

ISSUE

01

Volume 21

January  
2020

# Certification Board Newsletter

## Community Health Aide Program

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AAS  
Chugachmiut

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CHAP Instructor/Midlevel Provider  
Alaska Native Tribal Health  
Consortium

Crystal Stordahl, PA, MMSC  
CHAP-CHC Director  
Tanana Chiefs Conference



2019 BHA Forum attendees, "Mending the Net".

## 2019 BHA Forum

On November 5-8, Behavioral Health Aides took time from their busy schedules to attend the Behavioral Health Aide Forum in Anchorage, AK. This year's BHA Forum theme was "Mending the Net". We all know that a well-used fish net needs care and maintenance. Mending a net takes collaboration and communication and there is no better way to drive home this point than for BHAs to form teams and make a net! BHAs revitalized their "nets" with a choice of twenty-two training topics and obtained job-related resources from 16 exhibitors while at the Forum.

During the Forum Awards Ceremony, BHAs and supervisors

were recognized for the positive impact they have on their communities on a daily basis. Jeff Deeter, formerly of Tanana Chiefs Conference, received a warm send off from his fellow BHAs in gratitude for quietly helping and supporting fellow BHAs and community members using a

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# September 2019 Certifications, Congratulations!

## *Akiak*

1. Coffee, Desiree A., CHA III ▲
2. Nicolai, Samantha M., CHA III ▲

## *Alakanuk*

3. Fritze, Glenda J., CHA I ☺
4. Thompson, Justin L., CHA I ★

## *Anchorage*

5. Linduska, Erik J., DHAT ☺
6. Wassillie, Carolyn, CHP ☺

## *Aniak*

7. Murat, Conan S., DHAT ☺

## *Bethel*

8. Attie, Martha, CHP ☺
9. Bell, Greg, BHP ☺
10. Nicholai, Joanna R., CHP ☺▲
11. Okitkun, Joseph, CHP ☺
12. Patton, Trisha L., DHAT ☺
13. Wiseman, Adeline M., CHP ☺

## *Bettles*

14. Schmitz, Betty J., CHA I ★

## *Chignik Bay*

15. Anderson, Alana K., BHA II ☺▲

## *Chignik Lake*

16. Isenberg, Francine C., CHA IV ☺

## *Delta Junction*

17. Sherman, Anthony J., CHP ☺

## *Eagle*

18. Kamholz, Phebe A., CHA I ★

## *Elim*

19. Nagaruk, Cheryl A., CHA II ▲
20. Simpson, Sonja A., CHP ☺

## *Fairbanks*

21. Hetherington, Bernice T., BHA II ☺
22. Salmon, Destiny J., CHA IV ☺▲

## *Gakona*

23. Kosbruk, Deanna L., CHA II ☺

## *Gambell*

24. Ungwiluk, Yuka, BHA II ☺▲

## *Healy*

25. Suko, Toni M., CHP ☺

## *Homer*

26. Miller, Genny R., CHP ☺

## *Hooper Bay*

27. Bell Joe, Lena A., CHP ☺

## *Kake*

28. Aceveda, Marcia L., CHP ☺

## *Katag*

29. Esmailka, Molly, CHA II ▲

## *Kasigluk*

30. Keene, Renae M., CHA III ☺▲
31. Martin, Katherine B., CHA III ☺▲

## *Kenai*

32. Holley, Tia M., BHP ★

## *Kiana*

33. Sampson, Claudia L., BHA II ▲

## *Kipnuk*

34. Jimmy, Georgiana C., CHA III ☺
35. Paul, Danielle P., CHA II ☺

## *Kodiak*

36. Helms, Margie A., CHA IV ☺▲
37. Sargent, Wayne L., CHP ☺

## *Koliganek*

38. Dull, Tamba, CHA IV ▲

## *Kotzebue*

39. Norton, Victoria L., CHP ☺
40. Stalker-Kirk, Kathryn J., CHP ☺

## *Kwethluk*

41. Ayapan, Tamara J., CHA III ▲

## *Kwigillingok*

42. Manchuak, Leonard R., CHA III ☺▲

## *Larsen Bay*

43. Guard, Brent L., BHA II ▲

## *Manokotak*

44. Nukwak, Sally A., CHP ☺

## LEGEND



CHA/P, DHA or BHA/P who has renewed certification.



CHA, DHA or BHA who has upgraded in certification.



CHA/P, DHA or BHA/P who is initially certified.

