person has been trained and has demonstrated successful performance; and
- (3) practice as a community health aide only in compliance with the requirements in section 2.10.010(a)(9) [initial requirements; general requirements (supervision & day-to-day direction)].

History: October 30, 2014, Section 2.20.120 was amended. June 18, 2008, Section 2.20.120(b)(3) was amended. October 3, 2006, Section 2.20.120(b)(1) was amended. November 26, 2002, Section 2.20.120(b)(3) was amended.

Sec. 2.20.200. Community Health Aide II Training and Education Requirements. A person meets the training and education requirements to be a certified community health aide II upon successful completion of

- (1) all requirements under sections 2.20.100 [CHA I training & education requirements] through 2.20.110 [CHA I competencies];
- (2) current ETT or EMT certification or its equivalent, as determined by the Board;
- (3) Session II training course provided by a CHA/P Training Center; and
- (4) 200 hours of approved field work after completion of Session II, including:
 - (A) a minimum of 60 patient encounters;
 - (B) Post Session Learning Needs (PSLN), which identifies individual learning needs in performing essential skills; and
 - (C) Post Session Practice Checklist, which identifies the skills to be taught.

History: June 19, 2008, Section 2.20.200(2) was amended.

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1 **Sec. 2.20.210. Community Health Aide II Competencies.** In addition to meeting the
2 requirements of section 2.20.110 [CHA I competencies], a certified community health aide II must
3 successfully demonstrate and maintain:

4 (a) understanding of the topics addressed in the CHA/P Curriculum for Session II, which
5 generally includes problem-specific complaints (acute care) for adults and children of the following body
6 systems:

- 7 (1) dental,
- 8 (2) ear,
- 9 (3) respiratory,
- 10 (4) circulatory,
- 11 (5) digestive,
- 12 (6) urinary,
- 13 (7) male reproductive,
- 14 (8) female reproductive,
- 15 (9) musculoskeletal,
- 16 (10) nervous,
- 17 (11) endocrine,
- 18 (12) skin;

19 (b) competency in the following subjects to the level of performance required after meeting the
20 requirements of section 2.20.200 [CHA II training & education requirements]:

- 21 (1) dental health and prevention;
- 22 (2) mental health issues, including self-help, mental illness and mental health emergencies,
23 mental health promotion for patients and families, substance abuse and dependency, and grief, loss, dying
24 and death;
- 25 (3) management of medicines in the village;
- 26 (4) introduction to tuberculosis disease;
- 27 (5) introduction to sexually transmitted diseases and sexually transmitted disease issues;
- 28 (6) HIV disease and issues;
- 29 (7) emergency care review, including medical evacuation;

30 (c) satisfactory performance of the following skills:

- 31 (1) physical examinations of
 - 32 (A) the following systems:
 - 33 (i) heart,
 - 34 (ii) back/costal vertebral angle (CVA),
 - 35 (iii) genitals:
 - 36 (I) male,
 - 37 (II) female: external/cervical motion;
 - 38 (iv) external anus,
 - 39 (v) extremities,
 - 40 (vi) musculoskeletal,
 - 41 (vii) nervous system,
 - 42 (viii) mental status;
 - 43 (B) adults;
- 44 (2) performance and interpretation of the following lab tests:
 - 45 (A) purified protein derivative (PPD);
 - 46 (B) fecal occult blood;
- 47 (3) perform the following lab tests:
 - 48 (A) venipuncture for blood tests;
 - 49 (B) clean catch urine specimen;
 - 50 (C) infant (bag);
 - 51 (D) urine culture;

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- 1 (E) stool for ova and parasites;
- 2 (4) topical medicines;
- 3 (5) the following treatments and procedures:
- 4 (A) wound:
- 5 (i) irrigation,
- 6 (ii) closure strips,
- 7 (iii) suture,
- 8 (iv) suture removal;
- 9 (B) orthopedics:
- 10 (i) crutch fit/walk,
- 11 (ii) plaster splinting;
- 12 (C) intravenous therapy;
- 13 (D) dental prevention:
- 14 (i) tooth brushing,
- 15 (ii) flossing,
- 16 (iii) disclosing tablets,
- 17 (iv) fluoride application.
- 18 (v) [Reserved]
- 19

20 **History:** June 11, 2015, Section 2.20.210(c)(5)(D)(iv) and (v) were amended. June 18, 2008, Section
21 2.20.210(b)(4) was amended to correct a capitalization error. November 26, 2002, Section 2.20.210(a)
22 and (c)(2) were amended.
23

24 **Sec. 2.20.300. Community Health Aide III Training and Education Requirements.** A person
25 meets the training and education requirements to be a certified community health aide III upon successful
26 completion of

- 27 (1) all requirements under sections 2.20.100 [CHA I training & education requirements]
- 28 through 2.20.210 [CHA II competencies];
- 29 (2) Session III training course provided by a CHA/P Training Center; and
- 30 (3) 200 hours of approved field work after completion of Session III, including:
- 31 (A) a minimum of 60 patient encounters;
- 32 (B) Post Session Learning Needs (PSLN) which identifies individual learning needs
- 33 in performing essential skills; and
- 34 (C) Post Session Practice Checklist which identifies the skills to be taught.
- 35

36 **Sec. 2.20.310. Community Health Aide III Competencies.** In addition to meeting the
37 requirements of sections 2.20.110 [CHA I competencies] and 2.20.210 [CHA II competencies], a certified
38 community health aide III must successfully demonstrate and maintain

39 (a) an understanding of the topics addressed in the CHA/P Curriculum for Session III, which
40 generally include:

- 41 (1) male reproductive health;
- 42 (2) female reproductive health;
- 43 (3) adolescent health;
- 44 (4) well child care;
- 45 (5) sick child care;
- 46 (6) newborn care; and
- 47 (7) problem-specific complaints (acute care) of the following body systems:
- 48 (A) male reproductive;
- 49 (B) female reproductive;
- 50 (C) breast;

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1 (b) competency in the following subjects to the level of performance required after meeting the
2 requirements of section 2.20.300 [CHA III training & education requirements]:

- 3 (1) women's reproductive health issues;
- 4 (2) men's reproductive health issues;
- 5 (3) family planning issues;
- 6 (4) prenatal care;
- 7 (5) mental health issues, including substance abuse during pregnancy, family problems,
8 domestic violence, sexual abuse and rape;
- 9 (6) fetal alcohol syndrome;
- 10 (7) labor and delivery, including the importance of avoiding village deliveries;
- 11 (8) post-partum issues;
- 12 (9) newborn care issues;
- 13 (10) well child care issues;
- 14 (11) adolescent health care issues;
- 15 (12) immunization issues;
- 16 (13) [RESERVED]
- 17 (14) nutrition; and
- 18 (15) [RESERVED]
- 19 (16) emergency care review, emphasizing infants, children, and special considerations for
20 pregnant patients;

21 (c) satisfactory performance of the following skills:

- 22 (1) history taking:
 - 23 (A) initial prenatal visit;
 - 24 (B) prenatal revisit;
 - 25 (C) well child;
- 26 (2) physical examination of:
 - 27 (A) breast system;
 - 28 (B) prenatal revisit;
 - 29 (C) well child;
- 30 (3) performance and interpretation of urine pregnancy lab test;
- 31 (4) performance only of the following lab tests:
 - 32 (A) phenylketonuria (PKU);
 - 33 (B) urethral swab;
- 34 (5) medicines:
 - 35 (A) vaginal suppository/creams; and
 - 36 (B) immunizations.

37
38 **History:** June 24, 2004, Section 2.20.310(b)(13) and (b)(15) were deleted. November 26, 2002, Section
39 2.20.310(a) was amended.

40
41 **Sec. 2.20.400. Community Health Aide IV Training and Education Requirements.** A person
42 meets the training and education requirements to be a certified community health aide IV upon successful
43 completion of

- 44 (1) all requirements under sections 2.20.100 [CHA I training & education requirements]
45 through .310;
- 46 (2) Session IV training course provided by a CHA/P Training Center; and
- 47 (3) 200 hours of approved field work after completion of Session IV, including
 - 48 (A) a minimum of 60 patient encounters;
 - 49 (B) Post Session Learning Needs, which identifies individual learning needs in
50 performing essential skills; and
 - 51 (C) Post Session Practice Checklist, which identifies the skills to be taught.

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1 **Sec. 2.20.410. Community Health Aide IV Competencies.** In addition to meeting the
2 requirements of sections 2.20.110 [CHA I competencies], 2.20.210 [CHA II competencies], and 2.20.310
3 [CHA III competencies]; a certified community health aide IV must successfully demonstrate and
4 maintain

5 (a) an understanding of the topics addressed in the CHA/P Curriculum for Session IV, which
6 generally include long-term care complaints (chronic care) of the following body systems:

- 7 (1) eye,
- 8 (2) ear,
- 9 (3) respiratory,
- 10 (4) circulatory,
- 11 (5) digestive,
- 12 (6) musculoskeletal,
- 13 (7) nervous,
- 14 (8) endocrine,
- 15 (9) skin;

16 (b) competency in the following subjects to the level of performance required after meeting the
17 requirements of section 2.20.400 [CHA IV training & education requirements]:

18 (1) management of tuberculosis in the village;
19 (2) introductory environmental health issues, including food/water borne disease, rabies,
20 and injury prevention;

- 21 (3) chronic disease;
- 22 (4) introductory cancer issues;
- 23 (5) pharmacology;
- 24 (6) clinic management;
- 25 (7) emergency care review;
- 26 (8) adult surveillance;
- 27 (9) introduction to smoking cessation training;

28 (c) satisfactory performance of the following skills:

- 29 (1) complete history taking;
- 30 (2) the following treatments and procedures:
 - 31 (A) [RESERVED]
 - 32 (B) postural drainage.

33 **History:** June 18, 2008, Section 2.20.410(b)(2) was amended to correct a capitalization error. June 24,
34 2004, Section 2.20.410(b)(8) and (b)(9) were added and (c)(2)(A) was deleted. November 26, 2002,
35 Section 2.20.410(a) was amended.
36
37

38 **Sec. 2.20.500. Community Health Practitioner Training and Education Requirements.** A
39 person meets the training and education requirements to be a certified community health practitioner upon
40 successful completion of

41 (1) all requirements under sections 2.20.100 [CHA I training & education requirements]
42 through 2.20.410 [CHA IV competencies];

- 43 (2) an approved preceptorship, including:
 - 44 (A) at least 30 hours of supervised direct patient care experience;
 - 45 (B) a minimum of 15 patient encounters as primary provider;
 - 46 (C) the Preceptorship Critical Skills List;

47 (3) both sections of the statewide written Alaska Community Health Aide/Practitioner
48 Program Credentialing Exam with a score of 80 percent or higher on each section;

49 (4) the statewide Medical Math Exam with a score of 100 percent; and
50 (5) an evaluation of the applicants clinical performance and judgment by the applicant's
51 direct supervisor or other approved evaluator.
52

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History: January 22, 2015, Section 2.20.500 was amended. June 18, 2008, Section 2.20.500(3) was amended to correct the title of the examination. November 26, 2002, Section 2.20.500(3) was amended.

Sec. 2.20.510. Community Health Practitioner Competencies. A community health practitioner must successfully demonstrate and maintain the ability to meet all of the requirements of sections 2.20.110 [CHA I competencies], 2.20.210 [CHA II competencies], 2.20.310 [CHA III competencies], and 2.20.410 [CHA IV competencies].

Sec. 2.20.600. Certification by Credentials. The Board may waive one or more of the requirements of sections 2.20.100 [CHA I training & education requirements] through 2.20.510 [CHP competencies] for a person who provides evidence satisfactory to the Board that the person has health care training, education and experience at least equivalent in scope, quality, and difficulty to those imposed under these sections, provided the applicant demonstrates to the satisfaction of the Board that the applicant is adequately familiar with the CHA/P program and will limit his or her practice to the scope of practice of a community health aide or community health practitioner operating under the community health aide program.

History: November 26, 2002, Section 2.20.600 was amended. February 26, 1999, Section 2.20.600 was amended.

Article 30. Standards for Dental Health Aides

History: November 26, 2002, Article 30 was added.

Sec. 2.30.010. Supervision of Dental Health Aides.¹

(a) Generally. The supervision of a dental health aide may be general, indirect or direct, as defined in section 2.30.010(b) [supervision of DHAs; definitions of levels of supervision], provided that

(1) the person providing the supervision must satisfy the criteria provided under section 2.10.010(a)(9) [initial qualifications; general requirements (supervision & day-to-day direction)];

(2) the dental health aide must be supervised at whatever level of supervision is required for the specific care being provided;

(3) a dentist, dental health aide therapist, or dental health aide therapist practitioner providing supervision may impose a higher level of supervision on the dental health aide than that provided in this article, and

(4) when a dental health aide therapist or dental health aide therapist practitioner requires supervision the supervision must be provided by a dentist.

(b) Definitions of Levels of Supervision. For the purposes of this article:

(1) “Direct supervision” means the dentist, dental health aide therapist, or dental health aide therapist practitioner in the dental office, personally diagnoses the condition to be treated, personally authorizes the procedure, and before dismissal of the patient evaluates the performance of the dental health aide;

(2) “General supervision” means the dentist, dental health aide therapist, or dental health aide therapist practitioner has authorized the procedures and they are being carried out in accordance with standing orders issued to a specific dental health aide; and

(3) “Indirect supervision” means a dentist, dental health aide therapist, or dental health aide therapist practitioner is in the facility, authorizes the procedures, and remains in the dental facility while the procedures are being performed by the dental health aide.

1
2 ¹The supervision (at whatever level is required) of a dental health aide who provides services
3 for which a Medicaid claim will be made must be provided by a dentist.
4

5 (c) **Village-Based Practice.** Any dental health aide practicing under general supervision, except
6 a primary dental health aide I, must have successfully completed a Board approved village-based dental
7 practice course that satisfies the requirements of section 7.20.050 [village-based dental practice].
8

9 **History:** June 3, 2020, Section 2.10.010(a) and (b)(1)(2) and (3) were amended. June 18, 2008, Section
10 2.30.010(a)(2) was amended to correct a citation. October 3, 2006, Section 2.30.010 was amended by adding
11 a footnote to the section title and Section 2.30.010(a) was amended. October 8, 2003, Section 2.30.010(a) was
12 amended.
13

14 **Sec. 2.30.020. Scope of Practice Prior to Certification as a Dental Health Aide.**
15

16 (a) **Minimum Requirements.** A person who satisfies the requirements of subsection
17 2.30.020(b) [scope of practice prior to certification as a DHA; employment] may perform services of a
18 certified dental health aide prior to being certified under this article to the extent the services are
19 performed

- 20 (1) as part of training required for certification;
21 (2) as part of a required preceptorship under sections 2.30.100(b) [PDHA I training &
22 education requirements; preceptorship], 2.30.220(c)(1)(B) [sealant requirements; training, education &
23 preceptorship; (sealants during training)] or (c)(2) [sealant requirements; training, education &
24 preceptorship; (preceptorship)], 2.30.230(d) [dental prophylaxis requirements; preceptorship];
25 2.30.240(c)(1)(D) [dental radiology requirements; training, education & preceptorship; (radiographs
26 during training)] or (c)(2) [dental radiology requirements; training, education & preceptorship; (minimum
27 number radiographs)], 2.30.250(c) [dental assistant function requirements; training, education &
28 preceptorship], 2.30.260(d) [ART requirements; preceptorship], 2.30.400(b) [EFDHA I supervision,
29 training and education requirements; preceptorship], 2.30.500(b) [EFDHA II training & education
30 requirements; preceptorship], 2.30.550(d) [stainless steel crown placement requirements; preceptorship],
31 2.30.600(3) [DHAT training & education requirements; (preceptorship)]; or
32 (3) while an application for certification is pending before the Board after successful
33 completion of all required training and preceptorship.
34

35 (b) **Employment.** To be eligible to perform services under subsection 2.30.020(a) [scope of
36 practice prior to certification as a DHA; minimum requirements], the person must be employed or
37 sponsored by the Indian Health Service or a tribe or tribal program operating a community health aide
38 program in Alaska under the ISDEAA.
39

40 **History:** October 30, 2014, Section 2.30.020(a)(2) was amended. January 31, 2008, Section 2.30.020(b)
41 was amended. October 3, 2006, Section 2.30.020(a) and (b) were amended.
42

43 **Sec. 2.30.030. Multiple Certification.** Under this article a person may be certified under more
44 than one section.
45

46 **Sec. 2.30.050. Certification by Credentials.** The Board may waive one or more of the
47 requirements of sections or 2.30.100 [PDHA I training & education requirements] through 2.30.610
48 [DHAT supervision & competencies] for a person who provides evidence satisfactory to the Board that
49 the person has health care training, education and experience at least equivalent in scope, quality, and
50 difficulty to those imposed under these sections, provided the applicant demonstrates to the satisfaction of
51 the Board that the applicant is adequately familiar with the CHA/P program and will limit his or her
52 practice to the scope of practice of dental health aide under these *Standards*.

Sec. 2.30.100. Primary Dental Health Aide I Training and Education Requirements.

A person meets the training and education requirements to be a certified primary dental health aide I upon successful completion of the requirements set forth in subsections (a) [training] and (b) [preceptorship] of this section.

(a) Training.

(1) (A) A Pre-session or Session I training course provided by a CHA/P Training Center, provided that a Pre-session training course must address at a minimum all of the topics identified in section 7.20.010 [DHA core curriculum]; or

(B) a Board approved DHA core curriculum course that satisfies the requirements of section 7.20.010 [DHA core curriculum];

(2) a Board approved primary oral health promotion and disease prevention course that satisfies the requirements of section 7.20.020 [primary oral health promotion & disease prevention];

(3) a Board approved basic dental procedure course that satisfies the requirements of section 7.20.030 [basic dental procedures]; and

(4) Basic Life Support certification.

(b) Preceptorship. A dental health aide must after completion of the requirements in subsection (a) of this section, under the direct supervision of a dentist, dental health aide therapist or dental hygienist, satisfactorily complete a preceptorship, which must include satisfactory performance in the

(1) delivery of a minimum of 20 fluoride treatments, which must include a minimum of 5 varnish, 5 rinse and 5 foam or gel treatments;

(2) delivery of a minimum of 40 oral hygiene sessions of which

(A) a minimum of 10 must be with children under 6 years of age;

(B) a minimum of 10 must be with patients between ages 6 and 14; and

(C) a minimum of 10 must be with patients over age 14;

(3) delivery of a minimum of 20 diet education sessions, including a minimum of:

(A) 10 provided to the primary caregiver of children under age 6; and

(B) 5 provided to an adult regarding the adult's own diet; and

(4) an additional 40 hours of relevant work experience.

(c) Waiver. A person who has equivalent education, training or experience may be deemed by the Board to meet the requirements in subsections (a)(2) [PDHA I training & education requirements; (oral health promotion disease prevention course)] and (3) [PDHA I training & education requirements; (basic dental procedure course)] and (b) [PDHA I training & education requirements; preceptorship] of this section.

Sec. 2.30.110. Primary Dental Health Aide I Supervision and Competencies.

(a) Dental Supervision. A certified primary dental health aide I may provide services under the general supervision of a dentist, dental health aide therapist, or dental health aide therapist practitioner.

(b) Competencies. A certified primary dental health aide I must successfully demonstrate and maintain

(1) an understanding of:

(A) basic dental anatomy;

(B) caries disease process;

(C) periodontal disease process;

(D) infection control;

(E) health care system access, including access to Medicaid and other third-party resources;

(F) scheduling;

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- 1 (G) theory of prevention;
2 (H) fluoride as a drug and related issues;
3 (2) competency in the following subjects:
4 (A) topical fluoride treatments;
5 (B) diet education;
6 (C) oral hygiene instruction;
7 (D) identification of potential dental problems and appropriate referrals;
8 (E) those provided for under sections 2.20.110(b)(1), (3) through (12), (14) and (15)
9 [CHA I competencies; (competencies)];
10 (F) dental health aide's general scope of work;
11 (G) basic life support;
12 (3) satisfactory performance of the following skills:
13 (A) use of CHAM;
14 (B) general medical history taking;
15 (C) patient education including:
16 (i) oral hygiene instruction;
17 (ii) diet education;
18 (iii) explanation of prevention strategies, including fluoride and sealants;
19 (D) tooth brush prophylaxis;
20 (E) providing topical fluoride treatments;
21 (F) clean/sterile techniques;
22 (G) universal precautions; and
23 (H) hand washing.
24

25 **History:** June 3, 2020, Section 2.30.110(a) was amended. September 12, 2019, Section
26 2.30.110(b)(2)(A) and (b)(3)(E) were amended.
27

28 **Sec. 2.30.150. [RESERVED]**

29
30 **History:** October 8, 2003, Section 2.30.150 was deleted and the section number reserved.
31

32 **Sec. 2.30.160. [RESERVED]**

33
34 **History:** October 8, 2003, Section 2.30.160 was deleted and the section number reserved.
35

36 **Sec. 2.30.200. Primary Dental Health Aide II Training and Education Requirements.** A
37 person meets the training and education requirements to be a certified primary dental health aide II upon
38 successful completion of

- 39 (a) (1) (A) all requirements under sections 2.30.100 [PDHA I training & education
40 requirements] through 2.30.110 [PDHA I supervision & competencies];
41 (B) a Board approved DHA Advanced Dental Procedures training session that
42 satisfies the requirements of section 7.20.040 [DHA advanced dental procedures]; and
43 (C) one or more certifications under 2.30.220 [sealant requirements], 2.30.230
44 [dental prophylaxis requirements], 2.30.240 [dental radiology requirements], 2.30.250 [dental assistant
45 function requirements] or 2.30.260 [ART requirements]; or
46 (2) the requirements of section 2.30.300(b)(1) and (2) [DHAH training & education
47 requirements; (education options)]; and
48 (b) a Board approved DHA village-based dental practice course that satisfies the requirements
49 of section 7.20.050 [village-based dental practice].
50

51 **History:** October 30, 2014, Section 2.30.200(a)(1)(C) was amended. October 8, 2003, Section 2.30.200 (a)(3)
52 was amended.
53

Sec. 2.30.210. Primary Dental Health Aide II Supervision and Competencies.

(a) Dental Supervision. A certified primary dental health aide II may provide the services under paragraph (b)(2) [competencies; (satisfactory performance)] under the general supervision of a dentist, dental health aide therapist, or dental health aide therapist practitioner.

(b) Competencies. In addition to meeting the requirements of section 2.30.110 [PDHA I supervision & competencies], a certified dental health aide II must successfully demonstrate and maintain

- (1)
 - (A) an understanding and knowledge of dental anatomy;
 - (B) an understanding and knowledge of caries and the periodontal disease process;
 - (C) identification and knowledge of dental instruments and equipment;
 - (D) an understanding of telemedicine technology;
 - (E) dental charting;
 - (F) problem-specific medical and dental history taking;
 - (G) basic knowledge of relationship between medical conditions and oral health;
 - (H) basic management of dental emergencies;
 - (I) proper handling and sterilization of instruments;
 - (J) disinfection of the operator; and
- (2) satisfactory performance of the following skills:
 - (A) problem-specific medical and dental history taking;
 - (B) recognition of medical and dental conditions that may require direct dental supervision or services;
 - (C) recognition of relationship between medical conditions and oral health;
 - (D) dental charting and patient record documentation;
 - (E) instrument handling and sterilization procedures;
 - (F) intra- and extra-oral photographs, if equipment is available;
- (3) meeting the requirements of one or more of the following sections:
 - (A) 2.30.220 [sealant requirements];
 - (B) 2.30.230 [dental prophylaxis requirements];
 - (C) 2.30.240 [dental radiology requirements];
 - (D) 2.30.250 [dental assistant function requirements]; or
 - (E) 2.30.260 [ART requirements].

History: June 3, 2020, Section 2.30.210(a) was amended. October 29, 2015, Section 2.30.210(b)(1)(D) was amended. October 30, 2014, Section 2.30.210(b)(3) was amended. June 8, 2010, Section 2.30.210(b)(1)(2) was amended. October 8, 2003, the title to Section 2.30.210 and subsections (a) and (b) were amended.

Sec. 2.30.220. Sealant Requirements.

(a) Prerequisites. A dental health aide may be certified under this section to perform sealants under the conditions set forth in subsections (b) through (d) of this section provided the dental health aide satisfies the requirements of sections:

- (1) 2.30.200 [PDHA II training & education] and 2.30.210 [PDHA II supervision & competencies];
- (2) 2.30.400 [EFDHA I supervision, training & education requirements] and 2.30.410 [EFDHA I supervision & competencies]; or
- (3) 2.30.500 [EFDHA II training & education] and 2.30.510 [EFDHA II supervision & competencies].

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1 **(b) Dental Supervision.**

2 (1) The sealant procedure must have been ordered by a dentist, dental health aide therapist,
3 or dental health aide therapist practitioner prior to the sealant procedure.

4 (2) Sealants may be performed under this section by a dental health aide under the general
5 supervision of a dentist, dental health aide therapist, or dental health aide therapist practitioner provided
6 the dental health aide has met the requirements of this section, including successful completion of the
7 requirements of section 2.30.200(b) [PDHA II training & education requirements; (village-based dental
8 practice course)].

9 (3) An expanded function dental health aide I or II who has not completed the requirements
10 of section 2.30.200(b) [PDHA II training & education requirements; (village-based dental practice
11 course)] may perform sealants under this section only under the direct or indirect supervision of a dentist,
12 dental health aide therapist, or dental health aide therapist practitioner.

13
14 **(c) Training, Education and Preceptorship.** The dental health aide must have satisfactorily
15 completed

16 (1) (A) a course in sealants
17 (i) approved by the Board that satisfies the requirements of section 7.20.100
18 [sealants];

- 19 (ii) offered by an accredited school of higher education; or
20 (iii) offered by IHS; and

21 (B) under the direct supervision of a dentist, dental health aide therapist, dental
22 health aide therapist practitioner or licensed dental hygienist, satisfactory performance of a minimum of
23 25 sealant procedures including:

- 24 (i) a minimum of 10 on molars;
25 (ii) a minimum of 5 on children under 7 years of age; and
26 (iii) a minimum of 10 on second molars; or

27 (2) under the direct supervision of a dentist, dental health aide therapist, or licensed dental
28 hygienist, satisfactory performance of a minimum of 50 sealant procedures including:

- 29 (A) a minimum of 20 on molars;
30 (B) a minimum of 10 on children under 7 years of age; and
31 (C) a minimum of 10 on second molars.

32
33 **(d) Competencies.** In addition to meeting all other requirements of this section, the dental health
34 aide must understand and successfully demonstrate and maintain the following competencies and skills:

- 35 (1) understanding and following dental orders;
36 (2) reviewing medical history and identifying contraindications for sealant treatment;
37 (3) explaining sealant procedure and responding to questions from patient regarding
38 sealants;
39 (4) proper patient and provider safety procedures;
40 (A) proper use and safety procedures related to curing light;
41 (B) proper use of etchant material;
42 (5) isolating and drying teeth to be sealed;
43 (6) identifying and correcting occlusal discrepancies caused by excess sealant; and
44 (7) ensuring retention of the sealant.

45
46 **History:** June 3, 2020, Section 2.30.220(b)(1)(2) and (3) and (c)(1)(B) were amended. October 29, 2015,
47 Section 2.30.220(c)(1)(B) and (c)(2) were amended. October 8, 2003, Section 2.30.220(a) was amended.
48

1 **Sec. 2.30.230. Dental Prophylaxis Requirements.**
2

3 **(a) Prerequisites.** A dental health aide may be certified under this section to perform dental
4 prophylaxis under the conditions set forth in subsections (b) through (d) of this section provided the dental
5 health aide satisfies the requirements of sections:

6 (1) 2.30.200 [PDHA II training & education requirements] and 2.30.210 [PDHA II
7 supervision & competencies];

8 (2) 2.30.400 [EFDHA I supervision, training & education requirements] and 2.30.410
9 [EFDHA I supervision & competencies]; or

10 (3) 2.30.500 [EFDHA II training & education requirements] and 2.30.510 [EFDHA II
11 supervision and competencies].
12

13 **(b) Dental Supervision.**

14 (1) The dental prophylaxis procedure must have been ordered by a dentist, dental health
15 aide therapist, or dental health aide therapist practitioner prior to the performance of the procedure.

16 (2) Dental prophylaxis performed under this section must be carried out under the direct or
17 indirect supervision of a dentist, dental health aide therapist, or dental health aide therapist practitioner
18 unless the dental health aide has successfully completed the requirements of section 2.30.200(b) [PDHA
19 II training & education requirements; (village-based dental practice course)].
20

21 **(c) Training and Education.** The dental health aide must have satisfactorily completed one of
22 the following:

23 (1) a Board approved course in dental prophylaxis that satisfies the requirements of section
24 7.20.110 [dental prophylaxis];

25 (2) a course in dental prophylaxis offered by an accredited school of higher education; or

26 (3) a course in dental prophylaxis offered or approved by IHS, including “Clinical
27 Periodontics for the Dental Assistant.”
28

29 **(d) Preceptorship.** A dental health aide must, after completion of the requirements in
30 subsection (c) of this section, under the direct supervision of a dentist, dental health aide therapist, dental
31 health aide therapist practitioner or licensed dental hygienist, satisfactorily complete a preceptorship
32 during which the dental health aide satisfactorily performs a minimum of 40 dental prophylaxis of which

33 (1) a minimum of 10 must be performed on children under 8 years of age; and

34 (2) a minimum of 10 must be performed on adults with supra-gingival calculus.
35

36 **(e) Competencies.** In addition to meeting all other requirements of this section, the dental health
37 aide must understand and successfully demonstrate and maintain the following competencies and skills:

38 (1) understanding and following dental orders;

39 (2) reviewing medical history and identifying contraindications for performing
40 prophylaxis;

41 (3) understanding when the patient should be referred to a dentist prior to carrying out
42 prophylaxis;

43 (4) explaining prophylaxis procedure and respond to questions from patient regarding
44 prophylaxis;

45 (5) proper patient and provider safety procedures;

46 (A) proper use of dental instruments for safety of patient and provider;

47 (B) proper use of ultrasonic scalers;

48 (6) scaling and polishing to remove plaque, calculus, and stains from the coronal or
49 exposed surface of the tooth; and

50 (7) [Reserved]
51

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History: June 3, 2020, Section 2.30.230(b) and (d)(1)(2) were amended. January 26, 2017, Section 2.30.230(e)(5)(B) and (7) were amended. October 29, 2015, Section 2.30.230(d) was amended. October 30, 2014, Section 2.30.230(e)(6) was amended. January 11, 2012, Section 2.30.230(d) was amended. June 8, 2010, Section 2.30.230(e) was amended. October 8, 2003, Section 2.30.230(a) was amended.

Sec. 2.30.240. Dental Radiology Requirements.

(a) Prerequisites. A dental health aide may be certified under this section to perform dental radiology under the conditions set forth in subsections (b) through (d) of this section provided the dental health aide satisfies the requirements of sections:

- (1) 2.30.200 [PDHA II training & education requirements] and 2.30.210 [PDHA II supervision & competencies];
- (2) 2.30.400 [EFDHA I supervision, training & education requirements] and 2.30.410 [EFDHA I supervision & competencies]; or
- (3) 2.30.500 [EFDHA II training & education requirements] and 2.30.510 [EFDHA II supervision & competencies].

(b) Dental Supervision. Dental radiology may be performed under this section by a dental health aide under the general supervision of a dentist or dental health aide therapist provided the dental health aide has met the requirements of all of the requirements of this section.

(c) Training, Education and Preceptorship. The dental health aide must have satisfactorily completed one of the following:

- (1) (A) a Board approved course in dental radiology that satisfies the requirements of section 7.20.120 [dental radiology];
- (B) a course in dental radiology offered by an accredited school of higher education;
- (C) a course in dental radiology offered or approved by IHS, including “Basic Radiology for Dental Staff”; or
- (D) satisfactory performance in exposing and developing a minimum of 75 dental radiographs under the direct supervision of a dentist, dental health aide therapist, or licensed dental hygienist including:
 - (i) a minimum of 10 sets of bitewing radiographs, provided that a minimum of 5 sets of the bitewings must be on children under 7 years of age, and
 - (ii) a minimum of 20 periapicals and 3 occlusals.
- (2) If in the course under (1)(A) through (C) the dental health aide did not satisfactorily expose radiographs on at least 10 patients, then after the completion of the course, the dental health aide must complete, under direct supervision of a dentist, dental health aide therapist, or licensed dental hygienist, enough additional radiographs to have satisfactorily completed exposures on no less than 10 patients.

(d) Competencies. In addition to meeting all other requirements of this section, a dental health aide may only perform dental radiology, if the dental health aide successfully demonstrates and maintains

- (1) an understanding of
 - (A) components of an x-ray machine,
 - (B) kilovoltage (kVp),
 - (C) density and contrast,
 - (D) milliamperage (mA),
 - (E) exposure time,
 - (F) film type,
 - (G) automatic processing equipment,
 - (H) darkroom lighting, and
 - (I) purpose of film mounts;

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- 1 (2) competency in the following:
2 (A) radiological protection,
3 (B) radiographic quality,
4 (C) radiographic technique,
5 (D) processing technique,
6 (E) presentation of radiographs,
7 (F) radiographic infection control,
8 (G) special radiograph techniques,
9 (H) maintenance of processor equipment, and
10 (I) mounting and labeling of radiographs;
11 (3) satisfactory performance of the following skills:
12 (A) radiological protection of operator and patient;
13 (B) use and storage of the lead apron and thyroid collar;
14 (C) review medical history and identify contraindications for performing x-rays;
15 (D) dosimeter (film badge) and radiology reports;
16 (E) recognition and correction of;
17 (i) distortion,
18 (ii) overlap,
19 (iii) cone-cutting, and
20 (iv) automatic processing problems;
21 (F) use of film holding devices;
22 (G) positioning and exposing intra-oral radiographs;
23 (H) troubleshooting:
24 (i) technique errors, and
25 (ii) processing errors;
26 (I) film handling during processing,
27 (J) film labeling,
28 (K) use of landmarks to mount film,
29 (L) use of daylight loader; and
30 (M) basic knowledge of digital radiography.

31
32 (e) [RESERVED]

33
34 **History:** September 12, 2019, Section 2.30.240(c)(1)(D)(ii) was amended. January 22, 2016, Section
35 2.30.240(e) was deleted and reserved. October 29, 2015, Section 2.30.240(c)(1)(D) and (c)(2) were amended.
36 May 15, 2014, Section 2.30.240(c)(1)(D) and (2) were amended. June 8, 2010, Section 2.30.240(d)(3) was
37 amended. October 8, 2003, Section 2.30.240(a) was amended.

38
39 **Sec. 2.30.250. Dental Assistant Function Requirements.**

40
41 **(a) Prerequisites.** A dental health aide may be certified under this section to perform the
42 functions of a dental assistant under the conditions set forth in subsections (b) through (c) of this section
43 provided the dental health aide satisfies the requirements of:

44 (1) 2.30.200 [PDHA II training & education requirements] and 2.30.210 [PDHA II
45 supervision & competencies].

46
47 **(b) Dental Supervision.** A dental health aide certified under this article who satisfies the
48 requirements of this section may perform the functions of a dental assistant only under the direct or
49 indirect supervision of a

- 50 (1) dentist;
51 (2) dental health aide therapist;

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- 1 (3) licensed dental hygienist; or
2 (4) [RESERVED]
3 (5) dental health aide therapist practitioner
4 (6) primary dental health aide II or expanded function dental health aide I or II who is
5 performing procedures under the general supervision of a dentist.
6

7 **(c) Training, Education and Preceptorship.** In addition to performing functions as provided
8 for the level of certification achieved by the dental health aide, a dental health aide may perform the
9 functions of a dental assistant, if the dental health aide has successfully completed one of the following:

- 10 (1) an accredited dental assisting program;
11 (2) a Board approved dental assisting program that satisfies the requirements of section
12 7.20.130 [dental assisting]; or
13 (3) a program provided by a dentist who directly supervised the person carrying out a
14 sufficient number of patient encounters for the person to develop satisfactory skills, as determined by the
15 supervising dentist, in each of the functions identified in 2.30.250(d) [dental assistant function
16 requirements; competencies].
17

18 **(d) Competencies.** In addition to meeting all other requirements of this section, the dental health
19 aide must understand and successfully demonstrate and maintain the ability to satisfactorily perform the
20 following functions:

- 21 (1) applying topical anesthetic agents;
22 (2) placing and removing rubber dams;
23 (3) basic knowledge of dental materials, instruments, and procedures;
24 (4) four-handed instrument transfer;
25 (5) dental charting and patient record documentation;
26 (6) proper handling and sterilization of instruments; and
27 (7) disinfection of operator.
28 (8) [RESERVED]
29

30 **History:** June 3, 2020, Section 2.30.250(b)(5) was amended. January 26, 2017, Section 2.30.250(d) was
31 amended. October 29, 2015, Section 2.30.250(b)(4) was deleted and reserved. October 30, 2014, Section
32 2.30.250 was amended and renumbered. June 8, 2010, Section 2.30.250(c) was amended, numbers 5, 6, 7 and
33 8 were deleted and reserved. October 8, 2003, Section 2.30.250(a)(5) was amended.
34

35 **Sec. 2.30.260. Atraumatic Restorative Treatment (ART) Requirements.**
36

37 **(a) Prerequisites.** A dental health aide may be certified under this section to perform atraumatic
38 restorative treatment (ART) under the conditions set forth in subsections (b) through (d) of this section
39 provided the dental health aide satisfies the requirements of sections:

- 40 (1) (A) 2.30.200 [PDHA II training & education requirements] and 2.30.210 [PDHA II
41 supervision & competencies];
42 (B) 2.30.300 [DHAH training & education requirements] and 2.30.310 [DHAH
43 supervision & competencies];
44 (C) 2.30.400 [EFDHA I supervision, training & education requirements] and
45 2.30.410 [EFDHA I supervision & competencies]; or
46 (D) 2.30.500 [EFDHA II training & education requirements] and 2.30.510 [EFDHA
47 II supervision & competencies], and (2) 2.30.220 [sealant requirements], 2.30.230 [dental prophylaxis
48 requirements], and 2.30.240 [dental radiology requirements] and 2.30.240 [dental radiology
49 requirements].
50

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1 **(b) Dental Supervision.**

2 (1) The dental health aide may perform ART only after consultation with a dentist, dental
3 health aide therapist, or dental health aide therapist practitioner (exception is the dental health aide
4 hygienist who must be supervised by a dentist) who has reviewed appropriate dental records regarding the
5 patient, which may include radiographs and intra-oral photographs.

6 (2) ART may be performed under this section by a dental health aide under the general
7 supervision of a dentist, dental health aide therapist, or dental health therapist practitioner (exception is
8 the dental health aide hygienist who must be supervised by a dentist) provided the dental health aide has
9 met the requirements of all of the requirements of this section, including successful completion of the
10 requirements of section 2.30.200(b) [PDHA II training & education requirements; (village-based dental
11 practice course)].

12 (3) An expanded function dental health aide I or II who has not completed the requirements
13 of section 2.30.200(b) [PDHA II training & education requirements; (village-based dental practice
14 course)] may perform ART under this section only under the direct or indirect supervision of a dentist,
15 dental health aide therapist, or dental health aide therapist practitioner.

16
17 **(c) Training and Education.** The dental health aide must have satisfactorily completed one of
18 the following:

19 (1) a Board approved course in ART that satisfies the requirements of section 7.20.140
20 [ART];

21 (2) a course in ART offered by an accredited school of higher education; or

22 (3) a course in ART offered or approved by IHS, including the course “Early Childhood
23 Caries (ECC) and Midlevel Providers: an Expanded Role for Hygienists and Therapists.”

24
25 **(d) Preceptorship.** A dental health aide must, after completion of the requirements in
26 subsection (c) of this section, under the direct supervision of a dentist, satisfactorily complete a
27 preceptorship during which the dental health aide satisfactorily performs ART on

28 (1) a minimum of 10 patients of whom a minimum of 5 must be children under 4 years of
29 age; and

30 (2) a minimum of 50 teeth.

31
32 **(e) Competencies.** In addition to meeting all other requirements of this section, a dental health
33 aide may only perform ART, if the dental health aide successfully demonstrates and maintains:

34 (1) an understanding and following dental orders;

35 (2) reviewing medical history and identifying contraindications for performing ART;

36 (3) identify cases appropriate for ART;

37 (4) understanding when the patient should be referred to a dentist;

38 (5) explaining ART procedure and responding to questions from patient regarding ART;

39 (6) proper patient and provider safety procedures, including proper use dental instruments;

40 (7) isolating the tooth/teeth;

41 (8) removing gross caries with hand instruments;

42 (9) mixing, placing and contouring appropriate restorative material; and

43 (10) recognizing potential and actual procedural complications and consulting appropriately
44 with the dentist.

45
46 **History:** June 3, 2020, Section 2.30.260(b)(1)(2) and (3) were amended. October 30, 2013, Section
47 2.30.260(b)(1) and (2) were amended. June 8, 2010, Section 2.30.260(e)(3) was amended. October 8, 2003,
48 Section 2.30.260(a) was amended.

1 **Sec. 2.30.300. Dental Health Aide Hygienist Training, Education, and Licensure**
2 **Requirements. A person meets the training and education requirements to be a certified dental**
3 **health aide hygienist upon successful completion of**

- 4 (a) all requirements under sections 2.30.100(a)(1) [PDHA I training & education requirements;
5 training (presession)] and (4) [PDHA I training & education requirements; training; (BLS)];
6 (b) (1) an accredited school of dental hygiene; or
7 (2) a dental hygiene training and education program approved by the Board; and
8 (c) if not covered in the training under (b)(1) or (2) of this section or if the training has not been
9 kept up-to-date through practice or continuing education, a course in local anesthetic that is
10 (1) approved by the Board that satisfies the requirements of section 7.20.400 [local
11 anesthetic administration];
12 (2) offered by an accredited school of higher education; or
13 (3) offered or approved by IHS; and
14 (d) is licensed as a dental hygienist in Alaska under AS 08.32.10 or a dental hygienist in the
15 employ of the federal government in the discharge of official duties who is a dental hygienist licensed in
16 one of the states or territories of the United States.

17 **History:** May 15, 2014, Section 2.30.300 was amended.

18
19 **Sec. 2.30.310. Dental Health Aide Hygienist Supervision and Competencies.**

20
21 **(a) Dental Supervision.**

- 22 (1) Dental hygiene services may be performed under this section by a dental health aide
23 hygienist under the general supervision of a dentist provided the dental health aide hygienist has met the
24 requirements of all of the requirements of this section.
25 (2) a dental health aide hygienist may perform services identified in section 2.30.260 [ART
26 requirements] under general supervision of a dentist upon successful completion of all of the requirements
27 of the applicable section and requirements of section 2.30.200 (b) [PDHA II training and education
28 requirements].

29
30 **(b) Competencies.** In addition to demonstrating the competencies identified in section
31 2.30.110(b) [PDHA I supervision & competencies; competencies], 2.30.210(b) [PDHA II supervision &
32 competencies; competencies], 2.30.220(d) [sealant requirements; competencies], 2.30.230(e) [dental
33 prophylaxis requirements; competencies], 2.30.240(d) [dental radiology requirements; competencies], and
34 after satisfying the requirements of 2.30.300 [DHAH training & education requirements], a certified
35 dental health aide hygienist must successfully demonstrate and maintain satisfactory performance of the
36 following skills:

- 37 (1) removing calculus deposits, accretions and stains from the surfaces of teeth by scaling
38 and polishing techniques;
39 (2) non-surgical periodontal therapy;
40 (3) placing sulcular medicinal or therapeutic materials;
41 (4) periodontal probing; and
42 (5) administration of local anesthetics and identification and responding to the side effects
43 of local anesthetics.

44
45 **History:** October 29, 2013, Section 2.30.310(b) was amended. October 12, 2011, Section 2.30.310(a) and (b)
46 were amended. October 14, 2004, Section 2.30.310(a) was amended. October 8, 2003, Section 2.30.310(b)
47 was amended.

48
49 **Sec. 2.30.400. Expanded Function Dental Health Aide I Supervision, Training and**
50 **Education Requirements.**

51

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1 **(a) Training and Education.** A person meets the training and education requirements to be a
2 certified expanded function dental health aide I upon successful completion of

3 (1) all requirements under sections 2.30.100(a) [PDHA I Training and Education
4 Requirements; Training] and meet requirements of Sec. 2.30.250(c) and (d) [Dental Assistant Function
5 Requirements; Training, Education and Preceptorship; and Competencies];

6 (2) (A) (i) a Board approved course in basic restorative functions that satisfies the
7 requirements of section 7.20.200 [basic restorative functions];

8 (ii) a course in basic restorative functions offered by an accredited school of
9 higher education; or

10 (iii) a course in basic restorative functions offered or approved by IHS,
11 including “Restorative Functions – Basic”; or

12 (B) training that meets the requirements under section 2.30.230 [dental prophylaxis
13 requirements]; and

14 (3) a preceptorship that satisfies the requirements in subsection (b) [EFDHA I
15 preceptorship] of this section.

16
17 **(b) Preceptorship.**

18 An expanded function dental health aide I who has satisfied the requirements of

19 (1) subsection (a)(2)(A) [EFDHA I training & education; (basic restorative functions
20 course)] must, after completion of the other requirements in subsection (a) [EFDHA I training and
21 education] of this section, satisfactorily complete a preceptorship, which must

22 (A) be under the direct supervision of a dentist;

23 (B) continue after completion of the training under subsection (a)(2) for a minimum
24 of six months or 800 hours, whichever is longer; and

25 (C) include satisfactory performance in the dental health aide's clinical setting under
26 direct supervision of a dentist of a minimum of 50 restorations of which a minimum of 5 must be in each
27 classification of amalgam class I, class II, and class V and composite class I, class III and class V; or

28 (2) subsection (a)(2)(B) [EFDHA I training and education (dental prophylaxis course)]
29 must, after the completion of the other requirements in subsection (a) [EFDHA I training and education]
30 of this section, satisfactorily complete a preceptorship as required under section 2.30.230 [dental
31 prophylaxis requirements].

32
33 **History:** January 26, 2017, Section 2.30.400(a)(1) and (2)(A)(i) were amended. October 12, 2011, Section
34 2.30.400(a) and (b) were amended. October 8, 2003, Section 2.30.400(a)(2) and (b) were amended.
35

36 **Sec. 2.30.410. Expanded Function Dental Health Aide I Supervision and Competencies.**

37
38 **(a) Dental Supervision.**

39 (1) An expanded function dental health aide I may perform the functions identified for a
40 dental assistant under sections 2.30.250(c) [dental assistant function requirements; competencies] and
41 2.30.410(b) [EFDHA I supervision & competencies; competencies] only under the direct or indirect
42 supervision of a dentist, dental health aide therapist, or practitioner.

43 (2) An expanded function dental health aide I may perform the services identified in
44 section 2.30.550 [stainless steel crown placement requirements] under the direct or indirect supervision of
45 a dentist, dental health aide therapist, or dental health aide therapist practitioner upon successful
46 completion of all the requirements of the applicable section.

47 (3) An expanded function dental health aide I may perform the services identified in
48 section 2.30.410 (b)(1) [EFDHA I supervision & competencies] under general supervision of a dentist,
49 dental health aide therapist, or dental health aide therapist practitioner upon completion of the
50 requirements of section 2.30.200(b) [PDHA II training & education requirements; (village-based dental
51 practice course)].

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1 (4) An expanded function dental health aide I may perform services as provided for under
2 sections 2.30.220 [sealant requirements], 2.30.230 [dental prophylaxis requirements], 2.30.240 [dental
3 radiology requirements], and 2.30.260 [ART requirements] under the general supervision of a dentist,
4 dental health aide therapist, or dental health aide therapist practitioner upon successful completion of all
5 of the requirements of the applicable section and the requirements of section 2.30.200(b) [PDHA II
6 training & education requirements; (village-based dental practice course)].
7

8 **(b) Competencies.** In addition to satisfying the requirements of 2.30.400 [EFDHA I training &
9 education requirements], a certified expanded function dental health aide must successfully demonstrate
10 and maintain the following:

11 (1) (A) an understanding of:
12 (i) basic dental anatomy;
13 (ii) caries disease process;
14 (iii) periodontal disease process;
15 (iv) infection control;
16 (v) health care system access, including access to Medicaid and other third-
17 party resources;

18 (vi) scheduling;
19 (vii) theory of prevention;
20 (viii) fluoride as a drug and related issues;
21 (ix) [RESERVED];
22 (B) competency in the following subjects:
23 (i) topical fluoride treatment(s);
24 (ii) oral hygiene instruction;
25 (iii) identification of potential dental problems and appropriate referrals;
26 (iv) recognition of medical and dental conditions that may require direct
27 dental supervision or services;
28 (v) those provided for under sections 2.20.110(b)(1), (3) through (12), and
29 (14) [CHA I competencies; (competencies)];
30 (vi) dental health aide's general scope of work;
31 (vii) basic life support and basic management of dental emergencies;

32 (C) satisfactory performance of the following skills:
33 (i) use of CHAM;
34 (ii) general medical history taking;
35 (iii) patient education including the explanation of prevention strategies,
36 including fluoride and sealants;
37 (iv) toothbrush prophylaxis;
38 (v) clean/sterile techniques;
39 (I) [RESERVED];
40 (II) [RESERVED];
41 (vi) universal precautions; and
42 (vii) hand washing;
43 (viii) [RESERVED];
44 (ix) [RESERVED];
45 (x) [RESERVED];
46 (xi) [RESERVED];

47 (2) (A) for an expanded function dental health aide I who has satisfied the requirements
48 of section 2.30.400(a)(2)(A) [EFDHA I training & education requirements; training & education; (basic
49 restorative functions course)] and (b) [EFDHA I training & education requirements; preceptorship]:

50 (i) (I) advanced understanding of tooth morphology, structure and function;
51 and

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1 (II) an ability to discriminate between acceptable and unacceptable
2 restoration; and

3 (ii) competency in and satisfactory performance of the following skills:
4 (I) placement and finishing of Class I, II and V dental amalgams
5 (simple fillings) after preparation by the dentist or dental health aide therapist; and

6 (II) dental composite placement Class I, III and V (simple fillings)
7 after preparation by a dentist or dental health aide therapist; and

8 (III) provide appropriate post-procedure instructions; and
9 (B) for an expanded function dental health aide I who has satisfied the requirements
10 of section 2.30.400(a)(2)(B) [EFDHA I training & education requirements; training and education;
11 (prophylaxis training)], the requirements of section 2.30.230(e) [dental prophylaxis requirements;
12 competencies].

13
14 **History:** June 3, 2020, Section 2.30.410(a)(1)(2)(3) and (4) were amended. October 27, 2016, Section
15 2.30.410(b)(1)(A)(ix) and (C)(I), (II) and (C)(viii)(ix)(x) and (xi) were amended. October 29, 2015, Section
16 2.30.410(b)(C)(ix) was amended. October 12, 2011, Section 2.30.410 was amended. June 18, 2008, Section
17 2.30.410(b)(2)(ii)(III) was amended by adding punctuation at the end. In the Standards amended January 31,
18 2005, Section 2.30.410(a)(1) a cross-citation was corrected. October 8, 2003, Section 2.30.410(b)(1)(B) and
19 (C) were amended.

20 **Sec. 2.30.500. Expanded Function Dental Health Aide II Training and Education**
21 **Requirements.**

22
23 (a) **Training and Education.** A person meets the training and education requirements to be a
24 certified expanded function dental health aide II upon successful completion of

25 (1) all requirements under sections 2.30.100(a)(1) and (a)(4) [PDHA I training & education
26 requirements; training; (pre-session) & (BLS)], and 2.30.400(a)(2)(A), and (b)(1) [EFDHA I training &
27 education requirements] and 2.30.410 [EFDHA I supervision & competencies];

28 (2) (A) a Board approved course in advanced restorative functions that satisfies the
29 requirements of section 7.20.210 [advanced restorative functions];

30 (B) a course in advanced restorative functions offered by an accredited school of
31 higher education; or

32 (C) a course in advanced restorative functions offered or approved by IHS, including
33 “Restorative Functions – Advanced”; and

34 (3) a preceptorship that satisfies the requirements in subsection (b) [EFDHA II
35 preceptorship] of this section.

36
37 (b) **Preceptorship.** An expanded function dental health aide II must after completion of the
38 requirements in subsection (a) [EFDHA II training & education] of this section, satisfactorily complete a
39 preceptorship, which must

40 (1) be under the direct supervision of a dentist;

41 (2) continue after completion of the training under subsection (a)(2) [EFDHA II training &
42 education; (advanced restorative functions course)] for a minimum of six months or 800 hours whichever
43 is longer; and

44 (3) include satisfactory performance in the dental health aide's clinical setting under direct
45 supervision of a dentist of a minimum of 50 complex restorations.

46
47 **History:** October 29, 2015, Section 2.30.500(a)(1) was amended. October 12, 2011, Section 2.30.500(a)(1)
48 was amended. October 7, 2009, Section 2.30.500(a)(1) was amended. October 8, 2003, Section 2.30.500(a)(1)
49 was amended.

50
51 **Sec. 2.30.510. Expanded Function Dental Health Aide II Supervision and Competencies.**
52

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1 **(a) Dental Supervision.**

2 (1) An expanded function dental health aide II may perform the functions identified for a
3 dental assistant under sections 2.30.250(c) [dental assistant function requirements; competencies] and
4 2.30.510(b) [EFDHA II supervision & competencies; competencies] only under the direct or indirect
5 supervision of a dentist, dental health aide therapist, or dental health aide therapist practitioner.

6 (2) An expanded function dental health aide II may perform the services identified in
7 section 2.30.550 [stainless steel crown placement requirements] under the direct or indirect supervision of
8 a dentist, dental health aide therapist, or dental health aide therapist practitioner upon successful
9 completion of all of the requirements of the applicable section.

10 (3) An expanded function dental health aide II may perform the services identified in
11 section 2.30.410 (b)(1) [EFDHA I supervision & competencies; competencies under general supervision
12 of a dentist, dental health aide therapist, or dental health aide therapist practitioner upon completion of the
13 requirements of section 2.30.200(b) [PDHA II training & education requirements; (village-based dental
14 practice course)].

15 (4) An expanded function dental health aide II may perform services as provided for under
16 sections 2.30.220 [sealant requirements], 2.30.230 [dental prophylaxis requirements], 2.30.240 [dental
17 radiology requirements], and 2.30.260 [ART requirements] under the general supervision of a dentist,
18 dental health aide therapist, or dental health aide therapist practitioner upon successful completion of all
19 of the requirements of the applicable section and the requirements of section 2.30.200(b) [PDHA II
20 training & education requirements; village-based dental practice].

21
22 **(b) Competencies.** In addition to satisfying the requirements of 2.30.500 [EFDHA II training &
23 education requirements], a certified expanded function dental health aide must demonstrate and maintain
24 the following:

- 25 (1) the satisfactory performance of the competencies identified in sections
26 (A) 2.30.240(d) [dental radiology requirements; competencies];
27 (B) 2.30.250(c) [dental assistant function requirements; competencies];
28 (C) 2.30.410(b) [EFDHA I supervision & competencies; competencies]; and
29 (2) understanding of
30 (A) the basics of occlusion as they apply to restorative dentistry; and
31 (B) current state-of-the-art dentinal bonding agents;
32 (3) competency in and satisfactory performance of the following skills:
33 (A) placement and finishing of cusp protected amalgam and complex Class II
34 amalgams (complex fillings);
35 (B) placement and finishing of dental composite Class II and IV (complex fillings);
36 and
37 (C) provide appropriate post-procedure instructions.

38
39 **History:** June 3, 2020, Section 2.30.510(a)(1)(2)(3) and (4) were amended. October 27, 2016, Section
40 2.30.510 was amended. October 12, 2011, Section 2.30.510 was amended. In the Standards amended January
41 31, 2005, Section 2.30.510(a)(1) a cross-citation was corrected. October 8, 2003, Section 2.30.510(b)(1)(B)
42 and (D) were amended.

