

Community Health Aide Program Emergency Skills Checklist

Skill/Concept	Taught in an EMS Course	Reviewed in Basic Training				Peer Practice: Scenarios	Supervised Practice
		SI	SII	SIII	SIV		
Scene Size-up/Survey: Scene Safety							
Mechanism of Injury (MOI)							
Number of Patients							
Is help needed							
Standard Precautions (BSI)							
Basic Life Support: Adult							
Child							
Infant							
AED							
When to start and stop							
Airway Management:							
Obstructed Airway: Adult							
Child							
Infant							
Mouth to Mask Resuscitation							
Bag Valve Mask (BVM)							
Oral Airways							
Nasal Airways							
Suction: Indications							
Oxygen Delivery: Tank Safety							
Assembly							
Indications							
Non-rebreather							
Nasal Cannula							
Initial Assessment: LOC (AVPU)							
Airway							
Breathing							
Circulation							
Hemorrhage Sweep							
Vital Signs: Pulse							
Respirations							
Blood Pressure							
Blood Pressure Palpated							
Orthostatic Vital Signs							
Physical Assessment:							
Trauma Focused History							
Rapid Trauma Exam							
SAMPLE History							
Detailed Exam							
On Going Assessment: Reassessment							
Interventions							
Physical Assessment:							
Medical SAMPLE History							
Focused Exam (conscious)							
Altered Mental Status							
Allergic Reaction							
Environmental (Heat/Cold)							
Cardiac/Respiratory (OPQRST)							
Acute Abdomen							
Syncope (Fainting)							
Poisoning and Overdose							
Behavioral							
Ongoing Assessment							
Neurological Assessment: CSM							
Spinal Immobilization: Indications							
Supine Patient							
Seated Patient							
Helmet Removal							
Control External Bleeding							
Signs and Sx of Internal Bleeding							
Basic Shock Treatment: Causes							
IV Fluid Replacement							
Oxygen							
Maintain Body Temp							
Head Injury							
Facial Trauma							
Eye: Flush with water							
Evert the eyelid							
Nose: Fracture or Bloody							
Mouth/Jaw: Jaw dislocation							
Teeth: Chipped, Knocked out							
Chest Trauma/Pain: Chest wounds							
Flail Chest							
Myocardial Infarction (MI)							
Angina							
Respiratory Distress							
Abdominal Trauma/Pain							
Extremity Injuries: Strain/Sprain							
Dislocation							
Splints: improvised and bought							

Alaska Community Health Aide Program Emergency Skills Checklist

CHAP Responsibility: Keeping and completing this checklist is your responsibility. Give checklist to the supervisors, instructors, CHAP peers and other health care providers who teach you and practice these skills with you. Bring it to training.

Employer/Supervisor Responsibility: Sign your name and other information below. Initial as CHAP has been taught and/or practiced skill. Keep a copy in CHAPs personnel file.

Training Center Instructor Responsibility: Sign your name and other information below. Initial as CHAP has been taught and/or practiced skill during training sessions. Copy and give original to CHAP by end of session.

Village literate and EMS Instructor Responsibility: Sign your name and other information below. Initial as CHAP has been taught and practiced skill.

NAME/TITLE _____ INITIALS _____ AGENCY _____
DATE _____

Approved by ARC/CHAP Directors 9/16/04 Revised 9/17/15



CHA NAME: _____
VILLAGE: _____

Purpose: This is a tool to follow the CHAP's progress in acquiring skills in emergency medicine. This checklist is a record of skills taught in EMS training, reviewed in Community Health Aide (CHA) basic training, practiced and successfully performed in the field. It is to be initiated by the employer during or immediately following ETT or EMT-1 training and used by all Training Centers and Health Aide Instructors for the duration of CHAP & EMS training. The checklist attests that specific skills have been taught and practiced. These skills should continue to be reviewed and practiced frequently throughout the CHAP's career. This is not a certification document.

Instructions for use:

Column 1 "Taught in an EMS Course": Initiated and dated by instructor or supervisor when CHAP completes EMS course (These skills can also be taught separately if not covered in EMS course).

Column 2 "Review in Basic Training": Initiated and dated by instructor or supervisor when a skill is reviewed/demonstrated during CHAP Basic Training.

Column 3 "Peer Practice Scenarios": Initiated and dated by a fellow CHAP when skills are practiced using scenarios.

Column 4 "Supervisor Practice": Initiated and dated by a supervisor, instructor, EMS personnel, etc. when a CHAP can demonstrate the skill without assistance, well enough to be entrusted to do it in a daily work situation at the time it was observed. It does not necessarily indicate ongoing proficiency.

Signing: This checklist may be signed by all health care providers authorized by the Training Center or the CHAP employing agency to do so. This may include EMTs, Paramedics, EMS Instructors, CHAPs S/Cs, RNs, PHNs, NPs, PAs, CNMs, Physicians, and other health professionals who are proficient in the skills. (See last page for signature log.)

Note: Use the State of Alaska EMS skills sheets for EMS skills instruction and practice. www.chems.alaska.gov

Skill/Concept	Taught in an EMS Course	Reviewed in Basic Training				Peer Practice: Scenarios	Supervised Practice
		SI	SII	SIII	SIV		
Impaled object dressing							
Lacerations							
Traction Splints							
MAST Pants (PASG)							
Burns: Treatment							
Body surface area guidelines							
Cold Injuries: Hypothermia							
Frostbite							
Cold Water Near Drowning							
Emergency Delivery							
Medevac/Patient Transport							

Skill/Concept	Taught in an EMS Course	Reviewed in Basic Training				Peer Practice: Scenarios	Supervised Practice
		SI	SII	SIII	SIV		
EMT-I Skills							
Assisting with Prescribed Medications							
DCAP-BTLS							
Glasgow Coma Scale (GCS)							
Administer Medications (glucose, activated charcoal)							
Rapid Extrication							
EMT-II Skills							
Advanced airway							
Intravenous (IV) Access							
Intravenous (IV) Medications							
Intraosseous Infusion							
Administration of Medications (IM and SQ)							
EMT-III Skills							
Defibrillation using a Manual Defibrillator							
Cardiac Arrest							
Lethal Arrhythmia							

EMS Class Listing: (list level of class (ETT/EMT I, II, III or Recertification), instructor, and class dates)

Class Level	Instructor Name and Signature	Date of Class	Certification Exp.