## *McGrath*

45. Egrass, Pauline A., CHA I ★
46. Magnuson, Sterling M., CHA I ★

## *Metlakatla*

47. Leisholmn, Alonzo C., CHP ☺

## *Mountain Village*

48. Agwiak, Tara, CHA I ★
49. Lawrence, Cindy L., CHP ☺

## *Napaskiak*

50. Nicholai, Elena M., CHA III ▲

## *New Stuyahok*

51. Wonhola, Sophie A., CHP ☺

## *Nikolai*

52. Navarro, Natalia L., CHA III ☺

## *Noatak*

53. Ballot, Charlotte G., CHA IV ☺▲

## *Nome*

54. Simon, Derek S., EFDHA I ☺

## *Nondalton*

55. Trefon, Gloria M., CHA I ★

## *North Pole*

56. Kildal, Victoria A., BHP ☺

## *Northway*

57. Thomas, Eva, CHP ▲

## *Perryville*

58. Trefon, Sephora, CHA IV ☺

## *Pilot Station*

59. Heckman, Stanley E., BHA I ★

### ***Port Graham***

60. Miller, Agnes I., CHP ☺

### ***Port Lions***

61. Nelson, Sarah J., CHP ☺

### ***Portland, OR (SCF)***

62. Perkins, Alfred B., CHP ☺

### ***Quinhagak***

63. Beebe, Cynthia D., CHA II ▲

64. Beebe, Catherine M., CHA III ▲

### ***Rampart***

65. Newman, Dawn, CHA IV ▲

### ***Richmond, MO (TCC)***

66. Tanner, Sheena, CHP ▲

### ***Ruby***

67. Cleaver, Nicole, CHA I ★

### ***Saint Mary's***

68. Akaran, Brittany D., CHA III ▲

### ***Saint Michael***

69. Long, Navami L., CHA I ★

70. Mercurief, Joseph, CHA I ★

### ***Savoonga***

71. Kingeekuk, Darcie L., CHA I ★

72. Kingeekuk, Joseph T., BHA I ★

73. Miklahook, Merton T., CHA I ★

74. Miklahook, Chelsea R., CHA I ★

75. Pelowook, Judith M., CHA I ★

### ***Selawik***

76. Tickett, Esther R., CHP ☺

### ***Shishmaref***

77. Barr, Donna L., BHA II ☺▲

78. Davis, Gwendolyn N., CHA IV ☺

79. Kuzuguk, Renee B., CHA II ★

### ***Stebbins***

80. Raymond, Katrina A., CHP ☺

81. Tom, Michelle N., CHA III ☺

### ***Takotna***

82. Meglitsch, Colin G., CHP ▲

### ***Tanacross***

83. Jonathan, Kara, CHA I ☺

### ***Teller***

84. Okleasik, Jolene H., CHA IV ☺▲

### ***Togiak***

85. Andrews, Lucy, BHA I ☺

### ***Toksook Bay***

86. Chagluak, Marlene R., CHA IV ▲

87. Lincoln, Brentina, CHA III ☺

88. Nicholai, Davida N., CHA III ☺

### ***Tuluksak***

89. Atseriak, Casey J., CHA I ★

### ***Tuntutuliak***

90. Simon, Rhonda L., CHA I ☺

### ***Tununak***

91. Kanrilak, Samantha R., CHA III ☺▲

### ***Wales***

92. Oxereok, Marissa K., CHP ☺

### ***White Mountain***

93. Adams, Lynette L., CHA I ★

94. Lincoln, Ida E., CHP ☺

# 2020 CHAP Forum

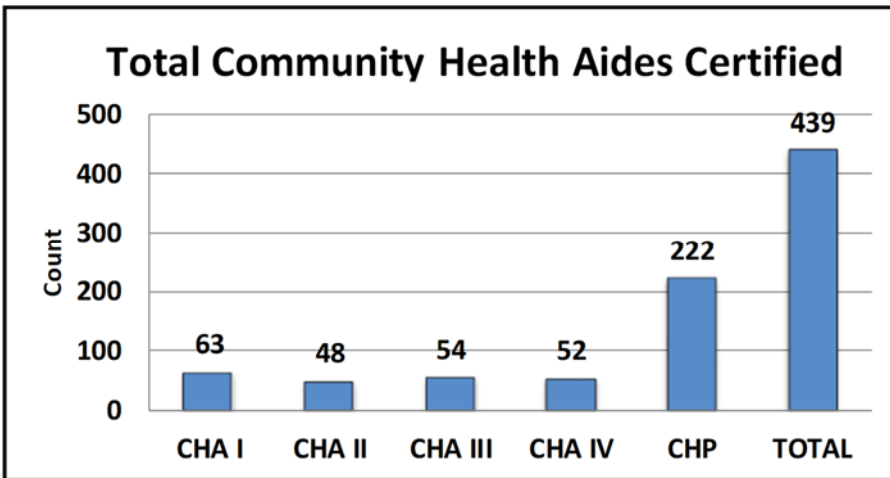


Where:	Alaska Native Tribal Health Consortium Consortium Office Building Conference Room 1 and 2
More Information:	akchap@anthc.org