43
44 **Sec. 2.30.550. Stainless Steel Crown Placement Requirements.**

45
46 **(a) Prerequisites.** An expanded function dental health aide may be certified under this section
47 to place stainless steel crowns under the conditions set forth in subsections (b) through (e) of this section
48 provided the expanded function dental health aide satisfies the requirements of

49 (1) sections 2.30.400(a)(1),(a)(2)(A), (a)(3), and (b) [EFDHA I training & education
50 requirements; training & education & preceptorship] and 2.30.410 [EFDHA I supervision &
51 competencies]; or

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1 (2) sections 2.30.500 [EFDHA II training & education requirements] and 2.30.510
2 [EFDHA II supervision & competencies].
3

4 **(b) Dental Supervision.** An expanded function dental health aide I or II may perform stainless
5 steel crown placement only under the direct or indirect supervision of a dentist or dental health aide
6 therapist.
7

8 **(c) Training and Education.** A person meets the training and education requirements to place
9 stainless steel crowns upon successful completion of

10 (1) all requirements under sections 2.30.400(a)(1), (a)(2)(A), (a)(3), and (b) [EFDHA I
11 training & education requirements; training & education & preceptorship] and 2.30.410 [EFDHA I
12 supervision & competencies] or 2.30.500 [EFDHA II training & education requirements] and 2.30.510
13 [EFDHA II supervision & competencies];

14 (2) (A) a Board approved course in stainless steel crown placement that satisfies the
15 requirements of section 7.20.220 [stainless steel crowns];

16 (B) a course in stainless steel crown placement offered by an accredited school of
17 higher education; or

18 (C) a course in stainless steel crown placement offered or approved by IHS, which
19 includes “Advanced Pediatric Restorative Techniques for Expanded Function Dental Assistants”; and

20 (3) a preceptorship that satisfies the requirements of subsection (d) [preceptorship] of this
21 section.
22

23 **(d) Preceptorship.** A dental health aide must after completion of the requirements in subsection
24 (a) of this section, satisfactorily complete a preceptorship, which must

25 (1) be under the direct supervision of a dentist; and

26 (2) include satisfactory performance under the direct supervision of a dentist in the
27 expanded function dental health aide's clinical setting of placing a minimum of 20 stainless steel crowns.
28

29 **(e) Competencies.** In addition to meeting all other requirements of this section, the expanded
30 function dental health aide must understand and successfully demonstrate and maintain the following
31 competencies and skills:

32 (1) selecting the appropriate stainless steel crown;

33 (2) modifying the crown, as necessary;

34 (3) checking and correcting occlusion, contact and margins of stainless steel crown;

35 (4) cementing and removing excess cement;

36 (5) re-verifying the occlusion; and

37 (6) providing appropriate post-procedure instructions.
38

39 **History:** October 12, 2011, Section 2.30.550(a) and (c) were amended. October 8, 2003, Section
40 2.30.550(a)(1), (2) and (c)(1) were amended.
41

42 **Sec. 2.30.600. Dental Health Aide Therapist Training and Education Requirements.**

43 A person meets the training and education requirements to be a certified dental health aide therapist upon
44 successful completion of

45 (1) the requirements of section 2.30.100(a)(1) and (a)(4) [PDHA I training & education
46 requirements; training; (pre-session) & (BLS)], and

47 (2) (A) an accredited school of dental therapy or its equivalent; or

48 (B) a Board approved course of dental therapy that satisfies the requirements of
49 section 7.20.500 [DHAT training program]; and

50 (3) a clinical preceptorship under the direct supervision of a dentist for a minimum of three
51 months or 400 hours whichever is longer. The preceptorship should encompass all competencies required

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1 of a dental health aide therapist outlined in section 2.30.610(b)(1), (2) and (3) [DHAT supervision and
2 competencies; competencies], and students should demonstrate each procedure or service independently
3 to the satisfaction of the preceptor dentist.

4
5 **History:** October 30, 2014, Section 2.30.600(3) was amended. June 20, 2007, Section 2.30.600(3) was
6 amended.

7
8 **Sec. 2.30.610. Dental Health Aide Therapist Supervision and Competencies.**

9
10 **(a) Dental Supervision.** Dental health aide therapist services may be performed under this
11 section by a dental health aide therapist under the general supervision of a dentist provided the dental
12 health aide therapist has met the requirements of this section. Pulpal therapy (not including pulpotomies
13 on deciduous teeth) or extraction of adult teeth can be performed by a dental health aide therapist only
14 after consultation with a licensed dentist who determines that the procedure is a medical emergency that
15 cannot be resolved with palliative treatment.

16
17 **(b) Competencies.** In addition to meeting the requirements of section 2.30.100(a)(1) and (a)(4)
18 [PDHA I training & education requirements; training; (presession) & (BLS)] and 2.30.600 [DHAT
19 training & education requirements], a certified dental health aide therapist must successfully demonstrate
20 and maintain

- 21 (1) an understanding of
22 (A) medical evaluation,
23 (B) dental evaluation,
24 (C) periodontic techniques,
25 (D) clinic management and supervision,
26 (E) restorative dentistry,
27 (F) oral surgery and local anesthesia,
28 (G) infection control,
29 (H) equipment maintenance and repair,
30 (I) community and preventive dentistry, and
31 (J) management of the medicines in the village;
- 32 (2) competency in the above subjects to the level of performance required at the time of
33 meeting the requirements of section 2.30.600(2)(A) [DHAT training & education requirements;
34 (education options)]; and
- 35 (3) satisfactory performance under general supervision of a dentist of
36 (A) all of the skills identified in sections 2.30.110 [PDHA I supervision &
37 competencies], 2.30.210 [PDHA II supervision & competencies], 2.30.220 [sealant requirements],
38 2.30.230 [dental prophylaxis requirements], 2.30.240 [dental radiology requirements], 2.30.250 [dental
39 assistant function requirements], 2.30.260 [ART requirements], 2.30.410 [EFDHA I supervision &
40 competencies], 2.30.510 [EFDHA II supervision & competencies], and 2.30.550 [stainless steel crown
41 placement requirements];
42 (B) diagnosis and treatment of caries;
43 (C) performance of uncomplicated extractions of primary and permanent teeth;
44 (D) response to emergencies to alleviate pain and infection;
45 (E) administration of local anesthetic;
46 (F) recognition of and referring conditions needing space maintenance;
47 (G) maintenance of and repair of dental equipment;
48 (H) development of and carrying out community health prevention and education
49 program; and
50 (I) performance of pulpotomies on primary teeth.
51

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History: September 12, 2019, 2.30.610(b)(1) was amended. Section October 30, 2014, Section 2.30.610(b)(3)(A) was amended. June 13, 2012, Section 2.30.610(a) was amended. January 11, 2012, Section 2.30.610(b)(3) was amended. June 8, 2010, Section 2.30.610(b)(3) was amended. June 18, 2008, Section 2.30.610(a) and (b) were amended. October 14, 2004, Section 2.30.610(b)(3)(B) was amended. October 8, 2003, Section 2.30.610(b)(3) was amended.

Sec. 2.30.700. Dental Health Aide Therapist Practitioner Training and Education Requirements.

A person meets the training and education requirements to be a certified dental health aide therapist practitioner upon successful completion of

- (1) all the requirements of section 2.30.600 [DHAT Training & Education Requirements]; and
- (2) two consecutive recertification as a dental health aide therapist outlined in section 2.50.200 [Requirements for Renewal] and section 3.10.050 [DHAT Continuing Education Requirements]; and
- (3) requirements of section 3.10.050 [DHA Continuing Education Requirements; Unlapsed Certificate]; and
- (4) Letter of Recommendation to the CHAP Certification board by the applicant's direct clinical supervisor verifying the DHAT meets clinical competency and has satisfactory completion of 30 chart audits.

History: June 3, 2020, Section 2.30.700 was added.

Sec. 2.30.710. Dental Health Aide Therapist Practitioner Supervision and Competencies.

(a) Dental Supervision. Dental health aide therapist practitioner services may be performed under the requirements set forth in 2.30.610(a) [DHAT dental supervision].

(b) Competencies. In addition to meeting the requirements of section 2.30.700 [DHATP training & education requirements], a certified dental health aide therapist practitioner just successfully demonstrate and maintain requirements set forth in 2.30.610(b) [DHAT competencies].

History: June 3, 2020, Section 2.30.710 was added.

**Article 40.
Standards for Behavioral Health Aides and Practitioners**

History: June 18, 2008, Article 40 was added.

Sec. 2.40.010. Supervision of Behavioral Health Aides and Behavioral Health Practitioners.

(a) Clinical Oversight.

(1) Program Responsibility. A behavioral health aide or practitioner may only practice in a program in which clinical oversight of the behavioral health program is provided and responsibility is taken by a licensed behavioral health clinician who must be

- (A) familiar with the BHA/P program, the *Standards* and the BHAM; and
- (B) employed by the federal government or employed by or under contract with a tribal health program operating a community health aide program in Alaska under the ISDEAA.

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1 **(2) Qualifications.** A licensed behavioral health clinician or behavioral health professional
2 providing clinical oversight or clinical supervision

- 3 (A) must have demonstrated the ability to provide culturally competent services; and
4 (B) if providing direct supervision of behavioral health aides or practitioners:
5 (i) must have demonstrated the ability to provide such services in a village
6 setting; and
7 (ii) through education and experience, be able to supervise village-based
8 behavioral health aides and practitioners.
9

10 **(b) Levels of Supervision.** The clinical supervision of a behavioral health aide or practitioner
11 may be direct, indirect, or general as defined in section 2.40.010(c) [supervision of BHA/Ps; definitions
12 of level of supervision] provided that

- 13 (1) the person providing clinical supervision must either be a licensed behavioral health
14 clinician or behavioral health professional, provided that a behavioral health practitioner acting within the
15 scope of his or her certification may provide day-to-day support and mentoring of behavioral health aides;
16 (2) the behavioral health aide or practitioner must be supervised at what ever level of
17 supervision is required for the specific service or care being provided;
18 (3) the supervisor may impose a higher level of supervision on the behavioral health aide or
19 practitioner than that provided in this article; and
20 (4) the supervisor may develop an individualized protocol under which the behavioral
21 health aide or practitioner is permitted to engage in a wider range of activities than that allowed under this
22 article, provided
23 (A) the individualized protocol is in writing signed by the behavioral health aide or
24 practitioner and a licensed behavioral health clinician who is both familiar with the work of the behavioral
25 health aide or practitioner and the setting in which the authorized services will be provided;
26 (B) the level of supervision and level of performance required for each service to be
27 provided under the individualized protocol is specified; and
28 (C) the individualized protocol must be reviewed and updated upon re-certification
29 of the behavioral health aide or practitioner.
30

31 **(c) Definitions of Level of Supervision.** For the purposes of this article:

- 32 (1) “Direct supervision” means that a licensed behavioral health clinician or a behavioral
33 health professional
34 (A) consults in advance with the behavioral health aide or practitioner prior to the
35 behavioral health aide or practitioner performing service;
36 (B) is available in person or through the use of telehealth, which for the purposes of
37 supervision and consultation with behavioral health aides and practitioners includes instant messaging and
38 telephone communications, while the behavioral health aide or practitioner performs the service; and
39 (C) reviews the outcome of specific services performed with the behavioral health
40 aide or practitioner on a relatively contemporaneous basis after their completion.
41 (2) “Indirect supervision” means that a licensed behavioral health clinician or a behavioral
42 health professional
43 (A) consults in advance with the behavioral health aide or practitioner with regard to
44 the plan for performing services; and
45 (B) routinely reviews with the behavioral health aide or practitioner services
46 provided.
47 (3) “General supervision” means, with regard to
48 (A) direct client services, that a licensed behavioral health clinician or behavioral
49 health professional has authorized and or planned with the behavioral health aide or practitioner and client
50 a treatment, case management, or services plan that is intended to be carried out by a specific behavioral
51 health aide or practitioner subject to regular case review by the supervisor; or

1 (B) outreach (including initial contacts with individuals who may seek or be referred
2 for services, community-based education and prevention activities, and community organization work),
3 that a licensed behavioral health clinician or a behavioral health professional has consulted with and
4 authorized the behavioral health aide or practitioner to perform such activities independently so long as
5 the behavioral health aide or practitioner is within the scope of practice for which the behavioral health
6 aide or practitioner is certified and will be reported to and periodically reviewed by the supervisor.

7
8 **History:** May 15, 2014, Section 2.40.010(a)(1) was amended. June 18, 2008, Section 2.40.010 was added.
9

10 **Sec. 2.40.020. Scope of Practice Prior to Certification as a Behavioral Health Aide or**
11 **Practitioner.**

12
13 (a) **Minimum Requirements.** A person who satisfies the requirements of subsection
14 2.40.020(b) [scope of practice prior to certification as a BHA/P; employment] may perform services of a
15 certified behavioral health aide or practitioner prior to being certified to the extent the services are
16 performed

- 17 (1) as part of the required training for certification;
18 (2) as part of a clinical practicum;
19 (3) to satisfy work experience requirements required for certification; or
20 (4) after the application for certification has been submitted to the Board, while
21 certification is pending after successful completion of all training, clinical practicum and work experience
22 requirements.

23
24 (b) **Employment.** To be eligible to perform services under subsection 2.40.020(a) [scope of
25 practice prior to certification as a BHA/P; minimum requirements], the person must

- 26 (1) be employed by the Indian Health Service or a tribe or tribal health program operating a
27 community health aide program in Alaska under the ISDEAA;
28 (2) provide only those services for which the person has been trained and has demonstrated
29 successful performance; and
30 (3) provide services only under the direct, indirect, or general supervision as required under
31 section 2.40.010 [supervision of BHA/Ps] and other relevant sections of this article 40 [standards for
32 BHAs] of this Chapter.

33
34 **History:** June 18, 2008, Section 2.40.020 was added.
35

36 **Sec. 2.40.030. Behavioral Health Aide/Practitioner Trial Examination [Deleted].**

37
38 **History:** June 13, 2012, Section 2.40.030 was deleted in its entirety. June 18, 2008, Section 2.40.030 was
39 added.
40

41 **Sec. 2.40.100. Behavioral Health Aide I Training, Practicum, and Experience Requirements.**

42 A person meets the training and education, practicum, and experience requirements to be a certified
43 behavioral health aide I upon successful completion of the requirements set forth in subsections (a) [BHA
44 I specialized training program] or (b) [BHA I alternative training] and the requirements of (c) [BHA I
45 practicum] and (d) [BHA I work experience] of this section.
46

47 (a) **Behavioral Health Aide I Specialized Training Program.** The specialized behavioral
48 health aide I training program is comprised of Board approved courses, or their equivalent, that satisfy the
49 requirements of sections:

- 50 (1) 8.20.050 [general orientation];
51 (2) 8.20.100 [orientation to village-based behavioral health services];
52 (3) 8.20.110 [ethics and consent];

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- 1 (4) 8.20.115 [confidentiality and privacy];
- 2 (5) 8.20.125 [introduction to behavioral health];
- 3 (6) 8.20.135 [introduction to counseling];
- 4 (7) 8.20.140 [introduction to documentation];
- 5 (8) 8.20.145 [survey of community resources and case management];
- 6 (9) 8.20.150 [working with diverse populations];
- 7 (10) 8.20.155 [introduction to group counseling];
- 8 (11) 8.20.160 [crisis intervention];
- 9 (12) 8.20.165 [HIV/AIDS and blood borne pathogens];
- 10 (13) 8.20.170 [community approach to promoting behavioral health];
- 11 (14) 8.20.175 [family systems I]; and
- 12 (15) 8.20.180 [recovery, health, wellness and balance].

13
14 **(b) Behavioral Health Aide I Alternative Training.**

15 **(1) Required Content.** In lieu of completing one or more of the specialized training
16 courses described in subsection (a) [BHA I specialized training program], a person may satisfy the course
17 requirements for certification as a behavioral health aide I by successfully completing courses of study
18 determined by the Board under Sec. 8.20.010 [equivalent courses] to be equivalent to those required under
19 subsection (a) [BHA I specialized training].

20
21 **(c) Behavioral Health Aide I Practicum.** After completion of the training listed in subsection
22 (a) [BHA I specialized training program] or (b) [BHA I alternative training] of this section, the applicant
23 must additionally complete a 100 hour clinical practicum under the direct supervision of a licensed
24 behavioral health clinician or behavioral health professional. The applicant must satisfactorily perform
25 each of the following:

- 26 (1) no fewer than 25 hours of providing client orientation to services including screening
27 and initial intake, with appropriate case documentation;
- 28 (2) no fewer than 25 hours of providing case management and referral with appropriate
29 case documentation;
- 30 (3) no fewer than 35 hours of providing village-based community education, prevention,
31 and early intervention services with appropriate case documentation; and
- 32 (4) the balance of the hours must be related to practicum components listed in subsections
33 (c)(1) through (c)(3) of this section.

34
35 **(d) Behavioral Health Aide I Work Experience.**

36 **(1) Minimum Experience.** Prior to being certified as a behavioral health aide I, a person,
37 who seeks certification based on training or education described in subsections (a) [BHA I specialized
38 training] or (b) [BHA I alternative training], must have provided village-based behavioral health services
39 for no fewer than 1,000 hours under the direct supervision of a licensed behavioral health clinician or
40 behavioral health professional.

41
42 **(2) Exceptions and Substitutions.** An applicant who demonstrates that he or she satisfies
43 the applicable requirements of section 2.40.500 [BHA/P knowledge, skills, and scope of practice] and has
44 the capacity to provide culturally appropriate services in a village setting may substitute experience, or be
45 exempted from the experience requirement, as provided in subparagraphs (A) and (B) of this paragraph.

46 (A) An applicant with experience providing behavioral health services other than
47 that described in subsection (d)(1) [minimum experience] or who has education and training beyond that
48 required for this level of certification may substitute such training and education.

49 (B) Relevant practice experience acquired while obtaining the education or training
50 required under subsection (a) [BHA I specialized training] or subsection (b) [BHA I alternative training]

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1 may be relied upon to satisfy the requirement under subsection (d)(1) [minimum experience] on an hour
2 for hour basis.

3
4 **History:** June 12, 2014, Section 2.40.100(b)(c) and (d) were amended. June 18, 2008, Section 2.40.100 was
5 added.

6
7 **Sec. 2.40.110. Clinical Supervision Requirement for Behavioral Health Aide I.** Except as
8 provided in section 2.40.010(b) [supervision of BHA/Ps; levels of supervision], a behavioral health aide I
9 requires the direct supervision by a licensed behavioral health clinician or a behavioral health professional
10 when carrying out any of the activities referred to in subsection (b) [knowledge and skills] of sections:

- 11 (1) 2.40.510 [foundational skills in client and community engagement];
- 12 (2) 2.40.515 [foundational knowledge to be applied in all activities];
- 13 (3) 2.40.520 [foundational professional readiness];
- 14 (4) 2.40.525 [prevention, community education, and community organizing];
- 15 (5) 2.40.530 [routine contact, screening, assessment, and evaluation];
- 16 (6) 2.40.535 [treatment planning];
- 17 (7) 2.40.540 [community resources and referral];
- 18 (8) 2.40.545 [case management, coordination, and monitoring treatment plans];
- 19 (9) 2.40.550 [medication management];
- 20 (10) 2.40.555 [counseling];
- 21 (11) 2.40.560 [crisis management]; and
- 22 (12) 2.40.565 [supervision, training, and professional development].

23
24 **History:** June 18, 2008, Section 2.40.110 was added.

25
26 **Sec. 2.40.200. Behavioral Health Aide II Training, Practicum, and Experience**
27 **Requirements.** A person meets the training and education, practicum, and experience requirements to be
28 a certified behavioral health aide II upon successful completion of the requirements set forth in subsection
29 (a) [prerequisites], and subsections (b) [BHA II specialized training program] or (c) [BHA II alternative
30 training], and subsections (d) [BHA II practicum] and (e) [BHA II work experience] of this section.

31
32 **(a) Prerequisites.** A behavioral health aide II must satisfy all requirements applicable to a BHA
33 I under sections 2.40.100 [BHA I training, practicum, & experience requirements] and 2.40.500 [BHA/P
34 knowledge, skills, and scope of practice].

35
36 **(b) Behavioral Health Aide II Specialized Training Program.** The behavioral health aide II
37 specialized training program is comprised of Board approved courses, or their equivalent, that satisfy the
38 requirements of sections:

- 39 (1) 8.20.220 [psycho-physiology and behavioral health];
- 40 (2) 8.20.225 [introduction to co-occurring disorders];
- 41 (3) 8.20.228 [tobacco dependency treatment];
- 42 (4) 8.20.230 [DSM practice application];
- 43 (5) 8.20.235 [advanced interviewing skills];
- 44 (6) 8.20.240 [ASAM patient placement criteria practice application];
- 45 (7) 8.20.245 [case studies and clinical case management];
- 46 (8) 8.20.250 [traditional health based practices];
- 47 (9) 8.20.255 [intermediate therapeutic group counseling];
- 48 (10) 8.20.260 [applied crisis management];
- 49 (11) 8.20.270 [community development approach to prevention]; and
- 50 (12) 8.20.275 [family systems II].

1 **(c) Behavioral Health Aide II Alternative Training.**

2 **(1) Required Content.** In lieu of completing one or more of the specialized training
3 courses described in subsection (b) [BHA II specialized training program], a person may satisfy the
4 course requirements for certification as a behavioral health aide II by successfully completing courses of
5 study determined by the Board under Sec. 8.20.010 [equivalent courses] to be equivalent to those required
6 under subsection (b) [BHA II specialized training].

7 (A) Such course of study must have included the content equivalent to that described
8 in subsection (b) [BHA II specialized training program]; or

9 (B) to the extent it did not, the person successfully completed the courses listed in
10 subsection (b) as necessary to fill any gaps.

11
12 **(d) Behavioral Health Aide II Practicum.** After meeting the requirements of subsection (a)
13 [prerequisites] and completion of the training listed in subsection (b) [BHA II specialized training] or (c)
14 [BHA II alternative training] of this section, the applicant must additionally complete a 100 hour clinical
15 practicum under the direct supervision of a licensed behavioral health clinician or behavioral health
16 professional. The applicant satisfactorily perform each of the following:

17 (1) no fewer than 35 hours of providing client substance use assessment and treatment
18 planning using the *Diagnostic and Statistical Manual* and American Society of Addiction Medicine
19 patient placement criteria with appropriate case documentation;

20 (2) no fewer than 30 hours of providing rehabilitative services (e.g., comprehensive
21 community support services or therapeutic behavioral health service) with appropriate case
22 documentation;

23 (3) no fewer than 25 hours of providing community readiness evaluation and prevention
24 plan development with appropriate case documentation; and

25 (4) the balance of the hours must be related to practicum components listed in subsections
26 (d)(1) through (d)(3) of this section.

27
28 **(e) Behavioral Health Aide II Work Experience.**

29 **(1) Minimum Experience.** Except as provided in paragraph (2) [exceptions and
30 substitutions] of this subsection, prior to being certified as a behavioral health aide II, a person, who seeks
31 certification based on training or education described in subsections (b) [BHA II specialized training] or
32 (c) [alternative training], must have provided village-based behavioral health services for no fewer than
33 2,000 hours under the direct or indirect (as applicable) supervision of a licensed behavioral health
34 clinician or behavioral health professional.

35
36 **(2) Exceptions and Substitutions.** An applicant who demonstrates that he or she satisfies
37 the applicable requirements of section 2.40.500 [BHA/P knowledge, skills, & scope of practice] and has
38 the capacity to provide culturally appropriate services in a village setting may substitute experience, or be
39 exempted from the experience requirement, as provided in subparagraphs (A) and (B) of this paragraph.

40 (A) An applicant with experience providing behavioral health services other than
41 that described in subsection (e)(1) [minimum experience] or who has education and training beyond that
42 required for this level of certification may substitute such training and education.

43 (B) Relevant practice experience acquired while obtaining the education or training
44 required under subsections (b) [BHA II specialized training] or (c) [BHA II alternative training] and in
45 meeting the experience requirements for certification as a behavioral health aide I may be relied upon to
46 satisfy the experience requirement under subsection (e)(1) [minimum experience] on an hour for hour
47 basis.

48 **History:** June 12, 2014, Section 2.40.200 (c)(d) and (e) were amended. June 18, 2008, Section 2.40.200 was
49 added.
50

Sec. 2.40.210. Clinical Supervision Requirement for Behavioral Health Aide II.

Except as provided in section 2.40.010(b)[supervision of BHA/Ps; levels of supervision], a behavioral health aide II requires supervision by a licensed behavioral health clinician or a behavioral health professional, as provided below:

(a) direct supervision when carrying out any of the activities referred to in subsection (b) [knowledge and skills] of sections:

- (1) 2.40.535 [treatment planning];
- (2) 2.40.550 [medication management];
- (3) 2.40.555 [counseling];
- (4) 2.40.560 [crisis management]; and
- (5) 2.40.565 [supervision, training, and professional development]; and

(b) indirect supervision when carrying out any of the activities referred to in subsection (b) [knowledge and skills] of sections:

- (1) 2.40.510 [foundational skills in client and community engagement];
- (2) 2.40.515 [foundational knowledge to be applied in all activities];
- (3) 2.40.520 [foundational professional readiness];
- (4) 2.40.525 [prevention, community education, and community organizing];
- (5) 2.40.530 [routine contact, screening, assessment, and evaluation];
- (6) 2.40.540 [community resources and referral]; and
- (7) 2.40.545 [case management, coordination, and monitoring treatment plans].

History: June 18, 2008, Section 2.40.210 was added.

Sec. 2.40.300. Behavioral Health Aide III Training, Practicum, and Experience

Requirements. A person meets the training and education, practicum, and experience requirements to be a certified behavioral health aide III upon successful completion of the requirements set forth in subsection (a) [prerequisites], and subsections (b) [BHA III specialized training program] or (c) [BHA III alternative training], and subsections (d) [BHA III practicum] and (e) [BHA III work experience] of this section.

(a) Prerequisites. A behavioral health aide III must satisfy all requirements applicable to a behavioral health aide I and II under sections 2.40.100 [BHA I training, practicum, and experience requirements], 2.40.200 [BHA II training, practicum, and experience requirements] and 2.40.500 [BHA/P knowledge, skills, and scope of practice].

(b) Behavioral Health Aide III Specialized Training Program. The behavioral health aide III specialized training program is comprised of Board approved courses, or their equivalent, that satisfy the requirements of sections:

- (1) 8.20.325 [treatment of co-occurring disorders];
- (2) 8.20.335 [advanced behavioral health clinical care];
- (3) 8.20.340 [documentation and quality assurance];
- (4) 8.20.345 [introduction to case management supervision];
- (5) 8.20.350 [applied case studies in Alaska Native culture based issues];
- (6) 8.20.370 [behavioral health clinical team building];
- (7) 8.20.385 [introduction to supervision]; and
- (8) 8.20.390 [child development].

(c) Behavioral Health Aide III Alternative Training.

(1) Required Content. In lieu of completing the specialized training courses described in subsection (b) [BHA III specialized training program], a person may satisfy the course requirements for certification as a behavioral health aide III by successfully completing courses of study determined by the

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1 Board under Sec. 8.20.010 [equivalent courses] to be equivalent to those required under subsection (b)
2 [BHA III specialized training].

3 (A) Such course of study must have included the content equivalent to that described
4 in subsection (b) [BHA III specialized training program]; or

5 (B) to the extent it did not, the person successfully completed the courses listed in
6 subsection (b) as necessary to fill any gaps.

7
8 **(d) Behavioral Health Aide III Practicum.** After meeting the requirements of subsection (a)
9 [prerequisites] and completion of the training listed in subsection (b) [BHA III specialized training] or (c)
10 [BHA III alternative training] of this section, the applicant must additionally complete a 100 hour clinical
11 practicum under the direct supervision of a licensed behavioral health clinician or behavioral health
12 professional. The applicant must satisfactorily perform each of the following components:

13 (1) no fewer than 45 hours of providing behavioral health clinical assessment, treatment
14 planning, and rehabilitative services for clients with issues related to co-occurring disorders;

15 (2) no fewer than 20 hours of providing quality assurance case review with documentation
16 of review activity;

17 (3) no fewer than 20 hours of providing clinical team leadership by leading clinical team
18 case reviews; and

19 (4) the balance of the hours must be related to practicum components listed in subsections
20 (d)(1) through (d)(3) of this section.

21
22 **(e) Behavioral Health Aide III Work Experience.**

23 **(1) Minimum Experience.** Except as provided in paragraph (2) [exceptions and
24 substitutions] of this subsection, prior to being certified as a behavioral health aide III, a person, who
25 seeks certification based on training or education described in subsections (b) [BHA III specialized
26 training] (c) [alternative training], must have provided village-based behavioral health services for no
27 fewer than 4,000 hours under the direct or indirect supervision (as applicable) of a licensed behavioral
28 health clinician or behavioral health professional.

29
30 **(2) Exceptions and Substitutions.** An applicant who demonstrates that he or she satisfies
31 the applicable requirements of section 2.40.500 [BHA/P knowledge, skills, and scope of practice] and has
32 the capacity to provide culturally appropriate services in a village setting may substitute experience, or be
33 exempted from the experience requirement, as provided in subparagraphs (A) through (B) of this
34 paragraph.

35 (A) An applicant with experience providing behavioral health services other than
36 that described in subsection (e)(1) [minimum experience] or who has education and training beyond that
37 required for this level of certification may substitute such training and education.

38 (B) Relevant practice experience acquired while obtaining the education or training
39 required under subsection (b) [BHA III specialized training] or (c) [alternative training] and in meeting
40 the experience requirements for certification as a behavioral health aide I and II may be relied upon to
41 satisfy the experience requirement under subsection (e)(1) [minimum experience] on an hour for hour
42 basis.

43
44 **History:** June 12, 2014, Section 2.40.300(c), (d) and (e) were amended. May 15, 2014, Section 2.40.300(b)
45 was amended. June 18, 2008, Section 2.40.300 was added.

46
47 **Sec. 2.40.310. Clinical Supervision Requirement for Behavioral Health Aide III.**

48 Except as provided in section 2.40.010(b) [supervision of BHA/Ps; levels of supervision], a certified
49 behavioral health aide III requires supervision by a licensed behavioral health clinician or a behavioral
50 health professional, as provided below:

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1 (a) direct supervision when carrying out any of the activities referred to in subsection (b)
2 [knowledge and skills] of section 2.40.560 [crisis management];

3 (b) indirect supervision when carrying out any of the activities referred to in subsection (b)
4 [knowledge and skills] of sections:

- 5 (1) 2.40.535 [treatment planning];
- 6 (2) 2.40.545 [case management, coordination, and monitoring treatment plans];
- 7 (3) 2.40.550 [medication management];
- 8 (4) 2.40.555 [counseling]; and
- 9 (5) 2.40.565 [supervision, training, and professional development]; and

10 (c) general supervision when carrying out any of the activities referred to in subsection (b)
11 [knowledge and skills] of sections:

- 12 (1) 2.40.510 [foundational skills in client and community engagement];
- 13 (2) 2.40.515 [foundational knowledge to be applied in all activities];
- 14 (3) 2.40.520 [foundational professional readiness];
- 15 (4) 2.40.525 [prevention, community education, and community organizing];
- 16 (5) 2.40.530 [routine contact, screening, assessment, and evaluation]; and
- 17 (6) 2.40.540 [community resources and referral].

18
19 **History:** June 18, 2008, Section 2.40.310 was added.

20
21 **Sec. 2.40.400. Behavioral Health Practitioner Training, Practicum, and Experience**

22 **Requirements.** A person meets the training and education, practicum and experience requirements to
23 be a certified behavioral health practitioner upon successful completion of the requirements set forth
24 in subsection (a) [prerequisites], and subsections (b) [BHP specialized training program] or (c) [BHP
25 alternative training], and subsections (d) [BHP practicum] and (e) [BHP work experience] of this
26 section.

27
28 (a) **Prerequisites.** A behavioral health practitioner must satisfy all requirements applicable to a
29 behavioral health aide I, II and III under sections 2.40.100 [BHA I training, practicum, and experience
30 requirements], 2.40.200 [BHA II training, practicum, and experience requirements], 2.40.300 [BHA III
31 training, practicum, & experience requirements] and 2.40.500 [BHA/P knowledge, skills, and scope of
32 practice].

33
34 (b) **Behavioral Health Practitioner Specialized Training Program.** The behavioral health
35 practitioner specialized training program is comprised of Board approved courses, or their equivalent, that
36 satisfy the requirements of sections:

- 37 (1) 8.20.400 [issues in village-based behavioral health care];
- 38 (2) 8.20.425 [special issues in behavioral health services];
- 39 (3) 8.20.485 [competencies for village-based supervision];
- 40 (4) 8.20.490 [principles and practice of clinical supervision]; and
- 41 (5) 8.20.495 [child-centered interventions].

42
43 (c) **Behavioral Health Practitioner Alternative Training.**

44 (1) **Required Content.** In lieu of completing one or more of the specialized training
45 courses described in subsection (b) [BHP specialized training program], a person may satisfy the course
46 requirements for certification as a behavioral health practitioner by successfully completing courses of
47 study determined by the Board under Sec. 8.20.010 [equivalent courses] to be equivalent to those required
48 under subsection (b) [BHP specialized training].

49 (A) Such course of study must have included the content equivalent to that described
50 in subsection (b) [BHP specialized training program]; or

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1 (B) to the extent it did not, the person successfully completed the courses listed in
2 subsection (b) as necessary to fill any gaps.

3
4 **(d) Behavioral Health Practitioner Practicum.** After meeting the requirements of subsection
5 (a) [prerequisites] and completion of the training listed in subsection (b) [BHP specialized training] or (c)
6 [BHP alternative training] of this section, the applicant must additionally complete a 100 hour clinical
7 practicum under the direct supervision of a licensed behavioral health clinician or behavioral health
8 professional. The individual must satisfactorily perform each of the following:

9 (1) no fewer than 20 hours engaging, mentoring, and supporting, as well as participating in
10 supervision and evaluation of a behavioral health aide I, II, or III based on the understanding of the
11 supervisee’s level of knowledge and skills, professional goals, and behavior;

12 (2) no fewer than 25 hours of providing clinical team leadership by leading clinical team
13 case reviews;’

14 (3) no fewer than 30 hours building cultural competence by learning about the Alaska
15 Native cultural context and developing a wellness framework for this cultural context within which
16 positive therapeutic relationships can be developed; and

17 (4) the balance of the hours may be related to practicum components listed in subsections
18 (d)(1), (d)(2), and (d)(3) of the section or provision of integrated clinical services or child/adolescent
19 services.

20
21 **(e) Behavioral Health Practitioner Work Experience.**

22 **(1) Minimum Experience.** Except as provided in paragraph (2) [exceptions and
23 substitutions] of this subsection, prior to being certified as a behavioral health aide practitioner, a person,
24 who seeks certification based on training or education described in subsections (b) [BHP specialized
25 training] or (c) [BHP alternative training], must have provided village-based behavioral health services for
26 no fewer than 6,000 hours under the direct or indirect (as applicable) supervision of a licensed behavioral
27 health clinician or behavioral health professional.

28
29 **(2) Exceptions and Substitutions.** An applicant who demonstrates that he or she satisfies
30 the applicable requirements of section 2.40.500 [BHA/P knowledge, skills, and scope of practice] and has
31 the capacity to provide culturally appropriate services in a village setting may substitute experience, or be
32 exempted from the experience requirement, as provided in subparagraphs (A) and (B) of this paragraph.

33 (A) An applicant with experience providing behavioral health services other than
34 that described in subsection (e)(1) [minimum experience] or who has education and training beyond that
35 required for this level of certification may substitute such training and education.

36 (B) Relevant practice experience acquired while obtaining the education or training
37 required under subsection (b) [BHP specialized training] or (c) [BHP alternative training] and in meeting
38 the experience requirements for certification as a behavioral health aide I, II and III may be relied upon to
39 satisfy the experience requirement under subsection (e)(1) [minimum experience] on an hour for hour
40 basis.

41
42 **History:** January 13, 2021, Section 2.40.100(d) was amended. June 12, 2014, Section 2.40.400(b), (c), (d)
43 and (e) were amended. June 18, 2008, Section 2.40.400 was added.

44
45 **Sec. 2.40.410. Clinical Supervision Requirement for Behavioral Health Practitioner.**

46 Except as provided in section 2.40.010(b) [supervision of BHA/Ps; levels of supervision], a certified
47 behavioral health practitioner requires supervision by a licensed behavioral health clinician or a
48 behavioral health professional, as provided below:

49 (a) direct supervision when carrying out any of the activities referred to in subsection (b)
50 [knowledge and skills] of section 2.40.560 [crisis management];

1 (b) indirect supervision when carrying out any of the activities referred to in subsection (b)
2 [knowledge and skills] of sections:

- 3 (1) 2.40.550 [medication management]; and
- 4 (2) 2.40.555 [counseling]; and

5 (c) general supervision when carrying out any of the activities referred to in subsection (b)
6 [knowledge and skills] of sections:

- 7 (1) 2.40.510 [foundational skills in client and community engagement];
- 8 (2) 2.40.515 [foundational knowledge to be applied in all activities];
- 9 (3) 2.40.520 [foundational professional readiness];
- 10 (4) 2.40.525 [prevention, community education, and community organizing];
- 11 (5) 2.40.530 [routine contact, screening, assessment, and evaluation];
- 12 (6) 2.40.535 [treatment planning];
- 13 (7) 2.40.540 [community resources and referral];
- 14 (8) 2.40.545 [case management, coordination, and monitoring treatment plans]; and
- 15 (9) 2.40.565 [supervision, training, and professional development].

16
17 **History:** June 18, 2008, Section 2.40.410 was added.

18
19 **Sec. 2.40.500. Behavioral Health Aide and Practitioner Knowledge, Skills, and Scope of**
20 **Practice.**

21
22 (a) **Minimum Knowledge and Skills.** In addition to meeting all other requirements of sections
23 2.40.100 [BHA I training, practicum, and experience requirements], 2.40.200 [BHA II training,
24 practicum, and work experience], 2.40.300 [BHA III training, practicum, and work experience], and
25 2.40.400 [BHP training, practicum, and work experience], as applicable to the level of certification for
26 which the individual is applying, the behavioral health aide or practitioner must understand and
27 successfully demonstrate and maintain the knowledge and skills listed in subsection (b) [knowledge and
28 skills] of sections 2.40.510 [foundational skills in client and community engagement], through 2.40.565
29 [supervision, training, and professional development] at the applicable level of performance described in
30 subsection (a) [level of performance] of each of these sections.

31
32 (b) **Scope of Practice.** Except as provided in section 2.40.010(b)(4) [supervision of BHA/Ps;
33 levels of supervision; (individualized protocols)], a certified behavioral health aide or practitioner must
34 limit their scope of practice to performing only those activities described in subsection (b) [knowledge
35 and skills] of the sections listed in subsection (a) [minimum knowledge and skills] of this section at the
36 applicable level of performance described in subsection (a) level of performance] of each of these
37 sections.

38
39 **History:** June 18, 2008, Section 2.40.500 was added.

40
41 **Sec. 2.40.510. Foundational Skills in Client and Community Engagement.**

42
43 (a) **Level of Performance.** A behavioral health aide or practitioner must demonstrate the
44 knowledge and perform the skills and competencies described in subsection (b) [knowledge & skills] as
45 provided in paragraphs (1) through (4) of this subsection, as applicable:

- 46 (1) a behavioral health aide I demonstrates the skill, applies it as directed, and routinely
47 seeks assistance;
- 48 (2) a behavioral health aide II utilizes the knowledge or skill consistently and recognizes
49 when to seek assistance;
- 50 (3) a behavioral health aide III utilizes the knowledge or skills consistently as a means
51 toward meeting treatment goals; and

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1 (4) a behavioral health practitioner applies knowledge to mentor and support others in the
2 use of the skill and to participate in supervision and evaluation of behavioral health aides I, II and III.

3
4 **(b) Knowledge and Skills.** Client and community engagement require a behavioral health aide
5 or practitioner to

6 (1) demonstrate client centered communication that focuses on the concerns and decisions
7 of the client by

8 (A) demonstrating active, reflective listening and communication skills;

9 (B) demonstrating capacities of warmth (acceptance, respect, commitment and
10 unconditional regard), empathy (ability to perceive and communicate, accurately and with sensitivity, the
11 feelings of an individual and the meaning of those feelings) and genuineness (openness, spontaneity, and
12 congruence) in communication;

13 (2) demonstrate cultural competence by

14 (A) valuing diversity;

15 (B) conducting self-assessment;

16 (C) managing the dynamics of difference (e.g. engaging in activities that help reduce
17 any negative impacts of cultural differences);

18 (D) acquiring and incorporating cultural knowledge in practice; and

19 (E) adapting to diversity and the cultural contexts of the villages;

20 (3) promote mutual respect by being

21 (A) knowledgeable about cultural differences and their impact on attitudes and
22 behaviors;

23 (B) sensitive, understanding, and non-judgmental in dealings with others; and

24 (C) flexible in responding and adapting to different cultural contexts and
25 circumstances, including recognizing that acculturation occurs differently and at different rates even
26 within the same family;

27 (4) demonstrate ability to apply critical judgment in interactions in evaluating information
28 from the client and assessing the need to follow-up;

29 (5) demonstrate ability to communicate appropriately with client's significant others and
30 family; and

31 (6) act professionally in client interactions and in the community.

32
33 **History:** June 18, 2008, Section 2.40.510 was added.

34
35 **Sec. 2.40.515. Foundational Knowledge to Be Applied in All Activities.**

36
37 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
38 knowledge and perform the skills and competencies described in subsection (b) as provided in paragraphs
39 (1) through (4) of this subsection, as applicable:

40 (1) a behavioral health aide I recognizes issues and provides general information to clients
41 and the community that incorporates that recognition;

42 (2) a behavioral health aide II recognizes symptoms, condition, or characteristics and
43 responds therapeutically with support from the supervisor;

44 (3) a behavioral health aide III applies knowledge in interaction with a client in the
45 assessment and treatment of that client; and

46 (4) a behavioral health practitioner applies knowledge to mentor and support others in the
47 use of the skill and to participate in supervision and evaluation of behavioral health aides I, II and III.

48
49 **(b) Knowledge and Skills.** A behavioral health aide and practitioner must apply in all activities
50 the fundamental knowledge and skills described below:

51 (1) community culture, language, history, and demographics and stages of acculturation;

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1 (2) inter-generational losses and trauma (e.g. flu epidemic, boarding schools, suicide), with
2 emphasis on experience in Alaska, and their application to individuals and communities and risk and
3 experience of substance use and mental health disorders and other disruptive or traumatic experiences
4 (e.g. child abuse, domestic violence);

5 (3) role of gender, including its role in the culture being served;

6 (4) life span development (e.g. developmental milestones and expectations at various
7 stages) with emphasis on differences that may occur among cultures;

8 (5) general characteristics and dynamics of families and significant others, including

9 (A) familiarity with role of extended family and kinship within the culture (e.g.
10 cultural placement and adoption, clan systems);

11 (B) ability to develop with client genograms and sociograms (including multi-
12 generational biological and formal and informal familial relationships and other significant relationships);

13 (C) effect of family disruption due to illness, separation and divorce, death, abuse,
14 legal interventions and other causes;

15 (6) strategies for improving health (e.g. how increased physical activity can reduce
16 symptoms of depression);

17 (7) substance use and mental health disorders, co-occurring disorders and other behavioral
18 issues, including characteristics of addictive behavior, addiction, abuse and violence, and separation and
19 loss;

20 (8) interaction between substance use disorders and mental health disorders;

21 (9) how to screen for medical and substance use and mental health disorders and their
22 symptoms;

23 (10) risk factors for substance use and mental health disorders, including impact of risk
24 behaviors (e.g. infectious diseases);

25 (11) behavioral, psychological, physical health and social effects, including symptoms
26 associated with use, of most prevalent psychoactive substances (licit and illicit), provided;

27 (12) effects of substance use and mental health disorders on physical health (egs. diabetes,
28 cardiac disease, cancer, etc.);

29 (13) effects of substance use and mental health disorder on families and significant others;

30 (14) Alaska Native traditional communication and support and their role in prevention and
31 treatment (e.g. storytelling, deferring to elders, talking circles); and

32 (15) the role of research and reported experience in developing best practices.

33
34 **History:** June 18, 2008, Section 2.40.515 was added.

35
36 **Sec. 2.40.520. Foundational Professional Readiness.**

37
38 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
39 knowledge and perform the skills and competencies described in

40 (1) subsections (b)(1) [Ethics], (b)(2) [Consent], and (b)(3) [Confidentiality and Privacy] as
41 provided in paragraphs (A) through (D) of this paragraph, as applicable:

42 (A) a behavioral health aide I demonstrates the skill, applies it as directed, and
43 routinely seeks assistance;

44 (B) a behavioral health aide II utilizes the skill consistently and recognizes when to
45 seek assistance;

46 (C) a behavioral health aide III consistently applies the principles to specific client
47 and community situations; and

48 (D) a behavioral health practitioner applies knowledge to mentor and support others
49 in the use of the skill and to participate in supervision and evaluation of behavioral health aides I, II and
50 III; and

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1 (2) subsection (b)(4) [Documentation] as provided in subparagraphs (A) through (D) of this
2 paragraph, as applicable:

3 (A) a behavioral health aide I demonstrates the skill, applies it as directed, and
4 routinely seeks assistance;

5 (B) a behavioral health aide II utilizes the skill consistently and recognizes when to
6 seek assistance;

7 (C) a behavioral health aide III consistently applies the principles to specific client
8 and community work; and

9 (D) a behavioral health practitioner applies knowledge to mentor and support others
10 in the use of the skill and to participate in supervision and evaluation of behavioral health aides I, II and
11 III.

12
13 **(b) Knowledge and Skills.** Professional readiness requires a behavioral health aide or
14 practitioner to:

15 **(1) Ethics.**

16 (A) Demonstrate understanding of Behavioral Health Aide Code of Ethics and
17 ethical considerations of helping professions;

18 (B) demonstrate understanding of professional standards from the perspective of
19 laws to agency policies;

20 (C) demonstrate understanding of personal and professional boundaries and
21 application of them appropriately in a village setting, including identification of personal relationships and
22 potential conflicts that may make certain client interactions inappropriate;

23 (D) demonstrate understanding of and communicate with the client about the client's
24 rights and responsibilities;

25 (E) protect and advocate client's rights;

26 (F) incorporate advances in clinical practice to improve services and seeks
27 continuing education;

28 (G) seek out and accept supervision, as required or needed; and

29 (H) model appropriate personal and professional behavior within the community;

30
31 **(2) Consent.**

32 (A) Demonstrate understanding of client consent;

33 (B) apply special rules that are applicable to

34 (i) minors;

35 (ii) individuals subject to guardianships or other court orders that authorize
36 others to grant consent on their behalf, and

37 (iii) individuals who may have limited capacity to understand and therefore to
38 consent;

39 (C) provide information and obtains appropriate level of consent prior to providing
40 services; and

41 (D) be aware of and respond appropriately in situations in which exceptions to the
42 requirement for consent apply (e.g. involuntary commitments and reporting obligations);

43
44 **(3) Confidentiality and Privacy.**

45 (A) Comply with applicable laws requiring confidentiality, including the Health
46 Insurance Portability and Accountability Act ("HIPAA"), Federal Privacy Act (including 42 C.F.R. Part 2
47 regulations applicable to alcohol and substance abuse programs), and laws and regulations that may be
48 applicable based on the way in which service is delivered or the payer for the service, if any;

49 (B) demonstrate understanding of laws and doctrines limiting application of
50 confidentiality laws, including exceptions provided for in confidentiality laws, mandatory reporting laws,
51 and situations in which there is risk of harm to an individual or others;

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1 (C) comply with formal requirements that must be satisfied prior to disclosure of
2 otherwise confidential information;

3 (D) accurately inform clients and others about the protections and limits of
4 confidentiality, including those that apply in family and group counseling, when applicable;

5 (E) assist clients to understand options regarding disclosure of information held by
6 the behavioral health aide or practitioner’s agency;

7 (F) assist clients to appropriately authorize disclosure of confidential information
8 held by other agencies;

9 (G) obtain appropriate authority for disclosure of otherwise confidential information
10 prior to disclosure, including information obtained from other agencies;

11 (H) protect written and electronic information regarding clients from breaches of
12 confidentiality by maintaining appropriate security, including locking cabinets and using electronic
13 security measures;

14 (I) maintain confidences and privacy of clients and others, even when not required
15 to do so by confidentiality laws or policies;

16 (J) when sharing information does so in a respectful manner;

17 (K) communicate with clients and others in a way most designed to minimize
18 disclosures of confidential information;

19 (L) protect client anonymity in provision of information for statistical reporting and
20 research; and

21 (M) assist in assuring that all individuals with working in or using the offices in
22 which behavioral health services are provided are familiar with and abide by the requirements of this
23 paragraph.

24
25 **(4) Documentation.**

26 (A) Demonstrate understanding of professional documentation practices and
27 appropriate use of different documentation formats, including those specific to screening, intake,
28 treatment plans, monitoring treatment (including family and group counseling) and discharge (including
29 dating and signing all documentation);

30 (B) maintain orderly records of all client and client-related contacts;

31 (C) maintain record of non-client related activities;

32 (D) complete documentation on a timely basis;

33 (E) respond appropriately to client requests to review records; and

34 (F) when reviewing records with client, do so with sensitivity and assists client to
35 understand the information.

36
37 **History:** June 18, 2008, Section 2.40.520 was added.

38
39 **Sec. 2.40.525. Prevention, Community Education, and Community Organizing.**

40
41 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
42 knowledge and perform the skills and competencies described in subsection (b) as provided in paragraphs
43 (1) through (4) of this subsection, as applicable:

44 (1) a behavioral health aide I demonstrates the skill, applies it as directed, and routinely
45 seeks assistance;

46 (2) a behavioral health aide II utilizes the skill consistently and recognizes when to seek
47 assistance;

48 (3) a behavioral health aide III consistently applies the skills to specific client and
49 community situations; and

50 (4) a behavioral health practitioner applies knowledge to mentor and support others in the
51 use of the skill and to participate in supervision and evaluation of behavioral health aides I, II and III.

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1 **(b) Knowledge and Skills.** Prevention, community education and community organizing
2 require a behavioral health aide or practitioner to:

3 (1) use foundational knowledge to educate clients, other individuals, and the community as
4 part of primary prevention or to fortify treatment strategies;

5 (2) in individual and community settings, de-stigmatize mental health and substance use
6 disorders and seeking help to address these disorders;

7 (3) use community gatherings to encourage support for healthy behaviors and community
8 stability;

9 (4) participate in community-based advocacy and in work-groups that are focused on
10 prevention and early intervention efforts related to behavioral health issues;

11 (5) work with community leadership and elders to develop supports for at-risk individuals
12 and families;

13 (6) understand and communicates the difference between prevention and treatment
14 processes;

15 (7) recognize and engage with individuals at risk; and

16 (8) assess community readiness for prevention and early intervention activities (e.g.
17 community surveys, work with community leaders and subgroups), provided

18 (A) a behavioral health aide I may administer surveys;

19 (B) a behavioral health aide II contributes to developing survey tools and other
20 readiness assessment strategies;

21 (C) a behavioral health aide III interacts directly with village leaders with regard to
22 development of and carrying out the assessment; and

23 (D) a behavioral health practitioner is able to initiate programs and services in
24 response to community feedback.

25
26 **History:** June 18, 2008, Section 2.40.525 was added.

27
28 **Sec. 2.40.530. Routine Contact, Screening, Assessment, and Evaluation.**

29
30 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
31 knowledge and perform the skills and competencies described in subsection (b) as provided in paragraphs
32 (1) through (4) of this subsection, as applicable:

33 (1) a behavioral health aide I demonstrates the skill, applies it as directed, and routinely
34 seeks assistance;

35 (2) a behavioral health aide II utilizes the skill consistently and seeks additional
36 intervention or assistance as needed to achieve the purpose of the interaction; and

37 (3) a behavioral health aide III engages the client more effectively based on a
38 understanding of the client’s information or behavior; and

39 (4) a behavioral health practitioner performs the skill independently, subject to applicable
40 restrictions, and applies knowledge to mentor and support others in the use of the skill and to participate
41 in supervision and evaluation of the skill in behavioral health aides I, II and III.

42
43 **(b) Knowledge and Skills.** Routine contact, screening, assessment, and evaluation require a
44 behavioral health aide or practitioner, in non-emergency situations, to

45 (1) gather basic demographic information;

46 (2) demonstrate sensitivity to the client’s personal level of assimilation or acculturation;

47 (3) assess client’s literacy in English (oral and written), as is relevant to the client’s
48 situation or treatment, and arranges for appropriate assistance and/or services;

49 (4) assess the extent to which there are language barriers and arrange for appropriate
50 assistance and services;

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- 1 (5) assist clients to complete appropriate screening tools intended to initially identify
2 substance use disorders, mental health conditions, or other behavioral health issues;
3 (6) score the screening tool;
4 (7) identify additional evaluation that may be needed;
5 (8) gather additional bio-psycho-social information through a standardized interview
6 process, including medical history;
7 (9) identify immediate risk of harming self or others and intervenes;
8 (10) evaluate information obtained during intake, including likelihood or presence of co-
9 occurring conditions, and determines whether additional evaluation is necessary;
10 (11) communicate with client regarding need for referral for additional evaluation;
11 (12) organize referral material, including written materials when required;
12 (13) communicate directly with the person or agency to whom the client is being referred for
13 additional evaluation;
14 (14) complete, when appropriate, American Society of Addiction Medicine (“ASAM”) alcohol and drug screening criteria used for treatment planning and “best fit” of level of rehabilitative
15 care; and
16
17 (15) evaluate substance use and mental health conditions using criteria contained within the
18 current *Diagnostic and Statistical Manual*.

19
20 **History:** June 18, 2008, Section 2.40.530 was added.

21
22 **Sec. 2.40.535. Treatment Planning.**

23
24 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
25 knowledge and perform the skills and competencies described in subsection (b) as provided in paragraphs
26 (1) through (4) of this subsection, as applicable:

- 27 (1) a behavioral health aide I demonstrates the skill, applies it as directed, and routinely
28 seeks assistance;
29 (2) a behavioral health aide II utilizes the skill consistently and identifies when additional
30 intervention or assistance may be needed to achieve the purpose of the interaction; and
31 (3) a behavioral health aide III engages the client more effectively based on a
32 understanding of the client’s information or behavior; and
33 (4) a behavioral health practitioner performs the skill independently, subject to applicable
34 restrictions, and applies knowledge to mentor and support others in the use of the skill and to participate
35 in supervision and evaluation of behavioral health aides I, II and III.

36
37 **(b) Knowledge and Skills.** Treatment planning, which is to be carried out with the active
38 participation of the client to the maximum extent possible, requires the behavioral health aide or
39 practitioner to

- 40 (1) (A) be aware of a variety of treatment interventions and modalities;
41 (B) evaluate their appropriateness based on experience and research; and
42 (C) select those most appropriate to meet the client’s needs;
43 (2) encourage client willingness to participate in planning;
44 (3) develop a list of client strengths, needs, and other issues;
45 (4) evaluate the identified client’s
46 (A) substance use and mental health disorder;
47 (B) other behavioral health issues, if any;
48 (C) strengths and how to use them to improve the likelihood of positive outcomes
49 for the client;
50 (5) communicate the outcomes of the assessment;
51 (6) assist client to understand his or her condition and the effects on the client and others;

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- 1 (7) assess readiness for treatment;
2 (8) assist client to identify desired outcomes and the objectives necessary to achieve those
3 outcomes;
4 (9) discuss treatment options;
5 (10) solicit response to options;
6 (11) identify other resources for the client, including family, and services available in the
7 community and outside the community;
8 (12) identify the issues that will be addressed initially and longer term;
9 (13) establish treatment goals with maximum client participation;
10 (14) assist client to communicate needs to family or other significant people and, as
11 appropriate, communicate directly with the client’s family and other significant people;
12 (15) plan course of initial and continued interaction; and
13 (16) evaluate progress and modify the plan appropriately.
14

15 **History:** June 18, 2008, Section 2.40.535 was added.
16

17 **Sec. 2.40.540. Community Resources and Referral.**
18

19 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
20 knowledge and perform the skills and competencies described in subsection (b) as provided in paragraphs
21 (1) through (4) of this subsection, as applicable:

- 22 (1) a behavioral health aide I demonstrates the skill, applies it as directed, and routinely
23 seeks assistance;
24 (2) a behavioral health aide II utilizes the skill consistently and identifies when additional
25 intervention or assistance may be needed to achieve the purpose of the interaction;
26 (3) a behavioral health aide III applies knowledge and skills to increase access to resources
27 and engages the client more effectively based on a understanding of the community and the client’s
28 information or behavior; and
29 (4) a behavioral health practitioner performs the skill independently, subject to applicable
30 restrictions, and applies knowledge to mentor and support others in the use of the skill and to participate
31 in supervision and evaluation of behavioral health aides I, II and III.
32

33 **(b) Knowledge and Skills.** Use of community resources and referral requires the behavioral
34 health aide or practitioner to:

- 35 (1) obtain client information from service providers who have knowledge of the client;
36 (2) know about professional, agency, volunteer, organized, or pre-existing resources that
37 exist in the community;
38 (3) know about resources to assist client to access services, including eligibility for tribal
39 health program and to Medicaid, Medicare, and other insurance;
40 (4) identify traditional support and intervention resources, e.g. elders, traditional healers,
41 shaman;
42 (5) access various services - including how to determine eligibility for services and to
43 complete the intake process;
44 (6) use traditional support and intervention resources appropriately;
45 (7) identify other community resources that can be brought to bear and know how to
46 engage them;
47 (8) if a behavioral health aide III or a behavioral health aide practitioner, identify resources
48 outside the community that may be needed (either to be brought in or to which the client may be referred);
49 (9) motivate and assist client to accept referral services;
50 (10) ensure that each referral was accepted and the client received the services, and, if not,
51 make an alternative plan;

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- 1 (11) if client accepted for referral services:
2 (A) monitor the course of treatment as it proceeds;
3 (B) support the client and referral provider;
4 (C) continue to motivate the client to use services, as appropriate;
5 (D) participate in developing and monitoring the discharge plan;
6 (E) obtain the discharge plan; and
7 (F) use the referral agency’s discharge plan in follow-up with the treatment plan;
8 (12) initiate collaboration with other providers, including those from other disciplines;
9 (13) work with treatment teams within the behavioral health aide’s or practitioner’s agency
10 and across agencies to ensure coordination of services for the client;
11 (14) establish routine working relationships and collaboration among agencies, programs,
12 and others involved in treatment and monitoring services; and
13 (15) assist in negotiating formal relationships with other agencies, including development of
14 written agreements regarding service delivery, prevention activities, and other issues of multi-agency
15 concern.