# April 6-10

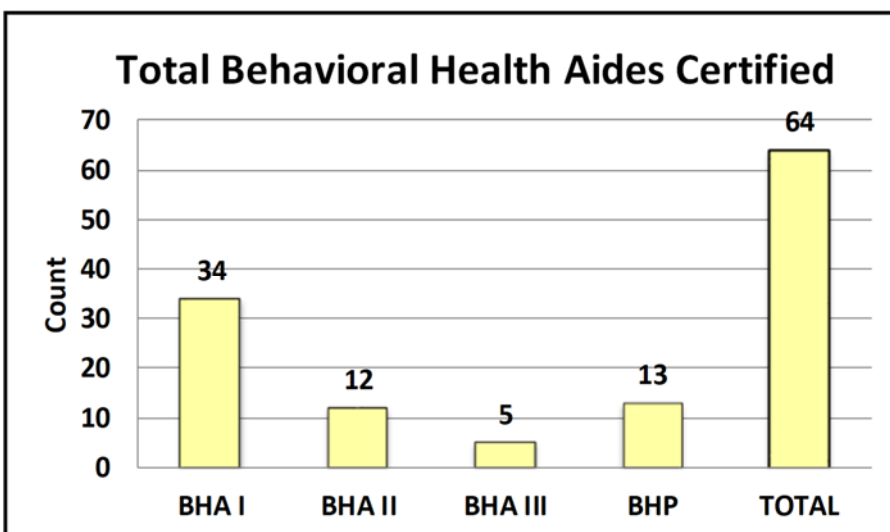
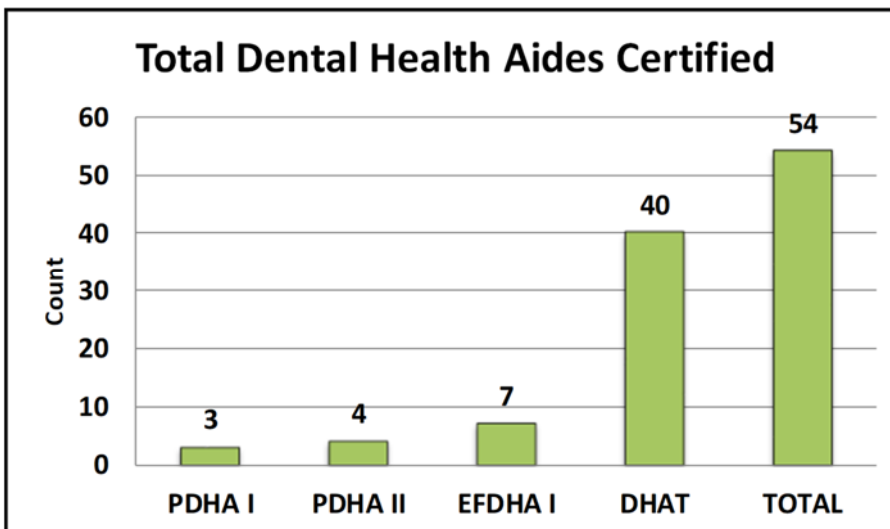
# Summary of Board Actions to Date

Total number of Community Health Aides/Practitioners, Dental Health Aides and Behavioral Health Aides/Practitioners certified by the CHAPCB as of January 6, 2020:



## CHAPCB Future Meeting Dates

- February 12-13, 2020  
Anchorage, AK
- June 2-3, 2020  
Anchorage, AK



**[www.akchap.org](http://www.akchap.org)**

CHAPCB Standards and Procedures, applications, CE logs and other information can be accessed on the Alaska Community Health Aide Program website:

<http://www.akchap.org>

Click the CHAPCB tab.



## BHA Forum continued



BHA Award Recipients from left to right: In Appreciation: Jeff Deeter, Tanana Chiefs Conference; Rookie of the Year: Barb Leppanen, Chickaloon Native Village; Special Recognition: Dr. Xiomara Owens, Alaska Native Tribal Health Consortium; Shining Star: Beda Prentice, Norton Sound Health Corporation; Outstanding Supervisor: Sandra Kleven, Chugachmiut; Rising Star: Danielle Larsgaard, Chugachmiut. Not pictured: Super Star: Geraldine Nicoli-Ayonayon, Knik Tribal Council; Special Recognition: Dr. Rita Blumenstein, Alaska Native Tribal Health Consortium.

diverse set of skills. Barb Leppanen, Chickaloon Native Village, was celebrated by a group of Elders from Chickaloon, who noted that Barb knows them so well, is able to identify behavior changes early on and connect them to necessary resources. Beda Prentice, Norton Sound Health Corporation, received her award with her family from Koyuk in attendance. She was praised for never allowing anything to stop her from helping community members. Sandra Kleven, a long-time Chugachmiut BHA Supervisor, was recognized for taking a cultural approach in supervision and allowing her BHAs to have free expression of their ideas. Danielle Larsgaard, Chugachmiut, was described as “quiet, confident and bold”. Danielle used these personal strengths to put together a women’s retreat where women joined together on an authentic and deep emotional level. It was said of Geraldine Nicoli-Ayonayon, Knik Tribal Council, that any organized activity in the Knik community was most likely planned or assisted by this 12-year employee of the Knik Tribe. Last, but not least, Forum participants were able to thank two Alaska Native Tribal Health Consortium (ANTHC) employees who have inspired BHAs for years. Dr. Rita Blumenstein retired after many years of service

to the Alaska Native community with the advice “Become you, because you’ll never become me!”. Dr. Xiomara Owens, Director of ANTHC BHA Training was recognized for 10 years of dedicated and passionate service to the BHA Program, with cheers for at least 10 more years of service!

At the end of the Forum, Dr. Cody Chipp, ANTHC Behavioral Health Director, presented each participant with a copy of the children’s book *What Do You Do with a Chance?*. Through this short story, BHAs were encouraged to take at least one thing they learned at the Forum, along with a little bit of courage and a willingness to be embarrassed or feel vulnerable, put their new ideas into action.

**Sheri Patraw, Program Manager**  
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# CHA/P Continuing Education Log Tips

The *Community Health Aide Program Standards and Procedures* (Chapter 3. Continuing Education, Section 3.10.010) describe the continuing education requirements for Community Health Aides and Community Health Practitioners for certification. Applicants must have at least 48 contact hours of Board approved courses of continuing education in the two years prior to the application date. No more than 24 of the required contact hours may be regarding emergency care and at least 24 hours must be general medical content.

The CHAP Certification Board members review all applications and have found some of them with missing or incomplete information which has resulted in applicants being denied certification. Below you will find a sample CHA/P continuing education (CE) log. You can find a copy of the *CHAPCB Standards and Procedures* and the CE log on the CHAP website: [www.akchap.org](http://www.akchap.org). If you have any questions, please contact the CHAPCB office at 907-729-3624, or email: [chapcb@anthc.org](mailto:chapcb@anthc.org) for assistance.

## Tips:

- Record the date the ETT/EMT class was completed (not the expiration date).
- Your ETT or EMT certification must be current at the time the Board meets.
- Remember to record your Basic Training sessions on CE log.
- Do not list courses that are more than two years old-they will not count.
- Remember to include the year the course was taken.
- Record the sponsor of the class.
- Do not submit copies of CE certificates.

## CHA/P CONTINUING EDUCATION LOG

Certification #: 19-369-II

Certification Period: 01/31/2019 to 01/31/2021

CHA/P Name: Sample Name

Employer: Organization

1. You may use this form to record your continuing education.
2. Record CE activities for 2 years prior to initial or renewal certification.
3. If your agency has a form that collects this information in another format, you may submit that form instead. Please do not send CE certificates unless requested.
4. If you have questions, please refer to Chapter 3. Continuing Education (*CHAPCB 3.10.010*), *Community Health Aide Program Certification Board Standards and Procedures*, as amended. You may also contact the CHAPCB office at 729-3624.

EMERGENCY CE			
Date MM/DD/YY	Hours	Topic	Sponsor
5/11/19	24	EMT Recertification	Southern Regional EMS Council
Total EMS Hours	24		

MEDICAL CE			
Date MM/DD/YY	Hours	Topic	Sponsor
03/30/18	25	CHAP Forum	ANTHC
10/15/19	1	News You Can Use DM Qtr 1	ANTHC
11/18/19	1	Cancer and Our Genes	ANTHC
Total Medical Hours	27		

TOTAL CE HOURS	51
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**Required: Minimum of 48 contact hours or more in the past 2 years. No more than 24 of the required contact hours may be regarding emergency care.**

# eCHAM Revision

Current version updated on December 15, 2019.

Remember when using your iCHAM (iPad application) to check for updates in the settings part of the CHAM, to pull the most current content.