16
17 **History:** June 18, 2008, Section 2.40.540 was added.
18

19 **Sec. 2.40.545. Case Management, Coordination, and Monitoring Treatment Plans.**

20
21 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
22 knowledge and perform the skills and competencies described in subsection (b) as provided in paragraphs
23 (1) through (4) of this subsection, as applicable:

- 24 (1) a behavioral health aide I demonstrates the skill, applies it as directed, and routinely
25 seeks assistance;
26 (2) a behavioral health aide II utilizes the skill consistently and identifies when additional
27 intervention or assistance may be needed to achieve the purpose of the interaction;
28 (3) a behavioral health aide III applies knowledge and skills to increase access to resources
29 and engages the client more effectively based on a understanding of the client’s information or behavior;
30 and
31 (4) a behavioral health practitioner performs the skill independently, subject to applicable
32 restrictions, and applies knowledge to mentor and support others in the use of the skill and to participate
33 in supervision and evaluation of behavioral health aides I, II and III.

34
35 **(b) Knowledge and Skills.** Case management, coordination of services, and monitoring
36 treatment plans require a behavioral health aide or practitioner to

- 37 (1) implement plan (e.g. referral, begin treatment services);
38 (2) assess client progress on a continuous basis, including beneficial and detrimental
39 behaviors of the client that affect treatment progress;
40 (3) review treatment plan, with the client when feasible, at regular intervals and as needed
41 and adjust treatment plans, as needed;
42 (4) encourage client participation in the plan and address issues that impede progress with
43 the plan;
44 (5) recognize when progress slowed and, as appropriate, address barriers and assist to
45 motivate the client;
46 (6) reach out to clients who are not following through with the plan of service;
47 (7) recognize crisis events as they occur during the course of a treatment plan and
48 intervene; and
49 (8) engage in discharge planning, including identification of other services from which the
50 client may benefit (e.g. support groups, other community activities).
51

1 **History:** June 18, 2008, Section 2.40.545 was added.
2

3 **Sec. 2.40.550. Medication Management.**
4

5 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
6 knowledge and perform the skills and competencies described in subsection (b) as provided in paragraphs
7 (1) through (4) of this subsection, as applicable:

8 (1) a behavioral health aide I demonstrates the skill, applies it as directed, and routinely
9 seeks assistance;

10 (2) a behavioral health aide II utilizes the skill consistently and identifies when additional
11 intervention or assistance may be needed to achieve the purpose of the interaction;

12 (3) a behavioral health aide III applies knowledge and skills and engages the client more
13 effectively based on a understanding of the client; and

14 (4) a behavioral health practitioner performs the skill independently, subject to applicable
15 restrictions, and applies knowledge to mentor and support others in the use of the skill and to participate
16 in supervision and evaluation of behavioral health aides I, II and III.
17

18 **(b) Knowledge and Skills.** Medication management requires the behavioral health aide or
19 practitioner to

20 (1) recognize biological, psychological, and social effects of medications;

21 (2) monitor the client, including

22 (A) supporting the client to use medications appropriately;

23 (B) assisting the client to self-monitor response to medication and to report
24 information about the response accurately to the medical provider who prescribed the medication or who
25 is providing ongoing medical or psychiatric care to the client;

26 (C) assisting client to cooperate with medical monitoring of use of medications,
27 when necessary, including making and keeping appointments for follow-up testing, such as urinalysis and
28 blood tests;

29 (D) supporting the education of the client regarding predictable course of response to
30 medication and possible side effects;

31 (E) coaching the client with regard to strategies for following medication regimen
32 (e.g. keeping logs, using pill boxes, soliciting family help to remember to take medication);

33 (3) assist the client to identify when there is a less than desirable or negative outcome and
34 refer the client for appropriate follow-up; and

35 (4) assist the family and other support systems to participate in medication monitoring, as
36 appropriate.
37

38 **History:** June 18, 2008, Section 2.40.550 was added.
39

40 **Sec. 2.40.555. Counseling.**
41

42 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
43 knowledge and perform the skills and competencies described in

44 (1) subsections (b)(1) [Individual Counseling] and (b)(2) [Family Counseling], as provided
45 in paragraphs (A) through (D) of this paragraph, as applicable:

46 (A) a behavioral health aide I demonstrates the skill at a basic level, applies it as
47 directed, and routinely seeks assistance;

48 (B) a behavioral health aide II utilizes the skill consistently and identifies when
49 additional intervention or assistance is needed to achieve the purpose of the interaction;

50 (C) a behavioral health aide III applies knowledge and skills and engages the client
51 more effectively based on a understanding of the client's information or behavior; and

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1 (D) a behavioral health practitioner performs the skill independently, subject to
2 applicable restrictions, and applies knowledge to mentor and support others in the use of the skill and to
3 participate in supervision and evaluation of behavioral health aides I, II and III; and

4 (2) subsection (b)(3) [Group Counseling], as provided in subparagraphs (A) through (D) of
5 this paragraph, as applicable:

6 (A) a behavioral health aide I demonstrates the skill, applies it as directed, and
7 routinely seeks assistance; a behavioral health aide I may assist in facilitating groups, but is not expected
8 to be able to independently plan groups or facilitate them;

9 (B) a behavioral health aide II utilizes the skill consistently and identifies when
10 additional intervention or assistance may be needed to achieve the purpose of the interaction; a behavioral
11 health aide II may assist in facilitating groups and is expected to be able to participate in planning groups;

12 (C) a behavioral health aide III applies knowledge and skills to plan and participate
13 in groups more effectively based on a understanding of the clients who will be in the group, but is not
14 expected to be able to plan or carry out group treatment described in subsections (b)(3)(C)(vi) or (vii)
15 without a co-facilitator; and

16 (D) a behavioral health practitioner performs the skill independently, subject to
17 applicable restrictions, and applies knowledge to mentor and support others in the use of the skill and to
18 participate in supervision and evaluation of behavioral health aides I, II and III, provided that a behavioral
19 health practitioner is not expected to plan or carry out group treatment described in subsection
20 (b)(3)(C)(vii) without a co-facilitator.

21
22 **(b) Knowledge and Skills.**

23
24 **(1) Individual Counseling.** The behavioral health aide or practitioner applies the
25 knowledge described throughout this article, understands the stages of counseling, and engages in:

26 **(A) Problem Definition to**

27 (i) support the client in telling his or her story (empathy, establishing rapport,
28 recognizing blocks, etc.);

29 (ii) help the client focus by helping them develop clarity (exploration, probing,
30 etc.); and

31 (iii) challenge the client to develop new perspectives to encourage action
32 (challenging, self-challenge, ownership, etc.).

33 **(B) Goal Development to**

34 (i) help the client construct new scenarios;

35 (ii) help the client evaluate scenarios; and

36 (iii) help the client choose goals and commit to them.

37 **(C) Action to**

38 (i) help the client consider possible strategies (e.g. help clients with divergent
39 thinking, brainstorming, reflection on past experiences in responding to issues; client education);

40 (ii) help the client choose strategies and formulate action plans (choose “best
41 fit” strategies, planning, contingency planning, elaboration, etc.); and

42 (iii) help the client implement action plan (e.g. improving readiness for change,
43 overcoming external barriers; contracting; and providing feedback and training such as assertiveness
44 training).

45
46 **(2) Family Counseling.** Family, couple and significant other counseling requires the
47 behavioral health aide or practitioner to apply the knowledge and skills described in subsection (b)(1)
48 [Individual Counseling] in interactive counseling with the client and family members or significant others
49 and to

50 (A) understand family systems and theory: closed and open systems;

51 (B) understand family dynamics;

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- 1 (C) understand and respect family roles, including the accommodations made to
2 respond to substance use or mental health disorders within the family;
- 3 (D) recognize the elements of functional family units versus dysfunctional systems;
- 4 (E) recognize barriers to communications within the family;
- 5 (F) understand roles and impact of extended family;
- 6 (G) recognize the effects of housing concerns, financial status, and outside factors on
7 family functioning;
- 8 (H) apply the knowledge described in subparagraphs (A) through (G) of this
9 paragraph;
- 10 (I) assess family norms (e.g. mealtimes, use of electronics, child care and
11 babysitters);
- 12 (J) understand and respond to mitigating factors in family functioning such as
13 debilitating illnesses, substance use disorders, mental health disorders, history of molestation or violence,
14 history and nature of deaths, etc.;
- 15 (K) recognize familial fears (inherited diseases, family grief, family self-image,
16 family expectations); and
- 17 (L) understand and implement engagement among family members in which issues
18 are defined within safe therapeutic boundaries.
- 19

20 **(3) Group Counseling.** Group counseling requires the behavioral health aide or
21 practitioner to apply the knowledge and skills described in section (b)(1) [Individual Counseling] and to

- 22 (A) know about different group models;
- 23 (B) identify appropriate membership for groups by identifying individual
24 characteristics and needs of potential members to assure they can be met within the group (e.g. matching
25 individuals with similar needs, minimizing risks);
- 26 (C) know the appropriate application and the limitations or risks associated with
27 different types of groups:
- 28 (i) educational (teaching) groups, (groups for the transmission of information
29 - largely preventative, e.g. parenting, communications, alcohol and narcotics);
- 30 (ii) self-help groups (e.g. Alcoholics Anonymous, Al-Anon, Alateen, Narcotics
31 Anonymous);
- 32 (iii) support groups (e.g. adult children of alcoholics, family members of people
33 with mental health, cancer and other chronic diseases, nutrition and weight control);
- 34 (iv) activity groups (e.g. crafts, nutrition, subsistence activities, sweat houses,
35 movie nights, physical activities);
- 36 (v) skill development groups (e.g. parenting skills, couples communication);
- 37 (vi) psycho-educational groups for clients as part of a treatment plan to address
38 specific behavioral health issues (e.g. anger management, parenting, substance abuse); and
- 39 (vii) therapeutic group treatment (focused counseling);
- 40 (D) develop cohesion among members of the group;
- 41 (E) set therapeutic boundaries in groups, including assisting participants to make
42 appropriate levels of disclosure;
- 43 (F) assist group members who are in transition from one group to another; and
- 44 (G) determine criteria for ending a group or a client's participation in a particular
45 group and assist with regard to identifying other services, as appropriate.
- 46
- 47

History: June 18, 2008, Section 2.40.555 was added.

1 **Sec. 2.40.560. Crisis Management.**

2
3 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
4 knowledge and perform the skills and competencies described in subsection (b) as provided in paragraphs
5 (1) through (3) of this subsection, as applicable:

6 (1) a behavioral health aide I demonstrates the skill, applies it as directed, and routinely
7 seeks assistance;

8 (2) a behavioral health aide II utilizes the skill consistently and determines, with assistance,
9 when additional intervention or assistance may be needed to achieve the purpose of the interaction; and

10 (3) a behavioral health aide III and behavioral health practitioner apply knowledge and
11 skills and engages the client more effectively based on a understanding of the client; and

12 (4) a behavioral health practitioner, subject to applicable restrictions, applies knowledge to
13 mentor and support others in the use of the skill and to participate in supervision and evaluation of
14 behavioral health aides I, II and III.

15
16 **(b) Knowledge and Skills.** Crisis management requires the behavioral health aide or
17 practitioner to have knowledge of and be able to:

18 (1) recognize behavioral health crisis events;

19 (2) identify the crisis and report to a licensed behavioral health clinician or behavioral
20 health professional regarding crisis events;

21 (3) conduct assessment of risk of harm to self or others;

22 (4) conduct assessment of risk associated with acute intoxication, overdose, detoxification,
23 and withdrawal;

24 (5) obtain assistance from supervisors and other community resources (e.g. CHA/P, Village
25 Public Safety Officer) to respond;

26 (6) follow clinical instructions;

27 (7) communicate with family and others regarding existence of and response to crisis;

28 (8) assist with necessary steps to achieve and follow-up involuntary treatment, when
29 required;

30 (9) refer to and cooperate with authorities after deaths (including suicide and homicide),
31 child neglect or abuse, elder abuse, and other reportable events;

32 (10) assist client to report violence (e.g. domestic violence or sexual assault);

33 (11) assist client to obtain immediate services after a critical event (e.g. domestic violence
34 shelter, foster care) and provide support for others immediately affected, such as family members and
35 close friends;

36 (12) assist individuals who have experienced critical event (themselves or as a family
37 member, friend or community member) to consider behavioral health services; and

38 (13) apply foundational and other skills, subject to direction, to assist with emergency
39 management and critical incident response to individual events and mass casualties, whether manmade or
40 natural.

41
42 **History:** June 18, 2008, Section 2.40.560 was added.

43
44 **Sec. 2.40.565. Supervision, Training and Professional Development.**

45
46 **(a) Level of Performance.** A behavioral health aide or practitioner must demonstrate the
47 knowledge and perform the skills and competencies described in subsection (b) in their own interaction
48 with supervisors, mentors and trainers, in pursuing their own professional development, and as provided
49 in paragraphs (1) through (3) of this subsection, as applicable:

1 (1) a behavioral health aide I or II does not perform supervision, training, or professional
2 development of other behavioral health aides or practitioners, but a BHA I may provide peer support for a
3 person training to be a behavioral health aide I and a BHA II may provide peer support for a BHA I;

4 (2) a behavioral health aide III demonstrates the skills and competencies and applies it as
5 directed and routinely seeks assistance; and

6 (3) a behavioral health practitioner applies the knowledge and skills to engage, mentor and
7 support, and participate in supervision and evaluation of behavioral health aides I, II and III, based on an
8 understanding of the supervisee’s level of knowledge and skills, professional goals, and behavior.
9

10 **(b) Knowledge and Skills.** Supervision and mentoring of other behavioral health aides requires
11 a behavioral health aide II or III or behavioral health practitioner to

12 (1) use supervision, peer consultation and self-evaluation to enhance self-awareness and
13 improve professional performance;

14 (2) identify methods of health promotion, stress reduction, and burn out prevention;

15 (3) use evaluations to improve professional performance and quality of services;

16 (4) assist in defining continuing education opportunities consistent with professional
17 development needs; and

18 (5) provide professional development through education and participation in regular
19 supervision and consultation.
20

21 **History:** June 18, 2008, Section 2.40.565 was added.
22

23 **Article 50. Term of Certificate**

24 **History:** June 18, 2008, Article 40 was renumbered as Article 50. November 26, 2002, Article 30 was
25 renumbered as Article 40.
26
27

28 **Sec. 2.50.010. Effective Date.** The effective date is the date of issuance under section 2.50.020
29 [date of issuance].
30

31 **History:** June 18, 2008, Section 2.40.010 was renumbered as Section 2.50.010 and amended to address
32 renumbering of other sections. November 26, 2002, Section 2.30.010 was renumbered as Section
33 2.40.010 and amended.
34

35 **Sec. 2.50.020. Date of Issuance.** The date of issuance of a certificate shall be the date the
36 certificate is provisionally approved by the staff of the Board or final Board approval is granted,
37 whichever is earlier.
38

39 **History:** June 18, 2008, Section 2.40.020 was renumbered as Section 2.50.020. November 26, 2002,
40 Section 2.30.020 was renumbered as section 2.40.020.
41

42 **Sec. 2.50.100. Expiration.** A certificate as a community health aide, community health
43 practitioner, dental health aide, behavioral health aide, or behavioral health practitioner expires two years
44 from the last day of the month in which the Board took final action to approve the certificate.
45

46 **History:** June 18, 2008, Section 2.40.100 was renumbered as 2.50.100 and amended. November 26,
47 2002, Section 2.30.100 was renumbered as Section 2.40.100.
48

49 **Sec. 2.50.200. Requirements for Renewal.**

50
51 **(a)** A certified community health aide, community health practitioner, dental health aide, or
52 behavioral health aide or practitioner applying for certificate renewal shall:

53 (1) apply on a form provided by the Board;

- 1 (2) pay the application fees required by the Board;
2 (3) provide evidence satisfactory to the Board that the applicant has met the continuing
3 education requirements of the Board;
4 (4) provide evidence satisfactory to the Board that the applicant continues to demonstrate
5 the practical professional competencies required for the level of certification sought;
6 (5) continue to meet the requirements of chapter 2 [certification of CHA/Ps, DHAs, &
7 BHAs]; and
8 (6) if seeking recertification as a community health practitioner, no less often than once
9 every six years, the individual must re-satisfy the requirements of section 2.20.500 [CHP training &
10 education requirements]; or
11 (7) if seeking recertification as a dental health aide therapist practitioner, no less often than
12 once every six years, the individual must re-satisfy the requirements of section 2.30.700(3) and (4)
13 [DHATP training & education requirements].
14

15 **(b)** An applicant who has not been employed as a community health aide, community health
16 practitioner, dental health aide, or behavioral health aide or behavioral health practitioner an average of at
17 least 15 hours a week for at least six months of the previous 12 months prior to submission of the
18 application must provide evidence satisfactory to the Board that he or she has been monitored in the
19 performance of each required competence until he or she has demonstrated successful performance of
20 each.
21

22 **History:** June 3, 2020, Section 2.50.200(a)(7) was amended. January 22, 2015, Section 2.50.200(b) was
23 amended. June 18, 2008, Section 2.40.200 was renumbered as Section 2.50.200 and subsections (a) and
24 (b) were amended. November 26, 2002, Section 2.30.200 was renumbered as Section 2.40.200 and was
25 amended.
26

27 **Sec. 2.50.300. Reinstatement or Renewal of a Lapsed Certificate.** The Board will, in its
28 discretion, reinstate or renew a certificate that has lapsed if the applicant complies with the certificate
29 renewal requirements under section 2.50.200 [requirements for renewal], provided that the applicant must
30 provide evidence satisfactory to the Board that the applicant has completed the continuing education
31 requirements under chapter 3 [continuing education].
32

33 **History:** June 18, 2008, Section 2.40.300 was renumbered as Section 2.50.300 and amended to address
34 renumbering of other sections. November 26, 2002, Section 2.30.300 was renumbered as Section
35 2.40.300 and was amended.
36
37

38 **Chapter 3. Continuing Education**

39 **Sec. 3.10.005. Multiple Certifications.** Up to 12 hours of training, acquired in the previous 2
40 years, obtained to achieve initial certification, to increase the level of certification, or to satisfy continuing
41 education requirements under this chapter 3 [continuing education] as a community health aide or
42 practitioner, dental health aide, or behavioral health aide or practitioner, may be applied to satisfying the
43 continuing education requirements for other certificates held by the same person under these *Standards*.
44
45

46 **Sec. 3.10.010. CHA/P Continuing Education Requirements.**

47 **(a) Unlapsed Certificate.** A community health aide or practitioner whose certification has not
48 lapsed who is an applicant for renewal of a certificate under article 20 of chapter 2:
49
50

- 51 (1) (A) as a community health aide who has not completed the requirements for the next
52 level of certification prior to the deadline for recertification; or

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1 (B) as a community health practitioner.

2 (2) must provide evidence satisfactory to the Board that he or she has completed a
3 minimum of 48 contact hours of continuing education approved by the Board on varied or updated topics
4 during the concluding two-year certification period. No more than 24 of the required contact hours may be
5 regarding emergency care. A minimum of 24 of the required contact hours must be in the competencies
6 listed in sections 2.20.100 [CHA I training & education requirements] through .510 [CHP competencies].
7

8 **(b) Lapsed Certificate.** An applicant for renewal of a certificate under article 20 of chapter 2
9 whose certification has lapsed must provide evidence satisfactory to the Board that he or she has met the
10 requirements for continuing education set forth in subsection (a)(2) of this section.

11 **History:** June 18, 2008, Section 3.10.010(a) was amended and (b) was deleted. November 26, 2002,
12 Section 3.10.010(a) was amended and (b) was added. June 12, 2002, Section 3.10.010 was amended.
13
14

15 **Sec. 3.10.050. DHA Continuing Education Requirements.**

16 **(a) Unlapsed Certificate.**

17 (1) An applicant for renewal of a certificate under article 30 of chapter 2 whose certificate
18 has not lapsed must meet

19 (A) any specific recertification requirements set forth therein;

20 (B) satisfactory performance under the direct supervision of a dentist, dental
21 hygienist, dental health aide therapist, or dental health aide therapist practitioner of a minimum of
22 (i) 80 hours, demonstrating competence in each procedure for which the
23 dental health aide is certified; or
24 (ii) 8 of each procedure for which the dental health aide is certified; and

25 (C) if the dental health aide has not completed the requirements for another level of
26 certification or module during the concluding two-year certification period, satisfactory completion of 24
27 contact hours of continuing education approved by the Board on varied or updated topics.

28 (2) If the direct supervision required under subsections (1)(B) of this section is provided by
29 anyone other than a dentist, the supervisor must have been authorized to supervise the preceptorship of the
30 procedures being performed under the applicable provision of chapter 2, article 30 [Standards for Dental
31 Health Aides].
32
33

34 **(b) Lapsed Certificate.** An applicant for renewal of a certificate under article 30 of chapter 2
35 whose certification has lapsed must provide evidence satisfactory to the Board that in the two years
36 preceding recertification he or she has met the requirements for continuing education set forth in
37 subsection (a) of this section.

38 **History:** June 3, 2020, Section 3.10.050(a)(1)(B) was amended. January 11, 2013, Section 3.10.050 was
39 amended. June 18, 2008, Section 3.10.050(a)(1)(C)(i) was amended. June 20, 2007, Section 3.10.050(a)
40 was amended. October 8, 2003, Section 3.10.050(a)(3) was amended. November 26, 2002, Section
41 3.10.050 was added.
42
43

44 **Sec. 3.10.070. BHA/P Continuing Education Requirements.**

45 **(a) Unlapsed Certificate.** A behavioral health aide or practitioner whose certification has not
46 lapsed who is an applicant for renewal of a certificate under article 40 [standards for BHA/Ps] of chapter
47 2 [certification of CHAs, CHPs, DHAs, BHAs, and BHPs]:

48 (1) (A) as a behavioral health aide who has not completed the requirements for the next
49 level of certification prior to the deadline for recertification; or

50 (B) as a behavioral health practitioner;
51

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1 (2) must provide evidence satisfactory to the Board that he or she has completed a
2 minimum of 40 contact hours of continuing education approved by the Board on varied or updated topics
3 during the concluding two-year certification period, provided that

4 (A) no fewer than 4 of the required contact hours must be regarding ethics and
5 consent;

6 (B) no fewer than 4 of the required contact hours must be regarding confidentiality
7 and privacy; and

8 (C) no fewer than 4 of the required contact hours must be regarding cross cultural
9 communication and understanding and working with diverse populations:

10 (i) various ethnicities or cultural heritages, age groups, genders, lifestyles,
11 family dynamics, or socioeconomic statuses, or diagnostic categories; or

12 (ii) effective strategies for working with diverse populations, conducting self-
13 assessments and navigating value differences, developing cultural awareness and an understanding of the
14 potential influence on a person's behavioral health; and

15 (D) the balance of the hours must be related to the knowledge and skills identified or
16 related to those described in section 2.40.500 [BHA/P knowledge, skills, and scope of practice]; and

17 (E) a minimum of 20 CEUs are attended via face-to-face instruction.

18
19 **(b) Lapsed Certificate.** An applicant for renewal of a certificate under article 40 [standards for
20 BHA/Ps] of chapter 2 [certification of CHAs, CHPs, DHAs, BHAs, and BHPs] whose certification has
21 lapsed must provide evidence satisfactory to the Board that he or she has met the requirements for
22 continuing education set forth in subsection (a)(2) [BHA/P continuing education requirements; unlapsed
23 certificate; (required continuing education)] of this section in the two-year period prior to seeking
24 recertification.

25
26 **History:** June 12, 2014, Section 3.10.070 was amended. June 18, 2008, Section 3.10.070 was added.

27
28 **Sec. 3.10.100. Approved Continuing Education Programs for CHA/P.**

29
30 **(a) Competencies.** To be approved by the Board, a continuing education program must

31 (1) cover one or more of the course of study subjects or competencies listed in sections
32 2.20.100 [CHA I training & education requirements] through .510 [CHP competencies], the CHA/P
33 Curriculum, or the CHAM;

34 (2) directly relate to the clinical practice of a community health aide or community health
35 practitioner; and

36 (3) be no less than 1 hour in length.

37
38 **(b) Sponsorship.** A continuing education program that meets the requirements of section
39 3.10.100(a) [approved continuing education programs for CHA/P; competencies] and is sponsored by any
40 of the following organizations is considered approved by the Board:

41 (1) a certified CHA/P Training Center;

42 (2) the American Medical Association;

43 (3) the American Nurses' Association;

44 (4) an accredited postsecondary educational institution;

45 (5) the Indian Health Service;

46 (6) an emergency care course approved by the State of Alaska, Indian Health Service,
47 American Heart Association, or American Red Cross; or

48 (7) Smiles for Life.

49
50 **(c) Tribal Continuing Education Programs.** A continuing education program provided by the
51 tribe or tribal organization's health program that meets the requirements of section 3.10.100(a) [approved

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1 continuing education programs for CHA/P; competencies] shall be approved by the Board. Submission of
2 the plan or CHA/P Curriculum for the continuing education program or programs to the Board may be
3 done prior to or after the program has been conducted. Approval may be granted for more than one
4 program at a time. Re-approval need not be obtained for an approved program that is being repeated
5 within a three year period after the most recent approval.

6 **(d) Self-Study Programs.** A self-study continuing education program sponsored by one of the
7 organizations listed in subsections 3.10.100(b) [approved continuing education programs for CHA/P;
8 sponsorship] or (c) [approved continuing education programs for CHA/P; tribal continuing education
9 programs] that meets the requirements of section 3.10.100(a) [approved continuing education programs
10 for CHA/P; competencies] is considered approved by the Board.

11
12 **(e) Other.** A continuing education program not sponsored by one of the organizations listed in
13 subsections 3.10.100(b) [approved continuing education programs for CHA/P; sponsorship] or (c)
14 [approved continuing education programs for CHA/P; tribal continuing education programs] must be
15 individually approved by the Board. Such approval can be provided at the time of application for
16 recertification if the applicant submits evidence sufficient to permit the Board to determine whether the
17 training meets the requirements of this section.

18
19 **History:** January 22, 2016, Section 3.10.100(b) was amended. October 4, 2012, Section 3.10.100(a) was
20 renumbered and amended. June 18, 2008, Section 3.10.100(c) was amended. November 26, 2002,
21 Section 3.10.100(a), (b) and (c) were amended and titles were added to (d) and (e).
22

23 **Sec. 3.10.200. Approved Continuing Education Programs for DHA.**

24
25 **(a) Competencies.** To be approved by the Board, a continuing education program for a dental
26 health aide must

- 27 (1) cover one or more of the course of study subjects or competencies listed in sections
28 2.30.100 [PDHA I training & education requirements] through 2.30.610 [DHAT supervision &
29 competencies];
30 (2) directly relate to the clinical practice of a dental health aide; and
31 (3) be no less than 1 hour in length.
32

33 **(b) Sponsorship.** A continuing education program that meets the requirements of section
34 3.10.200(a) [approved continuing education programs for DHA; competencies] and is sponsored by any
35 of the following organizations considered approved by the Board:

- 36 (1) a certified CHA/P Training Center;
37 (2) the American Dental Association;
38 (3) the Academy of General Dentistry;
39 (4) the Alaska Dental Society;
40 (5) the Alaska Dental Hygiene Society;
41 (6) an accredited postsecondary educational institution;
42 (7) the Indian Health Service or other agencies of the Federal government; or
43 (8) an emergency care course approved by the State of Alaska, Indian Health Service,
44 American Heart Association, or American Red Cross.
45

46 **(c) Tribal Continuing Education Programs.** A continuing education program provided by the
47 tribe or tribal organization's health program that meets the requirements of section 3.10.200(a) [approved
48 continuing education programs for DHA; competencies] shall be approved by the Board. Submission of
49 the plan or DHA Curriculum for the continuing education program or programs to the Board may be done
50 prior to or after the program has been conducted. Approval may be granted for more than one program at

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1 a time. Re-approval need not be obtained for an approved program that is being repeated within a three
2 year period after the most recent approval.

3
4 **(d) Self-Study.** A self-study continuing education program sponsored by one of the
5 organizations listed in subsections 3.10.200(b) [approved continuing education programs for DHA;
6 sponsorship] or (c) [approved continuing education programs for DHA; tribal continuing education
7 programs] that meets the requirements of section 3.10.200(a) [approved continuing education programs
8 for DHA; competencies] is considered approved by the Board.

9
10 **(e) Other.** A continuing education program not sponsored by one of the organizations listed in
11 subsections 3.10.200(b) [approved continuing education programs for DHA; sponsorship] or (c)
12 [approved continuing education programs for DHA; tribal continuing education programs] must be
13 individually approved by the Board. Such approval can be provided at the time of application for
14 recertification if the applicant submits evidence sufficient to permit the Board to determine whether the
15 training meets the requirements of this section.

16
17 **History:** October 4, 2012, Section 3.10.200(a) was renumbered and amended. June 18, 2008, Section
18 3.10.200(c) was amended. November 26, 2002, Sections 3.10.200 was added.

19
20 **Sec. 3.10.300. Approved Continuing Education Programs for BHA/P.**

21
22 **(a) Competencies.** To be approved by the Board, a continuing education program must
23 (1) contribute to the knowledge or skills described in section 2.40.500 [BHA/P knowledge,
24 skills, and scope of practice] or expand on content or subject matter described in chapter 8 [BHA
25 curricula];
26 (2) directly relate to the clinical practice of a behavioral health aide or practitioner, which
27 shall include courses related to the effects of tobacco use and tobacco use assessment and treatment; and
28 (3) be no less than 1 hour in length.

29
30 **(b) Sponsorship.** A continuing education program that meets the requirements of section
31 3.10.300(a) [approved continuing education programs for BHA/P; competencies] and is offered or
32 sponsored by any of the following organizations is considered approved by the Board:

- 33 (1) a certified BHA/P Training Center;
- 34 (2) Alaska Commission for Behavioral Health Certification (ACBHC);
- 35 (3) the Indian Health Service;
- 36 (4) Alaska Board of Social Work Examiners;
- 37 (5) Alaska Training Cooperative;
- 38 (6) Accreditation Council for Continuing Medical Education (ACCME);
- 39 (7) an accredited postsecondary education institution;
- 40 (8) American Counseling Association (ACA);
- 41 (9) American Nurses Credentialing Center (ANCC);
- 42 (10) American Psychiatric Nurses Association (APNA);
- 43 (11) American Society of Addiction Medicine (ASAM);
- 44 (12) American Psychological Association (APA);
- 45 (13) Commission on Rehabilitation Counselor Certification (CRCC);
- 46 (14) International Certification & Reciprocity Consortium (IC&RC);
- 47 (15) Livingworks.net (Safetalk);
- 48 (16) National Association of Alcohol and Drug Abuse Counselors (NAADAC);
- 49 (17) National Association of Social Workers (NASW) or any state chapter of NASW;
- 50 (18) National Board of Certified Counselors (NBCC);
- 51 (19) National Association of Direct Service Providers (NADSP); or

1 (20) QPR Institute.

2 (21) [RESERVED].

3
4 **(c) Tribal Continuing Education Programs.** A continuing education program provided by the
5 tribe or tribal organization's health program that meets the requirements of section 3.10.300(a) [approved
6 continuing education programs for BHA/P; competencies] shall be approved by the Board. Submission of
7 the plan or BHA Curriculum for the continuing education program or programs to the Board may be done
8 prior to or after the program has been conducted. Approval may be granted for more than one program at
9 a time. Re-approval need not be obtained for an approved program that is being repeated within a three
10 year period after the most recent approval.

11
12 **(d) Self-Study Programs.** A self-study continuing education program sponsored by one of the
13 organizations listed in subsections 3.10.300(b) [approved continuing education programs for BHA/P;
14 sponsorship] or (c) [approved continuing education programs for BHA/P; tribal continuing education
15 programs] that meets the requirements of section 3.10.300(a) [approved continuing education programs
16 for BHA/P; competencies] is considered approved by the Board.

17
18 **(e) Other.** A continuing education program not sponsored by one of the organizations education
19 programs] must be individually approved by the Board. Such approval can be provided at the time of
20 application for recertification if the applicant submits evidence sufficient to permit the Board to determine
21 whether the training meets the requirements of this section.

22
23 **History:** January 13, 2021, Section 3.10.300(b) was amended. October 27, 2016, Section
24 3.10.300(a)(21) was amended. October 29, 2015, Section 3.10.300(b) was amended. October 4, 2012,
25 Section 3.10.300(a) was amended.

26
27
28 **Chapter 4.**
29 **Discipline, Suspension or Revocation**
30 **of a Community Health Aide, Community Health Practitioner,**
31 **Dental Health Aide, Behavioral Health Aide or**
32 **Behavioral Health Practitioner Certificate**

33
34 **History:** June 18, 2008, the title for Chapter 4 was amended. November 26, 2002, the title for Chapter 4
35 was amended.

36
37 **Sec. 4.10.010. Grounds for Discipline.** The Board may impose a disciplinary sanction under this
38 chapter on a person holding a certificate under these standards if the Board finds that the person

39 (a) secured a certificate through deceit, fraud, or intentional misrepresentation;

40 (b) engaged in deceit, fraud, or intentional misrepresentation in the course of providing
41 professional services or engaging in professional activities, including holding himself or herself out as
42 another health provider for which he or she has not met applicable licensing or other credentialing
43 requirements;

44 (c) failed to surrender the certificate if required to do so under section 2.10.020 [surrender of a
45 certificate];

46 (d) has been convicted of a felony or other crime that affects the certified community health
47 aide or practitioner's, dental health aide's, or behavioral health aide or practitioner's ability to continue to
48 practice competently and safely;

49 (e) intentionally or negligently engaged in or permitted the performance of patient care by
50 persons under the certified community health aide or practitioner's, dental health aide's, or behavioral

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1 health aide or practitioner’s supervision that does not conform to minimum professional standards
2 regardless of whether actual injury to a patient occurred;

3 (f) failed to comply with any requirement or order of the Board applicable to the certified
4 community health aide or practitioner, dental health aide, or behavioral health aide or practitioner;

5 (g) continued to practice after becoming unfit due to
6 (1) professional incompetence;
7 (2) failure to keep informed of current professional practices;
8 (3) addiction or dependency on alcohol or other drugs that impair the ability to practice
9 safely;

10 (4) physical or mental disability;
11 (h) engaged in lewd or immoral conduct in connection with the delivery of service to patients;

12 (i) engaged in unprofessional conduct, including having:
13 (1) failed to use sufficient knowledge, skills or judgment for the community health aide or
14 practitioner’s, dental health aide’s or behavioral health aide or practitioner’s level of certification;

15 (2) assumed duties and responsibilities:
16 (A) without sufficient preparation;
17 (B) for which competency has not been maintained; or
18 (C) for which the community health aide or practitioner, dental health aide, or
19 behavioral health aide or practitioner is not certified, provided that such duties were not assumed as part
20 of meeting the requirements for the next level of certification;

21 (D) for which the community health aide or practitioner, dental health aide, or
22 behavioral health aide or practitioner has not been trained through training described in sections
23 [competencies], sections 2.40.100 [BHA I training, practicum, and experience requirements] through
24 2.40.500 [BHA/P knowledge, skills, and scope of practice], as applicable, or continuing education
25 approved under Chapter 3, provided that the community health aide or practitioner, dental health aide, or
26 behavioral health aide or practitioner may provide services under this paragraph only at the direction of
27 his or her employer; or

28 (E) a community health aide or practitioner or behavioral health aide or practitioner
29 assigned to be available on-call failed to respond to an emergency;

30 (3) knowingly delegated a community health aide or practitioner, dental health aide or
31 behavioral health aide or practitioner function to another who is not certified to perform that function;

32 (4) violated the confidentiality of information or knowledge concerning a patient;

33 (5) physically or verbally abused a patient;

34 (6) performed duties as a community health aide or practitioner, dental health aide, or
35 behavioral health aide or practitioner while under the influence of alcohol, illegal drugs or any other
36 substance likely to impair the community health aide or practitioner’s, dental health aide’s, or behavioral
37 health aide or practitioner’s ability to provide competent care;

38 (7) violated state or federal laws regulating drugs, including but not limited to forging
39 prescriptions or unlawfully distributing drugs or narcotics;

40 (8) failed to maintain a record for each patient which accurately reflects the patient
41 encounter and interventions provided, or falsification of a patient's records or intentionally making an
42 incorrect entry in a patient's record;

43 (9) left a clinic assignment without properly notifying the appropriate personnel;

44 (10) failed to report, through proper channels, facts known to the community health aide or
45 practitioner, dental health aide, or behavioral health aide or practitioner regarding incompetent,
46 unprofessional or illegal practice of another health care provider;

47 (11) signed a record as a witness attesting to the wastage of controlled substances which the
48 community health aide or practitioner, dental health aide, or behavioral health aide or practitioner did not
49 actually witness;

50 (12) exploited a patient for financial gain or offering, giving, soliciting, or receiving fees for
51 referral of a patient;

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- 1 (13) was responsible for untruthful or misleading advertisement of available services;
2 (14) knowingly violated laws regulating health insurance or the potential for health
3 insurance reimbursement;
4 (15) been found guilty of, or entered a plea of nolo contendere or guilty to, any offense
5 under Federal, State or Tribal law involving crimes of violence; sexual assault, molestation, exploitation,
6 contact or prostitution; or crimes against persons within the meaning of section 408 of the Indian Child
7 Protection and Family Violence Prevention Act, P.L. 101-630, 25 U.S.C. § 3207;
8 (16) failed to comply with applicable mandatory reporting laws of the State of Alaska; or
9 (17) failed to respond to a request for services where a duty to respond existed.

10
11 **History:** June 18, 2008, Section 4.10.010(d), (e), (f), (i)(2)(C), (i)(2)(D), (i)(2)(E), (i)(3), (i)(6), (i)(10), and
12 (i)(11) were amended. November 26, 2002, Section 4.10.010 introductory paragraph, (b), (d), (e), (f), (h),
13 (i)(1), (i)(2)(C), (D) and (E), (i)(3), (i)(6), (i)(10), (i)(11) were amended. September 25, 1998, Section
14 4.10.010(i)(15), (16), and (17) were amended.
15

16 **Sec. 4.10.100. Community Health Aide or Practitioner, Dental Health Aide, or Behavioral**
17 **Health Aide or Practitioner Sanctions.** When it finds that a person holding a certificate as a community
18 health aide or practitioner, dental health aide, or behavioral health aide or practitioner has violated one of
19 the conditions of section 4.10.010 [grounds for discipline], the Board may impose the following sanctions
20 singly or in combination:

- 21 (1) permanently revoke a certificate to practice;
22 (2) suspend a certificate for a determinate period of time;
23 (3) censure a person holding a certificate;
24 (4) issue a letter of reprimand;
25 (5) place a person holding a certificate on probationary status and require the person to
26 (A) report regularly to the Board upon matters involving the basis of probation;
27 (B) limit practice to those areas prescribed;
28 (C) continue professional education until a satisfactory degree of skill has been
29 attained in those areas determined by the Board to need improvement; and
30 (6) impose limitations or conditions on the practice of a person holding a certificate.

31
32 **History:** June 18, 2008, Section 4.10.100 title and introductory sentence were amended. November 26,
33 2002, Section 4.10.100 title and introductory sentence were amended.
34

35 **Sec. 4.10.110. Withdrawing Probation.** The Board may withdraw probationary status if it finds
36 that the deficiencies that required the sanction have been remedied.
37

38 **Sec. 4.10.120. Summary Suspension.** The Board may summarily suspend a certificate before
39 final hearing or during the appeals process if the Board finds that the person holding a certificate poses a
40 clear and immediate danger to the public health and safety if the person continues to practice. A person
41 whose certificate is suspended under this subsection shall be entitled to a hearing pursuant to section
42 9.10.010 [hearings]. The person may appeal the suspension after a hearing to the Area Director of the
43 Alaska Area Native Health Service.
44

45 **Sec. 4.10.130. Consistency.** The Board shall seek consistency in the application of disciplinary
46 sanctions, and significant departure from prior decisions involving similar situations shall be explained in
47 findings of fact or orders.
48

1 **Chapter 5. CHA/P Training Centers**

2
3 **Article 10. Requirements for Certification**

4
5 **Sec. 5.10.010. Certification.** The Board shall issue a CHA/P Training Center certificate to a
6 training center which

- 7 (1) applies on a form provided by the Board; and
8 (2) adopts and adheres to requirements of sections 5.10.015 [educational program
9 philosophy] through 5.10.070 [faculty continuing education].

10 **Sec. 5.10.015. Educational Program Philosophy.** A CHA/P Training Center must have on file a
11 mission statement that reflects the statewide nature of the program and the goals and objectives of the
12 program, which must include quality health care, competency based instruction, emphasis on clinical
13 instruction and skills, emphasis on a positive learning environment, and respect for the unique needs of
14 the adult learner must also be on file.

15
16 **Sec. 5.10.020. Training Facilities.** A CHA/P Training Center facility must provide classroom, or
17 e-classroom and clinical environments that are conducive to a positive learning experience for faculty and
18 community health aide trainees by ensuring that

- 19 (1) traditional classrooms have appropriate space and privacy. An environmental health
20 review of the facility must be performed and on file. Specific consideration and evaluation in the areas of
21 safety, adequacy of space, air quality, lighting, heating, and storage and disposal of hazardous waste must
22 be documented; and
23 (2) e-classrooms have appropriate policies on Internet safety and privacy, appropriate
24 language, emergency procedures for Internet outages, and recommendations on lighting, noise, and an
25 ergonomic environment.

26
27 **History:** October 29, 2013, Section 5.10.020 was amended.

28
29 **Sec. 5.10.025. Training Staff.**

30
31 **(a) Qualifications and Roles.**

32 **(1) Director/Instructor of Record.** The following standards apply to the CHA/P Training
33 Center Director/Instructor of Record.

34 (A) The CHA/P Training Center Director/Instructor of Record should be an
35 individual with a combination of education, research, work, and/or life experience which are relevant to
36 providing leadership in a CHA/P Training Center Program.

37 (B) In recognition of the diverse role of the CHA/P Training Center
38 Director/Instructor of Record, it is preferred that the Director or Instructor of Record have a background
39 in health and education and be able to administrate, serve in a statewide liaison role, hold the mission of
40 the statewide program, and provide program direction, development, and leadership.

41 (C) The Instructor of Record must at a minimum be a state licensed mid-level
42 practitioner who will assume responsibilities for course development, evaluation and revision, clinical site
43 development and evaluation, and evaluation of students and instructors.

44
45 **(2) Instructor.** CHA/P Training Center instructors must consist of a majority of full-time
46 equivalent mid-level practitioner or physician instructors who are employees of the federal government or
47 licensed by the State of Alaska. Additional instructors should be certified or licensed and have formal
48 training in the knowledge and skills that they are teaching, including CHPs with current CHP credential,
49 CHAPCB certification, and EMT certification. All instructors will be monitored to assure compliance
50 with the CHA/P Curriculum and competence in subject being taught. Instructors teaching CHA

1 curriculum via eLearning must demonstrate competency in e-teaching by experience, completed
2 coursework, or other approved measure.

3
4 **(3) Clinical Instructor.** Clinical instructors must be mid-level practitioners or physicians
5 who are employees of the federal government or licensed by the State of Alaska. Certain patient
6 encounter, exams, or procedures may be taught by other persons who have appropriate experience or
7 certification (e.g. well child visits and return prenatal visits by a public health nurse; surrogate body
8 system exams by a CHP). These encounters must be periodically reviewed by an experienced mid-level
9 practitioner or physician trainer as part of the training center quality assurance program. The majority of
10 clinical experiences for a student must be taught by a mid-level practitioner or physician trainer.

11 **(4) Medical Advisor.** The CHA/P Training Center Medical Advisor must be a physician
12 employed by the federal government or licensed by the State of Alaska who is practicing primary care and
13 is currently working with community health aides or practitioners. The Medical Advisor should have prior
14 experience with the CHA/P program. The Medical Advisor's classroom instruction and clinical
15 preceptorship will comply with the CHA/P Curriculum and statewide goals of the Community Health
16 Aide Program. The Medical Advisor will participate in quality assurance/continuing quality improvement
17 efforts, serve as a resource and be available for consultation and regular meetings.

18
19 **(b) Job Descriptions.** Job descriptions for each of the training staff which reflect these roles
20 and responsibilities must be on file.

21
22 **(c) Orientation of New Staff.** Each CHA/P Training Center must have in place a written
23 orientation procedure for new employees which will minimally include the CHA/P Training Center's
24 mission, goals, and objectives; the CHA/P Curriculum; the methods of instruction and function of the
25 statewide Community Health Aide Program; cultural diversity; the role of the CHA/P; and the CHA/P
26 certification process.

27
28 **(d) Faculty Turnover.** In order to maintain the quality of instruction, the Board must be
29 notified if during any twelve-month period 50 percent of the instructor staff of a CHA/P Training Center
30 resigns and whenever a CHA/P Training Center Director resigns. Documentation of new employee
31 orientation, peer review and student evaluation and examination must be available for review for each
32 new instructor.

33
34 **History:** September 12, 2019, Section 5.10.025(a)(3) was amended. June 13, 2019, Section
35 5.10.025(a)(2) was amended. October 29, 2013, Section 5.10.025(a)(2) was amended. June 24, 2009,
36 Section 5.10.025(a)(2) and Section 5.10.025(d) were amended. November 26, 2002, Section
37 5.10.025(a)(2), (3) and (4) and (c) were amended.

38 **Sec. 5.10.030. Hospital/Clinic Affiliation.**

39
40
41 **(a) Accreditation.** A CHA/P Training Center must be affiliated with the Alaska Native Medical
42 Center or a hospital or clinic accredited by The Joint Commission (formerly known as the Joint
43 Commission on Accreditation of Healthcare Organizations (JCAHO)) or licensed by the State of Alaska.
44 Exception can be made in a clinic facility for which The Joint Commission accreditation or state licensing
45 is not available.

46
47 **(b) Hospital/Clinic Commitment.** A CHA/P Training Center must have the support of
48 hospital/clinic and/or corporation administration to provide on-going access to clinical training for
49 CHA/Ps. A letter of support should be updated with each new clinical director and hospital or clinical
50 administrator or corporation Board.

51
52 **History:** June 18, 2008, Section 5.10.030(a) was amended.

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1 **Sec. 5.10.035. Volume, Hours and Distribution of Patient Encounters.** Clinical hours will be
2 scheduled in compliance with the CHA/P Curriculum. For each trainee a CHA/P Training Center's
3 documentation of volume, hours and distribution of patient encounters must meet the requirements of this
4 section.

5
6 **(a) Encounters.**

7 **(1) Session I.** Ten encounters under the following conditions: the trainee will be the
8 primary provider in at least four patient encounters with particular emphasis on the patient problems
9 delineated in the CHA/P Curriculum, as outlined below, and at least six additional encounters with the
10 trainee as an active participant.

11 **(2) Session II.** Ten encounters under the following conditions: the trainee will be the
12 primary provider in at least four patient encounters with particular emphasis on patient problems
13 delineated in the CHA/P Curriculum, as outlined below and at least six additional encounters with the
14 trainee as active participant.

15 **(3) Session III.** Ten encounters under the following conditions: the trainee will be the
16 primary provider in at least six patient encounters with particular emphasis on the patient problems
17 delineated in the CHA/P Curriculum, as outlined below, and at least four additional encounters with the
18 trainee as active participant.

19 **(4) Session IV.** Fourteen encounters under the following conditions: the trainee will be the
20 primary provider in at least ten patient encounters with particular emphasis on the patient problems
21 delineated in the CHA/P Curriculum, as outlined below, and at least four additional encounters with the
22 trainee as active participant.

23
24 **(b) (1) Primary Provider.** Under subsection (a) [volume, hours & distribution of patient
25 encounters; encounters] of this section, the primary provider must perform the history and examination,
26 and depending on the complexity of the encounter and the skill and confidence level of the trainee,
27 determine the assessment and plan in conjunction with the instructor.

28 **(2) Active Participant.** Under this section, the active participant performs part of the
29 patient encounter with direction or guidance of the instructor.

30
31 **(c) Distribution of Clinical Hours.** The distribution of clinical hours must be available in the
32 following kinds of patient encounters:

33
34 **(1) Session I.**

Encounter Type	Hours
Acute care	12
Lab	1
Respiratory	1
Ear	1
Digestive system	1
Screening exam	1
Sick child	4
Vital signs	3
Approach to child (observe)	2
Total Hours	26

35
36
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45
46
47 **(2) Session II.**

Encounter Type	Hours
Acute care	12
Lab	1
Respiratory	1

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1	Circulatory	1
2	Digestive system	1
3	Prenatal	2
4	Mental illness	4
5	Sick child	4
6	Screening physical exam	1
7	Approach to child (observe)	4
8	Total Hours	31

(3) Session III.

11	Encounter Type	Hours
12	Prenatal	8
13	Newborn	1
14	Sick child	4
15	Post partum (fundus exam)	1
16	Well child	8
17	STD	4
18	Total Hours	26

19 *Note: if no new postpartum patient is available, a RAC-approved model may be substituted.

(4) Session IV.

22	Encounter Type	Hours
23	Acute care	8
24	Ear	1
25	Respiratory	1
26	Circulatory	1
27	Digestive	1
28	Female reproductive	4
29	Prenatal	3
30	Sick child	4
31	Well child	3.5
32	Newborn	1
33	Chronic disease	4
34	H & P	2.5
35	Total Hours	34

37 **History:** June 13, 2019, Section 5.10.035(c)(3) was amended. June 30, 2016, Section 5.10.035(a)(2) and
38 (b)(1) were amended. January 16, 2009, Section 5.10.035(c)(2) and (c)(4) were amended. November 26,
39 2002, Section 5.10.035(a) was amended.

Sec. 5.10.040. Trainees Selection Process.

43 **(a) Qualifications for Trainees and Application Process.** The CHA/P Training Center will
44 have a policy for selection of trainees. The selection process will include requiring applicants for trainee
45 slots to file a completed statewide application form recommended no less than four weeks prior to the
46 start of the training session, unless extraordinary circumstances are present. The policy for selection must
47 include requirements that the training applicants have no less than sixth grade math and reading skills and
48 that they have completed Pre-Session, unless the applicant satisfies one of the exceptions to these
49 requirements adopted under section 5.10.040(c) [trainees selection process; exceptions].

50 **(b) Statewide Priorities.** The CHA/P Training Center must adhere to statewide placement
51 priorities for training applicants for a limited number of training slots.

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1 **(c) Exceptions.** The CHA/P Training Center must have exception policies. Policies must be
2 written to incorporate individual hardship cases, including emergency training needs in communities
3 where there are no trained personnel and in situations where community health aides or practitioners have
4 no access to field site courses (pre-session and ETT). Exception policies must also include arrangements
5 for applicants with prior medical training, such as registered nurses, National Guard Corpsman, etc.

6
7 **History:** January 16, 2009, Section 5.10.040(a) was amended. November 26, 2002, Section 4.10.040(a) was
8 amended.

9 **Sec. 5.10.045. Trainee Services.**

10
11 **(a) Counseling and Health Services.** The CHA/P Training Center must have a system for
12 onsite or online initial individual counseling for trainees, which may include assigning faculty members
13 for this purpose. Referral for confidential counseling by mental health professionals must be available to
14 trainees. A system to provide acute care and emergency health services must also be provided.

15
16 **(b) Academic Advising.** A CHA/P Training Center must provide an onsite or online system for
17 trainee academic advising, documentation of formative and summative evaluations, and advising
18 pertinent to the role of the community health aide and practitioner and certification.

19
20 **(c) Attrition.** A system of recording trainee attrition data including the causes and timing of
21 attrition during training must be in place.

22
23 **(d) Housing, Meals, and Transportation.** Housing, meals and transportation should be
24 available, affordable, and conveniently located to face-to-face or traditional trainees.

25
26 **(e) Internet Connectivity.** A workstation with Internet connectivity must be accessible as an
27 alternate to an eLearning student's own Internet service.

28
29 **History:** October 29, 2013, Section 5.10.045 was amended.

30
31 **Sec. 5.10.050. Community Health Aide Curriculum and Teaching Guidelines.**

32
33 **(a) Duration of Training and Attendance.** The length of Sessions I, II, III and IV training
34 sessions are based on the competencies as stated in Sec. 2.20.110, CHA I; Sec. 2.20.210, CHA II; Sec.
35 2.20.310, CHA III; and Sec. 2.20.410, CHA IV. The CHA/P Training Center must establish and enforce
36 an attendance policy, which assures that each training participant fully satisfies all conditions of the
37 training.

38
39 **(b) Class Size.** The size of classes must allow for faculty/trainee ratios under section
40 5.10.050(c) [CHA/P curriculum & teaching guidelines; faculty/trainee ratio], and otherwise be determined
41 by the number of exam rooms available for clinical experience, the size of the classroom for onsite
42 didactic instruction, course content, past trends identified in the particular class, and the CHA/P
43 Curriculum requirements for lab skills instruction.

44
45 **(c) Faculty/Trainee Ratio.** Due to the short, intensive nature of CHA/P courses, faculty/trainee
46 ratios for clinical instruction during patient encounters, in which the trainee is the primary provider, as
47 defined in Sec. 5.10.035(b)(1), must be done on a one-to-one basis. For all other clinical instructions the
48 following faculty/trainee ratios for clinical instruction may not be exceeded:

- 49
50 **(1) Sessions I and II:** one to one;
51 **(2) Sessions III and IV:** one to two depending on the independence of the trainees.

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1 **(d) Classroom and Clinical Instruction.** The intent in instruction for each session is to
2 integrate the CHA/P Curriculum, the CHAM, and the training and skill of the community health
3 aide/practitioner, with consideration to the “Role of the Community Health Aide/Practitioner.”

4 (1) The CHA/P Curriculum objectives must be followed as a minimum standard.

5 (2) The CHAM must be used as a reference book for teaching community health aides and
6 practitioners, as a minimum standard.

7 (3) The instructional materials for faculty must consist of the CHA/P Curriculum course
8 objectives and lesson plans. Instructional materials must be updated every three years. Additionally,
9 eLearning classes externally linked content not created by the CHA/P instructor must be checked for
10 accuracy prior to every session.

11 (4) Learning objectives and course expectations must be clearly defined for each trainee.

12
13 **History:** October 29, 2013, Section 5.10.050 was amended. January 13, 2011, Section 5.10.050(c) and
14 (d)(3) were amended. October 7, 2009, Section 5.10.050(d)(3) was amended. June 24, 2009, Section
15 5.10.050(c) was amended. June 18, 2008, Section 5.10.050(d) was amended. November 26, 2002,
16 Section 5.10.050(a), (b), and (d) were amended.
17

18 **Sec. 5.10.055. Field Training.**

19
20 **(a)** The CHA/P Training Center staff must evaluate each trainee at the end of each session and
21 prepare a Post Session Learning Needs (PSLN) form to reinforce training and help the trainee to gain
22 further competency during the 200 hours of village clinical experience between sessions.

23
24 **(b)** CHA/P Training Center staff must review the Post Session Field Training Follow-up Plan
25 for completion of the field training requirements of Basic Training for placement in the next session.

26
27 **History:** June 24, 2009 Section 5.10.055(a) and (b) were amended.
28

29 **Sec. 5.10.060. CHA/P Training Center Administration and Records.**

30
31 **(a) Commitment of Administration.** A CHA/P Training Center must have a memorandum of
32 agreement updated with each new CHA/P Training Center administrative agency to document on-going
33 support of staffing positions and program needs.

34
35 **(b) Secretarial Support.** A CHA/P Training Center should have administrative and secretarial
36 support sufficient to assure timely and smooth functioning of the program.
37

38 **(c) CHA/P Training Center Files.** A CHA/P Training Center must have on file for review:
39 CHA/P Curriculum outlines, learning objectives/lesson plans, session quizzes/exams, CHA/P evaluation
40 records, application forms, student training files, quality assurance/continuous quality improvement files
41 and a training plan for employees. A CHA/P Training Center must adopt and enforce policies regarding
42 retention of CHA/P Training Center files and conditions under which transfer of files may occur. The
43 retention schedule policy must be consistent with a schedule approved by the Board. The file transfer
44 policy must require that a record be retained identifying the files that were transferred and to whom.
45

46 **(d) CHA/P Training Center Office Space.** A CHA/P Training Center should have offices
47 available for instructors which provide an environment that is conducive to high productivity of its faculty
48 in preparation for instruction.
49

50 **History:** November 26, 2002, Section 5.10.060(c) was amended.
51

Sec. 5.10.065. CHA/P Training Center Self-Evaluation.

- (a) **CHA/P Training Center.** A CHA/P Training Center must have a policy on quality assurance (QA)/continuous quality improvement (CQI). This policy must include
- (1) documentation of post-session meetings for staff evaluation of training sessions and quarterly program reviews;
 - (2) evaluation of CHA clinical encounters;
 - (3) Patient Encounter Form (PEF) evaluation for quality and appropriateness of patient care as delineated by the CHAM;
 - (4) weekly evaluation of the CHA in a learner role;
 - (5) a summary evaluation of the CHA;
 - (6) CHA evaluations of training sessions and individual instructors; and
 - (7) faculty peer review of didactic and clinical instruction.

(b) **QA/CQI.** The QA/CQI process must be in effect, documenting that evaluation tools are in use, trends are identified and the continuous quality improvement process is being implemented to address and modify those identified trends.

History: June 8, 2010, Section 5.10.065 was amended and reformatted. November 26, 2002, Section 5.10.065 was amended.

Sec. 5.10.070. Faculty Continuing Education. A CHA/P Training Center must have a policy on faculty continuing education both in the educational and medical fields. A plan should be developed annually to meet the policy goals.

Article 20.

Types of CHA/P Training Center Certification and Recertification

Sec. 5.20.010. Start-up Certification. A CHA/P Training Center may obtain start-up certification prior to conducting its first training session upon submission of evidence satisfactory to the Board that it will meet the requirements of sections 5.10.010 [certification] through 5.10.070 [faculty continuing education]. Start-up certification shall be valid only until the Board evaluates and acts on the first on-site evaluation, which shall occur during the first training session. At the end of the start-up certification period the Board shall terminate the certification or grant provisional or full certification.

Sec. 5.20.020. Full Certification. The Board shall grant full certification to a CHA/P Training Center that demonstrates substantial compliance with the requirements of sections 5.10.010 [full certification] through 5.10.070 [faculty continuing education], through evidence satisfactory to the Board. Such evidence shall include submission of required materials, satisfactory performance during the on-site review and satisfactory completion of at least one training session. “Substantial compliance” shall require a minimum score of 90% on the Review and Approval Committee CHA Education Program Evaluation Checklist to include meeting all essential items as defined in the checklist.

History: January 13, 2011, Section 5.10.020 was amended. October 7, 2009, Section 5.10.020 was amended.

Sec. 5.20.030. Provisional Certification. The Board may grant provisional certification to a CHA/P Training Center with Start-up Certification that is not eligible for full certification under section 5.20.020 provided it meets all the requirements for full certification, except that it is required to score only a minimum of 80% on the Review and Approval Committee CHA Education Program Evaluation Checklist. Provisional certification shall be effective for only six months and may be renewed only one time for a total of no more than one year.

1 **History:** June 24, 2009, Section 5.20.030 was amended.
2

3 **Article 30. Continuing Requirements**
4

5 **Sec. 5.30.010. Periodic Submissions and Reviews.** A CHA/P Training Center fully certified
6 under section 5.20.020 [full certification] shall submit a CHA/P Training Center Annual RAC
7 Requirements Review Checklist each year and shall be subject to on-site reviews, upon reasonable notice,
8 at the discretion of the Board, provided that an on-site review must occur no less often than once every
9 five years. Such a CHA/P Training Center must notify the Board if a change in any of the following
10 occurs:

- 11 (1) the person responsible for coordination of the training within the center;
12 (2) 50 percent or more of the staff within a three-month period;
13 (3) Medical Advisor;
14 (4) major changes in methods of CHA/P Curriculum delivery to be submitted prior to
15 implementation;
16 (5) facilities used for training; or
17 (6) administration or finance that affects the viability of the training program.
18

19 **History:** January 25, 2018, Section 5.30.010 was amended. June 22, 2017, Section 5.30.010 was amended.
20 October 7, 2009, Section 5.30.010 was amended. November 26, 2002, Section 5.30.010(4) was amended.
21

22 **Sec. 5.30.020. Monitoring.** A fully or provisionally certified CHA/P Training Center may be
23 required to submit periodic reports of progress regarding its response to any changes reported under
24 section 5.30.010 [periodic submissions and reviews], or problems or deficiencies noted during any review
25 or on-site evaluation.
26

27 **Article 40. CHA/P Training Center Sanctions**
28

29 **Sec. 5.40.010. Probation or Termination.** Upon determining that a provisionally certified
30 CHA/P Training Center has failed to achieve full certification within the required time limit or that a
31 provisionally or fully certified CHA/P Training Center has failed to demonstrate continued performance at
32 the applicable levels required under this section, the Board may place the center's certification in a
33 probationary status or terminate the certification.
34

35 **Sec. 5.40.020. Conditions of Probation.** If the Board grants a probationary status, it must specify
36 the conditions for reinstatement of full or provisional certification, which must be satisfied within the time
37 frame established by the Board, which shall not be longer than six months. The conditions of probation
38 may include, but are not limited to

- 39 (1) requiring reports to the Board upon matters involving the basis of probation;
40 (2) limiting training to those sessions prescribed by the Board; and
41 (3) terminating training until prescribed conditions are satisfied.
42
43

44 **Chapter 6.**
45 **Certification of CHA/P Training Curriculum**
46

47 **History:** November 26, 2002, Chapter 6, title was amended.
48

49 **Sec. 6.10.010. Continuous Review.** The Board shall develop and follow a schedule for periodic
50 review, amendment, and adoption of all aspects of the CHA/P Curriculum and standards relied upon in the
51 Community Health Aide Program for Alaska. Comments and participation shall be solicited from

1 Association of Community Health Aide Program Directors, field staff, community health aides and
2 practitioners, CHA/P Training Center staff, and health care providers who relate in any way to the
3 Community Health Aide Program.

4
5 **History:** November 26, 2002, Section 6.10.010 was amended.
6

7 **Sec. 6.10.900. Transition.** The Board shall use the CHA/P Curriculum, field work guidelines, and
8 other materials and standards developed by committees of the Community Health Aide Directors
9 Association, including the Academic Review Committee (ARC), Review and Approval Committee
10 (RAC), CHAM Revision Committee, until such time as it can review and adopt such materials under this
11 section.

12
13 **History:** October 3, 2006, Section 6.10.900 was amended. November 26, 2002, Section 6.10.900 was
14 amended.
15

16 17 **Chapter 7.** 18 **Certification of DHA Training and Curriculum**

19
20 **History:** November 26, 2002, Chapter 7 was renumbered Chapter 8 and this new Chapter 7 was added.
21

22 **Article 10. Training Programs, Facilities and Training Staff**

23
24 **Sec. 7.10.010. Facilities.** Dental health aide training may occur in:

- 25 (1) any certified CHA/P Training Center with facilities appropriate to the training being
26 provided;
27 (2) for training not requiring clinical activity, any classroom that generally meets the
28 standards set under section 5.10.020 [training facilities];
29 (3) for training requiring clinical activity, any Federal, State, university, or tribal facility
30 with space, equipment and materials appropriate and adequate to provide each student with a sufficient
31 opportunity to observe and participate in the training activities; and
32 (4) as necessary, other locations may be used provided they meet the standards set forth in
33 this section.

34
35 **History:** November 26, 2002, Section 7.10.010 was added.
36

37 **Sec. 7.10.020. Training Staff.**

38
39 (a) **Qualification and Roles.** Dental health aide training may be coordinated and conducted by
40 any person who generally meets the standards of section 5.10.025(a) [training staff; qualifications &
41 roles] as applicable to the specific training being conducted.
42

43 (b) **Dental Advisor.** All dental health aide training must be conducted under the general
44 supervision of a dental advisor who must be a dentist, as defined in section 2.30.010 [supervision of
45 DHAs], who is familiar with the CHA/P Program. The dental advisor may or may not participate directly
46 in the training, but must be familiar with and have approved the curriculum being taught and the
47 qualifications of the training staff, and be available to consult with training staff during the training
48 session should the need arise. Such consultation may occur telephonically or in person.
49

50 **History:** November 26, 2002, Section 7.10.020 was added.

1 **Sec. 7.10.030. DHA Training Administration and Records.**

2
3 **(a) Commitment of Administration.** The sponsor of Board approved DHA training programs
4 must have an agreement with the Alaska Native Tribal Health Consortium Department of Oral Health
5 Promotion which will document on-going support of staffing positions and program needs and accept and
6 retain records regarding training and continuing education carried out by the DHA training program.
7

8 **(b) Secretarial Support.** A DHA training program should have administrative and secretarial
9 support sufficient to assure timely and smooth functioning of the program and transmittal of records to
10 the Department of Oral Health Promotion.
11

12 **(c) DHA Training Program Files.**

13 (1) A DHA training program must have on file for review, or transmit to the Department of
14 Oral Health Promotion for retention, DHA training outlines, learning objectives/lesson plans, session
15 quizzes/exams, dental health aide evaluation records, application forms, student training files, quality
16 assurance/continuous quality improvement files and a training plan for employees.

17 (2) A DHA training program must promptly after the conclusion of each training session,
18 course or continuing education program transmit to the Department of Oral Health Promotion a list of
19 each student who attended the program with information about whether the student completed the course
20 and an evaluation of the student's performance.
21

22 **History:** January 22, 2016, Section 7.10.030(a), (b) and (c) were amended. November 26, 2002, Section
23 7.10.030 was added.
24

25 **Article 20. Dental Health Aide Curricula**

26
27 **Sec. 7.20.010. DHA Core Curriculum.**

28 **(a) Subject Matter.** A DHA Core Curriculum course must address the following topics:

- 29 (1) role of community health aide and practitioner, dental health aide and behavioral health
30 aide and practitioner in a village;
31 (2) general scope of work;
32 (3) medical ethics;
33 (4) legal issues;
34 (5) State of Alaska reporting requirements;
35 (6) consent for treatment;
36 (7) interviewing skills;
37 (8) health/disease process;
38 (9) infection and communicable disease;
39 (10) introductory anatomy and dental anatomy;
40 (11) vocabulary and abbreviations;
41 (12) documentation, including “HEAP” (history, examination, assessment and plan) and
42 “SOAP” (subjective, objective, assessment and plan) forms of documentation;
43 (13) introduction to pharmacology;
44 (14) introduction to clinic management;
45 (15) health care system access, including Medicaid and third party insurance;
46 (16) scheduling;
47 (17) use of CHAM; and
48 (18) introductory medical history taking.
49

1 **(b) CHA/P Equivalency.** The topics listed in subsection (a) must be addressed in a way
2 comparable to that required under the CHA/P Curriculum for the comparable topics.
3

4 **(c) Training.** The training will include didactic instruction and hands-on practice in a lab or
5 clinic setting sufficient to demonstrate competency of the subject matter listed in subsection (a) of this
6 section.

7 **History:** January 22, 2016, Section 7.20.010(c) was amended. June 18, 2008, Section 7.20.010(a)(1)
8 was amended. January 31, 2005, Section 7.20.010 was amended. November 26, 2002, Section 7.20.010
9 was added.
10

11 **Sec. 7.20.020. Primary Oral Health Promotion and Disease Prevention.**
12

13 **(a) Subject Matter.** A primary oral health promotion and disease prevention course must
14 address the following topics:

- 15 (1) introduction to caries disease process;
 - 16 (2) introduction to periodontal disease process;
 - 17 (3) theory of oral health promotion and disease prevention;
 - 18 (4) fluoride as a drug and related issues, including toxicity;
 - 19 (5) topical fluoride treatments;
 - 20 (6) diet counseling; and
 - 21 (7) oral hygiene instruction.
- 22

23 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic
24 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
25 on practice must include a minimum of 6 hours of clinical encounters.
26

27 **History:** September 12, 2019, Section 7.20.020(a)(5) was amended. January 22, 2016, Section 7.20.020(b)
28 was amended. November 26, 2002, Section 7.20.020 was added.
29

30 **Sec. 7.20.030. Basic Dental Procedures.**
31

32 **(a) Subject Matter.** A Basic Dental Procedures course must address the following topics:

- 33 (1) introductory dental anatomy;
 - 34 (2) basic infection control principles and practices, including
 - 35 (A) universal precautions; and
 - 36 (B) hand washing;
 - 37 (3) introductory clean/sterile techniques;
 - 38 (4) introductory identification of dental problems, including oral cancer, and referral;
 - 39 (5) introductory problem specific history taking; and
 - 40 (6) introductory dental charting.
- 41

42 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic
43 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
44 on practice must include a minimum of 6 hours clinical encounters.
45

46 **History:** January 22, 2016, Section 7.20.030(b) was amended. November 26, 2002, Section 7.20.030 was
47 added.
48

49 **Sec. 7.20.040. DHA Advanced Dental Procedures.**
50

51 **(a) Subject Matter.** A DHA Advanced Dental Procedures course must address the following
52 topics:

- 1 (1) dental anatomy;
- 2 (2) caries and periodontal disease process;
- 3 (3) dental instruments and equipment;
- 4 (4) dental charting;
- 5 (5) handling and sterilization of instruments;
- 6 (6) disinfection of operatory; and
- 7 (7) patient record documentation.

8
9 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic
10 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
11 on practice must include a minimum of 7 hours of clinical encounters.

12
13 **History:** January 22, 2016, Section 7.20.040(b) was amended. November 26, 2002, Section 7.20.040 was
14 added.

15
16 **Sec. 7.20.050. Village-Based Dental Practice.**

- 17
18 **(a) Subject Matter.** A Village-Based Dental Practice course must address the following topics:
19 (1) use of telemedicine technology, including use of intra- and extra-oral cameras;
20 (2) problem specific medical and dental history taking;
21 (3) recognition of medical and dental conditions; and
22 (4) recognition of relationship between medical conditions and oral health.

23
24 **(b) Training.** The Training will include instruction and hands-on practice in a lab or clinic
25 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
26 on practice must include a minimum of 7 hours clinical encounters.

27
28 **History:** January 22, 2016, Section 7.20.050(b) was amended. June 8, 2010, Section 7.20.050(a) was
29 amended. November 26, 2002, Section 7.20.050 was added.

30
31 **Sec. 7.20.100. Sealants.**

- 32
33 **(a) Subject Matter.** A course in sealants must address the following topics:
34 (1) understanding and following dental orders;
35 (2) reviewing medical history and identifying contraindications for sealant treatment;
36 (3) explaining sealant procedure and responding to questions regarding sealant;
37 (4) proper patient and provider safety procedures, including
38 (A) proper use and safety procedures related to curing light; and
39 (B) proper use of etchant material;
40 (5) isolating and drying teeth to be sealed;
41 (6) identifying and correcting occlusal discrepancies caused by excess sealant; and
42 (7) ensuring retention of the sealant.

43
44 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic
45 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
46 on practice must include a minimum of 7 hours clinical encounters.

47
48 **History:** January 22, 2016, Section 7.20.100(b) was amended. November 26, 2002, Section 7.20.100 was
49 added.

Sec. 7.20.110. Dental Prophylaxis.

(a) Subject Matter. A course in dental prophylaxis must address the following topics:

- (1) understanding and following dental orders;
- (2) reviewing medical history and identify contraindications for performing prophylaxis;
- (3) understanding when the patient should be referred to a dentist prior to carrying out prophylaxis;
- (4) explaining prophylaxis procedure and respond to questions from patient regarding prophylaxis;
- (5) proper patient and provider safety procedures, including:
 - (A) proper use of dental instruments for safety of patient and provider; and
 - (B) proper use of ultrasonic scalers;
- (6) scaling and polishing to remove plaque, calculus, and stains from the coronal or exposed surface of the tooth; and
- (7) consistent with direct orders from the dentist after a dental examination, sulcular irrigation.

(b) Training. The training will include instruction and hands-on practice in a lab or clinic setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must include a minimum of 16 hours of clinical encounters.

History: October 27, 2016, Section 7.20.110(a)(5)(B) was amended. January 22, 2016, Section 7.20.110(b) was amended. October 30, 2014, Section 7.20.110(a)(6) was amended. June 8, 2010, Section 7.20.110(a) and (b) were amended. November 26, 2002, Section 7.20.110 was added.

Sec. 7.20.120. Dental Radiology.

(a) Subject Matter. A course in dental radiology must address the following topics:

- (1) components of an x-ray machine,
- (2) kilovoltage (kVp),
- (3) density and contrast,
- (4) milliamperage (mA),
- (5) exposure time,
- (6) film type,
- (7) automatic processing equipment,
- (8) darkroom lighting,
- (9) purpose of film mounts,
- (10) radiological protection,
- (11) radiographic quality,
- (12) radiographic technique,
- (13) processing technique,
- (14) presentation of radiographs,
- (15) radiographic infection control,
- (16) special radiograph techniques,
- (17) maintenance of processor equipment,
- (18) mounting and labeling of radiographs,
- (19) radiological protection of operator and patient,
- (20) use and storage of the lead apron and thyroid collar,
- (21) review medical history and identify contraindications for performing x-rays,
- (22) dosimeter (film badge) and radiology reports,
- (23) recognition and correction of

- 1 (A) distortion,
- 2 (B) overlap,
- 3 (C) cone-cutting, and
- 4 (D) automatic processing problems;
- 5 (24) use of film holding devices,
- 6 (25) positioning and exposing intra-oral radiographs,
- 7 (26) troubleshooting
- 8 (A) technique errors, and
- 9 (B) processing errors;
- 10 (27) film handling during processing,
- 11 (28) film labeling,
- 12 (29) use of landmarks to mount film,
- 13 (30) use of daylight loader; and
- 14 (31) basic knowledge of digital radiography.
- 15

16 (b) **Training.** The training will include instruction and hands-on practice in a lab or clinic
17 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
18 on practice must include a minimum of 12 hours of clinical encounters.

19
20 **History:** January 22, 2016, Section 7.20.120(b) was amended. June 8, 2010, Section 7.20.120(a) was
21 amended. November 26, 2002, Section 7.20.120 was added.

22
23 **Sec. 7.20.130. Dental Assisting.**

24
25 (a) **Subject Matter.** A course in dental assisting must address the following topics:

- 26 (1) applying topical anesthetic agents;
- 27 (2) placing and removing rubber dams;
- 28 (3) basic knowledge of dental materials, instruments, and procedures;
- 29 (4) four-handed instrument transfer;
- 30 (5) dental charting and patient record documentation;
- 31 (6) proper handling and sterilization of instruments; and
- 32 (7) disinfection of operatory.
- 33

34 (b) **Training.** The training will include instruction and hands-on practice in a lab or clinic
35 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
36 on practice must include a minimum of 20 hours of clinical encounters

37
38 **History:** January 26, 2017, Section 7.20.130(a) was amended. January 22, 2016, Section 7.20.130(b) was
39 amended. June 8, 2010, Section 7.20.130(a) was amended. November 26, 2002, Section 7.20.130 was added.

40
41 **Sec. 7.20.140. Atraumatic Restorative Treatment (ART).**

42
43 (a) **Subject Matter.** A course in atraumatic restorative treatment must address the following
44 topics:

- 45 (1) understanding and following dental orders;
- 46 (2) reviewing medical history and identifying contraindications for performing ART;
- 47 (3) identify cases appropriate for ART;
- 48 (4) understanding when the patient should be referred to a dentist;
- 49 (5) explaining ART procedure and responding to questions from patient regarding ART;
- 50 (6) proper patient and provider safety procedures, including proper use of dental

51 instruments;

- 1 (7) isolating the tooth/teeth;
2 (8) removing gross caries with hand instruments;
3 (9) mixing, placing and contouring appropriate restorative material; and
4 (10) recognizing potential and actual procedural complications and consulting appropriately
5 with the dentist.
6

7 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic
8 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
9 on practice must include a minimum of 21 hours of clinical encounters

10
11 **History:** January 22, 2016, Section 7.20.140(b) was amended. June 8, 2010, Section 7.20.140(a)(3) was
12 amended. November 26, 2002, Section 7.20.140 was added.
13

14 **Sec. 7.20.200. Basic Restorative Functions.**

- 15
16 **(a) Subject Matter.** A course in basic restorative functions must address the following topics:
17 (1) advanced tooth morphology, structure and function;
18 (2) discrimination between acceptable and unacceptable restoration;
19 (3) placement and finishing of Class I, II and V dental amalgams (simple fillings) after
20 preparation by the dentist or dental health aide therapist;
21 (4) dental composite placement Class I, III and V (simple fillings) after preparation by a
22 dentist or dental health aide therapist; and
23 (5) appropriate post-procedure instructions.
24

25 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic
26 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
27 on practice must include a minimum of 21 hours of clinical encounters.

28
29 **History:** January 22, 2016, Section 7.20.200(b) was amended. November 26, 2002, Section 7.20.200 was
30 added.
31

32 **Sec. 7.20.210. Advanced Restorative Functions.**

- 33
34 **(a) Subject Matter.** A course in advanced restorative functions must address the following
35 topics:
36 (1) the basics of occlusion as they apply to restorative dentistry; and
37 (2) current state-of-the-art dentinal bonding agents;
38 (3) placement and finishing of cusp protected amalgam and complex Class II amalgams
39 (complex fillings);
40 (4) placement and finishing of dental composite Class II and IV (complex fillings); and
41 (5) appropriate post-procedure instructions.
42

43 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic
44 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
45 on practice must include a minimum of 21 hours of clinical encounters.

46
47 **History:** January 22, 2016, Section 7.20.210(b) was amended. November 26, 2002, Section 7.20.210 was
48 added.
49

50 **Sec. 7.20.220. Stainless Steel Crowns.**

- 51 **(a) Subject Matter.** A course in stainless steel crowns must address the following topics:
52

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- 1 (1) selecting the appropriate stainless steel crown;
- 2 (2) modifying the crown, as necessary;
- 3 (3) checking and correcting occlusion, contact and margins of stainless steel crown;
- 4 (4) cementing and removing excess cement;
- 5 (5) reverifying the occlusion; and
- 6 (6) providing appropriate post-procedure instructions.

7
8 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic
9 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
10 on practice must include a minimum of 14 hours of clinical encounters.

11 **History:** January 22, 2016, Section 7.20.220(b) was amended. November 26, 2002, Section 7.20.220 was
12 added.
13

14
15 **Sec. 7.20.300. Dental Health Aide Hygienist Training Program.** A DHA hygienist training
16 program must provide instruction and clinical training equivalent to that required for accreditation by the
17 Commission on Dental Accreditation of the American Dental Association.

18 **History:** June 8, 2010, Section 7.20.300 was amended. November 26, 2002, Section 7.20.300 was added.
19
20

21 **Sec. 7.20.400. Local Anesthetic Administration.**

22
23 **(a) Subject Matter.** A course in local anesthetic administration must address the following
24 topics:

- 25 (1) medical history evaluation procedures;
- 26 (2) anatomy of the head, neck and oral cavity as it relates to administering local anesthetic
27 agents;
- 28 (3) pharmacology of local anesthetic agents, vasoconstrictors and preservatives, including
29 physiologic actions, types of anesthetics, and maximum dose per weight;
- 30 (4) systemic conditions which influence selection and administration of anesthetic agents;
- 31 (5) signs and symptoms of reactions to local anesthetic agents, including monitoring of
32 vital signs;
- 33 (6) management of reactions to, or complications associated with, the administration of
34 local anesthetic agents;
- 35 (7) selection and preparation of the instruments, supplies and equipment for administering
36 various local anesthetic agents; and
- 37 (8) methods of administering local anesthetic agents with emphasis on
38 (A) technique,
39 (B) aspiration,
40 (C) slow injection; and
41 (D) minimum effective dosage.

42
43 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic
44 setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-
45 on practice must include clinical experience sufficient to establish the dental health aide's ability to
46 adequately anesthetize the entire dentition and supporting structure in a clinical setting, and a minimum of
47 16 hours of clinical encounters.

48 **History:** January 22, 2016, Section 7.20.400(b) was amended. January 13, 2011, Section 7.20.400(b)(3) was
49 amended. June 8, 2010, Section 7.20.400(b) was amended. November 26, 2002, Section 7.20.400 was added.
50

1 **Sec. 7.20.500. Dental Health Aide Therapist Educational Program.** A DHAT Educational
2 Program must provide instruction and clinical education equivalent to that established by the Commission
3 on Dental Accreditation (CODA) in their accreditation standards for dental therapy education programs or
4 the Alaska DHAT Educational Program.

5
6 **History:** January 22, 2016, Section 7.20.500 was amended. November 26, 2002, Section 7.20.500 was added.
7

Article 30. Certification of DHA Training Curriculum

8
9
10 **Sec. 7.30.010. Curriculum Approval.** Dental health aide training curriculum may be approved
11 by the Board generally or on a class by class basis provided each course curriculum meets the minimum
12 content requirements set forth in article 20 of this chapter and has been reviewed and is recommended by
13 the Dental Academic Review Committee described under section 7.30.100 [DARC].
14

15 **History:** November 26, 2002, Section 7.30.010 was added.
16

Sec. 7.30.100. Dental Academic Review Committee (DARC).

17
18 **(a) Membership.** The dental academic review committee satisfies these *Standards* if it
19 includes:
20

21 (1) 3 dentists, as defined in sec 2.30.010 [supervision of DHAs], who are employed by the
22 IHS, a tribe or tribal organization, provided that at least:

23 (A) one must be actively involved in development and implementation of dental
24 health aide training;

25 (B) one must be the chief or deputy chief dentist in a tribal health program, and

26 (C) one must be actively engaged in clinical practice;

27 (2) one licensed dental hygienist employed by the IHS, a tribe or tribal organization; and

28 (3) to the extent feasible,

29 (A) one representative of the CHA/P Academic Review Committee; and

30 (B) one CHA/P Training Center representative; and currently employed by a
31 certified CHA/P Training Center; and

32 (4) provided that at least one of the members must have community health aide or dental
33 health aide field supervision experience.
34

35 **(b) Quorum.** Recommendations for approval of curriculum under section 7.30.010 [curriculum
36 approval] may only be made by the DARC if a quorum was first established. A quorum shall consist of a
37 minimum of four members at least two of whom must be dentists.
38

39 **History:** June 18, 2008, Section 7.30.100(a) was amended. November 26, 2002, Section 7.30.100 was
40 added.
41

Sec. 7.30.200. Development and Transition.

42
43 **(a) Development.** The Board shall use IHS training and work guidelines, standardized materials
44 accepted in the dental practice community, materials developed by DARC, applicable materials and
45 standards developed by committees of the Community Health Aide Directors Association, including
46 ARC, RAC, CHAM, and other appropriate resource material until fully integrated DHA program center
47 and curriculum standards are developed and reviewed and approved by the Board.
48
49

50 **(b) Transition.** The absence of a fully developed DHA training program and DHA curriculum
51 standards shall not be justification for the Board deferring the review and approval of curriculum

1 recommended by DARC or for denying certification to an individual who has otherwise met the
2 requirements of Chapter 2 Article 30.

3
4 **History:** October 3, 2006, Section 7.30.200(a) was amended. November 26, 2002, Section 7.30.200 was
5 added.
6

7
8 **Chapter 8.**
9 **Certification of BHA Training and Curriculum**

10 **History:** June 18, 2008, Chapter 8 was renumbered Chapter 9 and this new Chapter 8 was added.
11

12 **Article 10. Training Programs, Facilities, and Training Staff.**
13

14 **Sec. 8.10.010. Facilities.** A BHA training center facility must provide classroom, or e-classroom
15 and clinical environments that are conducive to a positive learning experience for faculty and behavioral
16 health aide trainees by ensuring that:

17 (1) Traditional classrooms have appropriate space and privacy. Specific consideration and
18 evaluation in the areas of safety, adequacy of space, air quality, lighting, heating, and storage must be
19 documented; and

20 (2) e-classrooms have appropriate policies on Internet safety and privacy, appropriate
21 language, emergency procedures for Internet outages, and recommendations on lighting, noise, and an
22 ergonomic environment.

23
24 **History:** January 22, 2015, Section 8.10.010 was amended. June 18, 2008, Section 8.10.010 was added.
25

26 **Sec. 8.10.020. Training Staff.**
27

28 **(a) Qualification and Roles.** Behavioral health aide and practitioner training may be
29 coordinated and conducted by any person who generally meets the standards of this section.

30 **(1) Director/Instructor of Record.** The BHA training center Director/Instructor of Record

31 (A) must be a licensed behavioral health clinician or behavioral health professional
32 who will assume responsibilities for course development, evaluation and revision, and the evaluation of
33 students and instructors.

34 (B) should be an individual with a combination of education, research, work, and/or
35 life experience which are relevant to providing leadership in a BHA training center program, including an
36 orientation to Alaska Native culture and traditions and be familiar with the CHA Program.

37 (C) may or may not participate directly in the training, but must be familiar with and
38 have approved the curriculum being taught and the qualifications of the training staff, and be available to
39 consult with training staff during the training session should the need arise. Such consultation may occur
40 telephonically or in person.

41 (D) should have a background in health and education and be able to administrate,
42 serve in a statewide liaison role, uphold the mission of the statewide program, and provide program
43 direction, development, and leadership.

44 **(2) Instructor.** BHA training center instructors must consist of a majority of behavioral health
45 professionals or licensed behavioral health clinicians. All instructors will be monitored to assure
46 compliance with the BHA Curriculum and competence in subject being taught. Instructors teaching BHA
47 curriculum via eLearning must demonstrate competency in e-teaching by experience, completed
48 coursework, or other approved measures. All instructors should be certified, licensed, or have other
49 training in the knowledge and skills that they are teaching, including knowledge of Alaska Native
50 traditions and culture.

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History: January 22, 2015, Section 8.10.020 was amended. June 18, 2008, Section 8.10.020 was added.

Sec. 8.10.030. BHA/P Training Administration and Records.

(a) **Educational Program Philosophy.** A BHA training program must have on file a mission statement that reflects the statewide nature of the program, and the goals and objectives, which must include quality health care, competency based instruction, emphasis on clinical instruction and skills, awareness of cultural influences, emphasis on a positive learning environment, and respect for the unique needs of the adult learner.

(b) **Job Descriptions.** Job descriptions must be on file for each member of the training staff which reflect the roles and responsibilities outlined in Sec. 8.10.020(a) [Qualifications and Roles].

(c) **Orientation of New Staff.** A training program must have in place a written orientation procedure for new employees which will minimally include the BHA mission, goals, and objectives; the BHA Curriculum; the methods of instruction, and function of the statewide program; cultural diversity; the role of the BHA; and the BHA certification process.

(d) **Commitment of Administration.** A training program must document on-going support of staffing positions and program needs and accept and retain records regarding training and continuing education.

(e) **Secretarial Support.** A training program should have administrative and secretarial support sufficient to assure timely and smooth functioning of the program and transmittal of records to the Certification Board, as required.

(f) **Training Program Files.** A training program must have on file for review: training outlines, learning objectives, lesson plans, session quizzes and exams, behavioral health aide or practitioner evaluation records, application forms, student training files, quality assurance/continuous quality improvement files and a training plan for employees.

(g) **Continuing Education.** A training center must have a policy on continuing education requirements for the Director and Instructors. A plan should be developed annually to meet the policy goals.

History: January 22, 2015, Section 8.10.030 was amended. October 17, 2014, Section 8.10.030(a) was amended. June 12, 2014, Section 8.10.030 was amended. June 18, 2008, Section 8.10.030 was added.

Sec. 8.10.040. BHA Training Center Self-Evaluation.

(a) **BHA Training Center.** A behavioral health aide or practitioner training program must have a policy on quality assurance (QA)/continuous quality improvement (CQI). This policy must include:

- (1) BHA evaluations of training sessions and individual instructors, and
- (2) documentation of meetings for staff evaluation of training sessions and quarterly program reviews.

(b) **QA/CQI.** The QA/CQI process must be in effect, documenting that evaluation tools are in use, trends are identified and the continuous quality improvement process is being implemented to address and modify those identified trends.

History: January 22, 2015, Section 8.10.040 was added.

1 **Sec. 8.10.050. Trainee Services.**

2
3 **(a) Counseling and Health Services.** A system must be in place to refer trainees to confidential
4 counseling by a behavioral health professional or licensed behavioral health clinician which may include
5 having such persons available during course training. A system to provide acute care and emergency
6 health services must also be provided.
7

8 **(b) Academic Advising.** A training center must provide a system for trainee academic advising
9 pertinent to the role and certification of the BHA.
10

11 **(c) Attrition.** A system of recording trainee attrition data including the causes and timing of
12 attrition during training must be in place.
13

14 **(d) Housing, Meals, and Transportation.** Housing, meals and transportation should be
15 available, affordable, and conveniently located to the face-to-face training site.
16

17 **(e) Internet Connectivity.** A workstation with Internet connectivity must be accessible as an
18 alternate to an eLearning student’s own Internet service.
19

20 **History:** January 22, 2015, Section 8.10.050 was added.
21

22 **Article 20.**
23 **Behavioral Health Aide and Practitioner Curricula**

24
25 **Sec. 8.20.010. Equivalent Courses.** The Behavioral Health Academic Review Committee shall
26 maintain and provide to the Board a list of courses that the Behavioral Health Academic Review
27 Committee has determined to contain course content equivalent to that required under this Article 20
28 [BHA curricula]. Applicants who have satisfactorily completed such courses shall be deemed to have met
29 the applicable curricula requirements.
30

31 **History:** June 12, 2014, Section 8.20.010 was amended. June 18, 2008, Section 8.20.010 was added.
32

33 **Sec. 8.20.050. General Orientation.**

34
35 **(a) Minimum Hours.** This course shall be no fewer than 28 contact hours which must include 4
36 contact hours regarding communication skills identified in section 8.20.050(c) and may be provided as an
37 in-service training program by the employer.
38

39 **(b) Content.** This course shall provide an introduction to:
40 (1) the Alaska Tribal Health System;
41 (2) the history, statutory authority for, and current status of the Community Health Aide
42 Program;
43 (3) community health aide program certification and the Community Health Aide Program
44 Certification Board;
45 (4) the *Alaska Community Health Aide/Practitioner Manual* and the *Behavioral Health*
46 *Aide Manual* and their uses;
47 (5) the dental health aide component of the community health aide program;
48 (6) the behavioral health care system in Alaska and how individuals may access it; and
49 (7) how the Alaska Tribal Health System is structured and the relationship of behavioral
50 health within the care system, including individual regional differences, as appropriate.

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1 (c) **Communication Skills.** During this general orientation, an evaluation of the trainee’s
2 communication, including writing skills, shall be conducted. If the trainee’s communication skills are
3 insufficient to allow the trainee to successfully complete the remainder of the training and perform the
4 work of a behavioral health aide or practitioner, a plan for improvement must be developed, before the
5 trainee may proceed with other courses. The plan must be monitored for successful achievement of skills
6 sufficient for the trainee to successfully perform the requisite course work and, ultimately, the work
7 required for certification at the level of certification sought by the trainee. The communication skills
8 improvement plan and monitoring may be required and continued throughout training and certification for
9 each level of behavioral health aide or practitioner certification. This requirement shall not preclude
10 assisting the trainee to satisfy the minimum communication skills requirements through accommodations
11 such as dictation; computer assisted spelling programs and other means to assist the trainee to adequately
12 communicate necessary information.

13
14 **History:** June 12, 2014, Section 8.20.050 was amended. June 18, 2008, Section 8.20.050 was added.

15
16 **Sec. 8.20.100. Orientation to Village-Based Behavioral Health Services.** This course shall be 8
17 contact hours and may be provided as an in-service training program by the employer.

- 18
19 (a) The course will provide an introduction to:
20 (1) village-based behavioral health services;
21 (2) the rationale and philosophy for providing prevention, early intervention and case
22 management within the community of client residence;
23 (3) emergency behavioral health response protocols;
24 (4) the use of clinical supervision to support quality of services.
25 (b) The instructor will work with each student to create a strength-based professional
26 development plan that identifies the student’s training and supervision needs and use the student’s test
27 results to identify strengths and areas for development.

28
29 **History:** June 18, 2008, Section 8.20.100 was added.

- 30
31 **Sec. 8.20.110. Ethics and Consent.** This course, which shall be 6 contact hours, will provide
32 (a) foundational information regarding:
33 (1) the need for professional ethics;
34 (2) the difference among ethics, agency policies and procedures, and laws that govern
35 practice;
36 (3) personal and professional boundaries in a village-based setting, including identification
37 of personal relationships and conflicts and their effect on a professional relationship;
38 (4) client’s rights and the duty to protect and advocate for them;
39 (5) the code of ethics for Behavioral Health Aides, with discussion of using the code of
40 ethics as guidance in providing client services; and
41 (6) the duty to obtain informed consent, including its application to:
42 (A) adults, minors, individuals with limited or impaired capacity, and individuals
43 subject to court order such as guardianship;
44 (B) disclosure of information;
45 (C) providers who are delivering services through tele-health modalities; and
46 (b) applied exercises to help trainees identify and develop responses to common ethical and
47 consent issues.

48
49 **History:** June 18, 2008, Section 8.20.110 was added.

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1 **Sec. 8.20.115. Confidentiality and Privacy.** This course, which shall be 6 contact hours, will
2 provide

- 3 (a) foundational and practice information about:
- 4 (1) confidentiality and privacy requirements under applicable law and regulation, including
5 the Federal Privacy Act and the Health Insurance Portability and Accountability Act (“HIPAA”) and their
6 application to delivery of behavioral health services;
- 7 (2) exceptions to confidentiality requirements that occur without client consent, including:
8 (A) reporting requirements, including those arising from suspected child abuse, elder
9 abuse;
10 (B) risk of harm to self or others;
11 (C) others permitted by law; and
12 (D) distinguishing among types of court orders (e.g. subpoenas vs. direct judicial
13 orders);
- 14 (3) client consent, including
15 (A) form of and limits to authorizations; and
16 (B) special issues applicable to minors and individuals subject to guardianship;
- 17 (4) protecting written and electronic records;
18 (5) protecting privacy in various situations, including crowded settings, and in family and
19 group counseling;
- 20 (6) special rules regarding infectious diseases and other information subject to special
21 confidentiality or privacy rules; and
- 22 (b) applied exercises to help trainees:
- 23 (1) identify and develop responses to common confidentiality and privacy situations; and
24 (2) obtain appropriate authorizations for release of information and how to use and
25 document such authorizations.

26
27 **History:** June 18, 2008, Section 8.20.115 was added.
28

29 **Sec. 8.20.125. Introduction to Behavioral Health.** This course, which shall require 24 contact
30 hours (which shall include 8 contact hours regarding mental health, 8 contact hours regarding substance
31 use disorders, and 8 contact hours regarding other behavioral health issues), will provide an introduction
32 to

- 33 (1) the range of behavioral health issues experienced by individuals, families, and
34 communities;
- 35 (2) the comprehensive continuum of care that can address behavioral health issues of
36 various degrees of seriousness;
- 37 (3) common mental health disorders and the associated risk factors and treatment options,
38 including therapeutic medications;
- 39 (4) addictive substances, including alcohol, tobacco (cigarettes/cigars/pipe, commercial
40 chew, Iqmik/Dedigus/Blackbull), psychoactive substances (stimulants, depressants and psychedelics), and
41 other substances (e.g., inhalants, anabolic steroids, and prescription drugs) and the associated risk factors
42 and treatment options;
- 43 (5) other addictive behaviors (e.g. gambling, pornography) and the associated risk factors
44 and treatment options; and
- 45 (6) other behavioral health issues, including child abuse and neglect, domestic violence,
46 elder abuse, fetal alcohol spectrum disorder (FASD), homicide, disaster events, attention deficit disorder
47 (ADD), attention deficit hyperactivity disorder (ADHD), developmental disabilities, co-occurring
48 disorders, and other conditions and events that effect behavior and adjustment.

49
50 **History:** June 18, 2008, Section 8.20.125 was added.

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1 **Sec. 8.20.135. Introduction to Counseling.** This course, which shall be 12 contact hours, will
2 provide

3 (a) foundational information about:

4 (1) personal characteristics of an effective counselor (establishing personal counseling
5 values and philosophy);

6 (2) interviewing and listening skills;

7 (3) defining counselor and client roles;

8 (4) how to establish a counseling relationship;

9 (5) problem identification, goal development, and action planning with a client; and

10 (6) the client’s responsibility in counseling and how to assist and motivate a client to
11 discover and practice more appropriate and healthy behavior; and

12 (b) applied exercises in which trainees can practice the client-centered approach, using
13 communication skills such as listening, attending, and reflection during intake, assessment/evaluation,
14 planning and case management.

15
16 **History:** June 18, 2008, Section 8.20.135 was added.

17
18 **Sec. 8.20.140. Introduction to Documentation.** This course, which shall be 12 contact
19 hours, will provide

20 (a) foundational information regarding:

21 (1) the establishment and maintenance of a quality client record, including the essential
22 components of clinical/counseling records, including assessments, treatment plans, progress notes,
23 discharge summaries, and authorizations for disclosure;

24 (2) the purpose and elements of case narrative recording, including using data, assessment,
25 and plan (“DAP”); subjective, objective, assessment and plan (“SOAP”); and other formats for case
26 narrative recording;

27 (b) an introduction to:

28 (1) the use of standardized information management systems and screening tools widely
29 used by Alaska behavioral health programs;

30 (2) using criteria contained in the Diagnostic and Statistical Manual and American Society
31 of Addiction Medicine (“ASAM”) Patient Placement Criteria (“PCC”) to standardize documentation in
32 relation to treatment and service planning (problem list, goals, objectives, and interventions);

33 (3) documentation requirements specific to prevalent payers and accrediting bodies, such
34 as Medicaid, Medicare, Commission on the Accreditation of Rehabilitation Facilities (“CARF”), and The
35 Joint Commission; and

36 (4) special documentation issues arising:

37 (A) in family and group counseling; and

38 (B) when recording information subject to special confidentiality conditions, such as
39 information about infectious diseases;

40 (5) administrative record keeping; and

41 (c) applied exercises in which trainees practice documenting client related work and consider
42 the effect of confidentiality rules on the application of documentation requirements.

43
44 **History:** May 15, 2014, Section 8.20.140(c) was amended. June 18, 2008, Section 8.20.140 was added.

45
46 **Sec. 8.20.145. Survey of Community Resources and Case Management.** This course, which
47 shall be 8 contact hours, will provide

48 (a) (1) an introduction to foundational and practice information about the identification and
49 use of available community resources (locally, regionally and statewide) related to coordinating services
50 and case management;

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- 1 (2) an introduction to identifying and evaluating the appropriateness of potential resources
2 for the individual client and making referrals; and
3 (3) an emphasis on the creative use of agency-based and other community and family
4 resources; and
5 (4) an introduction to the role and delivery of case management services; and
6 (b) applied exercises in identification of appropriate resources, how to help clients access other
7 resources, and case management.

8
9 **History:** June 18, 2008, Section 8.20.145 was added.

10
11 **Sec. 8.20.150. Working with Diverse Populations.** This course, which shall be 12 contact hours,
12 will provide

- 13 (1) foundational and practice information regarding working with clients of different ethnic
14 or racial heritage, age, gender, lifestyle, sexual orientation, spirituality, and socioeconomic status;
15 (2) an introduction to beliefs, attitudes, knowledge and skills generally maintained by an
16 effective multi-culturally aware counselor;
17 (3) applied exercises to develop skills associated with respectfully assessing client needs;
18 (4) strategies for working in Alaska Native community with other prominent
19 minority/cultural groups in rural Alaska; and
20 (5) information regarding the implications of personal and cultural historical trauma.

21
22 **History:** May 15, 2014, Section 8.20.150 was amended. June 18, 2008, Section 8.20.150 was added.

23
24 **Sec. 8.20.155. Introduction to Group Counseling.** This course, which shall be 8 contact hours,
25 will provide

- 26 (a) an introduction to foundational and practice information about:
27 (1) types and uses of groups for education and treatment;
28 (2) how to encourage and support self-help groups, e.g. Alcoholics Anonymous and Adult
29 Children of Alcoholics;
30 (3) how to assess the potential for establishing other groups;
31 (4) group counseling dynamics, including open ended and closed groups; and
32 (b) a primary focus on the purpose of and conducting:
33 (1) educational/ informational groups; and
34 (2) “talking circles” as a therapeutic group process;
35 (c) privacy and documentation issues arising in various group models; and
36 (d) applied exercises in which trainees may practice skills associated with planning, facilitating,
37 or leading groups.

38
39 **History:** June 18, 2008, Section 8.20.155 was added.

40
41 **Sec. 8.20.160. Crisis Intervention.** This course, which shall be 16 contact hours, will provide an
42 introduction to foundational and practice information about

- 43 (1) common crisis events (domestic violence, physical or sexual abuse or assault, other
44 violence, depression, substance use relapse, psychosis, job loss/financial problems, death, onset of serious
45 medical condition or injury, loss of a relationship, bullying);
46 (2) dynamics of crisis events and response, including:
47 (A) assessment and evaluation of immediate risks, including risk of harm to self or
48 others, and protective factors;
49 (B) using crisis for positive change;
50 (C) working with families and communities affected by crisis events;

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- 1 (3) stages and course of response to crisis events, including continuum of care from least to
2 most restrictive;
- 3 (4) applying dynamics of crisis to suicide, including
4 (A) common misconceptions regarding suicide;
5 (B) age-related suicidal ideation;
6 (C) evaluation of risk of harm to self or others;
7 (D) working with families and communities affected by suicide;
- 8 (5) recognition of and immediate response to risk to clients who pose a risk to themselves
9 or others;
- 10 (6) working with clinical supervisor to respond to imminent crises;
11 (7) the “civil commitment” process under Alaska law;
12 (8) survivor (family, friends, & community) care; and
13 (9) how community-based suicide prevention may be started and supported.
14

15 **History:** June 18, 2008, Section 8.20.160 was added.
16

17 **Sec. 8.20.165. HIV/AIDS and Blood Borne Pathogens.** This course, which shall be 8 contact
18 hours, will provide

- 19 (1) practice information regarding universal precautions and risk reduction;
20 (2) health status and risk information regarding hepatitis, sexually transmitted diseases,
21 tuberculosis, HIV and other infectious diseases that pose common risks for individuals with substance use
22 disorders;
- 23 (3) information regarding availability of testing, counseling and treatment for sexually
24 transmitted diseases;
- 25 (4) practice information about how to approach lifestyle or risk issues; and
26 (5) guidance in providing referral options for client pre-test/post-test counseling support for
27 HIV testing.
28

29 **History:** June 18, 2008, Section 8.20.165 was added.
30

31 **Sec. 8.20.170. Community Approach to Promoting Behavioral Health.** This course, which
32 shall be 8 contact hours, will provide

- 33 (a) foundational philosophy and practice information related to:
34 (1) community readiness assessment, community based prevention activities, and
35 community development;
36 (2) key features of prevention (universal, selective, and indicated);
37 (3) identification and evaluation of community needs;
38 (4) determine key stakeholders with whom to partner when addressing community issues;
- 39 (b) applied exercises for developing
40 (1) community assessment;
41 (2) community prevention strategies; and
42 (3) and providing brief public presentations.
43

44 **History:** June 18, 2008, Section 8.20.170 was added.
45

46 **Sec. 8.20.175. Family Systems I.** This course, which shall be 16 contact hours, will provide, with
47 an emphasis on Alaska Native family systems

- 48 (a) an introduction to foundational and practice information regarding:
49 (1) family systems theory, kinship patterns, and family dynamics;
50 (2) family roles and effect of behavioral health disorders on individuals within the family
51 and on the family as a system;

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- (3) communication within families and assessment of barriers;
- (4) common response to stresses such as inadequate housing or income, job loss, illness;
- (5) recognition and assessment of family norms;
- (6) understanding life stages and their role in family dynamics; and
- (7) role of extended family;
- (8) recognition of harm or risk or harm occurring within a family;
- (9) effects of separation and loss due to divorce, death, foster care, or adoption;

(b) a focus on supporting healthy family by identifying strengths and working with families to develop strategies to promote health and healing; and

(c) applied practice exercises associated with:

- (1) assessing family functioning;
- (2) supporting healthy family functioning;
- (3) improving family communication and support; and
- (4) responding to risks and harm occurring within a family.

History: June 18, 2008, Section 8.20.175 was added.

Sec. 8.20.180. Recovery, Health, Wellness and Balance. This course, which shall be 8 contact hours, will provide

(a) an introduction to foundational and practice information regarding:

- (1) how personal health, wellness, and balance affect the ability to provide behavioral health services;
- (2) strategies for coping with personal and work-related stress so it does not interfere with providing appropriate services; and
- (3) appropriate use of supervision to address issues that arise for behavioral health service providers in a rural or remote setting;

(b) applied exercises help trainees practice skills associated with the maintenance of their own health and wellness.

History: June 18, 2008, Section 8.20.180 was added.

Sec. 8.20.220. Psycho-physiology and Behavioral Health. This course, which shall be 16 contact hours, will provide

(a) foundational information about:

- (1) the brain-body connection,
- (2) nervous system structure,
- (3) neuro-anatomy,
- (4) neurotransmitter & receptor function, and
- (5) drug class/medication effects, and working with medical providers regarding medication management; and

(b) exercises to help the trainee:

- (1) understand the impact and importance of psychoactive substances (legal and illicit), and
- (2) develop ability to discuss psychoactive effects/implications with clients.

History: June 18, 2008, Section 8.20.220 was added.

Sec. 8.20.225. Introduction to Co-Occurring Disorders. This course, which shall be 8 contact hours, will provide

(a) foundational information about the following mental health conditions:

- (1) anxiety disorders,
- (2) mood disorders,

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- 1 (3) personality disorders,
- 2 (4) conduct disorders,
- 3 (5) phobic disorders,
- 4 (6) post-traumatic stress disorder; and
- 5 (7) thought disorders;

6 (b) a basic understanding of how mental health, substance use disorders, and other conditions
7 can exist in combination, and affect treatment services and process and therapeutic medication
8 management;

9 (c) information about potential cause and origin of these disorders, along with a client
10 perspective of the symptoms and limitations;

11 (d) applied exercises will help the trainees practice their developing skills associated with
12 identifying and describing these disorders; and

13 (e) an understanding of the process of recovery techniques for relapse prevention as they relate
14 to both substance use and mental health disorders.

15
16 **History:** June 18, 2008, Section 8.20.225 was added.

17
18 **Sec. 8.20.228. Tobacco Dependency Treatment.** This course, which shall be 8 contact hours,
19 will provide information on

20 (a) the magnitude of tobacco use prevalence and morbidity/mortality in Alaska;

21 (b) the implications of Alaska Native tobacco use patterns, methods, and products for client
22 evaluation and treatment;

23 (c) tobacco-specific biology and pharmacotherapy;

24 (d) treating tobacco users with special medical conditions;

25 (e) best practices for tobacco treatment: United States Public Health Service (USPHS) “Treating
26 Tobacco Use and Dependence Clinical Practice Guideline” and the Fagerstrom Test for Nicotine
27 Dependence; and

28 (f) statewide and regional treatment options and resources.

29
30 **History:** June 18, 2008, Section 8.20.228 was added.

31
32 **Sec. 8.20.230. Diagnostic and Statistical Manual Practice Application.** This course, which
33 shall be 12 contact hours, will provide

34 (a) foundational information about:

35 (1) the philosophical and practice basis of evaluating behavioral health disorders using
36 criteria contained in the *Diagnostic and Statistical Manual* (“DSM”);

37 (2) the use of DSM-derived screening tools to develop working impressions and contribute
38 information to clinical diagnosis;

39 (b) application exercises for practicing use of the DSM in case samples; and

40 (c) analyze and discuss the need for and appropriate use of clinical supervision and consultation
41 related to client evaluation.

42
43 **History:** June 22, 2017, Section 8.20.230 was amended. June 18, 2008, Section 8.20.230 was added.

44
45 **Sec. 8.20.235. Advanced Interviewing Skills.** This course, which shall be 16 contact hours, will
46 provide

47 (a) applied information about:

48 (1) the theoretical, evidence-based, and practical bases of various therapeutic modalities,
49 e.g. cognitive behavioral therapy and motivational enhancement therapy;

50 (2) stages of change as pertinent to helping clients understand the counseling process, set
51 and reach goals, and have realistic expectations; and

1 (b) practice exercises using evidence-based interviewing practices to enhance client readiness
2 for behavior change, screening, intake, plan development, relapse prevention, and case management.

3
4 **History:** June 18, 2008, Section 8.20.235 was added.
5

6 **Sec. 8.20.240. American Society of Addiction Medicine Patient Placement Criteria Practice**
7 **Application.** This course, which shall be 12 contact hours, will provide

- 8 (a) foundational information about:
9 (1) the philosophical and practice basis of evaluating behavioral health disorders; and
10 (2) using criteria contained within the American Society of Addiction Medicine (ASAM)
11 Patient Placement Criteria;
12 (b) guidance in evaluation of client risk and/or severity associated with the six ASAM
13 dimensions; and
14 (c) exercises in which trainees can practice:
15 (1) developing client placement recommendations based on what is available within the
16 continuum of care, and
17 (2) use of later changes in client risk and/or severity associated with the six ASAM
18 dimensions to document treatment/services progress.

19
20 **History:** June 18, 2008, Section 8.20.240 was added.
21

22 **Sec. 8.20.245. Case Studies and Clinical Case Management.** This course, which shall be 8
23 contact hours, will provide

- 24 (1) participation in discussion and analysis of case studies with different behavioral health
25 issues (abuse, addiction, child abuse, co-occurring disorders, domestic violence, mental illness, etc.);
26 (2) focus on evaluation of service usefulness and accessibility issues that need to be
27 considered in village-based practice;
28 (3) applied exercises to practice case presentation for treatment team review, including
29 multi-disciplinary teams; and
30 (4) more in-depth understanding of the referral process and following-up on and support
31 referrals.

32
33 **History:** June 18, 2008, Section 8.20.245 was added.
34

35 **Sec. 8.20.250. Traditional Health Based Practices.** This course, which shall be 8 contact
36 hours, will provide

- 37 (1) foundational information regarding traditional lifestyles and health practices of the
38 Alaska Native people prior to Western contact;
39 (2) an introduction to beliefs, attitudes, and knowledge of health promotion and
40 maintenance that were practiced historically;
41 (3) tools for seeking and employing traditional resources to promote individual and
42 community health;
43 (4) an examination of the major changes that have led to the current health status of Alaska
44 Native communities; and
45 (5) potential strategies for improving behavior-based health status.

46
47 **History:** June 18, 2008, Section 8.20.250 was added.
48

49 **Sec. 8.20.255. Intermediate Therapeutic Group Counseling.** This course, which shall be 16
50 contact hours, will provide

- 51 (a) advanced information and practice related to therapeutic group process;
52 (b) with a focus on the:

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- 1 (1) determining the criteria for participation in groups of various types and how to screen
2 appropriate candidates for participation;
3 (2) time-limited group process,
4 (3) role and function of therapeutic group leadership, and
5 (4) therapeutic outcomes and risks associated with group educational and treatment
6 experiences; and
7 (c) exercises to provide exposure to the therapeutic group process and its application in village-
8 based practice.

9
10 **History:** June 18, 2008, Section 8.20.255 was added.