Section	Update
Emergency Field Handbook	Deactivate
Medicines	Medicine Skills Charts: Deciding amount of medicine to give.
Patient Care Visit	Nervous 15 Patient Education: Updated PSPS information.
Reference and Procedure	Removed Hypodermoclysis.

eCHAM  
ACCESS. KNOWLEDGE.



## Metric Conversion

The ANTHC CHAP Team and Distance Learning Network have released new Metric CE in order to prepare CHA/Ps for the CHAM metric conversion. This course is worth 1 hour of CE and is available now on the [Distance Learning Network](#)!

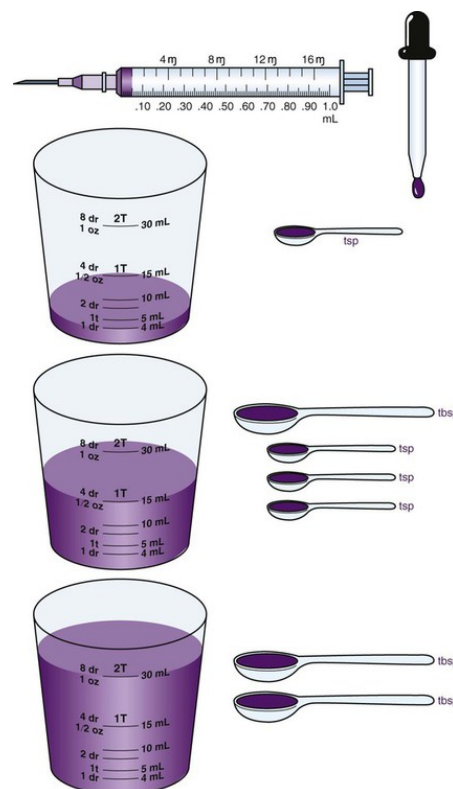
### Metric Conversion Videos

In order to better understand the CHAM metric conversion, it is recommended that you watch the following YouTube videos:

- *Math Antics - Intro to the Metric System*
- *Metric System: Units of Weight*
- *Pounds to Kilograms*
- *Understanding Kilograms*

Optional:

- *The Kilogram Has Changed Forever. Here's Why*
- *Metric Systems Conversion Song*



[https://clinicalgate.com/wp-content/uploads/2015/03/B97814377236633000059\\_f005-001-9781437723663.jpg](https://clinicalgate.com/wp-content/uploads/2015/03/B97814377236633000059_f005-001-9781437723663.jpg)



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**Please Deliver To:**

### CONTACT INFORMATION:

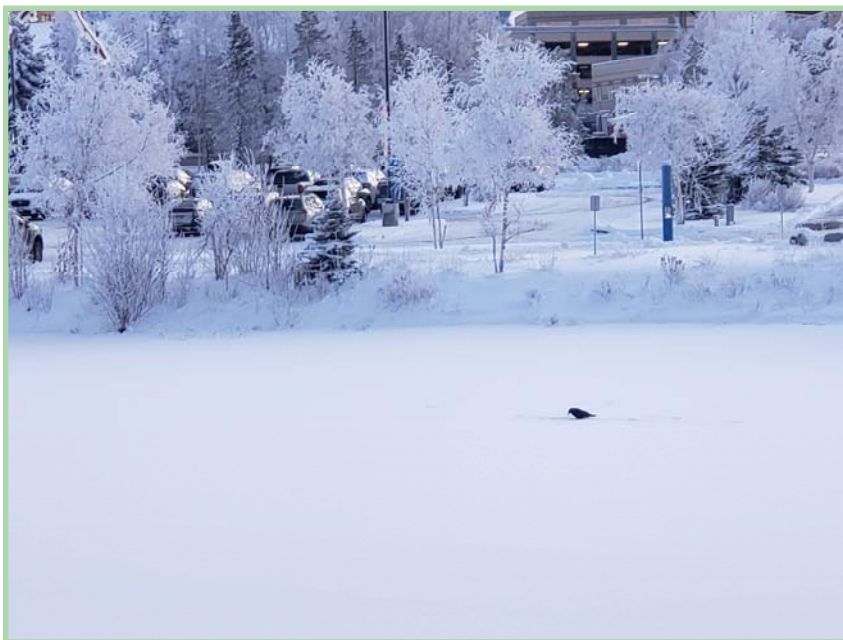
To submit suggestions, corrections,  
or story ideas please contact the  
CHAP Certification Board office at:  
Phone: (907) 729-3624  
Email: [chapcb@anthc.org](mailto:chapcb@anthc.org)

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