11
12 **Sec. 8.20.260. Applied Crisis Management.** This course, which shall be 8 contact hours, will
13 provide

- 14 (a) introduction to foundational and practice information regarding:
15 (1) debriefing related to village-based crisis events such as natural disasters, homicide, and
16 suicide that have impact on families and other community members;
17 (2) identification, prevention and basic treatment options of Post-Traumatic Stress
18 Disorder; and
19 (b) discussion and applied exercises focusing on:
20 (1) evaluation of individual, family and community strengths and risks following crisis;
21 (2) accessing additional resources necessary for effective response to a crisis event that
22 occurs in a village-based setting, and
23 (3) short and long term intervention models for responding positively to crises.

24
25 **History:** June 18, 2008, Section 8.20.260 was added.

26
27 **Sec. 8.20.270. Community Development Approach to Prevention.** This course, which shall be
28 12 contact hours, will provide

- 29 (a) foundational philosophy and practice related to community readiness and key issue
30 evaluation for developing effective village-based prevention plans;
31 (b) focus on prevention (universal, selective, and indicated) plan development strategies that are
32 appropriate and compatible with individual village characteristics;
33 (c) applied exercises to help trainees practice:
34 (1) evaluation and development of various prevention efforts targeting behavioral health
35 issues, and
36 (2) writing a community development strategy to promote community involvement in
37 accomplishment of specific goals.

38
39 **History:** June 18, 2008, Section 8.20.270 was added.

40
41 **Sec. 8.20.275. Family Systems II.** This course, which shall be 16 contact hours, will provide

- 42 (a) review and more advanced foundational and practice information related to:
43 (1) family systems work;
44 (2) child development and parenting;
45 (3) couples issues and implications for behavioral health treatment;
46 (4) teaching basic communication, parenting, and anger management skills on an
47 individual and group basis;
48 (b) information regarding special practice issues, such as reporting abuse or neglect, ethical and
49 confidentiality issues associated with conducting couples or family counseling, domestic violence;
50 (c) strategies for working with disrupted families and other agencies that may be engaged with
51 them; and

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1 (d) applied exercises to in which trainees practice skills associated with:

- 2 (1) responding to dysfunctional family behavior; and
3 (2) teaching and facilitating healthy family behavior.

4
5 **History:** June 18, 2008, Section 8.20.275 was added.

6
7 **Sec. 8.20.325. Treatment of Co-Occurring Disorders.** This course, which shall be 12 contact
8 hours, will provide

9 (a) more advanced information and guidance related to:

- 10 (1) services and treatment planning with clients experiencing problems; and
11 (2) limitations directly related to the existence of more than one diagnosed behavioral
12 health disorder;
13 (3) how environmental issues such as family dynamics, social support or isolation, and
14 identification of meaningful community roles can influence the course of substance use and mental health
15 disorders; and

16 (b) application exercises to provide experience in developing individualized treatment/services
17 plans addressing multiple clinical issues requiring complex evaluation and planning.

18
19 **History:** June 18, 2008, Section 8.20.325 was added.

20
21 **Sec. 8.20.335. Advanced Behavioral Health Clinical Care.** This course, which shall be 20
22 contact hours, will provide, in a seminar format, an opportunity for trainees to

- 23 (1) analyze and discuss the philosophical and practice basis of the major counseling
24 theories (e.g. psychoanalytic, Adlerian, existential, person-centered, gestalt, transactional, behavioral,
25 rational-emotive, and other cognitive-behavioral) in behavioral health;
26 (2) present approaches having value and application within village-based behavioral health
27 services targeting individuals affected by multiple disorders; and
28 (3) participate in exercises to support applied use of “Best Practice” models.

29
30 **History:** May 15, 2014, Section 8.20.335 was amended. June 18, 2008, Section 8.20.335 was added.

31
32 **Sec. 8.20.340. Documentation and Quality Assurance.** This course, which shall be 16 contact
33 hours, will provide

- 34 (1) advanced information regarding clinical/counseling records;
35 (2) an introduction to quality assurance and how to evaluate:
36 (A) the quality of clinical record documentation;
37 (B) documentation to determine compliance with payer requirements and grant
38 conditions, including how to conduct chart audits and compile information necessary to respond to
39 external reviews and audits; and
40 (3) applied exercises in evaluating record documentation and potential remediation for
41 record deficits.

42
43 **History:** May 15, 2014, Section 8.20.340 was amended. June 18, 2008, Section 8.20.340 was added.

44
45 **Sec. 8.20.345. Introduction to Case Management Supervision.** This course, which shall be 16
46 contact hours, will provide

47 (a) introduction to supervising and supporting behavioral health aides regarding

- 48 (1) identification and support of community resources;
49 (2) assessing appropriate referrals;
50 (3) managing and following up on referrals; and

51 (b) information regarding:

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- 1 (1) development and enhancement of community resources; and
2 (2) addressing complaints from referral agencies and other community resources.

3
4 **History:** June 18, 2008, Section 8.20.345 was added.
5

6 **Sec. 8.20.350. Applied Case Studies in Alaska Native Culture Based Issues.** This course,
7 which shall be 8 contact hours, will provide, in the context of case studies:

- 8 (1) discussion and evaluation of how traditional lifestyles and health practices impact the
9 Alaska Native community;
10 (2) consideration of how Alaska Native beliefs, attitudes, and knowledge of health
11 promotion can promote positive changes to the current health status;
12 (3) emphasis on potential strategies for improving village-based behaviorally health status;
13 (4) strategies for incorporating traditional ways of healing into treatment plans, as
14 appropriate; and
15 (5) strategies for improving recognition and acceptance of cultural differences that affect
16 treatment planning among clinical team members.

17
18 **History:** June 18, 2008, Section 8.20.350 was added.
19

20 **Sec. 8.20.370. Behavioral Health Clinical Team Building.** This course, which shall be 12
21 contact hours, will provide

- 22 (a) (1) an understanding of and practical approaches to:
23 (A) team building and support of a team approach to providing village-based
24 behavioral health services;
25 (B) collaboration and partnership among individuals with different training and
26 work settings, especially with community health aides and practitioners and dental health aides;
27 (C) definition of roles when participating in multi-disciplinary and clinical teams;
28 (D) interaction among different teams that may be involved with a single client; and
29 (b) applied exercises in which each trainee will develop a team building plan; and
30 (c) practice providing support and feedback to others regarding clinical interventions, including
31 counseling.

32
33 **History:** June 18, 2008, Section 8.20.370 was added.
34

35 **Sec. 8.20.385. Introduction to Supervision.** This course, which shall be 8 contact hours, will
36 provide

- 37 (1) an introduction to philosophy and practical application of functions of supervision,
38 including coach/mentor, tutor/teacher, consultant, role model, evaluator, and administrator;
39 (2) guidance in developing a vision for supervisory relationships and defining expectations;
40 (3) skill development in nurturing counselor development, promoting development of skills
41 and competencies, and achieving accountability;
42 (4) an introduction to ethics of supervision;
43 (5) an introduction to administrative requirements and related supervision;
44 (6) guidance in managing conflicting functions expected of supervisors; and
45 (7) application exercises to assist trainees to practice various functions of supervision and
46 begin developing their own supervisory approaches.

47
48 **History:** May 15, 2014, Section 8.20.385 was amended. June 18, 2008, Section 8.20.385 was added.
49

50 **Sec. 8.20.390. Child Development.** This course, which shall be 20 contact hours, will provide

- 51 (a) foundational information regarding:
52 (1) developmental needs of youth ages in utero/birth to 17;

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- 1 (2) overview of threats to development, including
2 (A) domestic violence, lack of social/family connection, neglect, and related
3 biological, emotional and psychological distress; and
4 (B) role of parenting and social supports;
5 (3) cultural influences of development;
6 (4) adaptive and maladaptive behavior;
7 (5) issues of development related to exposure to alcohol and other substances in utero to
8 age 3; and
9 (6) the impact of trauma on child development, including:
10 (A) hyper and hypo physiological responses manifested in maladaptive behaviors,
11 traumatic brain injury (TBI) and fetal alcohol spectrum disorder (FASD);
12 (B) preverbal versus verbal trauma and expression;
13 (C) brain and nervous system functioning; and
14 (D) social functioning.
15

16 **History:** June 12, 2014, Section 8.20.390 was added.
17

18 **Sec. 8.20.400. Issues in Village-Based Behavioral Health.** This course, which shall be 20
19 contact hours and be conducted in a seminar format, will require participants to

- 20 (1) analyze and discuss contemporary problems and issues associated with providing
21 village-based behavioral health services, including emerging clinical issues, funding, billable services,
22 staffing levels, manpower development, etc.;
23 (2) present and evaluate the effectiveness of individual and community intervention models
24 in village-based behavioral health services; and
25 (3) analyze how to address practice challenges in a village-based setting, including ethical
26 issues, dual relationships, lack of alternative services, isolation, and counselor burnout.
27

28 **History:** May 15, 2014, Section 8.20.400 was amended. June 18, 2008, Section 8.20.400 was added.
29

30 **Sec. 8.20.425. Special Issues in Behavioral Health Services.** This course, which shall be 16
31 contact hours, will provide an opportunity for trainees to

- 32 (a) analyze and discuss the specialized evaluation, services, treatment, and case management
33 needs of individuals affected by
34 (1) experiences such as
35 (A) child abuse, domestic violence, elder abuse, sexual assault, or other violence;
36 (B) alcohol related brain disorder and traumatic brain injury;
37 (C) disasters, fires, and other traumatic events; and
38 (2) conditions such as
39 (A) fetal alcohol spectrum disorder (FASD);
40 (B) attention deficit disorder (ADD) and attention deficit hyperactivity disorder
41 (ADHD);
42 (C) developmental disabilities;
43 (D) tobacco dependency, especially in patients with medical conditions, such as
44 periodontal disease, pregnancy, diabetes, cardiovascular disease, and lung disease that are affected by
45 tobacco use;
46 (E) other health conditions that affect behavior or adjustment; and
47 (3) participate in the development of specialized service planning to address the needs of
48 clients with these clinical issues.
49

50 **History:** June 12, 2014, Section 8.20.425 was amended. June 18, 2008, Section 8.20.425 was added.

1 **Sec. 8.20.485. Competencies for Village-Based Supervision.** This course, which shall be 16
2 contact hours, will provide:

- 3 (a) (1) the philosophy and application of behavioral health aide competencies in the provision
4 of village-based services;
5 (2) information regarding specific cultural issues that affect supervision;
6 (3) models of oral and written communication with supervisees regarding consultation,
7 mentoring, support and evaluation regarding competencies and administrative performance; and
8 (4) information regarding monitoring and evaluating work-related competencies, including
9 (A) improving supervisees’ self-assessment skills;
10 (B) working with supervisees in the development of individual development plans;

11 and

- 12 (5) advanced discussion of
13 (A) roles and responsibilities of a supervisor and
14 (B) ethics of supervision; and
15 (b) applied exercises to enhance understanding and skills needed for conducting providing
16 employee supervision, development and evaluation.

17
18 **History:** June 18, 2008, Section 8.20.485 was added.

19
20 **Sec. 8.20.490. Principles and Practice of Clinical Supervision.** This course, which shall be 40
21 contact hours, will provide:

- 22 (1) philosophy and practical application approaches to clinical supervision;
23 (2) strategies for facilitating effective participation by supervisees in individualized clinical
24 supervision sessions;
25 (3) information regarding the use of technology (telehealth, real-time interactive e-mail,
26 and other developing capacities) and how it modifies the clinical supervision relationship;
27 (4) guidance regarding how to delineate the difference between clinical and administrative
28 supervision, and to identify potential ethical “boundary” issues with supervisees;
29 (5) systematic process and strategies for evaluating client cases based on information being
30 provided by a supervisee and guiding a supervisee through various client and community interactions; and
31 (6) application exercises in which each trainee will develop a clinical supervision plan that
32 can be used within their individual work environment.

33
34 **History:** June 18, 2008, Section 8.20.490 was added.

35
36 **Sec. 8.20.495. Child Centered Interventions.** This course, which shall be 20 contact hours, will
37 provide:

- 38 (a) foundational information regarding
39 (1) common legal and ethical issues of counseling children and adolescents in school and
40 community settings, including
41 (A) children in state custody under the Indian Child Welfare Act or by the Office of
42 Children Services; and
43 (B) children of divorced parents;
44 (2) special documentation issues for
45 (A) group counseling sessions;
46 (B) family counseling sessions; and
47 (C) individualized educational plan (IEP) consultations;
48 (3) special populations:
49 (A) counseling children and adolescents with special needs; and
50 (B) treating children with FASDs including the waiver process, resources for
51 parents, and how to attain a diagnosis for the client;

- 1 (4) defining the counselor role in the playroom;
2 (5) therapeutic approaches to counseling children and adolescents, including Trauma-
3 focused Cognitive Behavioral Therapy (TF-CBT), directive and non-directive child-centered play therapy,
4 Adlerian play therapy, and interventions for preverbal trauma;
5 (6) crisis intervention appropriate to youth; and
6 (7) culturally competent skills;
7 (b) applied exercises to:
8 (1) develop skills associated with assessment and diagnosis with a treatment team;
9 (2) incorporate the appropriate school personnel as a treatment team when indicated; and
10 (3) effectively engage and counsel children, youth, and their parents/legal guardians.

11
12 **History:** June 12, 2014, Section 8.20.495 was added.

13 **Article 30. Certification of BHA/P Training Curriculum**

14
15
16 **Sec. 8.30.010. Curriculum Approval.** Behavioral health aide and practitioner training
17 curriculum may be approved by the Board generally or on a class by class basis provided each course
18 curriculum meets the minimum content requirements set forth in article 20 of this chapter and has been
19 reviewed and is recommended by the Behavioral Health Academic Review Committee (BHARC)
20 described under section 8.30.100 [BHARC].

21
22 **History:** June 18, 2008, Section 8.30.010 was added.

23 **Sec. 8.30.100. Behavioral Health Academic Review Committee.**

24
25
26 **(a) Membership.** The behavioral health academic review committee satisfies these *Standards* if
27 it includes:

- 28 (1) the following voting members:
29 (A) three licensed behavioral health clinicians as defined in section 1.20.010(32)
30 [licensed behavioral health clinician], or behavioral health professionals, as defined in section 1.20.010(4)
31 [behavioral health professional], who are employed by the IHS, a tribe or tribal organization, provided
32 that at least
33 (i) one must be actively involved in clinical supervision of BHA/Ps at their
34 organization,
35 (ii) one must be actively licensed in the field of behavioral health; and
36 (iii) one must be actively engaged in clinical practice;
37 (B) one CHAP Certification Board Member Representative, appointed by the Tribal
38 Behavioral Health Directors Committee (TBHDC); and
39 (C) three behavioral health aides employed by the Indian Health Service, a tribe, or
40 tribal organization; and
41 (2) The following invited non-voting members that are actively involved in BHA/P
42 training, including:
43 (A) training and development staff from the ANTHC Behavioral Health Department;
44 (B) the Tribal Liaison representing the State of Alaska Department of Behavioral
45 Health and/or a State designee to the BHARC;
46 (C) faculty, instructors, or other staff representing academic institutions, training
47 entities or tribal health organizations hosting trainings for use towards BHA/P certification; and
48 (D) other members might include those that serve similar clinical or community
49 populations as BHA/Ps.
50

1 **(b) Quorum.** Recommendations for approval of curriculum under section 8.30.010 [curriculum
2 approval] may only be made by the BHARC if a quorum was first established. A quorum shall consist of
3 a minimum of four members at least two of whom must be licensed behavioral health clinicians or
4 behavioral health professionals.

5 **History:** January 13, 2021, Section 8.30.100(a) was amended. June 12, 2014, Section 8.30.100 was amended.
6 June 18, 2008, Section 8.30.100 was added.

7
8 **Sec. 8.30.200. Development and Transition.**
9

10 **(a) Development.** The Board shall use IHS training and work guidelines, standardized materials
11 accepted in the behavioral health practice community, materials developed by BHARC, applicable
12 materials and standards developed by committees of the Community Health Aide Directors Association,
13 including ARC, RAC, CHAM, and other appropriate resource material until fully integrated behavioral
14 health aide program center and curriculum standards are developed and reviewed and approved by the
15 Board.

16
17 **(b) Transition.** The absence of a fully developed behavioral health aide or practitioner training
18 program and behavioral health aide or practitioner curriculum standards shall not be justification for the
19 Board deferring the review and approval of curriculum recommended by BHARC or for denying
20 certification to an individual who has otherwise met the requirements of Chapter 2 [certification of
21 CHA/Ps, DHAs, BHA/Ps] Article 40 [standards for BHA/Ps].

22 **History:** June 18, 2008, Section 8.30.200 was added.
23
24
25

26 **Chapter 9.**
27 **Hearings, Requests for Reconsideration, and Appeals**
28

29 **History:** June 18, 2008, Chapter 8 was renumbered Chapter 9. November 26, 2002, Chapter 7 was
30 renumbered Chapter 8.
31

32 **Article 10. Hearings**
33

34 **Sec. 9.10.010. Hearings.** Upon written request made under section 9.10.030 [request for hearing],
35 the Board must conduct a hearing

- 36 (1) prior to the imposition of any sanction, except a summary suspension;
 - 37 (2) within 10 working days after a summary suspension; and
 - 38 (3) within 30 days after the Board receives a request from a person or training center
39 denied
- 40 (A) certification;
 - 41 (B) renewal;
 - 42 (C) reinstatement; or
 - 43 (D) a waiver of requirements based on credentials.
 - 44

45 **History:** June 18, 2008, Section 8.10.010 was renumbered as Section 9.10.010 and the introductory
46 paragraph was amended. November 26, 2002, Section 7.10.010 was renumbered as Section 8.10.010 and the
47 introductory paragraph was amended.
48

49 **Sec. 9.10.020. Scheduling and Telephonic Participation.**
50

1 **(a) Convenience of the Parties.** To the extent possible, hearings must be scheduled at a time
2 and place convenient to the parties. Telephonic participation by any participant is permitted.

3
4 **(b) Delay.** At the request of, or with the consent of the person requesting a hearing, the hearing
5 may be delayed to a date mutually agreed upon.

6 **History:** June 18, 2008, Section 8.10.020 was renumbered as Section 9.10.010. November 26, 2002, Section
7 7.10.020 was renumbered as Section 8.10.020 and titles were added to subsections (a) and (b).
8

9 **Sec. 9.10.030. Request for Hearing.**

10
11 **(a) Written Request.** A party requesting a hearing must notify the Board and other interested
12 parties by submitting a written request for a hearing within 30 days of the date upon which the party
13 received notice of the action being appealed. The request must include a statement identifying the action
14 being appealed, the remedy sought and a statement explaining the facts and points of law that support the
15 requested Board action.

16
17 **(b) Notice of Proceeding.** At least five working days prior to a hearing under section
18 9.10.010(2) [hearings] and ten days prior to other hearings, all parties shall receive notice of

- 19 (1) the time and place of the hearing;
20 (2) their rights to
21 (A) respond to assertions of facts and law;
22 (B) present evidence, arguments and/or mitigating circumstances; and
23 (C) be accompanied and/or assisted by an attorney or another person.
24

25 **History:** June 18, 2008, Section 8.10.030 was renumbered as Section 9.10.030 and subsection (b) was
26 amended. November 26, 2002, Section 7.10.030 was renumbered as Section 8.10.030, titles were added to (a)
27 and (b) and (b)(2)(C) was amended. September 25, 1998, Section 7.10.030(a) was amended.
28

29 **Sec. 9.10.040. Information Regarding Hearing. Parties subject to disciplinary action also**
30 **receive notice of**

- 31 (1) the nature of the hearing;
32 (2) the legal authority and jurisdiction under which the hearing may be held; and
33 (3) the matters of fact and law asserted.
34

35 **History:** June 18, 2008, Section 8.10.040 was renumbered as Section 9.10.040. November 26, 2002, Section
36 7.10.040 was renumbered as Section 8.10.040.
37

38 **Sec. 9.10.050. Written Presentation. Parties subject to disciplinary action may submit a**
39 **written response any time up to and including the date of the hearing.**

40
41 **History:** June 18, 2008, Section 8.10.050 was renumbered as Section 9.10.050. November 26, 2002, Section
42 7.10.050 was renumbered as Section 8.10.050.
43

44 **Sec. 9.10.060. Conduct of Hearing. Hearings may be conducted by the Board or a hearing**
45 **officer or panel selected by the Board. Individuals who have a conflict of interest or who cannot**
46 **otherwise be fair and impartial must notify the Board of their disqualification.**

47
48 **History:** June 18, 2008, Section 8.10.060 was renumbered as Section 9.10.090. November 26, 2002,
49 Section 7.10.060 was renumbered as Section 8.10.060.
50

51 **Sec. 9.10.070. Evidence.**
52

1 **(a) Presentation.** A party may present oral or documentary evidence, submit rebuttal evidence,
2 and conduct cross-examination.

3
4 **(b) Subpoena.** Upon request of a party or its own motion, the Board, hearing officer or panel
5 may issue a subpoena to secure testimony or other evidence reasonably necessary for a full and fair
6 determination of the matter in dispute.

7 **(c) Telephonic Participation.** Telephonic testimony shall be accepted unless there is good
8 cause to doubt the identity of the witness.

9 **History:** June 18, 2008, Section 8.10.070 was renumbered as Section 9.10.070. November 26, 2002,
10 Section 7.10.070 was renumbered as Section 8.10.070 and titles were added to subsections (a), (b) and (c).

11
12 **Sec. 9.10.080. Recommendation. If the hearing is conducted by a hearing officer or panel, a**
13 **written recommendation along with all evidence collected will be submitted to the Board for its**
14 **consideration. The recommendation will include**

- 15 (1) proposed findings and conclusions on all material facts and law;
16 (2) evidence and other reasons that support the proposal;
17 (3) a recommendation for Board action specifying the proposed rule, order, sanction, relief,
18 denial or conditions or limitations on certification.

19
20 **History:** June 18, 2008, Section 8.10.080 was renumbered as Section 9.10.080. November 26, 2002,
21 Section 7.10.080 was renumbered as Section 8.10.080.

22
23 **Sec. 9.10.090. Decision.**

24
25 **(a) Action by Board.** Unless the Board adopts the recommendation of the hearing officer or
26 panel “in toto,” it must issue a written decision that contains an explanation of the grounds for the
27 decision.

28
29 **(b) Notice of Decision.** In any case, parties must be notified in writing of the decision within a
30 reasonable time.

31
32 **History:** June 18, 2008, Section 8.10.090 was renumbered as Section 9.10.090. November 26, 2002,
33 Section 7.10.090 was renumbered as Section 8.10.090 and titles were added to subsections (a) and (b).

34
35 **Article 20. Reconsideration**

36
37 **Sec. 9.20.010. Requests for Reconsideration.**

38
39 **(a) Generally.** Upon request or upon its own motion, the Board may reconsider all or part of a
40 decision.

41
42 **(b) Timing of Request.** A request for reconsideration must be filed with the Board within 15
43 days of receipt of the decision and must include

- 44 (1) a statement of the law, facts and/or mitigating circumstances that support the Board
45 action requested; and
46 (2) notice of any additional argument or evidence the requesting party intends to submit for
47 consideration.

48 **(c) Additional Argument and Evidence.** The Board may consider additional argument or
49 evidence provided all parties are notified and afforded

- 50 (1) a chance to respond to new argument and/or evidence; and
51 (2) a chance to submit additional argument and/or evidence.

1 **(d) Mitigating Circumstances.** The Board may consider mitigating circumstances.

2
3 **(e) Deadline for Action.** If the Board does not act on the request for reconsideration within 30
4 days after receipt, the request is deemed denied.

5 **History:** June 18, 2008, Section 8.20.010 was renumbered as Section 9.20.010. November 26, 2002,
6 Section 7.20.010 was renumbered as Section 8.20.010 and titles were added to subsections (a) - (e).

Article 30. Appeals

7
8
9
10 **Sec. 9.30.010. Notice of Right of Appeal by Community Health Aides, Community Health**
11 **Practitioners, Dental Health Aides, Behavioral Health Aides, Behavioral Health Practitioners,**
12 **CHA/P Training Centers, DHA Course Providers and Training Programs, and BHA/P Course**
13 **Providers and Training Programs.** The Board shall provide notice to each person entitled, under draft
14 AANHS Circular 98-150, to appeal an adverse decision made under Article 20 of this chapter about their
15 right of appeal and the conditions under which it may be exercised.

16 **History:** June 18, 2008, Section 8.30.010 was renumbered as Section 9.30.010. November 26, 2002,
17 Section 7.30.010 was renumbered as Section 8.30.010 and amended.

18
19
20 **Sec. 9.30.020. Notice of Appeal to the Board.** A person, including a Board member, who
21 appeals a decision of the Board shall provide notice of the appeal to the Board.

22 **History:** November 26, 2002, Section 7.30.020 was renumbered as Section 8.30.020.

Chapter 10. Transitional and Temporary Certification

23
24
25
26 **History:** November 26, 2002, Chapter 8 was renumbered Chapter 9 and Section 8.10.010 was repealed.

27
28
29
30
31 **Sec. 10.10.015. Practice Pending Certification.** An individual who has completed the training,
32 education and clinical practice or preceptorship as a community health aide or practitioner, dental health
33 aide, or behavioral health aide or practitioner may continue to provide services on the same basis as
34 during his or her training period while final action to approve or deny the application for certification is
35 pending.

36 **History:** June 18, 2008, Section 9.10.015 was renumbered as Section 10.10.015. November 26, 2002,
37 Section 9.10.015 was added.

38
39
40 **Sec. 10.10.020. Between Board Meetings.** Under rules developed by the Board, staff assigned to
41 the Board may issue temporary certifications between Board meetings provided the staff has fully
42 evaluated the application and has determined that the staff would recommend approval of the application
43 to the Board. Such temporary certification is effective only until formal action is taken by the Board on
44 the application.

45 **History:** June 18, 2008, Section 9.10.020 was renumbered as Section 10.10.020. November 26, 2002,
46 Section 8.10.020 was renumbered as Section 9.10.020.

Chapter 11. Board Procedure

History: November 26, 2002, Chapter 9 was renumbered as Chapter 10.

Sec. 11.10.010. Officers. The Board shall at its first meeting elect a chair, vice-chair and a secretary from among its members to terms of one year. Thereafter, annually the Board shall elect a vice-chair and secretary. At the end of the one year term of the chair, the vice-chair shall succeed to the office of chair.

History: June 18, 2008, Section 10.10.010 was renumbered as Section 11.10.010. November 26, 2002, Section 9.10.010 was renumbered as Section 10.10.010.

Sec. 11.10.020. Quorum. A quorum shall consist of a majority of the members of the Board.

History: June 18, 2008, Section 10.10.020 was renumbered as Section 11.10.020. November 26, 2002, Section 9.10.020 was renumbered as Section 10.10.020.

Sec. 11.10.030. Meetings.

(a) Regular and Special. The Board shall meet no less than twice annually and may hold special meetings at the call of the chair or on the written request of five Board members. Special meetings may be held by teleconference.

(b) Public and Executive Sessions. Meetings of the Board shall be public, except when the Board goes into an executive session. Executive sessions may be convened only when necessary to protect the privacy of a person or as otherwise authorized under federal law.

History: June 18, 2008, Section 10.10.030 was renumbered as Section 11.10.030. November 26, 2002, Section 9.10.030 was renumbered as Section 10.10.030 and titles were added to subsections (a) and (b).

Sec. 11.10.040. Committees.

(a) Executive Committee. The officers shall serve as an Executive Committee. The Executive Committee shall have the authority to take actions between meetings only to the extent authorized by the Board.

(b) Other Committees. The Board may appoint such committees, or rely on committees of the Association of Community Health Aide Program Directors, as may be helpful to the Board in carrying out any of its responsibilities. Such committees may include Board members and non-Board members.

History: June 18, 2008, Section 10.10.040 was renumbered as Section 11.10.010. November 26, 2002, Section 9.10.040 was renumbered as Section 10.10.040.

Chapter 12. Amendments

History: November 26, 2002, Chapter 10 was renumbered as Chapter 11.

Sec. 12.10.010. Effective Date. Amendments to these Standards and Procedures may be adopted by this Board and shall become effective on the later of the effective date adopted by the Board or thirty days after the date upon which the amendment was adopted by the Board, unless stayed by the AANHS Area Director under draft AANHS Circular 98-150.

History: June 18, 2008, Section 11.10.010 was renumbered as Section 12.10.010. November 26, 2002, Section 10.10.010 was renumbered as Section 11.10.010 and amended.

Sec. 12.10.020. Consideration at More Than One Meeting. The Board shall not take action on a proposed amendment to these Standards and Procedures at the first meeting at which the amendment was proposed unless it first determines that

- (1) an emergency or other exigent circumstance exists;
- (2) the amendment is necessary to correct an error in the Standards and Procedures;
- (3) the amendment does not have a substantive effect; or
- (4) the amendment is necessary to assure compliance with law or regulation to which tribal health programs are subject.

History: June 18, 2008, Section 11.10.020 was renumbered as Section 12.10.020. October 3, 2006, Section 11.10.020 was amended by adding paragraphs (2) - (4). November 26, 2002, Section 10.10.020 was renumbered as Section 11.10.020.

Chapter 13. Temporary Emergency Guidance

Sec. 13.10.010. Consistent with the authority set forth under CB 1.10.010, this Board, with the approval of the AANHS Area Director, may issue temporary emergency guidance or non-statutory waivers regarding the community health aide program and related processes, when the Secretary has declared a public health emergency, or the President has declared a major disaster or emergency.

**Community Health Aide Program Certification Board – Standards and Procedures
Amended January 13, 2021**

**Detailed History of
CHAP Certification Board Standards and Procedures by Date of Action**

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**Community Health Aide Program Certification Board – Standards and Procedures
Amended January 13, 2021**

1 **July 29, 1998, Standards and Procedures adopted by the CHAP Certification Board.**

2
3 **September 25, 1998, Section 4.10.010(i)(15) was amended; a new paragraph (16) was added; and paragraph (16) was**
4 **renumbered as paragraph (17), as follows:**

- 5
6 (15) been found guilty of, or entered a plea of nolo contendere or guilty to, any offense under Federal,
7 State or Tribal law involving crimes of violence; sexual assault, molestation, exploitation, contact or prostitution; or
8 crimes against persons within the meaning of section 408 failed to comply with the intent or requirements of the Indian
9 Child Protection and Family Violence Prevention Act, P.L. 101-630, 25 U.S.C. § 3207 3201 et seq., or
10 (16) failed to comply with applicable mandatory reporting laws of the State of Alaska; or
11 (17) failed to respond to a request for services where a duty to respond existed.
12

13 **September 25, 1998, Section 7.10.030(a) was amended, as follows:**

- 14
15 (a) A party requesting a hearing must notify the Board and other interested parties by submitting a written
16 request for a hearing within 30 days of the date upon which the party received notice of the action being appealed.
17 The request, which must include, a statement identifying the action being appealed, the remedy sought and a statement
18 explaining the facts and points of law that support the requested Board action.
19

20 **October 23, 1998, Section 2.10.010(4) was repealed. The repealed subsection read, as follows:**

- 21
22 (4) furnishes evidence satisfactory to the Board that the applicant meets the standards of character
23 required under 25 U.S.C. § 3207 [Section 408 of the Indian Child Protection and Family Violence Prevention Act] and
24 other applicable federal or state law;
25

26 **February 26, 1999, Section 2.20.600 was amended, as follows:**

27
28 The Board may waive one or more of the requirements of sections 2.20.100 through 2.20.510 for a person who
29 provides evidence satisfactory to the Board that the person is a ~~licensed~~ health care provider in Alaska or another state
30 with ~~licensing~~ requirements at least equivalent in scope, quality, and difficulty to those imposed under these sections,
31 provided the applicant demonstrates to the satisfaction of the Board that the applicant is adequately familiar with the
32 CHA/P program and will limit his or her practice to the scope of practice of a community health aide or community
33 health practitioner operating under the community health aide program.
34

35 **June 12, 2002, multiple sections were amended, as described below:**

36
37 **Section 2.10.010 was amended by adding a new paragraph (10), as follows:**

- 38
39 (10) effective January 1, 2003, furnishes evidence satisfactory to the Board that the person meets
40 continuing education requirements as defined in sections 3.10.010 and 3.10.100 for the two-year period preceding
41 initial certification.
42

43 **Section 3.10.010 was amended, as follows:**

44 **Sec. 3.10.010. Requirements.** (a) An applicant

- 45 (1) for initial or renewal of a certificate as a community health aide who has not completed the requirements
46 for the next level of certification prior to the deadline for recertification or the two years preceding initial certification
47 or
48

- 49 (2) for initial or renewal of a certificate as a community health practitioner

50 (b) must provide evidence satisfactory to the Board that he or she has completed no fewer than 48 contact
51 hours of continuing education approved by the Board during the concluding two-year certification period or two years
52 preceding initial certification. No more than 24 contact hours ~~must~~ may be regarding emergency care. No fewer than
53 24 of the required contact hours ~~must~~ may be in the competencies listed in sections 2.20.100 through .510.
54

55 **Section 5.10.035(a)(3) was amended, as follows, although the change was not reflected in the Standards until the**
56 **November 26, 2002 amendments were completed.**

- 57
58 (3) **Session III. ~~Ten~~ Twelve** encounters under the following conditions: the trainee will be the primary
59 provider in at least ~~six~~ ~~eight~~ patient encounters with particular emphasis on the patient problems delineated in the
60 Curriculum, as outlined below, and at least four additional encounters with the trainee as active participant.

**Community Health Aide Program Certification Board – Standards and Procedures
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1 **November 26, 2002, the *Standards* were substantially amended to incorporate standards for certification of dental health**
2 **aides and to make certain other amendments to the *Standards* applicable to community health aides.**
3 A copy of the *Standards* showing all of the amendments is available from the CHAP Certification Board. These amendments
4 required many new sections, which then required substantial renumbering. The table below identifies the section number as of
5 the November 26, 2002, amendments, the prior section number (if any), and whether a section found in the June 12, 2002,
6 *Standards* was amended.

7
8
9

Table Comparing 11/26/02 Amendments to 6/12/02 Standards		
11/26/02	6/12/02	Amended
1.10.010	1.10.010	Yes
1.20.010(1)-(3)		n/a
1.20.010(4)	1.20.010(1)	No
1.20.010(5)	1.20.010(6)	Yes
1.20.010(6)	1.20.010(2)	No
1.20.010(7)	1.20.010(3)	Yes
1.20.010(8)-(16)		n/a
1.20.010(17)-(18)	1.20.010(4)-(5)	Yes
1.20.010(19)		n/a
1.20.010(20)	1.20.010(7)	Yes
1.20.010(21)	1.20.010(8)	No
1.20.010(22)	1.20.010(9)	Yes
1.30.010	1.30.010	No
1.40.010		n/a
2.10.010	2.10.010	Yes - (a), (a)(5), (7), (8), (9), (10), (b) [new]
2.10.015		n/a
2.20.100	2.20.100	No
2.20.110	2.20.110	yes - (a), (c)(1), (c)(6)(A)
2.20.120	2.20.120	yes - (b)(3)
2.20.200	2.20.200	No
2.20.210	2.20.210	yes - (a), (c)(2),
2.20.300	2.20.300	No
2.20.310	2.20.310	yes - (a)
2.20.400	2.20.400	No
2.20.410	2.20.410	yes - (a)
2.20.500	2.20.500	Yes – (3)
2.20.600	2.20.600	Yes
2.30.010 – 610		n/a
2.40.010	2.30.010	yes

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**Community Health Aide Program Certification Board – Standards and Procedures
Amended January 13, 2021**

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Table Comparing 11/26/02 Amendments to 6/12/02 Standards		
11/26/02	6/12/02	Amended
2.40.020 - 100	2.30.020 - 100	No
2.40.200	2.30.200	Yes
2.40.300	2.30.300	Yes
3.10.010	3.10.010	Yes – [(a)(2) and (b) are new]
3.10.050		n/a
3.10.100	3.10.100	Yes
3.10.200		n/a
4.10.010	4.10.010	Yes – intro, (b), (d)-(f), (h), (i)(1), (i)(2)(C)-(E), (i)(3), (i)(6)-(&), (i)(10)-(11)
4.10.100	4.10.100	Yes – intro
4.10.110	4.10.110	No
4.10.120	4.10.120	Yes
4.10.130	4.10.130	No
5.10.010 - 020	4.10.010 - 020	No
5.10.025	5.10.025	Yes – (a)(2)-(4), (c)
5.10.030	5.10.030	No
5.10.035	5.10.035	Yes – intro, (a)(1)-(4)
5.10.040	5.10.040	Yes – (a)
5.10.045	5.10.045	No
5.10.050	5.10.050	Yes – (a), (b), (d)
5.10.055	5.10.055	No
5.10.060	5.10.060	Yes – (c)
5.10.065	5.10.065	Yes
5.10.070	5.10.070	No
5.20.010 - 030	5.20.010 - 030	No
5.30.010	5.30.010	Yes – (4)
5.30.020	5.30.020	No
5.40.010	5.40.010	No
6.10.010	6.10.010	Yes
6.10.900	6.10.900	Yes
7.10.010 – 7.30.200	7.10.010 – 7.30.200	n/a
8.10.010	7.10.010	Yes - intro
8.10.020	7.10.020	Yes

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Table Comparing 11/26/02 Amendments to 6/12/02 Standards		
11/26/02	6/12/02	Amended
8.10.030	7.10.030	Yes
8.10.040-060	7.10.040-060	No
8.10.070	7.10.070	Yes
8.10.080	7.10.080	No
8.10.090	7.10.090	Yes
8.20.010	7.20.010	Yes
8.30.010	7.30.010	Yes
8.30.020	7.30.020	No
	9.10.010	Repealed
9.10.015		n/a
9.10.020	8.10.020	No
10.10.010-040	9.10.010-040	No
11.10.010-010	10.10.010-020	No

October 8, 2003, the *Standards* were amended to eliminate the PDHA II, rename PDHA III as PDHA II, add requirements to the EFDHA I, and to make certain other amendments to the *Standards* applicable to community health aides. These amendments are detailed below.

Section 1.20.010(10) was amended, as follows:

(10) “DHA” means Dental Health Aide and, except as used in Article 30 of Chapter 2 regarding requirements for special classes of dental health aides, shall include primary dental health aides I, and ~~II and III~~, dental health aide hygienists, expanded function dental health aides I and II and dental health aide therapists;

Section 2.10.010(a)(5)(B) was amended, as follows:

(B) for a dental health aide the requirements are those under section 2.30.100, ~~2.30.150~~, 2.30.200, 2.30.220(c), 2.30.230(c) and (d), 2.30.240(c), 2.30.250(c), 2.30.260(c) and (d), 2.30.300, 2.30.400, 2.30.500, 2.30.550(c) and (d) and 2.30.600;

Section 2.10.010(a)(8)(B) was amended, as follows:

(B) for a dental health aide the scopes of practice are defined in sections 2.30.110(b), ~~2.30.160(b)~~, 2.30.210(b), 2.30.220(d), 2.30.230(e), 2.30.240(d), 2.30.250(c), 2.30.260(e), 2.30.310(b), 2.30.410(b), 2.30.510(b), 2.30.550(e), and 2.30.610(b), and

Section 2.20.110(c)(9)(D)(ii) was amended, as follows:

~~(ii)(H)~~ oral suction;

Section 2.30.010 was amended, as follows:

(a) **Generally.** The supervision of a dental health aide may be general, indirect or direct, as defined in section 2.30.020(b), provided that

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1 **Section 2.30.150 was deleted. It read:**
2

3 **Sec. 2.30.150. Primary Dental Health Aide II Training and Education Requirements.** A person meets
4 the training and education requirements to be a certified primary dental health aide II upon successful completion
5 of:

- 6 (1) (A) all requirements under sections 2.30.100 through 2.30.110;
7 (B) a Board approved DHA Advanced Dental Procedures training session that satisfies the
8 requirements of section 7.20.040; and
9 (C) one or more certifications under 2.30.220 (sealants), 2.30.230 (prophylaxis), 2.30.240
10 (dental radiology) or 2.30.260 (ART); or
11 (2) the requirements of section 2.30.300(b)(1) and (2).
12

13 **Section 2.30.160 was deleted. It read:**
14

15 **Sec. 2.30.160. Primary Dental Health Aide II Supervision and Competencies.**

16
17 (a) **Dental Supervision.** A certified primary dental health aide II may provide the services under
18 paragraph (b)(2) under the direct or indirect supervision of a dentist or dental health aide therapist.
19

20 (b) **Competencies.** In addition to meeting the requirements of section 2.30.110, a certified dental health
21 aide II must successfully demonstrate and maintain:

- 22 (1) (A) understanding and knowledge of dental anatomy,
23 (B) understanding and knowledge of caries and the periodontal disease process;
24 (C) identification and knowledge of dental instruments and equipment;
25 (D) understanding telemedicine technology;
26 (E) dental charting;
27 (F) problem-specific medical and dental history taking;
28 (G) basic management of dental emergencies;
29 (H) proper handling and sterilization of instruments;
30 (I) disinfection of the operator; and
31 (2) satisfactory performance of the following skills:
32 (A) problem -specific medical and dental history taking;
33 (B) recognition of medical and dental conditions that may require direct dental supervision
34 or services;
35 (C) dental charting and patient record documentation;
36 (D) instrument handling and sterilization procedures;
37 (E) intra- and extra-oral photographs, if equipment is available;
38 (3) meeting the requirements of one or more of the following sections:
39 (A) 2.30.220 (sealants);
40 (B) 2.30.230 (prophylaxis);
41 (C) 2.30.240 (dental radiology); or
42 (D) 2.30.260 (ART).
43

44 **Section 2.30.200 was amended, as follows:**
45

46 **Sec. 2.30.200. Primary Dental Health Aide ~~II~~ ~~III~~ Training and Education Requirements.** A person
47 meets the training and education requirements to be a certified primary dental health aide ~~II~~ ~~III~~ up on successful
48 completion of:
49

- 50 (a) (1) (A) all requirements under sections 2.30.100 through 2.30.110;
51 (B) a Board approved DHA Advanced Dental Procedures training session that satisfies the
52 requirements of section 7.20 .040; and
53 (C) one or more certifications under 2.30.220 (sealants), 2.30.230 (prophylaxis), 2.30.240
54 (dental radiology) or 2.30.260 (ART); or
55

- 56 ~~(2) —the requirements of sections 2.30.150 and 160; or~~
57 ~~(3) —the requirements of section 2.30.300(b)(1) and (2); and~~
58

59 (b) a Board approved DHA village-based dental practice course that satisfies the requirements of
60 section 7.20.050.

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1 **Section 2.30.210, Title and subsections (a) and (b) were amended, as follows:**

2
3 **Sec. 2.30.210. Primary Dental Health Aide ~~II~~ ~~III~~ Supervision and Competencies.**

4
5 **(a) Dental Supervision.** A certified primary dental health aide ~~II~~ ~~III~~ may provide the services under
6 paragraph (b)(2) under the general supervision of a dentist or dental health aide therapist.

7
8 **(b) Competencies.** In addition to meeting the requirements of section 2.30.110, a certified dental health
9 aide ~~II~~ ~~III~~ must successfully demonstrate and maintain

10
11 **Section 2.30.220(a) was amended, as follows:**

12
13 **(a) Prerequisites.** A dental health aide may be certified under this section to perform sealants under the
14 conditions set forth in subsections (b) through (d) of this section provided the dental health aide satisfies the
15 requirements of sections:

- 16 (1) ~~2.30.150 and 2.30.160 (PDHA II);~~
17 ~~(2) 2.30.200 and 2.30.210 (PDHA II III),~~
18 ~~(2)(3) 2.30.400 and 2.30.410 (EFDHA I), or~~
19 ~~(3)(4) 2.30.500 and 2.30.510 (EFDHA II).~~

20
21 **Section 2.30.230(a) was amended, as follows:**

22
23 **(a) Prerequisites.** A dental health aide may be certified under this section to perform dental prophylaxis
24 under the conditions set forth in subsections (b) through (d) of this section provided the dental health aide satisfies
25 the requirements of:

- 26 (1) ~~2.30.150 and 2.30.160 (PDHA II);~~
27 ~~(2) 2.30.200 and 2.30.210 (PDHA II III),~~
28 ~~(2)(3) 2.30.400 and 2.30.410 (EFDHA I), or~~
29 ~~(3)(4) 2.30.500 and 2.30.510 (EFDHA II).~~

30
31 **Section 2.30.240(a) was amended, as follows:**

32
33 **(a) Prerequisites.** A dental health aide may be certified under this section to perform dental radiology
34 under the conditions set forth in subsections (b) through (d) of this section provided the dental health aide satisfies
35 the requirements of:

- 36 (1) ~~2.30.150 and 2.30.160 (PDHA II);~~
37 ~~(2) 2.30.200 and 2.30.210 (PDHA II III),~~
38 ~~(2)(3) 2.30.400 and 2.30.410 (EFDHA I), or~~
39 ~~(3)(4) 2.30.500 and 2.30.510 (EFDHA II).~~

40
41 **Section 2.30.250(a)(5) was amended, as follows:**

42
43 (5) a primary dental health aide ~~II~~ ~~or III~~ or expanded function dental health aide I or II who is
44 performing procedures under the general supervision of a dentist.

45
46 **Section 2.30.260(a)(1) was amended, as follows:**

- 47 (1) (A) ~~2.30.150 and 2.30.160 (PDHA II)~~
48 ~~(B) 2.30.200 and 2.30.210 (PDHA II III),~~
49 ~~(B)(C) 2.30.300 and 2.30.310 (DHAH),~~
50 ~~(C)(D) 2.30.400 and 2.30.410 (EFDHA I), or~~
51 ~~(D)(E) 2.30.500 and 2.30.510 (EFDHA II), and~~

52
53 **Section 2.30.310(b) was amended, as follows:**

54
55 **(b) Competencies.** In addition to demonstrating the competencies identified in section 2.30.110(b)
56 (PDHA I), 2.30.210(b) (PDHA ~~II~~ ~~III~~), 2.30.220(d) (sealants), 2.30.230(e) (prophylaxis), 2.30.240(d) (dental
57 radiology), and after satisfying the requirements of 2.30.300 (DHAH), a certified dental health aide hygienist
58 must successfully demonstrate and maintain satisfactory performance of the following skills:
59

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Section 2.30.400(a)(2) was amended, as follows:

- (2) (A) (i) a Board approved course in basic restorative functions that satisfies the requirements of section 7.20.200;
- (ii) ~~(B)~~ a course in basic restorative functions offered by an accredited school of higher education; or
- (iii) ~~(C)~~ a course in basic restorative functions offered or approved by IHS, including “Restorative Functions -- Basic”; or
- (B) certification under section 2.30.230 (prophylaxis); and

Section 2.30.400(b) was amended, as follows:

(b) **Preceptorship.** An expanded function dental health aide I who has satisfied the requirements of subsection (a)(2)(A) must, after completion of the other requirements in subsection (a) of this section, satisfactorily complete a preceptorship, which must:

Section 2.30.400(b)(2) was amended, as follows:

- (2) (A) for an expanded function dental health aide I who has satisfied the requirements of section 2.30.400(a)(2)(A) and (b).
- (i) understanding of
- (I) ~~(A)~~ advanced understanding of tooth morphology, structure and function;
- and
- (II) ~~(B)~~ an ability to discriminate between acceptable and unacceptable restoration; and
- (ii) ~~(3)~~ competency in and satisfactory performance of the following skills:
- (I) ~~(A)~~ placement and finishing of Class I, II and V dental amalgams (simple fillings) after preparation by the dentist or dental health aide therapist; and
- (II) ~~(B)~~ dental composite placement Class I, III and V (simple fillings) after preparation by a dentist or dental health aide therapist; and
- (III) ~~(C)~~ provide appropriate post-procedure instructions;
- (B) for an expanded function dental health aide I who has satisfied the requirements of section 2.30.400(a)(2)(B), the requirements of section 2.30.230(e).

Section 2.30.410(b)(1)(B) and (C) were amended, as follows:

- (B) ~~2.30.160~~ 2.30.210(b)(1)(A), (C), (E), (G), and (H), and (I) and ~~(B)(b)(2)(C) and (D)~~ (PDHA II); and
- (C) ~~2.30.250(c)(4)~~ (dental assistant); and

Section 2.30.500(a)(1) was amended, as follows:

- (1) all requirements under sections 2.30.100(a)(1) and (a)(4), and 2.30.400(a)(1),(a)(2)(A), (a)(3), and (b), and 2.30.410;

Section 2.30.510(b)(1)(B) was amended , as follows:

- (B) ~~2.30.210~~ ~~2.30.160~~ 2.30.210(b)(1)(A), (C), (E), (G), and (H), and (I) and ~~(B)(b)(2)(C) and (D)~~ (PDHA II ~~III~~);

Section 2.30.510(b)(1)(D) was amended, as follows:

- (D) ~~2.30.250(c)(4)~~ (dental assistant);

Section 2.30.550(a)(1)and(2) was amended, as follows:

- (1) sections 2.30.400(a)(1),(a)(2)(A),(a)(3), and (b) and 2.30.410 (EFDHA I) or
- (2) sections 2.30.500 and 2.30.510 (EFDHA II).

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1 **Section 2.30.550(c)(1) was amended, as follows:**

2
3 (1) all requirements under sections 2.30.400(a)(1), (a)(2)(A), (a)(3), and (b) and 2.30.410 (EFDHA
4 I) or 2.30.500 and 2.30.510 (EFDHA II);

5
6 **Section 2.30.610(b)(3) was amended, as follows:**

7
8 (A) all of the skills identified in sections 2.30.110 (PDHA I), 2.30.210 (PDHA II ~~III~~),
9 2.30.220 (sealants), 2.30.230 (prophylaxis), 2.30.240 (dental radiology), 2.30.260 (ART), 2.30.310 (DHAH),
10 2.30.410 (EFDHA I), 2.30.510 (EFDHA II), and 2.30.550 (stainless steel crown);

11 **Section 3.10.050(a)(3)(A) and (C) were amended, as follows:**

12
13 (A) 24 contact hours of continuing education approved by the Board, ~~or~~

14
15 (C) some combination of (A) and (B) adding up to 24 hours.

16
17
18 **June 24, 2004, multiple sections were amended, as described below:**

19
20 **Section 2.20.110(b), was amended by deleting paragraph (15), which read:**

21 (15) introductory clinic management; and

22
23
24 **Corresponding technical changes were made to reserve the number (15) rather than renumber paragraph (16)**
25 **and to move “and” to the end of paragraph (14). Changes to these two paragraphs, thus, are, as follow s:**

26 (14) introductory pharmacology, including identification and treatment of severe allergic
27 reactions; and

28 (15) [RESERVED] ~~introductory clinic management; and~~

29
30
31 **Section 2.20.310(b) was amended by deleting paragraphs (13) and (15) and reserving those numbers. These**
32 **paragraphs read:**

33 (13) adult health surveillance;

34 (15) introduction to smoking cessation training;

35
36 **Section 2.20.410(b) was amended by adding two new paragraphs, as follows:**

37 (8) adult health surveillance;

38 (9) introduction to smoking cessation training.

39
40
41 **Section 2.20.410(c)(2) was amending by deleting subparagraph (A) and reserving that number.**

42 **Subparagraph (A) read:**

43 ~~(A) eye: tonometry;~~

44
45
46 **October 14, 2004, multiple sections were amended, as described below:**

47
48 **Section 2.30.310(a) was amended, as follows:**

49
50 (a) **Dental Supervision.** Dental hygiene services may be performed under this section by a dental health
51 aide hygienist under the general supervision of a dentist ~~or dental health aide therapist~~ provided the dental health
52 aide hygienist has met the requirements of all of the requirements of this section.

53
54 **Section 2.30.610(b)(3)(B) was amended, as follows:**

55 (B) diagnosis and treatment of caries, ~~including placement of pins~~ and performance of pulpotomies
56 on deciduous teeth;

57
58
59 **January 31, 2005, Section 7.20.010(c) was deleted and new language inserted, as follows:**

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(c) **Training.** The training will include didactic instruction and hands-on practice in a lab setting sufficient to demonstrate competency of the subject matter listed in sub section (a) of this section. ~~Hours of Training. The course in which the topics listed in subsection (a) are addressed must include a minimum of:~~

- ~~(1) 18 hours of didactic instruction and~~
- ~~(2) 4 hours of hand s on practice in a lab setting.~~

In the Standards amended January 31, 2005, two sections were amended to correct a cross-citation, as follows:

Section 2.30.410(a)(1) was amended, as follows:

- (1) An expanded function dental health aide I may perform the functions identified for a dental assistant under sections 2.30.250(c)(d) and 2.30.410(b) (EFDHA I) only under the direct or indirect supervision of a dentist or dental health aide therapist.

Section 2.30.510(a)(1) was amended, as follows:

- (1) An expanded function dental health aide II may perform the functions identified for a dental assistant under sections 2.30.250(c)(d) and 2.30.510(b) (EFDHA I) only under the direct or indirect supervision of a dentist or dental health aide therapist.

October 3, 2006, multiple sections were amended, as described below:

Section 1.20.010(5) was amended, as follows:

- (5) “CHAM” means the Alaska Community Health Aide/Practitioner Manual, ~~2006 1998 Revised Edition~~, as revised, or its successor if approved by this Board;

Section 1.20.010(22) was repealed. The repealed subsection read, as follows:

- (22) “VMR” means Village Medicine Reference, revised April, 1997, or its successor if approved by this Board.

Section 1.20.010 was amended by adding a new paragraph (23), as follows:

- (23) “ISDEAA” means the Indian Self-Determination and Education Assistance Act, Pub. L. 93-638, as amended, 25 U.S.C. § 450 et seq.

Section 2.10.010(a)(6) and (7) were amended, as follows:

(6) furnishes evidence satisfactory to the Board that at the time of consideration of the application the person is employed by the Indian Health Service or a tribe or tribal health program operating a community health aide program in Alaska under the ISDEAA ~~Indian Self-Determination and Education Assistance Act [P.L. 93-638, 25 U.S.C. § 450 et seq.];~~

(7) furnishes evidence satisfactory to the Board that the person will practice as a community health aide, community health practitioner or dental health aide only when employed by the Indian Health Service or a tribe or tribal health program operating a community health aide program in Alaska under the ISDEAA ~~Indian Self-Determination and Education Assistance Act [P.L. 93-638, 25 U.S.C. § 450 et seq.];~~

Section 2.10.010(a)(9)(B) was amended, as follows:

(B) as a community health aide, or community health practitioner only under the medical supervision of a licensed physician, who is familiar with the CHA/P program and CHAM and is employed by the federal government or employed by or under contract with a tribal health program operating a community health aide program in Alaska under the ISDEAA ~~licensed in the State of Alaska~~. This requirement does not preclude other physicians, dentists, and mid-level providers directing the day-to-day activities of a community health aide or community health practitioner under the direction of the physician providing medical supervision.

Section 2.20.110(c)(8)(D) was amended, as follows:

- (D) CHAM Medicine Handbook ~~VMR~~ for medicine instructions;

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Section 2.20.120(b)(1) was amended, as follows:

(1) be employed by the Indian Health Service or a tribe or tribal health program operating a community health aide program in Alaska under the ISDEAA ~~Indian Self Determination and Education Assistance Act~~;

Section 2.30.010 was amended by adding a footnote to the title of the section, as follows:

The supervision (at what ever level is required) of a dental health aide who provides services for which a Medicaid claim will be made must be provided by a dentist.

Section 2.30.010(a) was amended to correct a typographical error, as follows:

(a) **Generally.** The supervision of a dental health aide may be general, indirect or direct, as defined in section 2.30.010(b) ~~2.30.020(b)~~, provided that

Section 2.30.020 was amended, as follows:

(a) **Minimum Requirements.** A person who satisfies the requirements of subsection 2.30.020(b) may perform services of a certified dental health aide prior to being certified under this article to the extent the services are performed

(1) as part of training required for certification;
(2) ~~being performed~~ as part of a required preceptorship under sections 2.30.100(b), 2.30.220(c)(1)(B) or (c)(2), 2.30.230(d), 2.30.240(c)(1)(D) or (c)(2), 2.30.260(d), 2.30.400(b), 2.30.500(b), 2.30.550(d), 2.30.600(3), or

(2) ~~are performed~~ while an application for certification is pending before the Board after successful completion of all required training and preceptorship.

(b) **Employment.** To be eligible to perform services under subsection 2.30.020(a), the person must be employed by the Indian Health Service or a tribe or tribal program operating a community health aide program in Alaska under the ISDEAA ~~Indian Self Determination and Education Assistance Act~~.

Section 6.10.900 was amended, as follows:

Sec. 6.10.900. Transition. The Board shall use the CHA/P Curriculum, field work guidelines, and other materials and standard s developed by committees of the Community Health Aide Directors Association, including the Academic Review Committee (ARC), Review and Approval Committee (RAC), ~~Community Health Aide Manual/Village Medicine Reference (CHAM/VMR)~~ Revision Committee, until such time as it can review and adopt such materials under this section.

Section 7.30.200(a) was amended, as follows:

(a) **Development.** The Board shall use IHS training and work guidelines, standardized materials accepted in the dental practice community, materials developed by DARC, applicable materials and standard s developed by committees of the Community Health Aide Directors Association, including ARC, RAC, CHAM, ~~VMR~~ and other appropriate resource material until fully integrated DHA program center and curriculum standard s are developed and reviewed and approved by the Board.

June 20, 2007, two sections were amended, as described below:

Section 2.30.600(3) was amended by adding a new sentence at the end, as follows:

The preceptorship should encompass all competencies all competencies required of a dental health aide therapist outlined in section 2.30.610(b)(1), (2) and (3), and students should demonstrate each procedure or service independently to the satisfaction of the preceptor dentist.

Section 3.10.050(a) was amended, as follows:

Sec. 3.10.050. DHA Continuing Education Requirements.

(a) **Unlapsed Certificate.**

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(1) An applicant for renewal of a certificate under article 30 of chapter 2 whose certificate has not lapsed must meet:

(A) any specific recertification requirements set forth therein;

(B) satisfactory performance under the direct supervision of a dentist, dental hygienist, or dental health aide therapist of a minimum of 8 of each procedure for which the dental health aide is certified; and

(C) if the dental health aide has not completed the requirements for another level of certification or module during the concluding two-year certification period, satisfactory completion of:

(i) 24 contact hours of continuing education approved by the Board,

(ii) an additional 24 hours of patient contact under direct supervision of a dentist, dental hygienist, or dental health aide therapist; or

(iii) some combination of (i) and (ii) adding up to 24 hours.

(2) If the direct supervision required under subsections (1)(B) or (1)(C)(ii) of this section is provided by anyone other than a dentist, the supervisor must have been authorized to supervise the preceptorship of the procedures being performed under the applicable provision of chapter 2, article 30 [Standards for Dental Health Aides].

January 31, 2008, one section was amended, as follows:

Section 2.30.020(b) was amended, as follows:

(b) **Employment.** To be eligible to perform services under subsection 2.30.020(a) [minimum requirements], the person must be employed or sponsored by the Indian Health Service or a tribe or tribal program operating a community health aide program in Alaska under the ISDEEA.

June 18, 2008, the Standards were substantially amended to incorporate standards for certification of behavioral health aides and practitioners and to make certain other amendments to the Standards applicable to community health aides and practitioners and dental health aides.

Bracketed citations to other sections of the Standards were corrected and expanded throughout without editorial markings. A copy of the *Standards* showing all of the amendments, except those in which only the citation was corrected or expanded, is available from the CHAP Certification Board. These amendments required many new sections, which then required substantial renumbering. The table below identified the section number as of June 19, 2008, amendments, the prior section number (if any), and whether a section found in the January 31, 2008, *Standards* was amended.

Table Comparing 6/19/08 Amendments to 1/31/08 Standards		
6/18/08	1/31/08	Amended
Chapter 1, Article 10	Chapter 1, Article 10	yes - title
1.10.010	1.10.010	no
1.10.020		new
1.20.010(1)	1.20.010(1)	yes
1.20.010(2)	1.20.010(2)	no
1.20.010(3)-(7)		new
1.20.010(8)-(12)	1.20.010(3)-(7)	renumbered only
1.20.010(13)-(16)		new
1.20.010(17)	1.20.010(8)	yes
1.20.010(18)	1.20.010(9)	yes
1.20.010(19)	1.20.010(10)	yes
1.20.010(20), (21), (23), (24)	1.20.010(12), (11), (13), (14)	renumbered only
1.20.010(25)	1.20.010(22)	no
1.20.010(25)-(28) & (29)	1.20.010(15)-(18) & (23)	no

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Table Comparing 6/19/08 Amendments to 1/31/08 Standards		
6/18/08	1/31/08	Amended
1.20.010(30)		new
1.20.010(31)	1.20.010(19)	no
1.20.010(33)	1.20.010(20)	yes
1.20.010(31)	1.20.010(21)	yes
1.30.010	1.30.010	no
1.40.010 intro, (2) & (5)	1.40.010 intro, (2) & (5)	yes
1.40.010 (3)-(4), (6)-(10)	1.40.010 (3)-(4), (6)-(10)	no
1.40.010 (11)-(20)		new
Chapter 2, Title	Chapter 2, Title	yes
2.10.010	2.10.010	yes - (a), (a)(5)(C), (a)(7), (a)(8), (a)(8)(C) [new], (a)(9) & (a)(10), (b)(2) [new], (b)(3) & (b)(3)(B)
2.10.015	2.10.015	yes
2.20.100	2.20.100	no
2.20.110	2.20.110	yes - (b)(1), (b)(2) & (b)(4)
2.20.120	2.20.120	yes - (b)(3)
2.20.200	2.20.200	no
2.20.210	2.20.210	yes - (b)(4)
2.20.300	2.20.300	no
2.20.310	2.20.310	no
2.20.400	2.30.400	no
2.20.410	2.20.410	Yes – (b)(1)
2.20.500	2.20.500	Yes – (b)(3)
2.20.510	2.20.510	no
2.20.600	2.20.600	no
2.30.010	2.30.010	Yes – (a)(1)
2.30.020	2.30.020	no
2.30.030	2.30.030	no
2.30.050	2.30.050	no
2.30.100	2.30.100	no
2.30.110	2.30.110	no
2.30.150	2.30.150	no
2.30.160	2.30.160	no
2.30.200	2.30.200	no
2.30.210	2.30.210	no
2.30.220	2.30.220	no

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Table Comparing 6/19/08 Amendments to 1/31/08 Standards		
6/18/08	1/31/08	Amended
2.30.230	2.30.230	no
2.30.240	2.30.240	no
2.30.250	2.30.250	no
2.30.260	2.30.260	no
2.30.300	2.30.300	no
2.30.310	2.30.310	no
2.30.400	2.30.400	no
2.30.410	2.30.410	yes - (b)(2)(ii)(III)
2.30.500	2.30.500	no
2.30.510	2.30.510	no
2.30.550	2.30.550	no
2.30.600	2.30.600	no
2.30.610	2.30.610	yes – (a), (b)
2.40.010	2.40.010	new
2.40.020		new
2.40.030		new
2.40.100		new
2.40.110		new
2.40.200		new
2.40.210		new
2.40.300		new
2.40.310		new
2.40.400		new
2.40.410		new
2.40.500		new
2.40.510		new
2.40.515		new
2.40.520		new
2.40.525		new
2.40.530		new
2.40.535		new
2.40.540		new
2.40.545		new
2.40.550		new
2.40.555		new

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Table Comparing 6/19/08 Amendments to 1/31/08 Standards		
6/18/08	1/31/08	Amended
2.40.560		new
2.40.565		new
2.50.010	2.40.010	yes & renumbered
2.50.020	2.40.020	yes
2.50.100	2.40.100	yes & renumbered
2.50.200	2.40.200	yes - (a) & (b) & renumbered
2.50.300	2.40.300	yes & renumbered
3.10.005		new
3.10.010	3.10.010	yes
3.10.050	3.10.050	yes - (a)(1)(C)(i)
3.10.070		new
3.10.100	3.10.100	yes - (c)
3.10.200	3.10.200	yes - (c)
3.10.300		new
Chapter 4 - Title	Chapter 4 - Title	yes
4.10.010	4.10.010	yes - (d), (e), (f), (i)(2)(C), (i)(2)(D), (i)(2)(E), (i)(3), (i)(6), (i)(10), (i)(11)
4.10.100	4.10.100	yes - title & introduction
4.10.110	4.10.110	no
4.10.120	4.10.120	no
4.10.130	4.10.130	no
5.10.010	5.10.010	no
5.10.015	5.10.015	no
5.10.020	5.10.020	no
5.10.025	5.10.025	no
5.10.030	5.10.030	yes - (a)
5.10.035	5.10.035	no
5.10.040	5.10.040	no
5.10.045	5.10.045	no
5.10.050	5.10.050	yes – (d)
5.10.055	5.10.055	no
5.10.060	5.10.060	no
5.10.065	5.10.065	no
5.10.070	5.10.070	no
5.20.010	5.20.010	no

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Table Comparing 6/19/08 Amendments to 1/31/08 Standards		
6/18/08	1/31/08	Amended
5.20.020	5.20.020	no
5.20.030	5.20.030	no
5.30.010	5.30.010	no
5.30.020	5.30.020	no
5.40.010	5.40.010	no
5.40.020	5.40.020	no
6.10.010	6.10.010	no
6.10.900	6.10.900	no
7.10.010	7.10.010	no
7.10.020	7.10.020	no
7.10.030	7.10.030	no
7.20.010	7.20.010	yes - (a)(1)
7.20.020	7.20.020	no
7.20.030	7.20.030	no
7.20.040	7.20.040	no
7.20.050	7.20.050	no
7.20.100	7.20.100	no
7.20.110	7.20.110	no
7.20.120	7.20.120	no
7.20.130	7.20.130	no
7.20.140	7.20.140	no
7.20.200	7.20.200	no
7.20.210	7.20.210	no
7.20.220	7.20.220	no
7.20.300	7.20.300	no
7.20.400	7.20.400	no
7.20.500	7.20.500	no
7.30.010	7.30.010	no
7.30.100	7.30.100	yes - (a)
7.30.200	7.30.200	no
8.10.010		new
8.10.020		new
8.10.030		new

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Table Comparing 6/19/08 Amendments to 1/31/08 Standards		
6/18/08	1/31/08	Amended
8.20.010		new
8.20.050		new
8.20.100		new
8.20.110		new
8.20.115		new
8.20.125		new
8.20.135		new
8.20.140		new
8.20.145		new
8.20.150		new
8.20.155		new
8.20.160		new
8.20.165		new
8.20.170		new
8.20.175		new
8.20.180		new
8.20.220		new
8.20.225		new
8.20.228		new
8.20.230		new
8.20.235		new
8.20.240		new
8.20.245		new
8.20.250		new
8.20.255		new
8.20.260		new
8.20.270		new
8.20.275		new
8.20.325		new
8.20.335		new
8.20.340		new
8.20.345		new
8.20.350		new
8.20.370		new

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Table Comparing 6/19/08 Amendments to 1/31/08 Standards		
6/18/08	1/31/08	Amended
8.20.385		new
8.20.400		new
8.20.425		new
8.20.485		new
8.20.490		new
8.30.010		new
8.30.100		new
8.30.200		new
9.10.010	8.10.010	renumbered
9.10.020	8.10.020	renumbered
9.10.030	8.10.030	renumbered
9.10.040	8.10.040	renumbered
9.10.050	8.10.050	renumbered
9.10.060	8.10.060	renumbered
9.10.070	8.10.070	renumbered
9.10.080	8.10.080	renumbered
9.10.090	8.10.090	renumbered
9.20.010	8.20.010	renumbered
9.30.010	8.30.010	renumbered
9.30.020	8.30.020	renumbered
10.10.015	9.10.015	renumbered
10.10.020	9.10.020	renumbered
11.10.010	10.10.010	renumbered
11.10.020	10.10.020	renumbered
11.10.030	10.10.030	renumbered
11.10.040	10.10.040	renumbered
12.10.010	11.10.010	renumbered
12.10.020	11.10.020	renumbered

June 19, 2008, two sections were amended, as follows:

Section 2.20.100(b) was amended, as follows:

(a) an EMT or ETT training course approved by the State of Alaska, or its equivalent as determined by the Board;

Section 2.20.200(2) was amended, as follows:

(2) current ETT or EMT certification or its equivalent, as determined by the Board;

January 16, 2009, four sections were amended, as follows:

Section 5.10.025(a)(2) was amended, as follows:

(a) **Qualifications and Roles.**

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(2) **Instructor.** CHA/P Training Center instructors must consist of a majority of full-time equivalent mid-level practitioner or physician instructors who are employees of the federal government or licensed by the State of Alaska. Additional instructors should be certified or licensed and have formal training in the knowledge and skills that they are teaching. ~~All These additional~~ instructors will be monitored to assure compliance with the CHA/P Curriculum and competence in subject being taught.

Section 5.10.025(d) was amended, as follows:

(d) **Faculty Turnover.** In order to maintain the quality of instruction, the Board must be notified if during any ~~twelve~~ ~~three~~ month period 50 percent of the instructor staff of a CHA/P Training Center resigns and whenever a CHA/P Training Center Director resigns. Documentation of new employee orientation, peer review and student evaluation and examination must be available for review for each new instructor.

Section 5.10.035(c)(2) and (c)(4) was amended, as follows:

(c) **Distribution of Clinical Hours** The distribution of clinical hours must be available in the following kinds of patient encounters:

(2) **Session II.**

Encounter Type	Hours
Acute care	12
Lab	1
Ear	1
Respiratory	1
Circulatory	1
Digestive system	1
Prenatal	2
Mental illness	4
Sick child	4
Screening physical exam	1
Approach to child (observe)	4
Immunizations	1
Total Hours	<u>31-33</u>

(4) **Session IV.**

Encounter Type	Hours
Acute care	8
Ear	1
Respiratory	1
Circulatory	1
Digestive	1
Female reproductive	4
Prenatal	3
Sick child	4
Well child	3.5
Newborn	1
Chronic disease	4 2
H & P	2.5
Total Hours	<u>34-32</u>

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Section 5.10.040(a) was amended, as follows:

(a) **Qualifications for Trainees and Application Process.** The CHA/P Training Center will have a policy for selection of trainees. The selection process will include requiring applicants for trainee slots to file a completed statewide application form recommended no less than four ~~two~~ weeks prior to the start of the training session, unless extraordinary circumstances are present. The policy for selection must include requirements that the training applicants have no less than sixth grade math and reading skills and that they have completed Pre-Session, unless the applicant satisfies one of the exceptions to these requirements adopted under section 5.10.040(c).

June 24, 2009, three sections were amended, as follows:

Section 5.10.050(c) was amended, as follows:

(c) **Faculty/Trainee Ratio.** Due to the short, intensive nature of CHA/P courses, ~~the following~~ faculty/trainee ratios for clinical instruction during complete patient encounters must be done on a one-to-one basis may not be exceeded. For all other clinical instruction the following faculty/trainee ratios may not be exceeded:

- (1) **Sessions I and II:** one to one;
- (2) **Sessions III and IV:** one to two depending on the independence of the trainees.

Section 5.10.055 was amended as follows:

(a) The CHA/P Training Center staff must evaluate each trainee at the end of each session and prepare a Post Session Learning Needs (PSLN) ~~form plan~~ to reinforce training and help the trainee to gain further competency during the 200 hours of village clinical experience between sessions.

(b) CHA/P Training Center staff must review the Post Session Field Training Follow-up Plan as a component in the application and approval process for selection of trainees. (Ref: Field Component Guidelines.) for completion of the field training requirements of Basic training for placement in the next session.

Section 5.20.030 was amended, as follows:

Sec. 5.20.030. Provisional Certification. The Board may grant provisional certification to a CHA/P Training Center with Start-up Certification that is not eligible for full certification under section 5.20.020 provided it meets all the requirements for full certification, except that it is required to score only a minimum of 80% 421 points on the Review and Approval Committee CHA Education Program Evaluation Checklist evaluation. Provisional certification shall be effective for only six months and may be renewed only one time for a total of no more than one year.

October 7, 2009, five sections were amended, as follows:

Section 2.30.500(a)(1) was amended, as follows:

(a) **Training and Education.** A person meets the training and education requirements to be a certified expanded function dental health aide II upon successful completion of

- (1) all requirements under sections 2.30.100(a)(1) and (a)(4) [PDHA I training & education requirements; training; (pre-session) & (BLS)], and 2.30.400(a)(1),(a)(2)(A), (a)(3), and (b) [~~CHA IV EFDHA I supervision~~, training & education requirements; training & education; (PDHA I requirements), (basic restorative functions), & (preceptorship)], and 2.30.410 [EFDHA I supervision & competencies];

Section 5.10.050(d)(3) was amended, as follows:

(d) Classroom and Clinical Instruction. The intent in instruction for each session is to integrate the CHA/P Curriculum, the CHAM, and the training and skill of the community health aide/practitioner, with consideration to the “Role of the Community Health Aide/Practitioner.”

- (1) The CHA/P Curriculum objectives must be followed as a minimum standard.
- (2) The CHAM must be used as a reference book for teaching community health aides and practitioners, as a minimum standard.

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1 (3) The instructional materials for faculty must consist the Curriculum of course objectives with
2 ~~either~~ lesson plans, ~~lecture notes, or student learning notes~~. Instructional materials must be updated every three
3 years.
4

5 **Section 5.10.055(a) and (b) were amended, as follows:**

6
7 (a) The CHA/P Training Center staff must evaluate each trainee at the end of each session and prepare
8 a Post Session Learning Needs (PSLN) form to reinforce training and help the trainee to gain further competency
9 during the 200 hours of village clinical experience between sessions.

10 (b) CHA/P Training Center staff must review the Post Session Field Training Follow-up Plan for
11 completion of the field training requirements of Basic Training for placement in the next session.
12

13 **Section 5.20.020 was amended, as follows:**

14
15 **Sec. 5.20.020. Full Certification.** The Board shall grant full certification to a CHA/P Training Center that
16 demonstrates substantial compliance with the requirements of sections 5.10.010 [full certification] through
17 5.10.070 [faculty continuing education], through evidence satisfactory to the Board. Such evidence shall include
18 submission of required materials, satisfactory performance during the on-site review and satisfactory completion
19 of at least one training session. "Substantial compliance" shall require a minimum of 90% 136 points on the
20 Review and Approval Committee CHA Education Program Evaluation Checklist to include meeting all essential
21 items evaluation.
22

23 **Section 5.30.010 was amended, as follows:**

24
25 **Sec. 5.30.010. Periodic Submissions and Reviews.** A CHA/P Training Center fully certified under section
26 5.20.020 [full certification] shall submit a CHA Training Center Annual Self-Evaluation Checklist each year
27 ~~CHA/P Training Center Evaluation no less often than once every two years~~ and shall be subject to on-site reviews,
28 upon reasonable notice, at the discretion of the Board, provided that an on-site review must occur no less often
29 than once every five years. Such a CHA/P Training Center must notify the Board if a change in any of the
30 following occurs:

- 31 (1) the person responsible for coordination of the training within the center;
32 (2) 50 percent or more of the staff within a 12 month period;
33 (3) Medical Advisor;
34 (4) methods of CHA/P Curriculum delivery;
35 (5) facilities used for training; or
36 (6) administration or finance that affects the viability of the training program.
37

38 **June 8, 2010, thirteen sections were amended, as follows:**

39
40 **Section 2.30.210(b)(1)(2) was amended, as follows:**

41 (b) **Competencies.** In addition to meeting the requirements of section 2.30.110 [PDHA I supervision &
42 competencies], a certified primary dental health aide II must successfully demonstrate and maintain:

- 43 (1) (A) understanding and knowledge of dental anatomy,
44 (B) understanding and knowledge of caries and the periodontal disease process;
45 (C) identification and knowledge of dental instruments and equipment;
46 (D) understanding telemedicine technology;
47 (E) dental charting;
48 (F) problem-specific medical and dental history taking;
49 (G) basic knowledge of relationship between medical conditions and oral health;
50 (H) basic management of dental emergencies;
51 (I) proper handling and sterilization of instruments;
52 (J) disinfection of the operator; and
53 (2) satisfactory performance of the following skills:
54 (A) problem-specific medical and dental history taking;
55 (B) recognition of medical and dental conditions that may require direct dental supervision
56 or services;
57 (C) recognition of relationship between medical conditions and oral health;
58 (D) dental charting and patient record documentation;
59 (E) instrument handling and sterilization procedures;
60 (F) intra- and extra-oral photographs, if equipment is available.
61
62

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Section 2.30.230(e) Dental Prophylaxis Requirements was amended, as follows:

(e) **Competencies.** In addition to meeting all other requirements of this section, the dental health aide must understand and successfully demonstrate and maintain the following competencies and skills:

- (1) understanding and following dental orders;
- (2) reviewing medical history and identifying contraindications for performing prophylaxis;
- (3) understanding when the patient should be referred to a dentist prior to carrying out prophylaxis;
- (4) explaining prophylaxis procedure and respond to questions from patient regarding prophylaxis;
- (5) proper patient and provider safety procedures;
 - (A) proper use of dental instruments for safety of patient and provider;
 - (B) proper use of ultrasonic or piezoelectric scalers;
- (6) scaling and polishing to remove calcereous deposits, accretions, and stains from the coronal or exposed surface of the tooth; and
- (7) consistent with direct orders from the dentist after a dental examination, sulcular irrigation.

Section 2.30.240(d)(3) was amended as follows:

(d) **Competencies.** In addition to meeting all other requirements of this section, a dental health aide may only perform dental radiology, if the dental health aide successfully demonstrates and maintains:

- (3) satisfactory performance of the following skills:
 - (A) radiological protection of operator and patient;
 - (B) use and storage of the lead apron and thyroid collar;
 - (C) review medical history and identify contraindications for performing x-rays;
 - (D) dosimeter (film badge) and radiology reports;
 - (E) recognition and correction of:
 - (i) distortion,
 - (ii) overlap,
 - (iii) cone-cutting
 - (iv) automatic processing problems;
 - (F) use of film holding devices
 - (G) positioning and exposing intra-oral radiographs;
 - (H) troubleshooting
 - (i) technique errors
 - (ii) processing errors;
 - (I) film handling during processing;
 - (J) film labeling;
 - (K) use of landmarks to mount film;
 - (L) use of daylight loader; and
 - (M) basic knowledge of digital radiography.

Section 2.30.250(c) was amended, as follows:

(c) **Competencies.** In addition to meeting all other requirements of this section, the dental health aide must understand and successfully demonstrate and maintain the ability to satisfactorily perform the following functions:

- ~~(1) taking impressions for study or working casts;~~
 - ~~(2) removing sutures and dressing;~~
 - (13) applying topical anesthetic agents;
 - ~~(4) removing excess cement from coronal surfaces;~~
 - (52) placing and removing rubber dams;
 - ~~(6) placing and removing matrices;~~
 - (73) ~~knowledge of dental procedures and use of instruments appropriate for the procedures~~
- basic knowledge of dental materials, instruments, and procedures; and
- (84) four-handed instrument transfer.

Section 2.30.260(e)(3) was amended, as follows:

(e) **Competencies.** In addition to meeting all other requirements of this section, a dental health aide may only perform ART, if the dental health aide successfully demonstrates and maintains:

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(3) identify cases appropriate ~~for referral~~ for ART;

Section 2.30.610(b)(3) was amended, as follows:

(b) **Competencies.** In addition to meeting the requirements of section 2.30.100(a)(1) and (a)(4) [PDHA I training & education requirements; training; (pre-session) & (BLS)] and 2.30.600 [DHAT training & education requirements], a certified dental health aide therapist must successfully demonstrate and maintain:

(3) satisfactory performance under general supervision of a dentist of:

(A) all of the skills identified in sections 2.30.110 [PDHA I supervision & competencies], 2.30.210 [PDHA II supervision & competencies], 2.30.220 [sealant requirements], 2.30.230 [dental prophylaxis requirements], 2.30.240 [dental radiology requirements], 2.30.260 [ART requirements], 2.30.310 [DHAH supervision & competencies], 2.30.410 [EFDHA I supervision & competencies], 2.30.510 [EFDHA II supervision & competencies], and 2.30.550 [stainless steel crown placement requirements];

(B) diagnosis and treatment of caries; ~~and performance of pulp potomies on deciduous teeth~~

(C) performance of uncomplicated extractions of primary and permanent teeth;

(D) response to emergencies to alleviate pain and infection;

(E) administration of local anesthetic;

(F) recognition of and referring conditions needing space maintenance;

(G) maintenance of and repair of dental equipment;

(H) development of and carrying out community health prevention and education program;

(I) performance of pulp potomies on primary teeth.

Section 5.10.065 was amended and reformatted, as follows:

Sec. 5.10.065. CHA/P Training Center Self-Evaluation. A CHA/P Training Center must have a policy on quality assurance (QA)/continuous quality improvement (CQI). This policy must include documentation of post-session meetings for staff evaluation of training sessions and at least quarterly program reviews, evaluation of CHA ~~tools for CHA/P~~ clinical encounters, Patient Encounter Form (PEF) ~~patient care component~~ evaluation tool for quality and appropriateness of patient care as delineated by the CHAM, ~~weekly on-going classroom~~ evaluation of the CHA/P in a learner role, ~~and~~ a summary evaluation of the ~~trainee as well as CHA/P~~, CHA evaluations of training sessions and individual instructors, and faculty peer review of didactic and clinical instruction. The ~~QA/CQI quality assurance/continuous quality improvement~~ process must be in effect, documenting that evaluation tools are in use, trends are identified and the continuous quality improvement process is being implemented to address and modify those identified trends. ~~Completed QA evaluation tools must be on file and available for review by RAC.~~

Sec. 5.10.065. CHA/P Training Center Self-Evaluation.

(a) **A CHA/P Training Center** must have a policy on quality assurance (QA)/continuous quality improvement (CQI). This policy must include:

(1) documentation of post-session meetings for staff evaluation of training sessions and quarterly program reviews,

(2) evaluation of CHA clinical encounters,

(3) Patient Encounter Form (PEF) evaluation for quality and appropriateness of patient care as delineated by the CHAM,

(4) weekly evaluation of the CHA in a learner role,

(5) a summary evaluation of the CHA,

(6) CHA evaluations of training sessions and individual instructors, and

(7) faculty peer review of didactic and clinical instruction.

(b) **The QA/CQI** process must be in effect, documenting that evaluation tools are in use, trends are identified and the continuous quality improvement process is being implemented to address and modify those identified trends.

Section 7.20.050(a) was amended, as follows:

(a) **Subject Matter.** A Village-Based Dental Practice course must address the following topics:

(1) use of telemedicine technology, including use of intra- and extra-oral cameras;

(2) problem specific medical and dental history taking;

(3) recognition of medical and dental conditions;

(4) recognition of relationship between medical conditions and oral health.

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Section 7.20.110(a) and (b) were amended, as follows:

- (a) **Subject Matter.** A course in dental prophylaxis must address the following topics:
- (1) understanding and following dental orders ~~if any~~;
 - (2) reviewing medical history and identify contraindications for performing prophylaxis;
 - (3) understanding when the patient should be referred to a dentist prior to carrying out prophylaxis;
 - (4) explaining prophylaxis procedure and respond to questions from patient regarding prophylaxis;
 - (5) proper patient and provider safety procedures, including:
 - (A) proper use of dental instruments for safety of patient and provider and
 - (B) proper use of ultrasonic or ~~and~~ piezoelectric scalers;
 - (6) scaling and polishing to remove calcereous deposits, accretions, and stains from the coronal or exposed surface of the tooth; and
 - (7) consistent with direct orders from the dentist after a dental examination, sulcular irrigation.
- (b) **Hours of Training.** The course in which the topics listed in subsection (a) are addressed must include a minimum of:
- (1) 8 ~~4~~ hours of didactic instruction and
 - (2) 16 ~~44~~ hours of clinical encounters.

Section 7.20.120(a) was amended by adding paragraph 31, as follows:

- (a) **Subject Matter.** A course in dental radiology must address the following topics:
- (31) basic knowledge of digital radiography.

Section 7.20.130(a) was amended by deleting paragraphs and renumbered, as follows:

- (a) **Subject Matter.** A course in dental assisting must address the following topics:
- ~~(1) taking impressions for study or working casts;~~
 - ~~(2) removing sutures and dressing;~~
 - ~~(1 3) applying topical anesthetic agents;~~
 - ~~(4) removing excess cement from coronal surfaces;~~
 - ~~(2 5) placing and removing rubber dams;~~
 - ~~(6) placing and removing matrices;~~
 - ~~(3 7) basic knowledge of dental materials, instruments, and procedures knowledge of dental procedures and use of instruments appropriate for the procedures; and~~
 - ~~(4 8) four-handed instrument transfer.~~

Section 7.20.140(a)(3) was amended, as follows:

- (a) **Subject Matter.** A course in atraumatic restorative treatment must address the following topics:
- (3) identify cases appropriate ~~for referral~~ for ART;

Section 7.20.300 was amended, as follows:

Sec. 7.20.300. Dental Health Aide Hygienist Training Program. A DHA hygienist training program must provide instruction and clinical training equivalent to that required for accreditation by the Commission on Dental Accreditation of the American Dental Association ~~Commission on Accreditation of Dental and Dental Auxiliary Education Programs of the American dental Association.~~

Section 7.20.400(b) was amended, as follows:

- (b) **Hours of Training.** The course in which the topics listed in subsection (a) are addressed must include a minimum of:
- (1) 16 ~~44~~ hours of didactic instruction;
 - (2) 8 ~~7~~ hours of laboratory instruction during which time 3 injections each of the maxillary infiltration, palatal, inferior alveolar, long buccal, and posterior superior alveolar injections ~~anterior palatine, incisive palatine, anterior and middle superior alveolar, posterior superior~~ are administered; and
 - (3) clinical experience sufficient to establish the dental health aide's ability to adequately anesthetize the entire dentition and supporting structures in a clinical setting, requiring a minimum of 6 hours of clinical encounters under direct supervision of faculty during which time each patient receiving an injection receives a dental service; and including a minimum of 4 each of the injections listed above.

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1 **January 13, 2011, five sections were amended, as follows:**

2
3 **Section 1.40.010. Findings, paragraph (2) was amended, as follows:**

4
5 (2) The community health aide program was authorized by Congress to promote the achievement
6 of the health status objectives in the Indian Health Care Improvement Act in rural Alaska. These objectives are
7 broad in scope and address virtually every aspect of health care, access, delivery, and status. Specialized training
8 (medical, dental and behavioral health) and certification furthers those objectives by creating opportunities for
9 community health aides to focus their training and practice on particular health issues and delivery strategies.
10 Regardless of the specific title everyone certified under the community health aide program has the same basic
11 responsibility: to improve health status among Alaska Natives living in rural Alaska.
12

13 **Section 5.10.050(c) was amended, as follows:**

14
15 (c) **Faculty/Trainee Ratio.** Due to the short, intensive nature of CHA/P courses, faculty/trainee ratios
16 for clinical instruction during patient encounters, in which the trainee is the primary provider, as defined
17 Sec.5.10.035(b)(1), must be done on a one-to one basis. For all other clinical instruction the following
18 faculty/trainee ratios may not be exceeded:

- 19 (1) **Session I and II:** one to one;
20 (2) **Sessions III and IV:** one to two depending on the independence of the trainees.
21

22 **Section 5.10.050(d)(3) was amended, as follows:**

23
24 (d) **Classroom and Clinical Instruction.** The intent in instruction for each session is to integrate the
25 CHA/P Curriculum, the CHAM, and the training and skill of the community health aide/practitioner, with
26 consideration to the “Role of the Community Health Aide/Practitioner.”

27 (3) The instructional materials for faculty must consist of the CHA/P Curriculum course
28 objectives and lesson plans. Instructional materials must be updated every three years.
29

30 **Section 5.20.020 was amended, as follows:**

31
32 **Sec. 5.20.020. Full Certification.** The Board shall grant full certification to a CHA/P Training Center that
33 demonstrates substantial compliance with the requirements of sections 5.10.010 [full certification] through
34 5.10.070 [faculty continuing education], through evidence satisfactory to the Board. Such evidence shall include
35 submission of required materials, satisfactory performance during the on-site review and satisfactory completion
36 of at least one training session. “Substantial compliance” shall require a minimum score of 90% on the Review
37 and Approval Committee CHA Education Program Evaluation Checklist to include meeting all essential items as
38 defined in the checklist.
39

40 **Section 7.20.400(b)(3) was amended, as follows:**

41
42 (b) **Hours of Training.** The course in which the topics listed in subsection (a) are addressed must
43 include a minimum of:

44 (3) clinical experience sufficient to establish the dental health aide’s ability to adequately
45 anesthetize the entire dentition and supporting structures in a clinical setting, requiring a minimum of 6 hours of
46 clinical encounters under direct supervision of faculty during which time each patient receiving an injection
47 receives a dental service; which must include and including a minimum of 4 each of the injections listed above.
48

49 **October 12, 2011, eight sections were amended, as follows:**

50
51 **Section 1.10.010 Authority was amended, as follows:**

52
53 **Sec. 1.10.010. Authority.** The Community Health Aide Program Certification Board is established under
54 the authority of the Act of November 2, 1921 (25 U.S.C. § 13, popularly known as the Snyder Act) pursuant to 25
55 U.S.C. § 1616f (Section 119 of Pub. L. 94-437), the Indian Health Care Improvement Act, as amended, including
56 the permanent reauthorization and amendments in Section 10221 of the Patient Protection and Affordable Care
57 Act, Pub. L. 111-148, which incorporated by reference, as amended by Section 10221, S. 1790 as reported by the
58 Senate Committee on Indian Affairs in December 2009 and directives and circulars of the United States
59 Department of Health and Human Services, Public Health Service, Indian Health Service, Alaska Area Native
60 Health Service.

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Section 1.40.010. Findings. paragraphs (2) and (19) were amended, as follows:

(2) The community health aide program was authorized by Congress to promote the achievement of the health status objectives in the Indian Health Care Improvement Act in rural Alaska. These objectives are broad in scope and address virtually every aspect of health care, access, delivery, and status. Specialized training (medical, dental and behavioral health) and certification furthers those objectives by creating opportunities for community health aides to focus their training and practice on particular health issues and delivery strategies. Regardless of the specific title everyone certified under the community health aide program has the same basic responsibility: to improve health status among Alaska Natives living in rural Alaska.

(19) The Healthy People 2020 objectives, broadly and deeply address behavioral health issues including injury and violence prevention, mental health, quality of life and well-being, social determinants of health, substance abuse and tobacco, along with behavioral health considerations for each stage of life.

Section 2.30.310. Dental Health Aide Hygienist Supervision and Competencies was amended, as follows:

(a) Dental Supervision.

(1) Dental hygiene services may be performed under this section by a dental health aide hygienist under the general supervision of a dentist provided the dental health aide hygienist has met the requirements of all of the requirements of this section.

(2) a dental health aide hygienist may perform services identified in section 2.30.260 [ART requirements] under general supervision of a dentist upon successful completion of all of the requirements of the applicable section and requirements of section 2.30.200 (b) [PDHA II training and education requirements]

(b) Competencies. In addition to demonstrating the competencies identified in section 2.30.110(b) [PDHA I supervision & competencies; competencies], 2.30.210(b) [PDHA II supervision & competencies; competencies], 2.30.220(d) [sealant requirements; competencies], 2.30.230(e) [dental prophylaxis requirements; competencies], 2.30.240(d) [dental radiology requirements; competencies], and after satisfying the requirements of 2.30.300 [DHAH training & education requirements], a certified dental health aide hygienist must successfully demonstrate and maintain satisfactory performance of the following skills:

- (1) removing calculus deposits, accretions and stains from the surfaces of teeth by scaling and polishing techniques;
- (2) non-surgical periodontal therapy root planing and periodontal soft tissue curettage;
- (3) placing sulcular medicinal or therapeutic materials;
- (4) periodontal probing; and
- (5) administration of local anesthetics and identification and responding to the side effects of local anesthetics.

Section 2.30.400. Expanded Function Dental Health Aide I Supervision, Training and Education Requirements was amended, as follows:

(a) Training and Education. A person meets the training and education requirements to be a certified expanded function dental health aide I upon successful completion of

(1) all requirements under sections 2.30.100(a)(1) and (a)(4) [PDHA I training & education requirements; (pre-session) & (BLS)];

(2) (A) (i) a Board approved course in basic restorative functions that satisfies the requirements of section 7.20.200 [basic restorative functions];

(ii) a course in basic restorative functions offered by an accredited school of high education; or

(iii) a course in basic restorative functions offered or approved by IHS, including “Restorative Functions – Basic”; or

(B) training that meets the requirements ~~certification~~ under section 2.30.230 [dental prophylaxis requirements]; and

(3) a preceptorship that satisfies the requirements in subsection (b) [EFDHA I preceptorship] of this section.

(b) Preceptorship.

An expanded function dental health aide I who has satisfied the requirements of

(1) subsection (a)(2)(A) [EFDHA I training & education; (basis restorative functions course)] must, after completion of the other requirements in subsection (a) [EFDHA I training and education] of this section, satisfactorily complete a preceptorship, which must:

- (A+) be under the direct supervision of a dentist;
- (B2) continue after completion of the training under subsection (a)(2) for a minimum of six months or 800 hours, whichever is longer; and

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1 ~~(C3)~~ include satisfactory performance in the dental health aide's clinical setting under direct
2 supervision of a dentist of a minimum of 50 restorations of which a minimum of 5 must be in each classification of
3 amalgam class I, class II, and class V and composite class I, class III and class V; or.

4 (2) subsection (a)(2)(B) [EFDHA I training and education (dental prophylaxis course)] must, after
5 the completion of the other requirements in subsection (a) [EFDHA I training and education] of this section,
6 satisfactorily complete a preceptorship as required under section 2.30.230 [dental prophylaxis requirements].
7
8

9 **Section 2.30.410. Expanded Function Dental Health Aide I Supervision and Competencies was amended, as**
10 **follows:**

11 **(a) Dental Supervision.**

12 (1) An expanded function dental health aide I may perform the functions identified for a dental
13 assistant under sections 2.30.250(c) [dental assistant function requirements; competencies] and 2.30.410(b)
14 [EFDHA I supervision & competencies; competencies] only under the direct or indirect supervision of a dentist or
15 dental health aide therapist.

16 (2) An expanded function dental health aide I may perform the services identified in section
17 2.30.550 [stainless steel crown placement requirements] under the direct or indirect supervision of a dentist or
18 dental health aide therapist upon successful completion of all the requirements of the applicable section.

19 (3) An expanded function dental health aide I may perform the services identified in section
20 2.30.410 (b)(1) [EFDHA I supervision & competencies; competencies] 2.30.110(b)(1)(B), (C), (F) and (G),
21 (b)(2)(A) through (C), and (b)(3)(D) [PDHA I supervision & competencies] under general supervision of a dentist
22 or dental health aide therapist upon completion of the requirements of section 2.30.200(b) [PDHA II training &
23 education requirements; (village-based dental practice course)].

24 ~~(43)~~ An expanded function dental health aide I may perform services as provided for under sections
25 2.30.220 [sealant requirements], 2.30.230 [dental prophylaxis requirements], 2.30.240 [dental radiology
26 requirements], and 2.30.260 [ART requirements] under the general supervision of a dentist or dental health aide
27 therapist, upon successful completion of all of the requirements of the applicable section and the requirements of
28 section 2.30.200(b) [PDHA II training & education requirements; (village-based dental practice course)].
29
30

31 **(b) Competencies.** In addition to satisfying the requirements of 2.30.400 [EFDHA I supervision
32 training & education requirements], a certified expanded function dental health aide must successfully demonstrate
33 and maintain the following:

34 (1) (A) understanding of:

35 (i) basic dental anatomy;

36 (ii) caries disease process;

37 (iii) periodontal disease process;

38 (iv) infection control;

39 (v) health care system access, including access to Medicaid and other third-party

40 resources;

41 (v) scheduling;

42 (vi) theory of prevention;

43 (vii) fluoride as a drug and related issues;

44 (ix) dental charting and patient record documentation;

45 (B) competency in the following subjects:

46 (i) topical fluoride treatment(s)

47 (ii) oral hygiene instruction;

48 (iii) identification of potential dental problems and appropriate referrals;

49 (iv) recognition of medical and dental conditions that may require direct dental

50 supervision or services;

51 (v) those provided for under sections 2.20.110(b)(1), (3) through (12), and (14)

52 [CHA I competencies; (competencies)];

53 (vi) dental health aide's general scope of work;

54 (vii) basic life support and basic management of dental emergencies;

55 (C) satisfactory performance of the following skills:

56 (i) use of CHAM;

57 (ii) general medical history taking;

58 (iii) patient education including the explanation of prevention strategies, including

59 fluoride and sealants;

60 (iv) toothbrush prophylaxis;

61 (v) clean/sterile techniques

62 (I) proper handling and sterilization of instruments;

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- (II) disinfection of the operator
- (vi) universal precautions; and
- (vii) handwashing;
- (viii) basic knowledge of dental materials, instruments and procedures;
- (ix) four-handed instrument transfer;
- (x) applying topical anesthetic agents;
- (xi) placing and removing rubber dams; and

(1) ~~the satisfactory performance of the competencies identified in sections (A) 2.30.110(b)(1)(A), (D) and (E), (b)(2)(A), (E) through (G), and (b)(3)(A) and (E) through (H) [PDHA I supervision & competencies];~~

~~(B) 2.30.210(b)(1)(A), (C), (E), (G), (H), and (I) and (b)(2)(C) and (D) [PDHA II supervision & competencies]; and~~

~~(C) 2.30.250(e) [dental assistant function requirements; competencies]; and~~

(2) (A) for an expanded function dental health aide I who has satisfied the requirements of section 2.30.400(a)(2)(A) [EFDHA I ~~supervision~~ training & education requirements; training & education; (basic restorative functions course)] and (b) [EFDHA I ~~supervision~~, training & education requirements; preceptorship],

- (i) (I) advanced understanding of tooth morphology, structure and function; and
- (II) an ability to discriminate between acceptable and unacceptable restoration;

and

- (ii) competency in and satisfactory performance of the following skills:

(I) placement and finishing of Class I, II and V dental amalgams (simple fillings) after preparation by the dentist or dental health aide therapist; and

(II) dental composite placement Class I, III and V (simple fillings) after preparation by a dentist or dental health aide therapist; and

(III) provide appropriate post-procedure instructions; (B) for an expanded function dental health aide I who has satisfied the requirements of section 2.30.400(a)(2)(B) [EFDHA I ~~supervision~~, training & education requirements; training and education; (prophylaxis ~~training certification~~)], the requirements of section 2.30.230(e) [dental prophylaxis requirements; competencies].

Section 2.30.500. Expanded Function Dental Health Aide II Training and Education Requirements was amended, as follows:

(a) **Training and Education.** A person meets the training and education requirements to be a certified expanded function dental health aide II upon successful completion of

(1) all requirements under sections 2.30.100(a)(1) and (a)(4) [PDHA I training & education requirements; training; (pre-session) & (BLS)], and 2.30.400(a)(1), (a)(2)(A), (a)(3), and (b) [EFDHA I ~~supervision~~, training & education requirements; training & education; (PDHA I requirements), (basic restorative functions), & (preceptorship)], and 2.30.410 [EFDHA I supervision & competencies];

Section 2.30.510. Expanded Function Dental Health Aide II Supervision and Competencies was amended, as follows:

(a) **Dental Supervision.**

(1) An expanded function dental health aide II may perform the functions identified for a dental assistant under sections 2.30.250(c) [dental assistant function requirements; competencies] and 2.30.510(b) [EFDHA II supervision & competencies; competencies] only under the direct or indirect supervision of a dentist or dental health aide therapist.

(2) An expanded function dental health aide II may perform the services identified in section 2.30.550 [stainless steel crown placement requirements] under the direct or indirect supervision of a dentist or dental health aide therapist upon successful completion of all of the requirements of the applicable section.

(3) An expanded function dental health aide II may perform the services identified in section 2.30.410 (b)(1) [EFDHA I supervision & competencies; competencies] under general supervision of a dentist or dental health aide therapist upon completion of the requirements of section 2.30.200(b) [PDHA II training & education requirements; (village-based dental practice course)].

(4) An expanded function dental health aide II may perform services as provided for under sections 2.30.220 [sealant requirements], 2.30.230 [dental prophylaxis requirements], 2.30.240 [dental radiology requirements], and 2.30.260 [ART requirements] under the general supervision of a dentist or dental health aide therapist, upon successful completion of all of the requirements of the applicable section and the requirements of section 2.30.200(b) [PDHA II training & education requirements; village-based dental practice].

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1 **(b) Competencies.** In addition to satisfying the requirements of 2.30.500 [EFDHA II training &
2 education requirements], a certified expanded function dental health aide must demonstrate and maintain of the
3 following:

- 4 (1) the satisfactory performance of the competencies identified in sections
5 ~~(A) 2.30.110(b)(1)(A), (D) and (E), (b)(2)(A), (E) through (G), and (b)(3)(A) and (E)~~
6 ~~through (H) [PDHA I supervision & competencies; competencies];~~
7 ~~(B) 2.30.210(b)(1)(A), (C), (E), (G), (H), and (I) and (b)(2)(C) and (D) [PDHA II~~
8 ~~supervision & competencies; competencies];~~
9 ~~(A) 2.30.240(d) [dental radiology requirements; competencies];~~
10 ~~(B) 2.30.250(c) [dental assistant function requirements; competencies];~~
11 ~~(C) 2.30.410(b) [EFDHA I supervision & competencies; competencies]; and~~
12 (2) understanding of
13 (A) the basics of occlusion as they apply to restorative dentistry and
14 (B) current state-of-the-art dentinal bonding agents;
15 (3) competency in and satisfactory performance of the following skills:
16 (A) placement and finishing of cusp protected amalgam and complex Class II amalgams
17 (complex fillings);
18 (B) placement and finishing of dental composite Class II and IV (complex fillings); and
19 (C) provide appropriate post-procedure instructions.
20

21 **Section 2.30.550(a) and (c). Stainless Steel Crown Placement Requirements were amended, as follows:**

22
23 **(a) Prerequisites.** An expanded function dental health aide may be certified under this section to place
24 stainless steel crowns under the conditions set forth in subsections (b) through (e) of this section provided the
25 expanded function dental health aide satisfies the requirements of:

26 (1) sections 2.30.400(a)(1),(a)(2)(A), (a)(3), and (b) [EFDHA I ~~supervision~~ training &
27 education requirements; training & education & preceptorship] and 2.30.410 [EFDHA I supervision &
28 competencies] or

29 **(b) Dental Supervision.** An expanded function dental health aide I or II may perform stainless steel
30 crown placement only under the direct or indirect supervision of a dentist or dental health aide therapist.

31 **(c) Training and Education.** A person meets the training and education requirements to place
32 stainless steel crowns upon successful completion of:

33 (1) all requirements under sections 2.30.400(a)(1),(a)(2)(A), (a)(3), and (b) [EFDHA I
34 ~~supervision~~, training & education requirements; training & education & preceptorship] and 2.30.410 [EFDHA I
35 supervision & competencies] or 2.30.500 [EFDHA I training & education requirements] and 2.30.510 [EFDHA II
36 supervision & competencies];
37

38 **January 11, 2012, two sections were amended, as follows:**

39
40 **Section 2.30.230(d) was amended, as follows:**

41
42 **(d) Preceptorship.** A dental health aide must, after completion of the requirements in subsection (c) of
43 this section, under the direct supervision of a dentist, dental health aide therapist, licensed dental hygienist or
44 dental health aide hygienist, satisfactorily complete a preceptorship during which the dental health aide
45 satisfactorily performs a minimum of ~~40~~ ~~20~~ dental prophylaxis of which:

- 46 (1) a minimum of ~~10~~ ~~5~~ must be performed on children under 8 years of age and
47 (2) a minimum of ~~10~~ ~~5~~ must be performed on adults with supra-gingival calculus.
48

49 **Section 2.30.610(b)(3) was amended, as follows:**

50
51 **(b) Competencies.** In addition to meeting the requirements of section 2.30.100(a)(1) and (a)(4) [PDHA
52 I training & education requirements; training; (pre-session) & (BLS)] and 2.30.600 [DHAT training & education
53 requirements], a certified dental health aide therapist must successfully demonstrate and maintain:

54 (3) satisfactory performance under general supervision of a dentist of:
55 (A) all of the skills identified in sections 2.30.110 [PDHA I supervision &
56 competencies], 2.30.210 [PDHA II supervision & competencies], 2.30.220 [sealant requirements], 2.30.230
57 [dental prophylaxis requirements], 2.30.240 [dental radiology requirements], 2.30.260 [ART requirements],
58 ~~2.30.310 [DHAT supervision & competencies]~~, 2.30.410 [EFDHA I supervision & competencies], 2.30.510
59 [EFDHA II supervision & competencies], and 2.30.550 [stainless steel crown placement requirements];

- 60 (B) diagnosis and treatment of caries;
61 (C) performance of uncomplicated extractions of primary and permanent teeth;
62 (D) response to emergencies to alleviate pain and infection;

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- 1 (E) administration of local anesthetic;
2 (F) recognition of and referring conditions needing space maintenance;
3 (G) maintenance of and repair of dental equipment;
4 (H) development of and carrying out community health prevention and education
5 program.
6 (I) performance of pulpotomies on primary teeth.
7

8 **June 13, 2012, two sections were amended, as follows:**
9

10 **Section 2.30.610. Dental Health Aide Therapist Supervision and Competencies was amended, as follows:**

11 (a) **Dental Supervision.** Dental health aide therapist services may be performed under this section by a
12 dental health aide therapist under the general supervision of a dentist provided the dental health aide therapist has
13 met the requirements of this section. Pulpal therapy (not including pulpotomies on deciduous teeth) or extraction
14 of adult teeth can be performed by a dental health aide therapist only after consultation with a licensed dentist who
15 determines that the procedure is a medical emergency that cannot be resolved with palliative treatment.
16
17

18 **Section 2.40.030. Behavioral Health Aide/Practitioner Trial Examination was deleted. It read:**

19 **Sec. 2.40.030. Behavioral Health Aide/Practitioner Trial Examination.**

20 (a) **Findings.** Standardized assessment measures, which may include written or oral testing and other
21 standardized practice activities such as role playing, may be useful devices for evaluating the knowledge and skills
22 of candidates for certification. Such tests need to be validated to assure that they are testing accurately for the
23 knowledge and skills required. This requires that the tests be culturally sensitive and not biased towards unrelated
24 skills, such as reading in English (except when that is the skill being tested). Requiring candidates for certification
25 who have been practicing for some time to take the tests will allow measuring the outcomes of the tests against the
26 assessment of the actual practice skills of the candidates.
27

28 (b) **Requirements.** All applicants for certification as a behavioral health aide or practitioner must take
29 the Trial Behavioral Health Aide/Practitioner examination applicable to the level of certification for which the
30 applicant is applying, provided that

- 31 (1) if the trial examination has not been approved by the Board prior to application for
32 certification this requirement will not apply;
33 (2) if a behavioral health aide or practitioner is certified without having taken the trial
34 examination, the aide or practitioner will take the trial examination, upon request of the Board; and
35 (3) the results of the trial examination shall not be considered when evaluating the applicant's
36 application for certification.
37
38
39

40 **October 4, 2012, three sections were amended, as follows:**
41

42 **Section 3.10.100. Approved Continuing Education Programs for CHA/P was renumbered and amended, as**
43 **follows:**

44 (a) **Competencies.** To be approved by the Board, a continuing education program must:
45 (1) cover one or more of the course of study subjects or competencies listed in sections 2.20.100
46 [CHA I training & education requirements] through .510 [CHP competencies], the CHA/P Curriculum, or the
47 CHAM; ~~and~~
48 (2) directly relate to the clinical practice of a community health aide or community health
49 practitioner; and,
50 (3) be no less than 1 hour in length.
51
52

53 **Section 3.10.200. Approved Continuing Education Programs for DHA was renumbered and amended, as**
54 **follows:**

55 (a) **Competencies.** To be approved by the Board, a continuing education program for a dental health
56 aide must:
57 (1) cover one or more of the course of study subjects or competencies listed in sections 2.30.100
58 [PDHA I training & education requirements] through .610 [DHAT supervision & competencies]; ~~and~~
59 (2) directly relate to the clinical practice of a dental health aide; and
60 (3) be no less than 1 hour in length.

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1 **Section 3.10.300. Approved Continuing Education Programs for BHA/P was renumbered and amended, as**
2 **follows:**

- 3
4 **(a) Competencies.** To be approved by the Board, a continuing education program must:
5 (1) contribute to the knowledge or skills described in section 2.40.500 [BHA/P knowledge, skills,
6 and scope of practice] or expand on content or subject matter described in chapter 8 [BHA curricula] ~~and~~;
7 (2) directly relate to the clinical practice of a behavioral health aide or practitioner, which shall
8 include courses related to the effects of tobacco use and tobacco use assessment and treatment; and
9 (3) be no less than 1 hour in length.

10
11
12 **January 11, 2013, one section was amended, as follows:**

13
14 **Section 3.10.050. DHA Continuing Education Requirements was amended, as follows:**

- 15
16 **(a) Unlapsed Certificate.**
17 (1) An applicant for renewal of a certificate under article 30 of chapter 2 whose certificate has not
18 lapsed must meet:
19 (A) any specific recertification requirements set forth therein;
20 (B) satisfactory performance under the direct supervision of a dentist, dental hygienist, or
21 dental health aide therapist of a minimum of: ~~8 of each procedure for which the dental health aide is certified; and~~
22 (i) 80 hours, demonstrating competence in each procedure for which the dental health
23 aide is certified, or
24 (ii) 8 of each procedure for which the dental health aide is certified; and
25 (C) if the dental health aide has not completed the requirements for another level of
26 certification or module during the concluding two-year certification period, satisfactory completion of 24 contact
27 hours of continuing education approved by the Board on varied or updated topics.:
28 (i) ~~24 contact hours of continuing education approved by the Board on varied or~~
29 ~~updated topics;~~
30 (ii) ~~an additional 24 hours of patient contact under direct supervision of a dentist, dental~~
31 ~~hygienist, or dental health aide therapist; or~~
32 (iii) ~~some combination of (i) and (ii) adding up to 24 hours.~~
33 (2) If the direct supervision required under subsections (1)(B) or ~~(1)(C)(ii)~~ of this section is
34 provided by anyone other than a dentist, the supervisor must have been authorized to supervise the preceptorship
35 of the procedures being performed under the applicable provision of chapter 2, article 30 [Standards for Dental
36 Health Aides].
37
38

39 **October 29, 2013, seven sections were amended, as follows:**

40
41 **Section 1.20.010. Definitions (27) was amended, as follows:**

42
43 (27) “eLearning” means formal instruction where students and instructors are separated by geography, time
44 or both for the majority of the instructional period.

45
46 **Section 2.30.260(b). Atraumatic Restorative Treatment (ART) Requirements was amended, as follows:**

- 47
48 **(b) Dental Supervision.**
49 (1) The dental health aide may perform ~~non-emergency~~ ART only after consultation with a
50 dentist or dental health aide therapist (exception is the dental health aide hygienist who must be supervised by a
51 dentist) who has reviewed appropriate dental records regarding the patient, which may include radiographs and
52 intra-oral photographs, and
53 (2) ART may be performed under this section by a dental health aide under the general
54 supervision of a dentist or dental health aide therapist (exception is the dental health aide hygienist who must be
55 supervised by a dentist) provided the dental health aide has met the requirements of all of the requirements of this
56 section, including successful completion of the requirements of section 2.30.200(b) [PDHA II training & education
57 requirements; (village-based dental practice course)].

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Section 2.30.310(b)(2). Dental Health Aide Hygienist Supervision and Competencies was amended, as follows:

(b) **Competencies.** In addition to demonstrating the competencies identified in section 2.30.110(b) [PDHA I supervision & competencies; competencies], 2.30.210(b) [PDHA II supervision & competencies; competencies], 2.30.220(d) [sealant requirements; competencies], 2.30.230(e) [dental prophylaxis requirements; competencies], 2.30.240(d) [dental radiology requirements; competencies], and after satisfying the requirements of 2.30.300 [DHAH training & education requirements], a certified dental health aide hygienist must successfully demonstrate and maintain satisfactory performance of the following skills:

- (1) removing calculus deposits, accretions and stains from the surfaces of teeth by scaling and polishing techniques;
- (2) non-surgical periodontal therapy root planing and periodontal soft tissue ~~curettae~~ curettage;

Section 5.10.020. Training Facilities was amended, as follows:

Sec. 5.10.020. Training Facilities. A CHA/P Training Center facility must provide classroom, or e-classroom and clinical environments that are conducive to a positive learning experience for faculty and community health aide trainees by ensuring that:

(1) traditional classrooms have this should include appropriate space and privacy. An environmental health review of the facility must be performed and on file. Specific consideration and evaluation in the areas of safety, adequacy of space, air quality, lighting, heating, and storage and disposal of hazardous waste must be documented.

(2) e-classrooms have appropriate policies on Internet safety and privacy, appropriate language, emergency procedures for Internet outages, and recommendations on lighting, noise, and an ergonomic environment.

Section 5.10.025(a)(2). Training Staff was amended, as follows:

(a) **Qualifications and Roles.**

(2) Instructor. CHA/P Training Center instructors must consist of a majority fulltime equivalent mid-level practitioner or physician instructors who are employees of the federal government or licensed by the State of Alaska. Additional instructors should be certified or licensed and have formal training in the knowledge and skills that they are teaching. All instructors will be monitored to assure compliance with the CHA/P Curriculum and competence in subject being taught. Instructors teaching CHA curriculum via eLearning must demonstrate competency in e-teaching by experience, completed coursework, or other approved measure.

Section 5.10.045. Trainee Services was amended, as follows:

(a) **Counseling and Health Services.** The CHA/P Training Center must have a system for onsite or online initial individual counseling for trainees, which may include assigning faculty members for this purpose. Referral for confidential counseling by mental health professionals must be available to trainees. A system to provide acute care and emergency health services must also be provided.

(b) **Academic Advising.** A CHA/P Training Center must provide an onsite or online system for trainee academic advising, documentation of formative and summative evaluations, and advising pertinent to the role of the community health aide and practitioner and certification.

(d) **Housing, Meals, and Transportation.** Housing, meals and transportation should be available, affordable, and conveniently located to face-to-face or traditional trainees.

(e) **Internet Connectivity.** A workstation with Internet connectivity must be conveniently accessible as an alternate to an eLearning students' own Internet service.

Section 5.10.050. Community Health Aide Curriculum and Teaching Guidelines was amended, as follows:

(a) **Duration of Training and Attendance.** The length of Sessions I, II, III and IV training sessions must meet the minimum standards delineated in the CHA/P Curriculum are based on the competencies as stated in Sec. 2.20.110, CHA I; Sec. 2.20.210, CHA II; Sec. 2.20.310, CHA III; and Sec. 2.20.410, CHA IV. The CHA/P Training Center must establish and enforce an attendance policy, which assures that each training participant fully satisfies all conditions of the training.

(b) **Class Size.** The size of classes must allow for faculty/trainee ratios under section 5.10.050(c). [CHA/P Curriculum and teaching guidelines; faculty/trainee ratio], and otherwise be determined by the number of exam rooms available for clinical experience, the size of the classroom for onsite didactic instruction, course content, past trends identified in the particular class and the CHA/P Curriculum requirements for lab skills instruction.

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1 **d) Classroom and Clinical Instruction.** The intent in instruction for each session is to integrate the
2 CHA/P Curriculum, the CHAM, and the training and skill of the community health aide/practitioner, with
3 consideration to the “Role of the Community Health Aide/Practitioner.”

4 **(3)** The instructional materials for faculty must consist of the CHA/P Curriculum course
5 objectives and lesson plans. Instructional materials must be updated every three years. Additionally, for eLearning
6 classes externally linked content not created by the CHA/P instructor must be checked for accuracy prior to every
7 session.

8 ~~**(4)** For each training session the percentage of classroom/clinical time must meet the requirements~~
9 ~~of the CHA/P Curriculum. skills practice and clinical hours will meet the requirements of the CHA/P Curriculum.~~

10 ~~**(4)** Learning objectives and course expectations must be clearly defined for each trainee.~~

11
12 **January 17, 2014, two sections were amended, as follows:**

13
14 **Section 1.20.010. Definitions (4) was amended, as follows:**

15 (4) “Behavioral health professional” means a person who

16 (A) has ~~a~~ at least a master’s degree in psychology, social work, counseling, marriage and
17 family therapy, substance abuse or addiction, nursing with a psychiatric mental health specialty, or a related field;
18 and
19

20
21 **Section 1.20.010. Definitions (6) was amended, as follows:**

22 (6) “BHAM” means the Behavioral Health Aide Manual, ~~as revised,~~ or its successor if approved
23 by this Board;

24
25
26 **Section 2.10.010(b)(2). Initial Qualifications was amended, as follows:**

27 (b) **Special Conditions**

28 (2) **Behavioral Health Aide’s or Practitioner’s Prior Practice.** A person who applies for
29 certification as a behavioral health aide or behavioral health practitioner within 24 months after ~~June 18, 2008~~
30 June 18, 2009 may be certified as a behavioral health aide or behavioral health practitioner without having met all
31 of the applicable requirements of section 2.40.100 [BHA I training, practicum, and experience requirements],
32 2.40.200 [BHA II training, practicum, and experience requirements], 2.40.300 [BHA III training, practicum, and
33 experience requirements], or 2.40.400 [BHP training, practicum, and experience requirements], provided the
34 applicant provides evidence satisfactory to the Board that he or she
35

36
37 **May 15, 2014, twelve sections were amended, as follows:**

38
39 **Section 2.30.240(c). Dental Radiology Requirements was amended, as follows:**

40 (c) **Training, Education and Preceptorship.** The dental health aide must have satisfactorily
41 completed one of the following:

42 (1) (A) a Board approved course in dental radiology that satisfies the requirements of section
43 7.20.120 [dental radiology];

44 (B) a course in dental radiology offered by an accredited school of higher education;

45 (C) a course in dental radiology offered or approved by IHS, including “Basic Radiology
46 for Dental Staff”; or

47 (D) satisfactory performance in exposing and developing a minimum of 75 dental
48 radiographs under the direct supervision of a dentist, ~~or~~ dental health aide therapist, dental health aide hygienist, or
49 dental hygienist including:

50 (i) a minimum of 10 sets of bitewing radiographs, provided that a minimum of 5
51 sets of the bitewings must be on children under 7 years of age, and

52 (ii) a minimum of 20 periapicals and 3 occulsals.

53 (2) If in the course under (1)(A) through (C) the dental health aide did not satisfactorily expose
54 radiographs on at least 10 patients, then after the completion of the course, the dental health aide must complete,
55 under direct supervision of a dentist ~~or~~ dental health aide therapist, dental health aide hygienist, or dental hygienist
56 enough additional radiographs to have satisfactorily completed exposures on no less than 10 patients.
57

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Section 2.30.300. Dental Health Aide Hygienist Training and Education was amended, as follows:

Sec. 2.30.300. Dental Health Aide Hygienist Training, Education, and Licensure Requirements. A person meets the training, education, and licensure requirements to be a certified dental health aide hygienist upon successful completion of

(a) all requirements under sections 2.30.100(a)(1) [PDHA I training & education requirements; training (pre-session)] and (4) [PDHA I training & education requirements; training; (BLS)];

(b) (1) an accredited school of dental hygiene or

(2) a dental hygiene training and education program approved by the Board; and

(c) if not covered in the training under (b)(1) or (2) of this section or if the training has not been kept up-to-date through practice or continuing education, a course in local anesthetic that is:

(3) approved by the Board that satisfies the requirements of section 7.20.400 [local anesthetic administration];

(4) offered by an accredited school of higher education; or

(5) offered or approved by IHS; and

(d) is licensed as a dental hygienist in Alaska under AS 08.32.10 or a dental hygienist in the employ of the federal government in the discharge of official duties who is a dental hygienist licensed in one of the states or territories of the United States.

Section 2.40.010. Supervision of Behavioral Health Aides and Behavioral Health Practitioners was amended, as follows:

(a) Clinical Oversight.

(1) **Program Responsibility.** A behavioral health aide or practitioner may only practice in a program in which clinical oversight of the behavioral health program is provided and responsibility is taken by a licensed behavioral health clinician who This person must be:

(A) familiar with the BHA/P program, the Standards and the BHAM; and

(B) employed by the federal government or employed by or under contract with a tribal health program operating a community health aide program in Alaska under the ISDEAA.

Section 2.40.300. Behavioral Health Aide III Training, Practicum, and Experience Requirements:

(b) Behavioral Health Aide III Specialized Training Program. The behavioral health aide III specialized training program is comprised of Board approved courses, or their equivalent, that satisfy the requirements of sections:

(1) 8.20.325 [treatment of co-occurring disorders];

(2) 8.20.335 [advanced behavioral health clinical care];

(3) 8.20.340 [documentation and quality assurance];

(4) 8.20.345 [introduction to case management supervision];

(5) 8.20.350 [applied case studies in Alaska Native culture based issues];

(6) 8.20.370 [behavioral health clinical team building]; ~~and~~

(7) 8.20.385 [introduction to supervision]; and

(8) 8.20.390 [child development].

Section 8.20.140. Introduction to Documentation. This course, which shall be 12 contact hours, will provide

(a) foundational information regarding

(1) the establishment and maintenance of a quality client record, including the essential components of clinical/counseling records, including assessments, treatment plans, progress notes, discharge summaries, and authorizations for disclosure;

(2) the purpose and elements of case narrative recording, including using data, assessment, and plan (“DAP”); subjective, objective, assessment and plan (“SOAP”); and other formats for case narrative recording;

(b) an introduction to

(1) the use of standardized information management systems and screening tools widely used by Alaska behavioral health programs;

(2) using criteria contained in the Diagnostic and Statistical Manual and American Society of Addiction Medicine (“ASAM”) Patient Placement Criteria (“PCC”) to standardize documentation in relation to treatment and service planning (problem list, goals, objectives, and interventions);

(3) documentation requirements specific to prevalent payers and accrediting bodies, such as Medicaid, Medicare, Commission on the Accreditation of Rehabilitation Facilities (“CARF”), and The Joint Commission; and

(4) special documentation issues arising

(A) in family and group counseling;

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1 (B) when recording information subject to special confidentiality conditions, such as
2 information about infectious diseases; and

3 (5) administrative record keeping; and
4 ~~(4)~~(c) applied exercises in which trainees practice documenting client related work and consider the
5 effect of confidentiality rules on the application of documentation requirements.
6

7 **Section 8.20.150. Working with Diverse Populations was amended, as follows:**
8

9 **Sec. 8.20.150. Working with Diverse Populations:** This course, which shall be 12 contact hours, will
10 provide

- 11 (1) foundational and practice information regarding working with clients of different ethnic or
12 racial heritage, age, gender, ~~life-style~~ lifestyle, sexual orientation, spirituality, and socioeconomic status;
13 (2) an introduction to beliefs, attitudes, knowledge and skills generally maintained by an effective
14 multi-culturally aware counselor;
15 (3) applied exercises to develop skills associated with respectfully assessing client needs;
16 (4) strategies for working in Alaska Native community with other prominent minority/cultural
17 groups in rural Alaska; and
18 (5) information regarding the implications of personal and cultural historical trauma.
19

20 **Section 8.20.335. Advanced Behavioral Health Clinical Care was amended, as follows:**
21

22 **Sec. 8.20.335. Advanced Behavioral Health Clinical Care:** This course, which shall be ~~40~~ 20 contact
23 hours, will provide, in a seminar format, an opportunity for trainees to

- 24 (1) analyze and discuss the philosophical and practice basis of the major counseling theories (e.g.
25 psychoanalytic, Adlerian, existential, person-centered, gestalt, transactional, behavioral, rational-emotive, and
26 other cognitive-behavioral) in behavioral health;
27 (2) present approaches having value and application within village-based behavioral health
28 services targeting individuals affected by multiple disorders; and
29 (3) participate in exercises to support applied use of “Best Practice” models.
30

31 **Section 8.20.340. Documentation and Quality Assurance Care was amended, as follows:**
32

33 **Sec. 8.20.340. Documentation and Quality Assurance.** This course, which shall be 16 contact hours,
34 will provide

- 35 (1) advanced information regarding clinical/counseling records;
36 (2) an introduction to quality assurance and how to evaluate:
37 (A) the quality of clinical record documentation;
38 (B) documentation to determine compliance with payer requirements and grant conditions,
39 including how to conduct chart audits and compile information necessary to respond to external reviews and
40 audits;
41 ~~(2)~~(3) applied exercises in evaluating record documentation and potential remediation ~~50~~ for
42 record deficits.
43

44 **Section 8.20.385. Introduction to Supervision was amended, as follows:**
45

46 **Sec. 8.20.385. Introduction to Supervision.** This course, which shall be 8 contact hours, will provide

- 47 (1) introduction to philosophy and practical application of functions of ~~45~~ supervision, including
48 coach/mentor, tutor/teacher, consultant, role model, evaluator, and administrator;
49 (2) guidance in developing a vision for supervisory relationships and defining expectations;
50 (3) skill development in nurturing counselor development, promoting development of skills and
51 competencies, and achieving accountability;
52 (4) introduction to ethics of supervision; ~~6t0~~
53 (5) introduction to administrative requirements and related supervision; and
54 ~~(5)~~(6) guidance in managing conflicting functions expected of supervisors; and
55 ~~(6)~~ (7) application exercises to assist trainees to practice various functions of supervision and begin
56 developing their own supervisory approaches.
57

58 **Section 8.20.400. Introduction to Supervision was amended, as follows:**
59

60 **Sec. 8.20.400. Issues in Village-Based Behavioral Health.** This course, which shall be ~~40~~ 20 contact
61 hours and be conducted in a seminar format, will require participants to

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- 1 (1) analyze and discuss contemporary problems and issues associated with providing village-
2 based behavioral health services, including emerging clinical issues, funding, billable services, staffing levels,
3 manpower development, etc.;
- 4 (2) present and evaluate the effectiveness of individual and community intervention models in
5 village-based behavioral health services; and
- 6 (3) analyze how to address practice challenges in a village-based setting,
7

8 **Section 8.20.425. Special Issues in Behavioral Health Services was amended, as follows:**
9

- 10 **Sec. 8.20.425. Special Issues in Behavioral Health Services.** This course, which shall be 16 contact
11 hours, will provide an opportunity for trainees to
- 12 (a) analyze and discuss the specialized evaluation, services, treatment, and case management needs of
13 individuals affected by
- 14 (1) experiences such as
- 15 (A) child abuse, domestic violence, elder abuse, sexual assault, or other violence, and
16 (B) alcohol related brain disorder and traumatic brain injury,
17 (C) disasters, fires, and other traumatic events; and
- 18 (2) conditions such as
- 19 (A) fetal alcohol spectrum disorder (FASD);
20 (B) attention deficit disorder (ADD) and attention deficit hyperactivity disorder (ADHD),
21 (C) developmental disabilities,
22 (D) tobacco dependency, especially in patients with medical conditions, such as periodontal
23 disease, pregnancy, diabetes, cardiovascular disease, and lung disease that are affected by tobacco use;
24 (E) other health conditions that affect behavior or adjustment; and
- 25 (3) ~~(2)~~ participate in the development of specialized service planning to address the needs of
26 clients with these clinical issues.
27

28 **June 12, 2014, ten sections were amended, as follows:**
29

30 **Section 2.40.100(b)(c)(d). Behavioral Health Aide I Training, Practicum, and Experience Requirements were**
31 **amended, as follows:**
32

33 (b) **Behavioral Health Aide I Alternative Training.**

34 (1) **Minimum Required Content.** In lieu of completing one or more of the specialized training
35 courses ~~program~~ described in subsection (a) [BHA I specialized training program], a person may satisfy the course
36 ~~training~~ requirements for certification as a behavioral health aide I by successfully completing one of the courses
37 of study determined by the Board under Sec. 8.20.010 [equivalent courses] to be equivalent to those required
38 under subsection (a) [BHA I specialized training]. ~~identified in paragraph (2) [alternate courses of study] of this~~
39 ~~subsection, provided:~~

40 (A) ~~such course of study must have included content equivalent to that described in~~
41 ~~subsection (a) [specialized BHA I training program] or~~

42 (B) ~~to the extent it did not, the person successfully completed those courses listed in~~
43 ~~subsection (a)(1) as necessary to fill any gaps.~~

44 ~~(2) **Alternate Courses of Study.** Alternate courses of study are:~~

45 (A) ~~the Regional Alcohol and Drug Abuse Counselor Training (RADACT) resulting in~~
46 ~~Counselor Technician certification from the Alaska Commission for Behavioral Health Certification (ACBHC);~~

47 (B) ~~the University of Alaska Rural Human Services Behavioral Health program resulting~~
48 ~~in an Occupational Endorsement;~~

49 (A)(C) ~~those from an accredited college or university resulting in an associate, bachelor or~~
50 ~~master of arts, science or social work degree with a major in human services, addictions and chemical dependency,~~
51 ~~behavioral health, psychology, social work, counseling, marriage and family therapy, or nursing with a behavioral~~
52 ~~health specialty; or a related field; or~~

53 (B)(D) ~~one determined by the Board to be equivalent to that required under subsection (a)~~
54 ~~[BHA I specialized training] or (b)(2)(A) through (B) (C) of this section.~~

55 (c) **Behavioral Health Aide I Practicum.** After completion of the training listed in subsection (a)
56 [BHA I specialized training program] or (b) [BHA I alternative training] of this section, the applicant must
57 additionally complete a 100 hour clinical practicum under the direct supervision of a licensed behavioral health
58 clinician or behavioral health professional. The applicant must satisfactorily perform each of the following: fewer
59 than:

- 60 (1) no fewer than 25 ~~35~~ hours of providing initial intake and client orientation to services
61 including screening and initial intake, ~~paperwork~~ with appropriate case documentation;

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- 1 (2) no fewer than 25 ~~30~~ hours of providing case management and referral with appropriate case
2 documentation; ~~and~~
3 (3) no fewer than 35 hours of providing village-based community education, prevention, and early
4 intervention services with appropriate case documentation; ~~and~~
5 (4) the balance of the hours must be related to practicum components listed in subsections (c)(1)
6 through (c)(3) of this section.

7 **(d) Behavioral Health Aide I Work Experience.**

8 **(1) Minimum Experience.** Prior to being certified as a behavioral health aide I, a person, who
9 seeks certification based on training or education described in subsections (a) [BHA I specialized training] or (b)
10 [BHA I alternative training] ~~(b)(2) [alternate courses of study]~~; must have provided village-based behavioral health
11 services for no fewer than 1,000 hours under the direct supervision of a licensed behavioral health clinician or
12 behavioral health professional.

13 **(2) Exceptions and Substitutions.** An applicant who demonstrates that he or she satisfies the
14 applicable requirements of section 2.40.500 [BHA/P knowledge, skills, and scope of practice] and has the capacity
15 to provide culturally appropriate services in a village setting may substitute experience, or be exempted from the
16 experience requirement, as provided in subparagraphs (A) ~~through (C)~~ and (B) of this paragraph.

17 ~~(A) — An applicant who seeks certification as a behavioral health aide I based on education~~
18 ~~described in subsection (b)(2)(C) [associate degree] need not have work experience prior to being certified.~~

19 ~~(B) (A) An applicant with experience providing behavioral health services other than that~~
20 ~~described in subsection (d)(1) [minimum experience] or who has education and training beyond that required for~~
21 ~~this level of certification may substitute such training and education.~~

22 ~~(C) (B) Relevant practice experience acquired while obtaining the education or training~~
23 ~~required under subsection (a) [BHA I specialized training] or (b) [BHA I alternative training] subsection (b)(2)~~
24 ~~[alternate courses of study] may be relied upon to satisfy the requirement under subsection (d)(1) [minimum~~
25 ~~experience] on an hour for hour basis.~~

26
27 **Section 2.40.200(c)(d)(e). Behavioral Health Aide II Training, Practicum, and Experience Requirements were**
28 **amended, as follows:**

29
30 **(c) Behavioral Health Aide II Alternative Training.**

31 **(1) Required Content.** In lieu of completing one or more of the specialized training courses
32 ~~program~~ described in subsection (b) [BHA II specialized training program], a person may satisfy the course
33 ~~training~~ requirements for certification as a behavioral health aide II by successfully completing one of the courses
34 of study determined by the Board under Sec. 8.20.010 [equivalent courses] to be equivalent to those required
35 under subsection (b) [BHA II specialized training].

36 ~~(2) — Alternate Courses of Study. Alternate courses of study are:~~

37 ~~(A) — the University of Alaska Rural Human Services program resulting in a Behavioral~~
38 ~~Health Certificate;~~

39 ~~(B) — those from an accredited college or university resulting in an associate of 33 arts or~~
40 ~~sciences with a major in human services, addictions and chemical dependency, behavioral health, psychology,~~
41 ~~social work, counseling, marriage and family therapy, or nursing with a behavioral health specialty; or a related~~
42 ~~field;~~

43 ~~(C) — at an accredited university resulting in a bachelor or master of arts, science or social~~
44 ~~work degree with a major in one of the courses of study listed in subparagraph (2)(B) of this paragraph; or~~

45 ~~(D) — one determined by the Board to be equivalent to that required under subsection (b)~~
46 ~~[BHA II specialized training] or (c)(2)(A) through (C) of this section.~~

47
48 **(d) Behavioral Health Aide II Practicum.** After completion of subsection (a) [prerequisites] and
49 completion of the training listed in subsection (b) [BHA II specialized training program] or (c) [BHA II alternative
50 training] of this section, the applicant must additionally complete a 100 hour clinical practicum under the direct
51 supervision of a licensed behavioral health clinician or behavioral health professional. The applicant must
52 satisfactorily perform each of the following:

53 (1) no fewer than 35 hours of providing client ~~clinical evaluation~~ substance use assessment and
54 treatment planning using the Diagnostic and Statistical Manual and American Society of Addiction Medicine
55 patient placement criteria with appropriate case documentation;

56 (2) no fewer than 30 hours of providing ~~treatment planning and client~~ rehabilitative services (e.g.,
57 comprehensive community support services or therapeutic behavioral health service) ~~case management~~ with
58 appropriate case documentation; ~~and~~

59 (3) no fewer than 25 ~~35~~ hours of providing community readiness evaluation and prevention plan
60 development with appropriate case documentation; ~~and~~
61

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1 (4) the balance of the hours must be related to practicum components listed in subsections (d)(1)
2 through (d)(3) of this section.

3
4 **(e) Behavioral Health Aide II Work Experience.**

5 **(1) Minimum Experience.** Except as provided in paragraph (2) [exceptions and substitutions] of
6 this subsection, prior to being certified as a behavioral health aide II, a person, who seeks certification based on
7 training or education described in subsections (b) [BHA II specialized training] or (c) [alternative training] ~~(2)~~
8 ~~[alternate courses of study]~~, must have provided village-based behavioral health services for no fewer than 2,000
9 hours under the direct or indirect (as applicable) supervision of a licensed behavioral health clinician or behavioral
10 health professional.

11 **(2) Exceptions and Substitutions.** An applicant who demonstrates that he or she satisfies the
12 applicable requirements of section 2.40.500 [BHA/P knowledge, skills, & scope of practice] and has the capacity
13 to provide culturally appropriate services in a village setting may substitute experience, or be exempted from the
14 experience requirement, as provided in subparagraphs (A) ~~through (D)~~ and (B) of this paragraph.

15 ~~(A) — An applicant who seeks certification as a behavioral health aide II based on education~~
16 ~~described in subsection (e)(2)(C) [bachelors degree] need not have work experience prior to being certified.~~

17 ~~(B) — An applicant who seeks certification as a behavioral health aide II based on education~~
18 ~~described in subsection (e)(2)(A) [RHS behavioral health certificate] or (B) [associates degree] needs to have only~~
19 ~~4000 hours of experience.~~

20 ~~(C)~~ (A) An applicant with experience providing behavioral health services other than that
21 described in subsection (e)(1) [minimum experience] or who has education and training beyond that required for
22 this level of certification may substitute such training and education.

23 ~~(D)~~ (B) Relevant practice experience acquired while obtaining the education or training
24 required under subsections (b) [BHA II specialized training] or (c) [alternative training] ~~[alternate courses of~~
25 ~~study]~~ and in meeting the experience requirements for certification as a behavioral health aide I may be relied
26 upon to satisfy the experience requirement under subsection (e)(1) [minimum experience] on an hour for hour
27 basis.

28
29 **Section 2.40.300(b)(c)(d) and (e). Behavioral Health Aide III Training, Practicum, and Experience Requirements**
30 **were amended, as follows:**

31
32 **(b) Behavioral Health Aide III Specialized Training Program.** The behavioral health aide III
33 specialized training program is comprised of Board approved courses, or their equivalent, that satisfy the
34 requirements of sections

- 35 (1) 8.20.325 [treatment of co-occurring disorders],
36 (2) 8.20.335 [advanced behavioral health clinical care],
37 (3) 8.20.340 [documentation and quality assurance],
38 (4) 8.20.345 [introduction to case management supervision],
39 (5) 8.20.350 [applied case studies in Alaska Native culture based issues],
40 (6) 8.20.370 [behavioral health clinical team building], and
41 (7) 8.20.385 [introduction to supervision], and
42 (8) 8.20.390 [child development].

43
44 **(c) Behavioral Health Aide III Alternative Training:**

45 **(1) Required Content.** In lieu of completing the specialized training courses ~~requirements~~
46 described in subsection (b) [BHA III specialized training program], a person may satisfy the course ~~training~~
47 requirements for certification as a behavioral health aide III by successfully completing ~~one of the~~ courses of study
48 determined by the Board under Sec. 8.20.010 [equivalent courses] to be equivalent to ~~those~~ required under
49 subsection (b) [BHA III specialized training]. ~~identified in paragraph (2) [alternate courses of study] of this~~
50 ~~subsection, provided~~

51 (A) such course of study must have included the content equivalent to that described in
52 subsection (b) [BHA III specialized training program], or

53 (B) to the extent it did not, the person successfully completed the courses listed in
54 subsection (b) as necessary to fill any gaps.

55 **(2) — Alternate Courses of Study.** Alternate courses of study are

56 ~~(A) those from an accredited college or university resulting in an associate of arts or~~
57 ~~sciences with a major in human services, addictions and chemical dependency, behavioral health, psychology,~~
58 ~~social work, counseling, marriage and family therapy, or nursing with a behavioral health specialty; or a related~~
59 ~~field;~~
60

61 ~~(B) those at an accredited university resulting in a bachelor of arts, science or social work~~
62 ~~degree with a major in one of the courses of study listed in subparagraph (2)(A) of this paragraph;~~

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1 (C) those at an accredited university resulting in a master of arts, science or social work
2 degree with a major in one of the courses of study listed in paragraph (2)(A) of this paragraph; or
3 (D) one determined by the Board to be equivalent to that required under subsection (b)
4 [BHA III specialized training] or (c)(2)(A) through (C) of this section.
5

6 (d) **Behavioral Health Aide III Practicum:** After meeting the requirements of subsection (a)
7 [prerequisites] and completion of the training listed in subsection (b)[BHA III specialized training] or (c) [BHA III
8 alternative training] of this section, the applicant must additionally complete a 100 hour clinical practicum under
9 the direct supervision of a licensed behavioral health clinician or behavioral health professional. The applicant
10 must satisfactorily perform each of the following components: under the direct supervision of a licensed
11 behavioral health clinician or behavioral health professional, the applicant satisfactorily completes a Board
12 approved 100-hour clinical practicum, which must include satisfactory performance of each of the following
13 components of no fewer than:

14 (1) no fewer than 45 60 hours of providing behavioral health clinical evaluation-assessment ,
15 treatment planning, and rehabilitative services case management for clients with special treatment issues related to
16 domestic violence, sexual assault and alcohol related brain damage (ARBD) or traumatic brain injury (TBI) co-
17 occurring disorders;

18 (2) no fewer than 20 hours of providing quality assurance case review with documentation of
19 review activity; and;

20 (3) no fewer than 20 hours of providing clinical team leadership by leading clinical team case
21 reviews; and

22 (4) the balance of the hours must be related to practicum components listed in subsections (d)(1)
23 through (d)(3) of this section.
24

25 (e) **Behavioral Health Aide III Work Experience:**

26 (1) **Minimum Experience.** Except as provided in paragraph (2) [exceptions and substitutions] of
27 this subsection, prior to being certified as a behavioral health aide III, a person, who seeks certification based on
28 training or education described in subsections (b) [BHA III specialized training] (c)(2) [~~alternative training~~
29 ~~alternate degree program~~], must have provided village-based behavioral health services for no fewer than 4,000
30 hours under the direct or indirect supervision (as applicable) of a licensed behavioral health clinician or behavioral
31 health professional.

32 (2) **Exceptions and Substitutions.** An applicant who demonstrates that he or she satisfies the
33 applicable requirements of section 2.40.500 [BHA/P knowledge, skills, and scope of practice] and has the capacity
34 to provide culturally appropriate services in a village setting may substitute experience, or be exempted from the
35 experience requirement, as provided in subparagraphs (A) ~~through (E)~~ and (B) of this paragraph.

36 (A) ~~An applicant who seeks certification as a behavioral health aide III based on education~~
37 ~~described in subsection (c)(2)(C) [masters degree] need not have work experience prior to being certified.~~

38 (B) ~~An applicant who seeks certification as a behavioral health aide III based on education~~
39 ~~described in subsection (c)(2)(B) [bachelors degree] needs to have only 500 hours of experience.~~

40 (C) ~~An applicant who seeks certification as a behavioral health aide III based on education~~
41 ~~described in subsection (c)(2)(A) [associates degree] needs to have only 2000 hours of experience.~~

42 (D) ~~(A)~~ An applicant with experience providing behavioral health services other than that
43 described in subsection (e)(d)(1) [minimum experience] or who has education and training beyond that required
44 for this level of certification may substitute such training and education.

45 (E) ~~(B)~~ Relevant practice experience acquired while obtaining the education or training
46 required under subsection (b) [BHA III specialized training] or (c) [~~alternative training alternate degree program~~]
47 and in meeting the experience requirements for certification as a behavioral health aide I and II may be relied upon
48 to satisfy the experience requirement under subsection (e)(1) [minimum experience] on an hour for hour basis.
49

50 **Section 2.40.400(b)(c)(d) and (e) Behavioral Health Practitioner Specialized Training Program were amended, as**
51 **follows:** The behavioral health practitioner specialized training program is comprised of Board approved courses, or
52 their equivalent, that satisfy the requirements of sections:

- 53 (1) 8.20.400 [issues in village-based behavioral health care];
- 54 (2) 8.20.425 [special issues in behavioral health services];
- 55 (3) 8.20.485 [competencies for village-based supervision], ~~and~~
- 56 (4) 8.20.490 [principles and practice of clinical supervision]; ~~and~~
- 57 (5) 8.20.495 [child-centered interventions].

58 (c) **Behavioral Health Practitioner Alternative Training:**

59 (1) **Required Content.** In lieu of completing one or more of the specialized training courses
60 described in the requirements under subsection (b) [BHP specialized training program], a person may satisfy the

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1 ~~course training~~ requirements for certification as a behavioral health practitioner by successfully completing ~~one of~~
2 ~~the~~ courses of study determined by the Board under sec. 8.20.010 [equivalent courses] to be equivalent to those
3 required under subsection (b) [BHP specialized training] ~~identified in paragraph (2) [alternate courses of study]~~ of
4 this subsection, provided
5

6 **(d) Behavioral Health Practitioner Practicum:** After meeting the requirements of subsection (a)
7 [prerequisites] and completion of the training listed in subsection (b) [BHP specialized training] or (c) [BHP
8 alternative training] of this section, the applicant must additionally complete a 100 hour clinical practicum under
9 the direct supervision of a licensed behavioral health clinician or behavioral health professional. The individual
10 must satisfactorily perform each of the following: ~~The applicant must satisfactorily complete a Board approved~~
11 ~~100 hour clinical practicum, which must include satisfactory performance of each of the following components:~~

12 (1) no fewer than 60 45 hours engaging, mentoring, and supporting, as well as participating in
13 supervision and evaluation of a behavioral health aide I, II, and III based on the understanding of the supervisee's
14 level of knowledge and skills, professional goals, and behavior; ~~on knowledge and skills on the of providing~~
15 ~~behavioral health clinical supervision mentorship and support, training and professional development, subject to~~
16 ~~applicable restrictions;~~

17 (2) no fewer than 40 25 hours of providing clinical team leadership by leading clinical team case
18 reviews; and

19 (3) the balance of the hours must be related to practicum components listed in subsections (d)(1)
20 and (d)(2) of this section.

21 **(e) Behavioral Health Practitioner Work Experience:**

22 **(1) Minimum Experience.** Except as provided in paragraph (2) [exceptions and substitutions] of
23 this subsection, prior to being certified as a behavioral health aide practitioner, a person, who seeks certification
24 based on training or education described in subsections (b) [BHP specialized training] or (c) ~~(2)~~ [BHP alternative
25 training alternate degree program], must have provided village-based behavioral health services for no fewer than
26 6,000 hours under the direct or indirect (as applicable) supervision of a licensed behavioral health clinician or
27 behavioral health professional.

28 **(2) Exceptions and Substitutions.** An applicant who demonstrates that he or she satisfies the
29 applicable requirements of section 2.40.500 [BHA/P knowledge, skills, and scope of practice] and has the capacity
30 to provide culturally appropriate services in a village setting may substitute experience, or be exempted from the
31 experience requirement, as provided in subparagraphs (A) ~~through (E)~~ and (B) of this paragraph.

32 ~~(A) An applicant who seeks certification as a behavioral health practitioner based on~~
33 ~~education described in subsection (e)(2)(C) [masters degree] need not have work experience prior to being~~
34 ~~certified.~~

35 ~~(B) An applicant who seeks certification as a behavioral health practitioner based on~~
36 ~~education described in subsection (e)(2)(B) [bachelors degree] needs to have only 1000 23 hours of experience.~~

37 ~~(C) An applicant who seeks certification as a behavioral health practitioner based on~~
38 ~~education described in subsection (e)(2)(A) [associates degree] needs to have only 4000 hours of experience.~~

39 ~~(D)~~ (A) An applicant with experience providing behavioral health services other than that
40 described in subsection (e)(1) [minimum experience] or who has education and training beyond that required for
41 this level of certification may substitute such training and education.

42 ~~(E)~~ (B) Relevant practice experience acquired while obtaining the education or training
43 required under subsection (b) [BHP specialized training] or (c) [BHP alternative training alternate degree program]
44 and in meeting the experience requirements for certification as a behavioral health aide I, II and III may be relied
45 upon to satisfy the experience requirement under subsection (e)(1) [minimum experience] on an hour for hour
46 basis.
47

48 **Section 3.10.070. BHA/P Continuing Education Requirements, was amended, as follows:**

49
50 **(a) Unlapsed Certificate.** A behavioral health aide or practitioner whose certification has not lapsed
51 who is an applicant for renewal of a certificate under article 40 [standards for BHA/Ps] of chapter 2 [certification
52 of CHAs, CHPs, DHAs, BHAs, and BHPs]:

53 (1) (A) as a behavioral health aide who has not completed the requirements for the next level
54 of certification prior to the deadline for recertification; or

55 (B) as a behavioral health practitioner;

56 (2) must provide evidence satisfactory to the Board that he or she has completed a minimum of
57 40 contact hours of continuing education approved by the Board on varied or updated topics during the concluding
58 two-year certification period, provided that:

59 (A) no fewer than 4 of the required contact hours must be regarding ethics and consent;

60 (B) no fewer than 4 of the required contact hours must be regarding confidentiality and
61 privacy; and

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- 1 (C) no fewer than 4 of the required contact hours must be regarding cross cultural
2 communication and understanding and working with diverse populations; cross cultural communication and
3 understanding; sensitivities to topics of diversity or diverse cultures, including but not limited to:
4 (1) various ethnicities or cultural heritages, age groups, genders, lifestyles, family dynamics,
5 or socioeconomic statuses, or diagnostic categories; or
6 (2) effective strategies for working with diverse populations, conducting self-assessments
7 and navigating value differences, developing cultural awareness and an understanding of its' potential influence
8 on a person's behavioral health; and
9 (D) the balance of the hours must be related to the knowledge and skills identified or related to
10 those described in section 2.40.500 [BHA/P knowledge, skills, and scope of practice]; and
11 (E) a minimum of 20 CEUs attended via face-to-face instruction.
12

13 **Section 8.10.030. BHA/P Training Administration and Records was amended, as follows:**

14
15 (a) **Commitment of Administration.** The sponsor of Board approved behavioral health aide training
16 programs under sections 2.40.100(a) [BHA I training, practicum, & experience requirements; specialized training
17 program], 2.40.200(b) [BHA II training, practicum, & experience requirements; specialized training program],
18 2.40.300(b) [BHA III training, practicum, & experience; specialized training program], and 2.40.400(b) [BHP
19 training, practicum, & experience requirements; specialized training program] must document ~~have an agreement~~
20 ~~with the Alaska Behavioral Health Support Center, operated by the Alaska Native Tribal Health Consortium,~~
21 ~~under which the Support Center will document on-going support of staffing positions and program needs and~~
22 ~~accept and retain records regarding training and continuing education carried out by the behavioral health aide~~
23 ~~training program.~~

24 (b) **Secretarial Support.** A behavioral health aide or practitioner training program should have
25 administrative and secretarial support sufficient to assure timely and smooth functioning of the program and
26 transmittal of records to the Certification Board, as required.

27 (c) **BHA/P Training Program Files.**

28 (1) A behavioral health aide or practitioner training program must have on file for review, ~~or~~
29 ~~transmit to the Support Center for retention;~~ training outlines, learning objectives, lesson plans, session quizzes
30 and exams, behavioral health aide or practitioner evaluation records, application forms, student training files,
31 quality assurance/continuous quality improvement files and a training plan for employees.

32 (2) ~~A behavioral health aide or practitioner training program must promptly after the~~
33 ~~conclusion of each training session, course or continuing education program transmit to Support Center a list of~~
34 ~~each student who attended the program with information about whether the student completed the course and an~~
35 ~~evaluation of the student's performance.~~
36

37 **Section 8.20.010. Equivalent Courses, was amended as follows:**

38
39 **Sec. 8.20.010. Equivalent Courses.** The Behavioral Health Academic Review Committee shall maintain
40 and provide to the Board a list of courses ~~offered by publically funded universities in Alaska~~ that the Behavioral
41 Health Academic Review Committee has determined to contain course content equivalent to that required under
42 this Article 20 [BHA curricula]. Applicants who have satisfactorily completed such courses shall be deemed to
43 have met the applicable curricula requirements.
44

45 **Section 8.20.050. General Orientation was amended, as follows:**

46
47 (a) **Minimum Hours.** This course shall be no fewer than 28 contact hours which must include 4
48 contact hours regarding communication skills identified in section 8.20.050(c) and may be provided as an in-
49 service training program by the employer.

50 (b) **Content.** This course shall provide an introduction to

- 51 (1) the Alaska Tribal Health System;
52 (2) the history, statutory authority for, and current status of the Community Health Aide
53 Program;
54 (3) community health aide program certification and the Community Health Aide Program
55 Certification Board;
56 (4) ~~the Alaska Community Health Aide/Practitioner Manual and the Behavioral Health Aide~~
57 ~~Manual its use and their uses;~~
58 (5) the dental health aide component of the community health aide program;
59 (6) the behavioral health care system in Alaska and how individuals may access it; and
60 (7) how the Alaska Tribal Health System is structured and the relationship of behavioral health
61 within the care system, including individual regional differences, as appropriate.

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Grammar and Formatting Edits for June 12, 2014

Section 8.20.390. Child Development was amended, as follows. This course, which shall be 20 contact hours, will

- (a) foundational information regarding
 - (1) developmental needs of youth ages in utero/birth to 17;
 - (2) overview of threats to development, including
 - (A) domestic violence, lack of social/family connection, neglect, and related biological, emotional and psychological distress; and
 - (B) role of parenting and social supports;
 - (3) cultural influences of development;
 - (4) adaptive and maladaptive behavior;
 - (5) issues of development related to exposure to alcohol and other substances in utero to age 3;
- and
 - (6) the impact of trauma on child development, including
 - (A) hyper and hypo physiological responses manifested in maladaptive behaviors, traumatic brain injury (TBI) and fetal alcohol spectrum disorder (FASD);
 - (B) preverbal versus verbal trauma and expression;
 - (C) brain and nervous system functioning; and
 - (D) social functioning

Section 8.20.495. Child-centered Interventions. This course, which shall be 20 contact hours, will provide

- (a) foundational information regarding
 - (1) common legal and ethical issues of counseling children and adolescents in school and community settings, including
 - (A) children in state custody under the Indian Child Welfare Act or by the Office of Children Services, and
 - (B) children of divorced parents;
 - (2) special documentation issues for
 - (A) group counseling sessions;
 - (B) family counseling sessions; and
 - (C) individualized educational plan (IEP) consultations;
 - (3) special populations:
 - (A) counseling children and adolescents with special needs; and
 - (B) treating children with FASDs including the waiver process, resources for parents, and how to attain a diagnosis for the client;
 - (4) defining the counselor role in the playroom;
 - (5) therapeutic approaches to counseling children and adolescents, including Trauma-focused Cognitive Behavioral Therapy (TF-CBT), directive and non-directive child-centered play therapy, Adlerian play therapy, and interventions for preverbal trauma
 - (6) crisis interventions appropriate to youth; and
 - (7) culturally competent skills.

Section 8.30.100. Behavioral Health Academic Review Committee was amended, as follows:

- (a) **Membership.** The behavioral health academic review committee satisfies these Standards if it includes
 - (1) two licensed behavioral health clinicians as defined in section 1.20.010(30) [licensed behavioral health clinician], who are employed by the IHS, a tribe or tribal organization, provided that at least
 - (A) one must be actively involved in development and implementation of behavioral health aide training,
 - (B) one must be the director of a tribal behavioral health program; ~~or and~~
 - (C) one must be actively engaged in clinical practice;
 - (2) ~~two~~ one behavioral health professionals, as defined in section 1.20.010(4) [behavioral health professional], employed by the IHS, a tribe or tribal organization; and
 - (3) ~~to the extent feasible~~
 - (A) ~~one representative of the CHA/P Academic Review Committee; and~~
 - (B) ~~one CHA/P Training Center representative currently employed by a certified CHA/P Training Center; and one CHAP Certification Board Member Representative;~~
 - (4) ~~provided that at least one of the members must have community health aide, dental health aide, or behavioral health aide field supervision experience. Four~~ Five behavioral health aides employed by the

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1 Indian Health Service, a tribe, or tribal organization will be designated by the Tribal Behavioral Health Directors
2 Committee; and

- 3 ~~(A) One BHA Trainee;~~
4 ~~(B) One BHA I;~~
5 ~~(C) One BHA II;~~
6 ~~(D) One BHA III, and~~
7 ~~(E) One Behavioral Health Practitioner.~~

8 (5) Invited non-voting members that are actively involved in BHA/P training, including:

- 9 (A) Training and development staff from the ANTHC Behavioral Health Department,
10 (B) The Tribal Liaison representing the State of Alaska Department of Behavioral
11 Health and/or a State designee to the BHARC; and
12 (C) Faculty, instructors, or other staff representing academic institutions, training entities
13 or tribal health organizations hosting trainings for use towards BHA/P certification.

14
15 **October 17, 2014, Formatting edits for two sections, as follows:**

16
17 **Section. 1.40.010. Findings. was reformatted for the renumbering of paragraphs (16)-(20) to (15)-(19).**

18
19 **Section 8.10.030. BHA/P Training Administration and Records, was reformatted, as follows:**

20
21 ~~(a) **Commitment of Administration.** The sponsor of Board approved behavioral health aide training~~
22 ~~programs under sections 2.40.100(a) [BHA I training, practicum, & experience requirements; specialized training~~
23 ~~program], 2.40.200(b) [BHA II training, practicum, & experience requirements; specialized training program],~~
24 ~~2.40.300(b) [BHA III training, practicum, & experience; specialized training program], and 2.40.400(b) [BHP~~
25 ~~training, practicum, & experience requirements; specialized training program] must document on-going support of~~
26 ~~staffing positions and program needs and accept and retain records regarding training and continuing education~~
27 ~~carried out by the behavioral health aide training program~~

28
29 (a) **Commitment of Administration.** The sponsor of Board approved behavioral health aide training
30 programs under sections
31 (1) 2.40.100(a) [BHA I training, practicum, & experience requirements; specialized training
32 program];
33 (2) 2.40.200(b) [BHA II training, practicum, & experience requirements; specialized training
34 program];
35 (3) 2.40.300(b) [BHA III training, practicum, & experience; specialized training program]; and
36 (4) 2.40.400(b) [BHP training, practicum, & experience requirements; specialized training
37 program] must document on-going support of staffing positions and program needs and accept and
38 retain records
39 regarding training and continuing education carried out by the behavioral health aide training
40 program.

41
42 **October 30, 2014, ten sections were amended, as follows:**

43
44 **Section 2.20.120. Scope of Practice Prior to Certification as Community Health Aide I was amended, as follows:**

45
46 (a) **Minimum Requirements.** A person who satisfies the requirements of subsection 2.20.120(b)
47 [scope of practice prior to certification as CHA I] may perform services of a certified community health aide I
48 prior to being certified under section 2.10.010 [initial qualifications] and 2.20.100 [CHA I training & education
49 requirements], provided the person is actively engaged in the process of meeting the requirements under section
50 2.20.100 [CHA I training & education requirements] through 2.20.110 [CHA I competencies] to become certified
51 as a community health aide I; and

52 ~~(e)~~A person who satisfies the requirements of subsection 2.20.120(b) [scope of practice prior to
53 certification as CHA I] who has submitted an application for certification as a community health aide I may begin
54 training to become certified as a community health aide II and perform services necessary to satisfy the
55 requirements of subsection 2.20.200(4) [CHA II training & education requirements; (field work)] pending action
56 on the community health aide I application.

57
58 (b) **Employment.** To be eligible to perform services under subsection 2.20.120(a) [scope of practice
59 prior to certification as CHA I], the person must

60 (1) be employed by the Indian Health Service or a tribe or tribal health program operating a
61 community health aide program in Alaska under the ISDEAA;

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- 1 (2) provide only those services for which the person has been trained and has demonstrated
2 successful performance; and
3 (3) practice as a community health aide only in compliance with the requirements in section
4 2.10.010(a)(9) [initial requirements; general requirements (supervision & day-to-day direction)].
5

6 (c) ~~A person who satisfies the requirements of subsection 2.20.120(b) [scope of practice prior to
7 certification as CHA I] who has submitted an application for certification as a community health aide I may begin
8 training to become certified as a community health aide II and perform services necessary to satisfy the
9 requirements of subsection 2.20.200(4) [CHA II training & education requirements; (field work)] pending action
10 on the community health aide I application.~~

11
12 **Section 2.10.010 (a)(5)(B) was amended, as follows:**

13 (B) for a dental health aide the requirements are those under section 2.30.100 [PDHA I
14 training & education requirements], 2.30.200 [PDHA II training & education requirements], 2.30.220(c) [training,
15 education & preceptorship], 2.30.230(c) [dental prophylaxis requirements; training & education] and (d)
16 [preceptorship], 2.30.240(c) [dental radiology requirements; training, education & preceptorship], 2.30.250(c)
17 [dental assistant function requirements; ~~training, education & preceptorship competencies~~], 2.30.260(c) [ART
18 requirements; training & education] and (d) [preceptorship], 2.30.300 [DHAH training & education requirements],
19 2.30.400 [EFDHA I supervision, training and education requirements], 2.30.500 [EFDHA II training & education
20 requirements], 2.30.550(c) [stainless steel crown placement requirements; training & education] and (d)
21 [preceptorship] and 2.30.600 [DHAT training & education requirements];
22

23 **Section 2.10.010 (a)(8)(B) was amended, as follows:**

24
25 (B) for a dental health aide the scopes of practice are defined in sections 2.30.110(b) [PDHA I
26 competencies], 2.30.210(b) [PDHA II supervision & competencies; competencies], 2.30.220(d) [sealant
27 requirements; competencies], 2.30.230(e) [dental prophylaxis requirements; competencies], 2.30.240(d) [dental
28 radiology requirements; competencies], 2.30.250(ed) [dental assistant function requirements; competencies],
29 2.30.260(e) [ART requirements; competencies], 2.30.310(b) [DHAH supervision & competencies; competencies],
30 2.30.410(b) [EFDHA I supervision & competencies; competencies], 2.30.510(b) [EFDHA II supervision &
31 competencies; competencies], 2.30.550(e) [stainless steel crown placement requirements; competencies], and
32 2.30.610(b) [DHAT supervision & competencies; competencies]; and
33

34 **Section 2.30.020. Scope of Practice Prior to Certification as a Dental Health Aide was amended, as follows:**

35
36 (a) **Minimum Requirements.** A person who satisfies the requirements of subsection 2.30.020(b)
37 [scope of practice prior to certification as a DHA; employment] may perform services of a certified dental health
38 aide prior to being certified under this article to the extent the services are performed
39 (1) as part of training required for certification;
40 (2) as part of a required preceptorship under sections 2.30.100(b) [PDHA I training & education
41 requirements; preceptorship], 2.30.220(c)(1)(B) [sealant requirements; training, education & preceptorship;
42 (sealants during training)] or (c)(2) [sealant requirements; training, education & preceptorship; (preceptorship)],
43 2.30.230(d) [dental prophylaxis requirements; preceptorship]; 2.30.240(c)(1)(D) [dental radiology requirements;
44 training, education & preceptorship; (radiographs during training)] or (c)(2) [dental radiology requirements;
45 training, education & preceptorship; (minimum number radiographs)], ~~2.30.250 (c) [dental assistant function~~
46 ~~requirements; training, education & preceptorship]~~, 2.30.260(d) [ART requirements; preceptorship], 2.30.400(b)
47 [EFDHA I supervision, training and education requirements; preceptorship], 2.30.500(b) [EFDHA II training &
48 education requirements; preceptorship], 2.30.550(d) [stainless steel crown placement requirements; preceptorship],
49 2.30.600(3) [DHAT training & education requirements; (preceptorship)]; or
50 (3) while an application for certification is pending before the Board after successful completion
51 of all required training and preceptorship.
52

53 **Section 2.30.200 (a)(1)(C) was amended, as follows:**

54
55 **Sec. 2.30.200. Primary Dental Health Aide II Training and Education Requirements.** A person meets
56 the training and education requirements to be a certified primary dental health aide II upon successful completion
57 of

58 (a) (1) (A) all requirements under sections 2.30.100 [PDHA I training & education requirements]
59 through 2.30.110 [PDHA I supervision & competencies];

60 (B) a Board approved DHA Advanced Dental Procedures training session that satisfies the
61 requirements of section 7.20.040 [DHA advanced dental procedures]; and

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1 (C) one or more certifications under 2.30.220 [sealant requirements], 2.30.230 [dental prophylaxis
2 requirements], 2.30.240 [dental radiology requirements], 2.30.250 [dental assistant function requirements], or
3 2.30.250 [dental assistant function requirements] or 2.30.260 [ART requirements]; or
4

5 **Section 2.30.210 (b)(3) was amended, as follows:**

6
7 (b) **Competencies.** In addition to meeting the requirements of section 2.30.110 [PDHA I supervision &
8 competencies], a certified dental health aide II must successfully demonstrate and maintain

- 9 (3) meeting the requirements of one or more of the following sections:
10 (A) 2.30.220 [sealant requirements];
11 (B) 2.30.230 [dental prophylaxis requirements];
12 (C) 2.30.240 [dental radiology requirements]; ~~or~~
13 (D) 2.30.250 [dental assistant function requirements]; or
14 (E) 2.30.260 [ART requirements].
15

16 **Section 2.30.230(e)(6). Dental Prophylaxis Requirements was amended, as follows:**

17
18 (e) **Competencies.** In addition to meeting all other requirements of this section, the dental health aide
19 must understand and successfully demonstrate and maintain the following competencies and skills:

- 20 (1) understanding and following dental orders;
21 (2) reviewing medical history and identifying contraindications for performing prophylaxis;
22 (3) understanding when the patient should be referred to a dentist prior to carrying out
23 prophylaxis;
24 (4) explaining prophylaxis procedure and respond to questions from patient regarding
25 prophylaxis;
26 (5) proper patient and provider safety procedures;
27 (A) proper use of dental instruments for safety of patient and provider;
28 (B) proper use of ultrasonic or piezoelectric scalers;
29 (6) scaling and polishing to remove plaque, calculus calcareous deposits, accretions, and stains
30 from the coronal or exposed surface of the tooth; and
31 (7) consistent with direct orders from the dentist after a dental examination, sulcular irrigation.
32

33 **Section 2.30.250. Dental Assistant Function Requirements was amended, as follows:**

34
35 (a) **Prerequisites.** A dental health aide may be certified under this section to perform the functions of a
36 dental assistant under the conditions set forth in subsections (b) through (c) of this section provided the dental
37 health aide satisfies the requirements of:

- 38 (1) 2.30.200 [PDHA II training & education requirements] and 2.30.210 [PDHA II supervision
39 & competencies]

40 (b) **Dental Supervision.** A dental health aide certified under this article who satisfies the requirements
41 of this section may perform the functions of a dental assistant only under the direct or indirect supervision of a

- 42 (1) dentist;
43 (2) dental health aide therapist;
44 (3) licensed dental hygienist;
45 (4) dental health aide hygienist; or
46 (5) primary dental health aide II or expanded function dental health aide I or II who is
47 performing procedures under the general supervision of a dentist.
48

49 (c) **Training, and Education and Preceptorship.** In addition to performing functions as provided for
50 the level of certification achieved by the dental health aide, a dental health aide may perform the functions of a
51 dental assistant, if the dental health aide has successfully completed one of the following:

- 52 (1) an accredited dental assisting program;
53 (2) a Board approved dental assisting program that satisfies the requirements of section 7.20.130
54 [dental assisting]; or
55 (3) a program provided by a dentist who directly supervised the person carrying out a sufficient
56 number of patient encounters for the person to develop satisfactory skills, as determined by the supervising dentist,
57 in each of the functions identified in 2.30.250(d) [dental assistant function requirements; competencies training &
58 education].
59

60 (d) **Competencies.** In addition to meeting all other requirements of this section, the dental health aide
61 must understand and successfully demonstrate and maintain the ability to satisfactorily perform the following
62 functions:

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- (1) applying topical anesthetic agents;
- (2) placing and removing rubber dams;
- (3) basic knowledge of dental materials, instruments, and procedures; and
- (4) four-handed instrument transfer.

Section 2.30.600(3) Dental Health Aide Therapist Training and Education Requirements was amend, as follows:

A person meets the training and education requirements to be a certified dental health aide therapist upon successful completion of

- (3) a clinical preceptorship under the direct supervision of a dentist for a minimum of three months or 400 hours whichever is longer. The preceptorship should encompass all competencies ~~all competencies~~ required of a dental health aide therapist outlined in section 2.30.610(b)(1), (2) and (3) [DHAT supervision and competencies; competencies], and students should demonstrate each procedure or service independently to the satisfaction of the preceptor dentist.

Section 2.30.610(b)(3)(A). Dental Health Aide Therapist Supervision and Competencies was amended, as follows:

(b) **Competencies.** In addition to meeting the requirements of section 2.30.100(a)(1) and (a)(4) [PDHA I training & education requirements; training; (pre-session) & (BLS)] and 2.30.600 [DHAT training & education requirements], a certified dental health aide therapist must successfully demonstrate and maintain

- (3) satisfactory performance under general supervision of a dentist of
 - (A) all of the skills identified in sections 2.30.110 [PDHA I supervision & competencies], 2.30.210 [PDHA II supervision & competencies], 2.30.220 [sealant requirements], 2.30.230 [dental prophylaxis requirements], 2.30.240 [dental radiology requirements], 2.30.250 [dental assistant function requirements], 2.30.260 [ART requirements], 2.30.410 [EFDHA I supervision & competencies], 2.30.510 [EFDHA II supervision & competencies], and 2.30.550 [stainless steel crown placement requirements];

Section 7.20.110(a)(6). Dental Prophylaxis was amended, as follows:

- (a) **Subject Matter.** A course in dental prophylaxis must address the following topics:
 - (1) understanding and following dental orders;
 - (2) reviewing medical history and identify contraindications for performing prophylaxis;
 - (3) understanding when the patient should be referred to a dentist prior to carrying out prophylaxis;
 - (4) explaining prophylaxis procedure and respond to questions from patient regarding prophylaxis;
 - (5) proper patient and provider safety procedures, including:
 - (A) proper use of dental instruments for safety of patient and provider; and
 - (B) proper use of ultrasonic or piezoelectric scalers;
 - (6) scaling and polishing to remove plaque, calculus ~~calcereous deposits, accretions~~, and stains from the coronal or exposed surface of the tooth; and
 - (7) consistent with direct orders from the dentist after a dental examination, sulcular irrigation.

January 22, 2015, Chapter 8 was amended and 2 sections were amended, as follows:

Amend Article 10. Training Programs, Facilities, and Training Staff, was amended, as follows:

Section 8.10.010. Facilities. ~~Behavioral health aide and practitioner training may occur~~

- ~~(1) in any certified CHA/P Training Center with facilities appropriate to the training being provided;~~
- ~~(2) for training not requiring clinical activity, any classroom that generally meets the standards set under section 5.10.020 [training facilities];~~
- ~~(3) for training requiring clinical activity, any Federal, State, university, or tribal facility with space appropriate to assure the client's need for privacy and confidentiality is protected; and~~
- ~~(4) as necessary, other locations may be used provided they meet the standards set forth in this section.~~

Section 8.10.010. Facilities. A BHA training center facility must provide classroom, or e-classroom and clinical environments that are conducive to a positive learning experience for faculty and behavioral health aide trainees by ensuring that:

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(1) traditional classrooms have appropriate space and privacy. Specific consideration and evaluation in the areas of safety, adequacy of space, air quality, lighting, heating, and storage must be documented; and

(2) e-classrooms have appropriate policies on Internet safety and privacy, appropriate language, emergency procedures for Internet outages, and recommendations on lighting, noise, and an ergonomic environment.

Section 8.10.020. Training Staff was amended, as follows:

(a) **Qualification and Roles.** Behavioral health aide and practitioner training may be coordinated and conducted by any person who generally meets the standards of ~~this section~~ 5.10.025(a) [training staff; qualifications & roles] as applicable to the ~~specific training being conducted.~~

~~(b) — Behavioral Health Advisor. All behavioral health aide and practitioner training must be conducted under the general supervision of a behavioral health advisor who must be a licensed behavioral health clinician who meets the standards of section 2.40.010(a) [supervision of BHA/Ps; clinical oversight], who is familiar with the community health aide program and with training village based behavioral health providers. The behavioral health advisor may or may not participate directly in the training, but must be familiar with and have approved the curriculum being taught and the qualifications of the training staff, and be available to consult with training staff during the training session should the need arise. Such consultation may occur telephonically or in person.~~

(1) **Director/Instructor of Record.** The BHA training center Director/Instructor of Record

(A) must be a licensed behavioral health clinician or behavioral health professional who will assume responsibilities for course development, evaluation and revision, and the evaluation of students and instructors.

(B) should be an individual with a combination of education, research, work, and/or life experience which are relevant to providing leadership in a BHA training center program, including an orientation to Alaska Native culture and traditions and be familiar with the CHA Program.

(C) may or may not participate directly in the training, but must be familiar with and have approved the curriculum being taught and the qualifications of the training staff, and be available to consult with training staff during the training session should the need arise. Such consultation may occur telephonically or in person.

(D) should have a background in health and education and be able to administrate, serve in a statewide liaison role, uphold the mission of the statewide program, and provide program direction, development, and leadership.

(2) **Instructor.** BHA training center instructors must consist of a majority of behavioral health professionals or licensed behavioral health clinicians. All instructors will be monitored to assure compliance with the BHA Curriculum and competence in subject being taught. Instructors teaching BHA curriculum via eLearning must demonstrate competency in e-teaching by experience, completed coursework, or other approved measures. All instructors should be certified, licensed, or have other training in the knowledge and skills that they are teaching, including knowledge of Alaska Native traditions and culture.

Section 8.10.030. BHA/P Training Administration and Records was amended, as follows:

(a) **Commitment of Administration.** ~~The sponsor of Board approved behavioral health aide training programs under sections~~

(1) ~~2.40.100(a) [BHA I training, practicum, & experience requirements; specialized training program];~~

(2) ~~2.40.200(b) [BHA II training, practicum, & experience requirements; specialized training program];~~

(3) ~~2.40.300(b) [BHA III training, practicum, & experience; specialized training program]; and~~

(4) ~~2.40.400(b) [BHP training, practicum, & experience requirements; specialized training program]~~ must document on-going support of staffing positions and program needs and accept and retain records regarding training and continuing education carried out by the behavioral health aide training program.

(b) **Secretarial Support.** ~~A behavioral health aide or practitioner training program should have administrative and secretarial support sufficient to assure timely and smooth functioning of the program and transmittal of records to the Certification Board, as required.~~

(c) **BHA/P Training Program Files.**

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1 (1) A behavioral health aide or practitioner training program must have on file for review
2 training outlines, learning objectives, lesson plans, session quizzes and exams, behavioral health aide or
3 practitioner evaluation records, application forms, student training files, quality assurance/continuous quality
4 improvement files and a training plan for employees.

5
6 (a) **Educational Program Philosophy.** A BHA training program must have on file a mission
7 statement that reflects the statewide nature of the program, and the goals and objectives, which must include
8 quality health care, competency based instruction, emphasis on clinical instruction and skills, awareness of
9 cultural influences, emphasis on a positive learning environment, and respect for the unique needs of the adult
10 learner.

11
12 (b) **Job Descriptions.** Job descriptions must be on file for each member of the training staff which
13 reflect the roles and responsibilities outlined in sec. 8.10.020(a) [Qualifications and Roles].

14
15 (c) **Orientation of New Staff.** A training program must have in place a written orientation procedure
16 for new employees which will minimally include the BHA mission, goals, and objectives; the BHA Curriculum;
17 the methods of instruction, and function of the statewide program; cultural diversity; the role of the BHA; and the
18 BHA certification process.

19
20 (d) **Commitment of Administration.** A training program must document on-going support of staffing
21 positions and program needs and accept and retain records regarding training and continuing education.

22
23 (e) **Secretarial Support.** A training program should have administrative and secretarial support
24 sufficient to assure timely and smooth functioning of the program and transmittal of records to the Certification
25 Board, as required.

26
27 (f) **Training Program Files.** A training program must have on file for review: training outlines,
28 learning objectives, lesson plans, session quizzes and exams, behavioral health aide or practitioner evaluation
29 records, application forms, student training files, quality assurance/continuous quality improvement files and a
30 training plan for employees.

31
32 (g) **Continuing Education.** A training center must have a policy on continuing education
33 requirements for the Director and Instructors. A plan should be developed annually to meet the policy goals.

34
35 **Section 8.10.040. BHA Training Center Self-Evaluation was amended, as follows:**

36
37 (a) **BHA Training Center.** A behavioral health aide or practitioner training program must have a
38 policy on quality assurance (QA)/ continuous quality improvement (CQI). This policy must include:

- 39 (1) BHA evaluations of training sessions and individual instructors, and
40 (2) documentation of meetings for staff evaluation of training sessions and quarterly program
41 reviews.

42 (b) **QA/CQI.** The QA/CQI process must be in effect, documenting that evaluation tools are in use,
43 trends are identified and the continuous quality improvement process is being implemented to address and modify
44 those identified trends.

45
46 **Section 8.10.050. Trainee Services was amended, as follows:**

47
48 (a) **Counseling and Health Services.** A system must be in place to refer trainees to confidential
49 counseling by a behavioral health professional or licensed behavioral health clinician which may include having
50 such persons available during course training. A system to provide acute care and emergency health services must
51 also be provided.

52
53 (b) **Academic Advising.** A training center must provide a system for trainee academic advising
54 pertinent to the role and certification of the BHA.

55
56 (c) **Attrition.** A system of recording trainee attrition data including the causes and timing of attrition
57 during training must be in place.

58
59 (d) **Housing, Meals, and Transportation.** Housing, meals and transportation should be available,
60 affordable, and conveniently located to the face-to-face training site.

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1 (e) **Internet Connectivity.** A workstation with Internet connectivity must be accessible as an alternate
2 to an eLearning students' own Internet service.
3

4 **Section 2.50.200(b). Requirements for Renewal was amended, as follows:**

5 (b) An applicant who has not been employed as a community health aide, community health
6 practitioner, dental health aide, or behavioral health aide or behavioral health practitioner an average of at least 15
7 hours a week for at least six months of the previous 12 months prior to submission of the application must provide
8 evidence satisfactory to the Board that he or she has ~~been or will be~~ monitored in the performance of each required
9 competence until he or she has demonstrated successful performance of each.
10

11 **Section 2.20.500 was amended, as follows:**

12 **Sec. 2.20.500. Community Health Practitioner Training and Education Requirements.** A person meets
13 the training and education requirements to be a certified community health practitioner upon successful completion
14 of

- 15 (1) all requirements under sections 2.20.100 [CHA I training & education requirements]
16 through 2.20.410 [CHA IV competencies];
17 (2) an approved preceptorship, including:
18 (A) at least 30 hours of supervised direct patient care experience;
19 (B) a minimum of 15 patient encounters as primary provider;
20 (C) the Preceptorship Critical Skills List;
21 (3) both sections of the statewide written Alaska Community Health Aide/Practitioner Program
22 Credentialing Exam with a ~~combined~~ score of 80 percent or higher on each section;
23 (4) the statewide Medical Math Exam with a score of 100 percent; and
24 (5) an evaluation of the applicants clinical performance and judgment by the applicant's direct
25 supervisor or other approved evaluator.
26

27 **June 11, 2015, one section was amended, as follows:**

28 **Section 2.20.210(c)(5)(D). Community Health Aide II Competencies,** was amended as follows:
29

- 30 (D) dental prevention:
31 (i) tooth brushing,
32 (ii) flossing,
33 (iii) disclosing tablets,
34 ~~(iv) fluoride application, rinse; and~~
35 ~~(v) fluoride gel.~~
36
37

38 **October 29, 2015, ten sections were amended, as follows:**

39 **Section 2.30.210(b)(1)(D)** was amended, as follows:
40

- 41 (b)(1)(D) an understanding of telemedicine technology;
42
43

44 **Section 2.30.220(c)(1)(B)** was amended, as follows:
45

46 (c)(1)(B) under the direct supervision of a dentist, dental health aide therapist, or licensed dental hygienist,
47 ~~or dental health aide hygienist~~ satisfactory performance of a minimum of 25 sealant procedures including:
48

49 **Section 2.30.220(c)(2)** was amended, as follows:
50

51 (c)(2) under the direct supervision of a dentist, dental health aide therapist, or licensed dental hygienist ~~or~~
52 ~~dental health aide hygienist~~, satisfactory performance of a minimum of 50 sealant procedures including:
53

54 **Section 2.30.230(d)** was amended, as follows:
55

56 (d) **Preceptorship.** A dental health aide must, after completion of the requirements in subsection (c) of this
57 section, under the direct supervision of a dentist, dental health aide therapist, or licensed dental hygienist, ~~or dental~~
58 ~~health aide hygienist~~, satisfactorily complete a preceptorship during which the dental health aide satisfactorily
59 performs a minimum of 40 dental prophylaxis of which

- 60 (1) a minimum of 10 must be performed on children under 8 years of age; and
61 (2) a minimum of 10 must be performed on adults with supra-gingival calculus.

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Section 2.30.240(c)(1)(D) was amended, as follows:

(c)(1)(D) satisfactory performance in exposing and developing a minimum of 75 dental radiographs under the direct supervision of a dentist, dental health aide therapist, ~~dental health aide hygienist~~, or licensed dental hygienist including:

Section 2.30.240(c)(2) was amended, as follows:

(c)(2) If in the course under (1) (A) through (C) the dental health aide did not satisfactorily expose radiographs on at least 10 patients, then after the completion of the course, the dental health aide must complete, under direct supervision of a dentist, dental health aide therapist, ~~dental health aide hygienist~~, or licensed dental hygienist, enough additional radiographs to have satisfactorily completed exposures on no less than 10 patients.

Section 2.30.250(b) was amended, as follows:

(b) Dental Supervision. A dental health aide certified under this article who satisfies the requirements of this section may perform the functions of a dental assistant only under the direct or indirect supervision of a

- (1) dentist;
- (2) dental health aide therapist;
- (3) licensed dental hygienist; or
- (4) ~~dental health aide hygienist~~; or [RESERVED]
- (5) primary dental health aide II or expanded function dental health aide I or II who is performing procedures under the general supervision of a dentist.

Section 2.30.410(b)(C)(ix) was amended, as follows:

(b)(C)(ix)
four-handed instrument transfer;

Section 2.30.500(a) was amended, as follows:

(a) Training and Education. A person meets the training and education requirements to be a certified expanded function dental health aide II upon successful completion of

(1) all requirement under sections 2.30.100(a)(1) and (a) (4) [PDHA I training & education requirements; training; (pre-session) & (BLS)], and 2.30.400(a)(2)(A), ~~(a)(3)~~; and (b)(1) [EFDHA I training & education requirements] ; ~~training & education; (PDHA I requirements), (basic restorative functions), & (preceptorship)~~, and 2.30.410 [EFDHA I supervision & competencies];

Section 3.10.300 (b) was amended by adding paragraph 20, as follows:

(b) Sponsorship. A continuing education program that meets the requirements of section 3.10.300(a) [approved continuing education programs for BHA/P; competencies] and is sponsored by any of the following organizations is considered approved by the Board:

- (20) National Association of Direct Service Providers (NADSP).

January 22, 2016, eighteen sections were amended, as follows:

Section 2.30.240(e) was deleted in its entirety and reserved:

~~**Sec. 2.30.240. Dental Radiology Requirements.**~~

~~(e) **Radiology Recertification.** No less often than once every two years, the dental health aide must expose a minimum of 20 radiographs under the direct supervision of a dentist or dental health aide therapist and those radiographs must be reviewed by a dentist and determined to have been performed satisfactorily.~~

Section 3.10.100(b) was amended by adding paragraph 7, as follows:

(b) Sponsorship. A continuing education program that meets the requirements of section 3.10.100(a) [approved continuing education programs for CHA/P; competencies] and is sponsored by any of the following organizations is considered approved by the Board.

- (7) Smiles for Life

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Section 7.10.030. DHA Training Administration and Records was amended, as follows:

(a) **Commitment of Administration.** The sponsor of Board approved DHA training programs must have an agreement with the ~~Alaska Dental Clinical and Preventive Support Center, operated by the Alaska Native Tribal Health Consortium, under which the Support Center Alaska Native Tribal Health Consortium Department of Oral Health Promotion~~ which will document on-going support of staffing positions and program needs and accept and retain records regarding training and continuing education carried out by the DHA training program.

(b) **Secretarial Support.** A DHA training program should have administrative and secretarial support sufficient to assure timely and smooth functioning of the program and transmittal of records to the Department of Oral Health Promotion.

(c) **DHA Training Program Files.**

(1) A DHA training program must have on file for review, or transmit to the ~~Support Center Department of Oral Health Promotion~~ for retention, DHA training outlines, learning objectives/lesson plans, session quizzes/exams, dental health aide evaluation records, application forms, student training files quality assurance/continuous quality improvement files and a training plan for employees.

(2) A DHA training program must promptly after the conclusion of each training session, course or continuing education program transmit to the ~~Support Center Department of Oral Health Promotion~~ a list of each student who attended the program with information about whether the student completed the course and an evaluation of the student's performance.

Section 7.20.010(c) was amended, as follows:

(c) **Training.** The training will include didactic instruction and hands-on practice in a lab or clinic setting sufficient to demonstrate competency of the subject matter listed in subsection (a) of this section.

Section 7.20.020(b) was amended, as follows:

(b) **Hours of Training.** ~~The course in which the topics listed in subsection (a) are addressed must include a minimum of~~

~~(1) 12 hours of didactic instruction; and~~

~~(2) 6 hours of hands on practice in a lab setting.~~ The training will include instruction and hands-on practice in a lab or clinic setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must include a minimum of 6 hours of clinical encounters.

Section 7.20.030(b) was amended, as follows:

(b) **Hours of Training.** ~~The course in which the topics listed in subsection (a) are addressed must include a minimum of~~

~~(1) 14 hours of didactic instruction; and~~

~~(2) 6 hours of clinical encounters.~~ The training will include instruction and hands-on practice in a lab or clinic setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands on practice must include a minimum of 6 hours of clinical encounters.

Section 7.20.040(b) was amended, as follows:

(b) ~~Hours of Training.~~ ~~The course in which the topics listed in subsection (a) are addressed must include a minimum of:~~

~~(1) 14 hours of didactic instruction; and~~

~~(2) 7 hours of clinical encounters.~~

(b) Training. The training will include instruction and hands-on practice in a lab or clinic setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must include a minimum of 7 hours of clinical encounters.

Section 7.20.050(b) was amended, as follows:

(b) ~~Hours of Training.~~ ~~The course in which the topics listed in subsection (a) are addressed must include a minimum of~~

~~(1) 12 hours of didactic instruction; and~~

~~(2) 7 hours of clinical encounters.~~

(b) Training. The training will include instruction and hands-on practice in a lab or clinic setting sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must include a minimum of 7 hours of clinical encounters.

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1 **Section 7.20.100(b) was amended, as follows:**

2
3 ~~(b) — **Hours of Training.** The course in which the topics listed in subsection (a) are addressed must~~
4 ~~include a minimum of~~

5 ~~(1) 7 hours of didactic instruction; and~~

6 ~~(2) 7 hours of clinical encounters.~~

7 (b) **Training.** The training will include instruction and hands-on practice in a lab or clinic setting
8 sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must
9 include a minimum of 7 hours of clinical encounters.

10
11 **Section 7.20.110(b) was amended, as follows:**

12
13 ~~(b) — **Hours of Training.** The course in which the topics listed in subsection (a) are addressed must~~
14 ~~include a minimum of~~

15 ~~(1) 8 hours of didactic instruction; and~~

16 ~~(2) 16 hours of clinical encounters.~~

17 (b) **Training.** The training will include instruction and hands-on practice in a lab or clinic setting
18 sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must
19 include a minimum of 16 hours of clinical encounters.

20
21 **Section 7.20.120(b) was amended, as follows:**

22
23 ~~(b) — **Hours of Training.** The course in which the topics listed in subsection (a) are addressed must~~
24 ~~include a minimum of~~

25 ~~(1) 12 hours of didactic instruction; and~~

26 ~~(2) 12 hours of clinical encounters.~~

27 (b) **Training.** The training will include instruction and hands-on practice in a lab or clinic setting
28 sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must
29 include a minimum of 12 hours of clinical encounters.

30
31 **Section 7.20.130(b) was amended, as follows:**

32
33 ~~(b) — **Hours of Training.** The course in which the topics listed in subsection (a) are addressed must~~
34 ~~include a minimum of~~

35 ~~(1) 12 hours of didactic instruction; and~~

36 ~~(2) 20 hours of clinical encounters.~~

37 (b) **Training.** The training will include instruction and hands-on practice in a lab or clinic setting
38 sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must
39 include a minimum of 20 hours of clinical encounters.

40
41 **Section 7.20.140(b) was amended, as follows:**

42
43 ~~(b) — **Hours of Training.** The course in which the topics listed in subsection (a) are addressed must~~
44 ~~include a minimum of~~

45 ~~(1) 14 hours of didactic instruction; and~~

46 ~~(2) 21 hours of clinical encounters.~~

47 (b) **Training.** The training will include instruction and hands-on practice in a lab or clinic setting
48 sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must
49 include a minimum of 21 hours of clinical encounters.

50
51 **Section 7.20.200(b) was amended, as follows:**

52
53 ~~(b) — **Hours of Training.** The course in which the topics listed in subsection (a) are addressed must~~
54 ~~include a minimum of:~~

55 ~~(1) 14 hours of didactic instruction; and~~

56 ~~(2) 21 hours of clinical encounters.~~

57 (b) **Training.** The training will include instruction and hands-on practice in a lab or clinic setting
58 sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must
59 include a minimum of 21 hours of clinical encounters.

60
61 **Section 7.20.210(b) was amended, as follows:**

62

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1 **(b) —Hours of Training.** The course in which the topics listed in subsection (a) are addressed must
2 include a minimum of

- 3 (1) 7 hours of didactic instruction; and
4 (2) 21 hours of clinical encounters.

5 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic setting
6 sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must
7 include a minimum of 21 hours of clinical encounters.
8

9 **Section 7.20.220(b) was amended, as follows:**

10 **(b) —Hours of Training.** The course in which the topics listed in subsection (a) are addressed must
11 include a minimum of

- 12 (1) 7 hours of didactic instruction; and
13 (2) 14 hours of clinical encounters.

14 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic setting
15 sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must
16 include a minimum of 14 hours of clinical encounters.
17

18 **Section 7.20.400(b) was amended, as follows:**

19 **(b) —Hours of Training.** The course in which the topics listed in subsection (a) are addressed must
20 include a minimum of

- 21 (1) 16 hours of didactic instruction;
22 (2) 8 hours of laboratory instruction during which time 3 injections each of the maxillary infiltration;
23 palatal, inferior alveolar, long buccal, and posterior superior alveolar injections are administered; and
24 (3) clinical experience sufficient to establish the dental health aide's ability to adequately
25 anesthetize the entire dentition and supporting structures in a clinical setting, requiring a minimum of 6 hours of
26 clinical encounters under direct supervision of faculty during which time each patient receiving an injection
27 receives a dental service; which must include a minimum of 4 each of the injections listed above.

28 **(b) Training.** The training will include instruction and hands-on practice in a lab or clinic setting
29 sufficient to demonstrate competency of the subject matter in subsection (a) of this section; hands-on practice must
30 include clinical experience sufficient to establish the dental health aide's ability to adequately anesthetize the
31 entire dentition and supporting structures in a clinical setting, and a minimum of 16 hours of clinical encounters.
32

33 **Section 7.20.500. Dental Health Aide Therapist Training was amended, as follows:**

34 **Sec. 7.20.500. Dental Health Aide Therapist Training Educational Program.** A DHAT Educational
35 therapist training program must provide instruction and clinical training education equivalent to that established
36 established by the Commission on Dental Accreditation (CODA) in their accreditation standards for dental therapy
37 education programs or the Alaska DHAT Educational Program, or approved by the Canadian National School of
38 Dental Therapy, the Medical Services Branch of the Canadian Ministry of Health or the New Zealand Board of
39 Dentistry.
40

41 **June 30, 2016, one section was amended, as follows:**

42 **Section 5.10.035. Volume, Hours and Distribution of Patient Encounters (a)(2) and (b)(1), were**
43 **amended, as follows:**

44 Sec. 5.10.035. Volume, Hours and Distribution of Patient Encounters. Clinical hours will be scheduled
45 in compliance with the CHA/P Curriculum. For each trainee a CHA/P Training Center's documentation of volume,
46 hours and distribution of patient encounters must meet the requirements of this section.
47

48 **(a) Encounters.**

49 (2) Session II. Ten encounters under the following conditions: the trainee will be the primary provider in
50 at least six four patient encounters with particular emphasis on patient problems delineated in the CHA/P Curriculum,
51 as outlined below and at least four six additional encounters with the trainee as active participant.
52

53 (b) (1) Primary Provider. Under subsection (a) [volume, hours & distribution of patient
54 encounters; encounters] of this section, the primary provider must initiate perform the history and examination, and
55 depending on the complexity of the encounter and the skill and confidence level of the trainee, determine the
56 assessment and plan in conjunction with the instructor.
57

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1 **October 27, 2016, four sections were amended, as follows:**

2 **Section 2.30.410(b)(1)(A)(ix), (C)(I) and (II) and (C)(viii)(ix)(x) and (xi), were amended, as followed:**

3 (b) Competencies. In addition to satisfying the requirements of 2.30.400 [EFDHA I training & education
4 requirements], a certified expanded function dental health aide must successfully demonstrate and maintain the
5 following:

- 6 (1) (A) an understanding of:
7 (i) basic dental anatomy;
8 (ii) caries disease process;
9 (iii) periodontal disease process;
10 (iv) infection control;
11 (v) health care system access, including access to Medicaid and other third-party
12 resources;
13 (vi) scheduling;
14 (vii) theory of prevention;
15 (viii) fluoride as a drug and related issues;
16 (ix) ~~dental charting and patient record documentation;~~
17 (B) competency in the following subjects:
18 (i) topical fluoride treatment(s);
19 (ii) oral hygiene instruction;
20 (iii) identification of potential dental problems and appropriate referrals;
21 (iv) recognition of medical and dental conditions that may require direct dental
22 supervision or services;
23 (v) those provided for under sections 2.20.110(b)(1), (3) through (12), and (14)
24 [CHA I competencies; (competencies)];
25 (vi) dental health aide's general scope of work;
26 (vii) basic life support and basic management of dental emergencies;
27 (C) satisfactory performance of the following skills:
28 (i) use of CHAM;
29 (ii) general medical history taking;
30 (iii) patient education including the explanation of prevention strategies,
31 including fluoride and sealants;
32 (iv) toothbrush prophylaxis;
33 (v) clean/sterile techniques;
34 ~~(I) proper handling and sterilization of instruments;~~
35 ~~(II) disinfection of the operatory;~~
36 (vi) universal precautions; and
37 (vii) hand washing;
38 ~~(viii) basic knowledge of dental materials, instruments and procedures;~~
39 ~~(ix) four handed instrument transfer;~~
40 ~~(x) applying topical anesthetic agents;~~
41 ~~(xi) placing and removing rubber dams;~~

42
43
44 **Section 2.30.510. Expanded Function Dental Health Aide Supervision and Competencies, was amended, as**
45 **follows:**

46
47 **Sec. 2.30.510. Expanded Function Dental Health Aide II Supervision and Competencies.**

48
49
50 **Section 3.10.300(b)(21) was amended, as follows:**

51 (b) **Sponsorship.** A continuing education program that meets the requirements of section 25 3.10.300(a)
52 [approved continuing education programs for BHA/P; competencies] and is sponsored by any of the following
53 organizations is considered approved by the Board:

54 (21) American Counseling Association (ACA)

55
56 **Section 7.20.110(a)(5)(B) was amended, as follows:**

- 57 (a) Subject Matter. A course in dental prophylaxis must address the following topics:
58 (1) understanding and following dental orders;
59 (2) reviewing medical history and identify contraindications for performing prophylaxis;
60 (3) understanding when the patient should be referred to a dentist prior to carrying out prophylaxis;
61 (4) explaining prophylaxis procedure and respond to questions from patient regarding prophylaxis;
62 (5) proper patient and provider safety procedures, including:

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- (A) proper use of dental instruments for safety of patient and provider; and
- (B) proper use of ultrasonic ~~or piezoelectric~~ scalers;

January 26, 2017, four sections were amended, as follows:

Section 2.30.230 was amended, as follows:

- (e) Competencies. In addition to meeting all other requirements of this section, the dental health aide must understand and successfully demonstrate and maintain the following competencies and skills:
 - (1) understanding and following dental orders;
 - (2) reviewing medical history and identifying contraindications for performing prophylaxis;
 - (3) understanding when the patient should be referred to a dentist prior to carrying out prophylaxis;
 - (4) explaining prophylaxis procedure and respond to questions from patient regarding prophylaxis;
 - (5) proper patient and provider safety procedures;
 - (A) proper use of dental instruments for safety of patient and provider;
 - (B) proper use of ultrasonic ~~or piezoelectric~~ scalers;
 - (6) scaling and polishing to remove plaque, calculus, and stains from the coronal or 37 exposed surface of the tooth; and
 - (7) ~~consistent with direct orders from the dentist after a dental examination, sublingual irrigation.~~

Section 2.30.250 was amended, as follows:

- (d) Competencies. In addition to meeting all other requirements of this section, the dental health aide must understand and successfully demonstrate and maintain the ability to satisfactorily perform the following functions:
 - (1) applying topical anesthetic agents;
 - (2) placing and removing rubber dams;
 - (3) basic knowledge of dental materials, instruments, and procedures;
 - (4) four-handed instrument transfer;
 - (5) ~~[RESERVED]~~ dental charting and patient record documentation;
 - (6) ~~[RESERVED]~~ proper handling and sterilization of instruments; and
 - (7) ~~[RESERVED]~~ disinfection of operator.
 - (8) [RESERVED]

Section 2.30.400 was amended, as follows:

- (a) Training and Education. A person meets the training and education requirements to be a certified expanded function dental health aide I upon successful completion of
 - (1) all requirements under sections 2.30.100(a)(1) and (a)(4) [PDHA I training & education requirements; (pre-session) & (BLS); [PDHA I Training and Education Requirements; Training] and meet requirements of Sec. 2.30.250(c) and (d)[Dental Assistant Function Requirements; Training, Education and Preceptorship; and Competencies]
 - (2) (A) (i) a Board approved course in basic restorative functions that satisfies the requirements of section 7.20.200 [basic restorative functions];
 - (ii) a course in basic restorative functions offered by an accredited school of higher education; or
 - (iii) a course in basic restorative functions offered or approved by IHS, including “Restorative Functions – Basic”; or
 - (B) training that meets the requirements under section 2.30.230 [dental prophylaxis requirements]; and
 - (3) a preceptorship that satisfies the requirements in subsection (b) [EFDHA I preceptorship] of this section.

Section 7.20.130 was amended, as follows:

- (a) Subject Matter. A course in dental assisting must address the following topics:
 - (1) applying topical anesthetic agents;
 - (2) placing and removing rubber dams;
 - (3) basic knowledge of dental materials, instruments, and procedures; and
 - (4) four-handed instrument transfer.
 - (5) dental charting and patient record documentation
 - (6) proper handling and sterilization of instruments
 - (7) disinfection of operator.

June 22, 2017, two sections were amended, as follows:

Section 5.30.010 was amended, as follows:

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1 **Sec. 5.30.010. Periodic Submissions and Reviews.** A CHA/P Training Center fully certified under section
2 5.20.020 [full certification] shall submit a CHA/P Training Center Annual RAC Requirements Review Annual Self-
3 Evaluation Checklist each year and shall be subject to on-site reviews, upon reasonable notice, at the discretion of the
4 Board, provided that an on-site review must occur no less often than once every five years. Such a CHA/P Training
5 Center must notify the Board if a change in any of the following occurs:

- 6 (1) the person responsible for coordination of the training within the center;
- 7 (2) 50 percent or more of the staff within a three-month period;
- 8 (3) Medical Advisor;
- 9 (4) methods of CHA/P Curriculum delivery;
- 10 (5) facilities used for training; or
- 11 (6) administration or finance that affects the viability of the training program.

12
13 **Section 8.20.230 was amended, as follows:**

14
15 **Sec. 8.20.230. Diagnostic and Statistical Manual Practice Application. This course, which shall be 12 contact hours,**
16 **will provide**

- 17 (a) foundational information about:
 - 18 (1) the philosophical and practice basis of evaluating behavioral health disorders using criteria
19 contained in the *Diagnostic and Statistical Manual* (“DSM”);
 - 20 (2) the use of DSM-derived screening tools (~~e.g. Global Assessment of Function Scale (“GAF”),~~
21 ~~Patient Health Questionnaire 9-Item Depression Module (“PHQ-9”) and Beck Depression Inventory (“BDI”)~~; to
22 develop working impressions and contribute information to clinical diagnosis;
- 23 (b) application exercises for practicing use of the DSM Axis I—V and related screening tools to
24 develop working impressions and contribute information to clinical diagnosis; in case samples.
- 25 (c) ~~information and exercises to develop an understanding and appreciation of the need for~~ analyze and
26 discuss the need for and appropriate use of clinical supervision and consultation related to client evaluation.

27
28 **January 25, 2018, one section, was amended, as follows:**

29
30 **Section 5.30.010 was amended, as follows:**

31
32 **Sec. 5.30.010. Periodic Submissions and Reviews.** A CHA/P Training Center fully certified under section 5.20.020 [full
33 certification] shall submit a CHA/P Training Center Annual RAC Requirements Review Checklist each year and shall be
34 subject to on-site reviews, upon reasonable notice, at the discretion of the Board, provided that an on-site review must
35 occur no less often than once every five years. Such a CHA/P Training Center must notify the Board if a change in any of
36 the following occurs:

- 37 (1) the person responsible for coordination of the training within the center;
- 38 (2) 50 percent or more of the staff within a three-month period;
- 39 (3) Medical Advisor;
- 40 (4) Major changes in methods of CHA/P Curriculum delivery to be submitted prior to implementation;
- 41 (5) facilities used for training; or
- 42 (6) administration or finance that affects the viability of the training program.

43
44 **June 13, 2019, two sections, were amended, as follows:**

45
46 **Section 5.10.025 was amended, as follows:**

47 **Instructor.** CHA/P Training Center instructors must consist of a majority of full-time equivalent mid-level
48 practitioner or physician instructors who are employees of the federal government or licensed by the State of Alaska.
49 Additional instructors should be certified or licensed and have formal training in the knowledge and skills that they are
50 teaching, including CHPs with current CHP credential, CHAPCB certification, and EMT certification. All instructors
51 will be monitored to assure compliance with the CHA/P Curriculum and competence in subject being taught.
52 Instructors teaching CHA curriculum via eLearning must demonstrate competency in e-teaching by experience,
53 completed coursework, or other approved measure.

54
55 **Section 5.10.035 was amended, as follows:**

56
57 **Sec. 5.10.035. Volume, Hours and Distribution of Patient Encounters.** Clinical hours will be scheduled in
58 compliance with the CHA/P Curriculum. For each trainee a CHA/P Training Center's documentation of volume, hours
59 and distribution of patient encounters must meet the requirements of this section.

60
61 **(c) Distribution of Clinical Hours.** The distribution of clinical hours must be available in the following
62 kinds of patient encounters:

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(2) Session III.	
Encounter Type	Hours
Prenatal	8
Newborn	1
Sick child	4
Post partum (<u>fundus Exam</u>)	1
Well child	8
STD	4
Total Hours	26

*Note: if no new postpartum patient is available, a RAC-approved model may be substituted.

September 12, 2019, six sections, were amended, as follows:

Section 5.10.025(a)(3) was amended, as follows:

(3) Clinical Instructor. Clinical instructors must be mid-level practitioners or physicians who are employees of the federal government or licensed by the State of Alaska. Certain patient encounters, exams, or diagnostic procedures may be taught by other persons who have appropriate experience or certification (e.g. well child visits and return prenatal visits examination, prenatal exam by a public health nurse; surrogate body system exams by a CHP). These encounters must be periodically reviewed by an experienced occur under the general review of the mid-level practitioner or physician trainer as part of the training center quality assurance program. The majority of clinical experiences for a student must be taught by a midlevel practitioner or physician trainer.

Section 2.30.110(b)(2)(A) was amended, as follows:

(b) Competencies. A certified primary dental health aide I must successfully demonstrate and maintain

(2) competency in the following subjects:

(A) topical fluoride treatments, including gels, foams, varnish and mouth rinse;

Section 2.30.110(b)(3)(E) was amended, as follows:

(b) Competencies. A certified primary dental health aide I must successfully demonstrate and maintain

(3) satisfactory performance of the following skills:

(A) use of CHAM;

(B) general medical history taking;

(C) patient education including:

(i) oral hygiene instruction;

(ii) diet education;

(iii) explanation of prevention strategies, including fluoride and sealants;

(D) tooth brush prophylaxis;

(E) providing topical fluorides, including gels, foam, varnish and rinses;

(F) clean/sterile techniques;

(G) universal precautions; and

(H) hand washing.

Section 2.30.610(b)(1) was amended, as follows:

(a) Competencies. In addition to meeting the requirements of section 2.30.100(a)(1) and (a)(4) [PDHA I training & education requirements; training; (pre-session) & (BLS)] and 2.30.600 [DHAT training & education requirements], a certified dental health aide therapist must successfully demonstrate and maintain

- (1) an understanding of
- (A) medical evaluation,
 - (B) dental evaluation,
 - (C) periodontic techniques,
 - (D) clinic management and supervision,
 - (E) restorative dentistry,
 - (F) oral surgery and local anesthesia,
 - (G) infection control,
 - (H) equipment maintenance and repair,
 - (I) community and preventive dentistry; and

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(J) management of the medicines in the village

Section 7.20.020(a)(5) was amended, as follows:

(a) **Subject Matter.** A primary oral health promotion and disease prevention course must address the following topics:

- (1) introduction to caries disease process;
- (2) introduction to periodontal disease process;
- (3) theory of oral health promotion and disease prevention;
- (4) fluoride as a drug and related issues, including toxicity;
- (5) topical fluoride treatments, ~~including gel, foam, varnish and rinse~~;
- (6) diet counseling; and
- (7) oral hygiene instruction.

April 24, 2020, Chapter 13, was added, as follows:

Sec. 13.10.010. Consistent with the authority set forth under CB 1.10.010, this Board, with the approval of the AANHS Area Director, may issue temporary emergency guidance or non-statutory waivers regarding the community health aide program and related processes, when the Secretary has declared a public health emergency, or the President has declared a major disaster or emergency.

June 3, 2020, twenty-one sections were, was added, as follows:

Amend Article 30. Standards for Dental Health Aides

Sec. 2.30.700. Dental Health Aide Therapist Practitioner Training and Education Requirements

Sec. 2.30.710. Dental Health Aide Therapist Practitioner Supervision and Competencies

(a) Dental Supervision

(b) Competencies

Section 1.20.010 was amended, as follows:

(16) “Dental health aide” means primary dental health aides I and II, dental health aide hygienists, expanded function dental health aides I and II, ~~and~~ dental health aide therapists, and dental health aide therapist practitioner, except as used in Article 30 of Chapter 2 regarding requirements for special classes of dental health aides;

Section 1.20.010 was amended, as follows:

(26) “DHATP” means dental health aide therapist practitioner;

Section 2.10.010(a)(5)(B) was amended, as follows:

(B) for a dental health aide the requirements are those under section 2.30.100 [PDHA I training & education requirements], 2.30.200 [PDHA II training & education requirements] 2.30.220(c) [training, education & preceptorship], 2.30.230(c) [dental prophylaxis requirements; training & education] and (d) [preceptorship], 2.30.240(c) [dental radiology requirements; training, education & preceptorship], 2.30.250(c) [dental assistant function requirements; training, education & preceptorship], 2.30.260(c) [ART requirements; training & education] and (d) [preceptorship], 2.30.300 [DHAH training & education requirements], 2.30.400 [EFDHA I supervision, training and education requirements], 2.30.500 [EFDHA II training & education requirements], 2.30.550(c) [stainless steel crown placement requirements; training & education] and (d) [preceptorship], ~~and~~ 2.30.600 [DHAT training & education requirements], 2.30.700 [DHATP training & education requirements];

Section 2.10.010(a)(8)(B) was amended, as follows:

(B) for a dental health aide the scopes of practice are defined in sections 2.30.110(b) [PDHA I competencies], 2.30.210(b) [PDHA II supervision & competencies; competencies], 2.30.220(d) [sealant requirements; competencies], 2.30.230(e) [dental prophylaxis requirements; competencies], 2.30.240(d) [dental radiology requirements; competencies], 2.30.250(d) [dental assistant function requirements; competencies], 2.30.260(e) [ART requirements; competencies], 2.30.310(b) [DHAH supervision & competencies; competencies], 2.30.410(b) [EFDHA I supervision & competencies; competencies], 2.30.510(b) [EFDHA II supervision & competencies; competencies], 2.30.550(e) [stainless steel crown placement requirements; competencies], ~~and~~ 2.30.610(b) [DHAT supervision & competencies; competencies] and 2.30.710 (b) [DHATP supervision & competencies; competencies];

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Section 2.30.010. Supervision of Dental Health Aides, was amended as follows:

(a) **Generally.** The supervision of a dental health aide may be general, indirect or direct, as defined in section 2.30.010(b) [supervision of DHAs; definitions of levels of supervision], provided that

(1) the person providing the supervision must satisfy the criteria provided under section 2.10.010(a)(9) [initial qualifications; general requirements (supervision & day-to-day direction)];

(2) the dental health aide must be supervised at whatever level of supervision is required for the specific care being provided;

(3) a dentist, ~~or dental health aide therapist,~~ or dental health aide therapist practitioner providing supervision may impose a higher level of supervision on the dental health aide than that provided in this article, and

(4) when a dental health aide therapist ~~or dental health aide therapist practitioner~~ requires supervision, the supervision must be provided by a dentist.

Section 2.30.010(b)(1)(2) and (3) was amended, as follows:

b) Definitions of Levels of Supervision. For the purposes of this article:

(1) “Direct supervision” means the dentist, ~~or dental health aide therapist,~~ or dental health aide therapist practitioner in the dental office, personally diagnoses the condition to be treated, personally authorizes the procedure, and before dismissal of the patient evaluates the performance of the dental health aide;

(2) “General supervision” means the dentist, ~~or dental health aide therapist,~~ or dental health aide therapist practitioner has authorized the procedures and they are being carried out in accordance with standing orders issued to a specific dental health aide; and

(3) “Indirect supervision” means a dentist, ~~or dental health aide therapist,~~ or dental health aide therapist practitioner is in the facility, authorizes the procedures, and remains in the dental facility while the procedures are being performed by the dental health aide.

Section 2.30.110. Primary Dental Health Aide I Supervision and Competencies, was amended, as follows:

(a) **Dental Supervision.** A certified primary dental health aide I may provide services under the general supervision of a dentist, ~~or dental health aide therapist,~~ or dental health aide therapist practitioner.

Section 2.30.210. Primary Dental Health Aide II Supervision and Competencies, was amended, as follows:

(a) **Dental Supervision.** A certified primary dental health aide II may provide the services under paragraph (b)(2) [competencies; (satisfactory performance)] under the general supervision of a dentist, ~~or dental health aide therapist,~~ or dental health aide therapist practitioner.

Section 2.30.220(b)(1)(2)(3) was amended, as follows:

(b) Dental Supervision.

(1) The sealant procedure must have been ordered by a dentist, dental health aide therapist, or dental health aide therapist practitioner prior to the sealant procedure.

(2) Sealants may be performed under this section by a dental health aide under the general supervision of a dentist, dental health aide therapist, or dental health aide therapist practitioner provided the dental health aide has met the requirements of this section, including successful completion of the requirements of section 2.30.200(b) [PDHA II training & education requirements; (village-based dental practice course)].

(3) An expanded function dental health aide I or II who has not completed the requirements of section 2.30.200(b) [PDHA II training & education requirements; (village-based dental practice course)] may perform sealants under this section only under the direct or indirect supervision of a dentist, dental health aide therapist, or dental health aide therapist practitioner.

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1 **Section 2.30.220(c)(1)(B) was amended, as follows:**

2
3 (c) **Training, Education and Preceptorship.** The dental health aide must have satisfactorily
4 completed

5 (1) (A) a course in sealants

6 (i) approved by the Board that satisfies the requirements of section 7.20.100 [sealants];

7 (ii) offered by an accredited school of higher education; or

8 (iii) offered by IHS; and

9 (B) under the direct supervision of a dentist, dental health aide therapist, dental health aide therapist
10 practitioner or licensed dental hygienist, satisfactory performance of a minimum of 25 sealant procedures including:

11
12 **Section 2.30.230(b) was amended, as follows:**

13 **(b) Dental Supervision.**

14 (1) The dental prophylaxis procedure must have been ordered by a dentist, ~~or~~ dental health aide
15 therapist, or dental health aide therapist practitioner prior to the performance of the procedure.

16 (2) Dental prophylaxis performed under this section must be carried out under the direct or indirect
17 supervision of a dentist, ~~or~~ dental health aide therapist, or dental health aide therapist practitioner unless the dental
18 health aide has successfully completed the requirements of section 2.30.200(b) [PDHA II training & education
19 requirements; (village-based dental practice course)].

20
21 **Section 2.30.230(d) was amended, as follows:**

22
23 **(d) Preceptorship.** A dental health aide must, after completion of the requirements in subsection (c) of this
24 section, under the direct supervision of a dentist, dental health aide therapist, dental health aide therapist practitioner or
25 licensed dental hygienist, satisfactorily complete a preceptorship during which the dental health aide satisfactorily
26 performs a minimum of 40 dental prophylaxis of which

27
28 **Section 2.30.250(b)(4) was amended, as follows:**

29
30 **(b) Dental Supervision.** A dental health aide certified under this article who satisfies the requirements of
31 this section may perform the functions of a dental assistant only under the direct or indirect supervision of a

32 (1) dentist;

33 (2) dental health aide therapist;

34 (3) licensed dental hygienist; or

35 (4) dental health aide therapist practitioner

36 ~~[RESERVED]~~

37 (5) primary dental health aide II or expanded function dental health aide I or II who is performing
38 procedures under the general supervision of a dentist.

39
40 **Section 2.30.260(b)(1)(2)(3) was amended, as follows:**

41
42 **(b) Dental Supervision.**

43 (1) The dental health aide may perform ART only after consultation with a dentist, or dental health aide
44 therapist, or dental health aide therapist practitioner (exception is the dental health aide hygienist who must be
45 supervised by a dentist) who has reviewed appropriate dental records regarding the patient, which may include
46 radiographs and intra-oral photographs.

47 (2) ART may be performed under this section by a dental health aide under the general supervision of a
48 dentist or dental health aide therapist, or dental health aide therapist practitioner (exception is the dental health aide
49 hygienist who must be supervised by a dentist) provided the dental health aide has met the requirements of all of the
50 requirements of this section, including successful completion of the requirements of section 2.30.200(b) [PDHA II
51 training & education requirements; (village-based dental practice course)].

52
53 3) An expanded function dental health aide I or II who has not completed the requirements of section
54 2.30.200(b) [PDHA II training & education requirements; (village-based dental practice course)] may perform ART

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1 under this section only under the direct or indirect supervision of a dentist, or dental health aide therapist, or dental
2 health aide therapist practitioner.

3
4 **Section 2.30.410(a)(1)(2)(3) and (4) was amended, as follows:**

5
6 **Sec. 2.30.410. Expanded Function Dental Health Aide I Supervision and Competencies.**

7
8 **(a) Dental Supervision.**

9 (1) An expanded function dental health aide I may perform the functions identified for a dental assistant
10 under sections 2.30.250(c) [dental assistant function requirements; competencies] and 2.30.410(b) [EFDHA I
11 supervision & competencies; competencies] only under the direct or indirect supervision of a dentist, ~~or~~ dental health
12 aide therapist, or dental health aide therapist practitioner.

13 (2) An expanded function dental health aide I may perform the services identified in section 2.30.550
14 [stainless steel crown placement requirements] under the direct or indirect supervision of a dentist, ~~or~~ dental health aide
15 therapist, or dental health aide therapist practitioner upon successful completion of all the requirements of the applicable
16 section.

17 (3) An expanded function dental health aide I may perform the services identified in section 2.30.410
18 (b)(1) [EFDHA I supervision & competencies] under general supervision of a dentist, ~~or~~ dental health aide therapist, or
19 dental health aide therapist practitioner upon completion of the requirements of section 2.30.200(b) [PDHA II training
20 & education requirements; (village-based dental practice course)].

21 (4) An expanded function dental health aide I may perform services as provided for undersections 2.30.220
22 [sealant requirements], 2.30.230 [dental prophylaxis requirements], 2.30.240[dental radiology requirements], and
23 2.30.260 [ART requirements] under the general supervision of a dentist, ~~or~~ dental health aide therapist, or dental health
24 aide therapist practitioner upon successful completion of all of the requirements of the applicable section and the
25 requirements of section 2.30.200(b) [PDHA II training & education requirements; (village-based dental practice
26 course)]
27

28 **Section 2.30.510(a)(1)(2)(3) and (4) was amended, as follows:**

29
30 **Sec. 2.30.510. Expanded Function Dental Health Aide II Supervision and Competencies**

31
32 **a) Dental Supervision.**

33 (1) An expanded function dental health aide II may perform the functions identified for a dental assistant
34 under sections 2.30.250(c) [dental assistant function requirements; competencies] and 2.30.510(b) [EFDHA II
35 supervision & competencies; competencies] only under the direct or indirect supervision of a dentist, ~~or~~ dental health
36 aide therapist, or dental health aide therapist practitioner.

37 (2) An expanded function dental health aide II may perform the services identified in section 2.30.550
38 [stainless steel crown placement requirements] under the direct or indirect supervision of a dentist, ~~or~~ dental health aide
39 therapist, or dental health aide therapist practitioner. upon successful completion of all of the requirements of the
40 applicable section.

41 (3) An expanded function dental health aide II may perform the services identified in section 2.30.410
42 (b)(1) [EFDHA I supervision & competencies; competencies under general supervision of a dentist, ~~or~~ dental health
43 aide therapist, or dental health aide therapist practitioner. upon completion of the requirements of section
44 2.30.200(b)[PDHA II training & education requirements; (village-based dental practice course)].

45 (4) An expanded function dental health aide II may perform services as provided for under sections
46 2.30.220 [sealant requirements], 2.30.230 [dental prophylaxis requirements], 2.30.240[dental radiology requirements],
47 and 2.30.260 [ART requirements] under the general supervision of a dentist, ~~or~~ dental health aide therapist, or dental
48 health aide therapist practitioner. upon successful completion of all of the requirements of the applicable section and the
49 requirements of section 2.30.200(b) [PDHA II training & education requirements; village-based dental practice].
50

51 **Section 2.30.700 was added, as follows:**
52

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Sec. 2.30.700. Dental Health Aide Therapist Practitioner Training and Education Requirements.

A person meets the training and education requirements to be a certified dental health aide therapist practitioner upon successful completion of

- (1) all the requirements of section 2.30.600 [DHAT training & education requirements]; and
 - (2) two consecutive recertification as a dental health aide therapist outlined in section 2.50.200 [Requirements for Renewal] and section 3.10.050 [DHA Continuing Education Requirements]; and
 - (3) requirements of section 3.10.050 [DHA Continuing Education Requirements; Unlapsed Certificate];
- and
- (4) Letter of Recommendation to the CHAP Certification Board by the applicant’s direct clinical supervisor verifying the DHAT meets clinical competency and has satisfactory completion of 30 chart audits.

Section 2.30.710 was added, as follows:

Sec. 2.30.710. Dental Health Aide Therapist Practitioner Supervision and Competencies.

(a) Dental Supervision. Dental health aide therapist practitioner services may be performed under the requirements set forth in 2.30.610 (a) [DHAT dental supervision]

(b) Competencies. In addition to meeting the requirements of section 2.30.700 [DHATP training & education requirements], a certified dental health aide therapist practitioner must successfully demonstrate and maintain requirements set forth in 2.30.610 (b) [DHAT competencies]

Section 2.50.200. Requirements for Renewal was amended, as follows:

(a) A certified community health aide, community health practitioner, dental health aide, or behavioral health aide or practitioner applying for certificate renewal shall:

- (1) apply on a form provided by the Board;
- (2) pay the application fees required by the Board;
- (3) provide evidence satisfactory to the Board that the applicant has met the continuing education requirements of the Board;
- (4) provide evidence satisfactory to the Board that the applicant continues to demonstrate the practical professional competencies required for the level of certification sought;
- (5) continue to meet the requirements of chapter 2 [certification of CHA/Ps, DHAs, & BHAs]; and
- (6) if seeking recertification as a community health practitioner, no less often than once every six years, the individual must re-satisfy the requirements of section 2.20.500 [CHP training & education requirements]; or
- (7) if seeking recertification as a dental health aide therapist practitioner, no less often than once every six years, the individual must re-satisfy the requirements of section 2.30.700 (3) and (4) [DHATP training & education requirements].

Section 3.10.050. DHA Continuing Education Requirements was amended, as follows:

(a) Unlapsed Certificate.

(1) An applicant for renewal of a certificate under article 30 of chapter 2 whose certificate has not lapsed must meet

- (A) any specific recertification requirements set forth therein;
- (B) satisfactory performance under the direct supervision of a dentist, dental hygienist, ~~or~~ dental health aide therapist, or dental health aide therapist practitioner a minimum of

January 13, 2021, four sections were amended, as follows:

Section 8.30.100(a) was amended, as follows:

(a) Membership. The behavioral health academic review committee satisfies these Standards if it includes;

- (1) the following voting members:

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1 (A) three licensed behavioral health clinicians as defined in section 1.20.010(32) [licensed
2 behavioral health clinician], or behavioral health professionals, as defined in section 1.20.010(4) [behavioral health
3 professional], who are employed by the IHS, a tribe or tribal organization, provided that at least
4 (i) one must be actively involved in clinical supervision of BHA/Ps at their organization,
5 (ii) one must be actively licensed in the field of behavioral health, and
6 (iii) one must be actively engaged in clinical practice;
7 (B) one CHAP Certification Board Member Representative, appointed by the Tribal Behavioral
8 Health Directors Committee (TBHDC); and
9 (C) three behavioral health aides employed by the Indian Health Service, a tribe, or tribal
10 organization; and
11 (2) the following invited non-voting members that are actively involved in BHA/P training, including:
12 (A) training and development staff from the ANTHC Behavioral Health Department;
13 (B) the Tribal Liaison representing the State of Alaska Department of Behavioral Health and/or a
14 State designee to the BHARC;
15 (C) faculty, instructors, or other staff representing academic institutions, training entities or tribal
16 health organizations hosting trainings for use towards BHA/P certification; and
17 (D) Other members might include those that serve similar clinical or community populations as
18 BHA/Ps.

19
20 **Section 2.40.400(d) was amended, as follows:**

21
22 (d) **Behavioral Health Practitioner Practicum.** After meeting the requirements of subsection (a)
23 [prerequisites] and completion of the training listed in subsection (b) [BHP specialized training] or (c) [BHP alternative
24 training] of this section, the applicant must additionally complete a 100 hour clinical practicum under the direct
25 supervision of a licensed behavioral health clinician or behavioral health professional. The individual must
26 satisfactorily perform each of the following:
27 (1) no fewer than ~~45~~ 20 hours engaging, mentoring, and supporting, as well as participating in
28 supervision and evaluation of a behavioral health aide I, II, and III based on the understanding of the supervisee's level
29 of knowledge and skills, professional goals, and behavior;
30 (2) no fewer than 25 hours of providing clinical team leadership by leading clinical team case
31 reviews; ~~and~~
32 (3) no fewer than 30 hours building cultural competence by learning about the Alaska Native cultural
33 context and developing a wellness framework for this cultural context within which positive therapeutic relationships
34 can be developed; and
35 ~~(34)~~ (34) the balance of the hours ~~must~~ may be related to practicum components listed in subsections (d)(1),
36 ~~and~~ (d)(2), and (d)(3) of this section—~~or provision of integrated clinical services or child/adolescent services.~~

37
38 **Section 3.10.300(b) was amended, as follows:**

39
40 **3.10.300 (b) Sponsorship.** A continuing education program that meets the requirements of section
41 3.10.300(a) [approved continuing education programs for BHA/P; competencies] and is offered or sponsored by any of
42 the following organizations is considered approved by the Board:

- 43 (1) a certified ~~B~~BHA/P Training Center;
- 44 (2) Alaska Commission for Behavioral Health Certification (ACBHC);
- 45 (3) the Indian Health Service;
- 46 (4) ~~an accredited postsecondary educational institution~~ Alaska Board of Social Work Examiners
- 47 (5) Alaska Training Cooperative
- 48 (6) Accreditation Council for Continuing Medical Education (ACCME)
- 49 (7) an accredited postsecondary educational institution;
- 50 (8) American Counseling Association (ACA)
- 51 (5) ~~American Mental Health Counselors Association (AMHCA);~~
- 52 (6) ~~American Psychiatric Association (APA);~~
- 53 (9) American Nurses Credentialing Center (ANCC)
- 54 (10) American Psychiatric Nurses Association (APNA);
- 55 (11) American Society of Addiction Medicine (ASAM);
- 56 (12) American Psychological Association (APA);
- 57 (13) Commission on Rehabilitation Counselor Certification (CRCC)
- 58 (10) ~~American Rehabilitation Counseling Association (ARCA);~~
- 59 (11) ~~Association for Assessment in Counseling and Education (AACCE);~~
- 60 (12) ~~Association for Counselor Education and Supervision (ACES);~~
- 61 (13) ~~Association for Counselors and Educators in Government (ACEG);~~
- 62 (14) ~~International Association of Addictions and Offender Counselors (IAAOC);~~

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- (15) ~~International Association of Marriage and Family Counselors (IAMFC);~~
- (14) International Certification & Reciprocity Consortium (IC&RC);
- (15) Livingworks.net (Safetalk)
- (16) National Association of Alcohol and Drug Abuse Counselors (NAADAC);
- (17) National Association of Social Workers (NASW) or any state chapter of NASW;
- (18) National Board of Certified Counselors (NBCC);
- (19) National Association of Direct Service Providers (NADSP); or
- ~~21) American Counseling Association (ACA)-Moved to # 8~~
- (20) QPR Institute
- (21) [RESERVED].

Section 2.10.010(9)(C) was amended, as follows:

- (9) furnishes evidence satisfactory to the Board that
- are:
- (A) the person will practice only under supervision and day-to-day direction of individuals who
 - (i) familiar with the community health aide program, these *Standards*, and the CHAM;
 - (ii) employed by the federal government or employed by or under contract with a tribal health program operating a community health aide program in Alaska under the ISDEEA; and
 - (B) provided; that
 - (i) a community health aide, or community health practitioner may practice only under the medical supervision of a licensed physician; and
 - (ii) as a dental health aide may practice only under the direct, indirect or general supervision required under article 30 [standards for DHAs] of this Chapter [certification of CHAs, CHPs, DHAs, BHAs, & BHPs]; and
 - (iii) a behavioral health aide or behavioral health practitioner may practice only under the direct, indirect, or general supervision required under section 2.40.010 [supervision of BHA/Ps]; and
 - (C) notwithstanding the requirements under paragraphs (9)(B), other physicians, dentists, mid-level providers, licensed behavioral health clinicians, and behavioral health professionals or other independently-licensed qualified healthcare professionals designated by the referral doctor may direct the day-to-day activities of a community health aide, community health practitioner; dental health aide, behavioral health aide, or behavioral health practitioner, as appropriate; and